



1976 ARROYAN

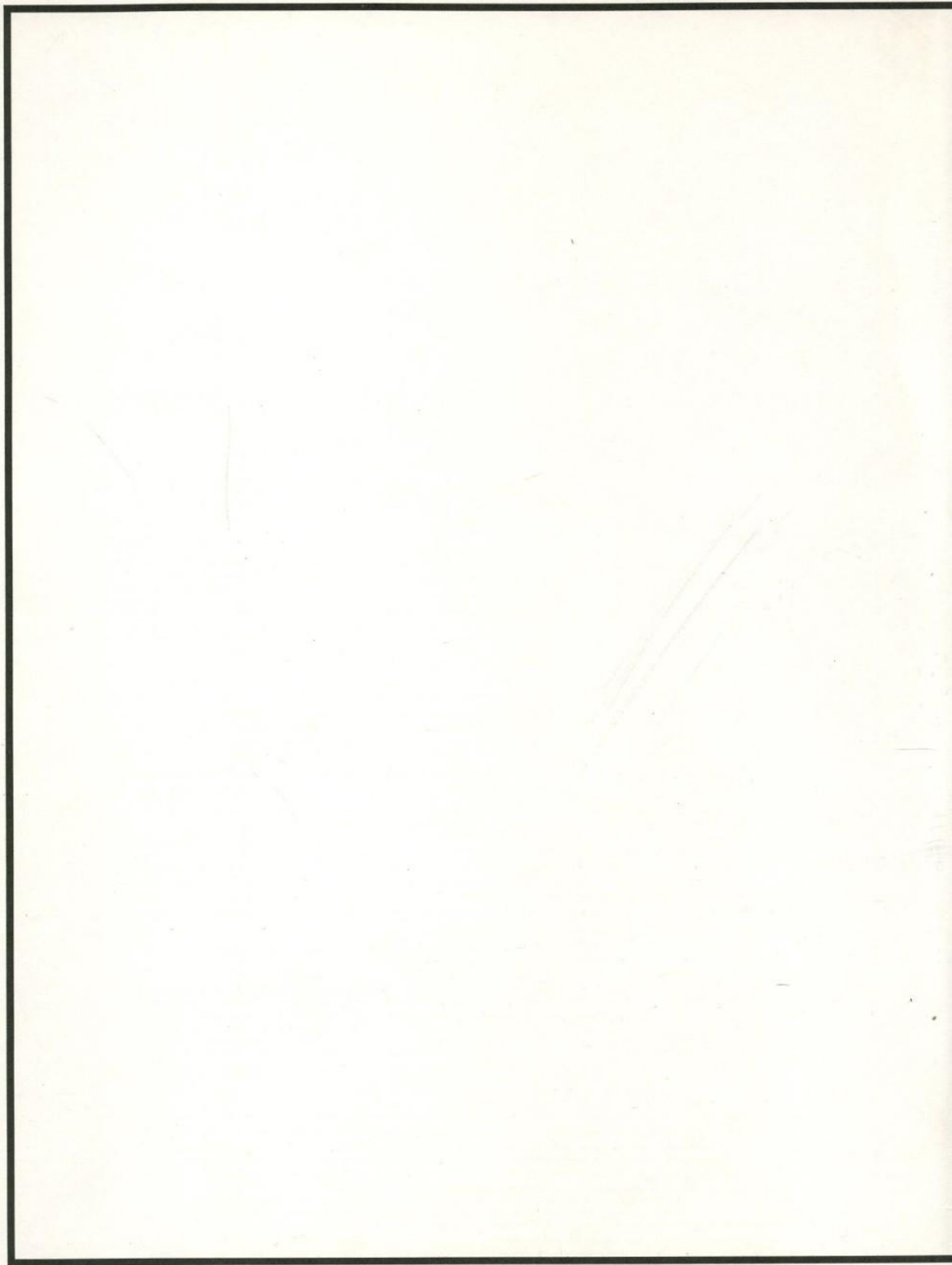


Legacy is defined as anything handed down from an ancestor to a descendent.

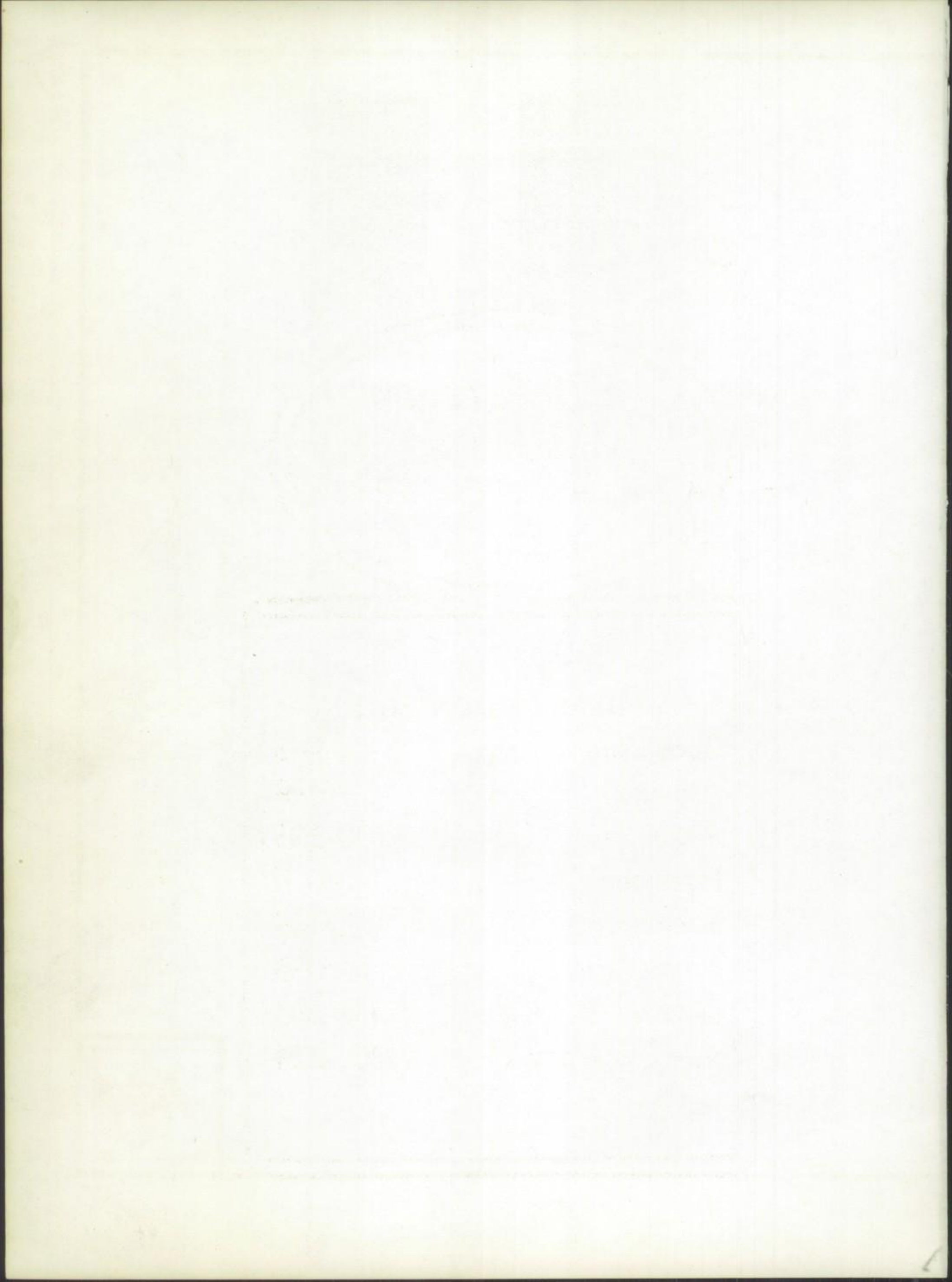
The ARROYAN legacy took many forms in 1975-'76. From past Arroyans basic traditions-spirit week, homecoming, and the "Dons" mascot were handed down to us.

Throughout the years we have kept these and will form new ideals for future Arroyans to enjoy.

The ideas and footprints we set, recorded in these pages, will become the new Arroyo legacy.





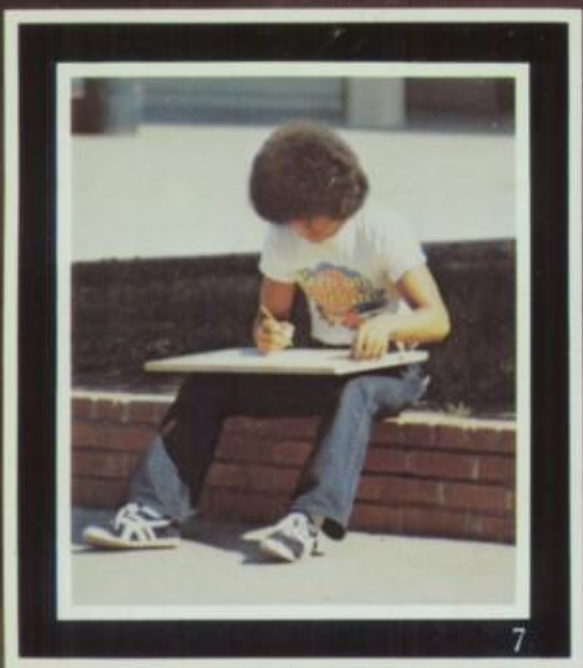


1976 Arroyan
Arroyo High School
San Lorenzo, CA 94580
Volume 21

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Environment is defined as the circumstances, objects, or conditions by which one is surrounded; the sum of social and cultural conditions that influence the life of an individual or community.

For each living thing, other living things are a part of the environment.

Living things affect one another in many ways. This is especially true in people.

A child's character is greatly influenced by his home

environment

As a person grows up, he encounters new experiences which in turn help to develop a person's individuality.

Our social conditions revolve around our friends. They tend to take the monotony out of school.

Helping each other with assignments, homework, or studying for tests. The few minutes between classes spent with them can relax you and take a person's thoughts away from school, if only for a short time.

Teachers help students expand their knowledge. They also guide us toward furthering our education or in helping us decide about career goals. Teachers have allowed students to encounter new ideas or thoughts and also to express their feelings.

Arroyo's legacy has left things to be learned, and many new experiences to be discovered.



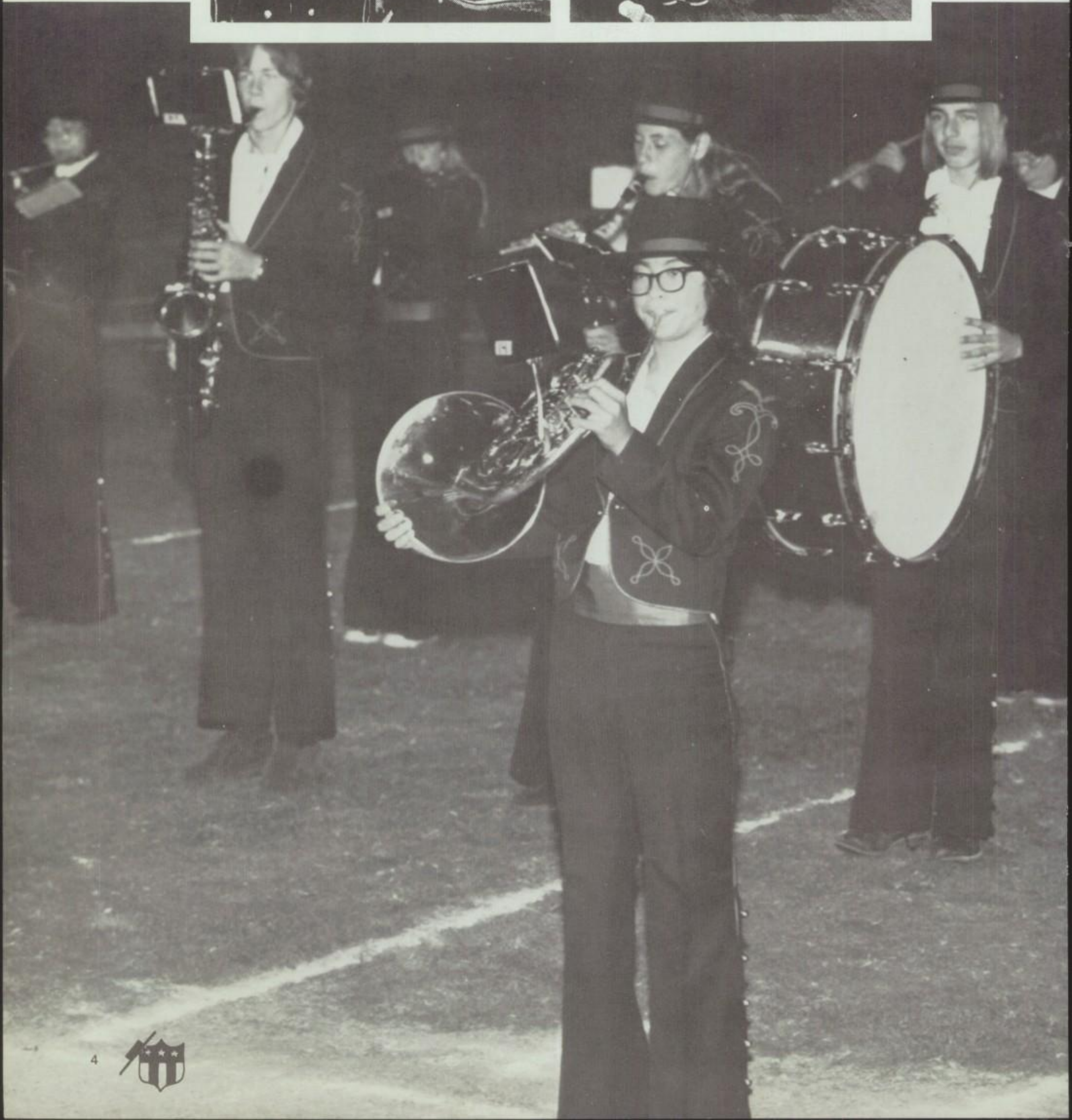
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1. Butterflies light on pine tree behind gym. 2. Autumn trees sway in the sunshine. 3. Linda Carlson, Marion Bell, Julie Jensen and Charlotte Carlson discuss problems during lunch. 4. Don Marshall walks girlfriend Jackie Nelson to class. 5. Seniors Teresa Thomas and Diane Lum inform each other of the latest gossip. 6. Pam Ringstad licks frosting off fingers. 7. Mark Badley sketches.







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... and on the seventh day
GOD created
DIRT BIKES

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1. Lance Good, Mark Vieda, Mark Bold and Allen Chinn play "On Arroyo" at night football game. 2. 1965 Arroyan band members. 3. Bull and matador of 1965 rally squad. 4. George Eiras executes an end-run. 5. Bob Kufeld and Steve Berger come down exit ramp after viewing Freedom Train. 6. Dirt bike fan's bumper sticker message. 7. Robin Cuddy, Grace Christopherson, Janice Ullom and the rest of the '76 rally squad cheer Arroyo's starting game kick-off. 8. 1974 ARROYAN East Bay Press Day Trophy.

Past Arroyans set the ground for us today. When this school first opened, the new students set up a

"way of life"

that would be followed by every incoming student.

Those alumni set up a school government, created the "Dons," started different clubs to cater to students' varied interests, and formulated activities that would soon become traditional.

Today we carry on these and other traditions that have been handed down to us by our Arroyo ancestors. Plays, concerts, Spirit Week, dances and other activities are presented annually.

Recently, however, today's Arroyans are finding off campus things to do such as going out with friends and partying.

Perhaps the legacy that we will leave future Arroyans is one of noninvolvement as school becomes less important to us.



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1. Juha Ruotorstenen enjoys breakfast in the cafeteria. 2. Junior varsity team member T.J. Anderson practices punting before game. 3. Head Songgirl Kim Shofner stuffs lockers with student body card advertisements. 4. Sophomore Kathy Newberry cuddles kitten. 5. Ann Jacobs, Mai Nguyen, Thuy Vu, and Tan Vu discuss differences in lifestyles. 6. Senior Tim Gonzales plays guitar.





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The popular quotation,

"variety

is the spice of life", truly describes Arroyo High School students.

Although the grouping of the "rednecks" and the "loadies" (a legacy left from preceding years at Arroyo) has been more or less dropped, there are still variations between students.

Some students are artistic, others more intelligent, and still others have different skills and abilities. Along with our own ideals, feelings, and thoughts, these qualities make each of us a unique individual.



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Everyone has her/his own particular tastes and what we do in our spare time reflects what we are. What one person does as a

pastime

may seem very odd to someone else. However, each of us tries to express ourselves through things that we do well.

Classes, clubs and sports together held many activities throughout the year. Most students got involved in at least one of these.

Besides group activities, Arroyans

did a lot of things by themselves.

Everyday, campus visitors could find someone sitting by himself drawing, playing guitar, or reading in a quiet "somewhere" on campus.

Expressing ourselves in either a group or individually was a most Arroyan legacy in the Bicentennial year 1976.





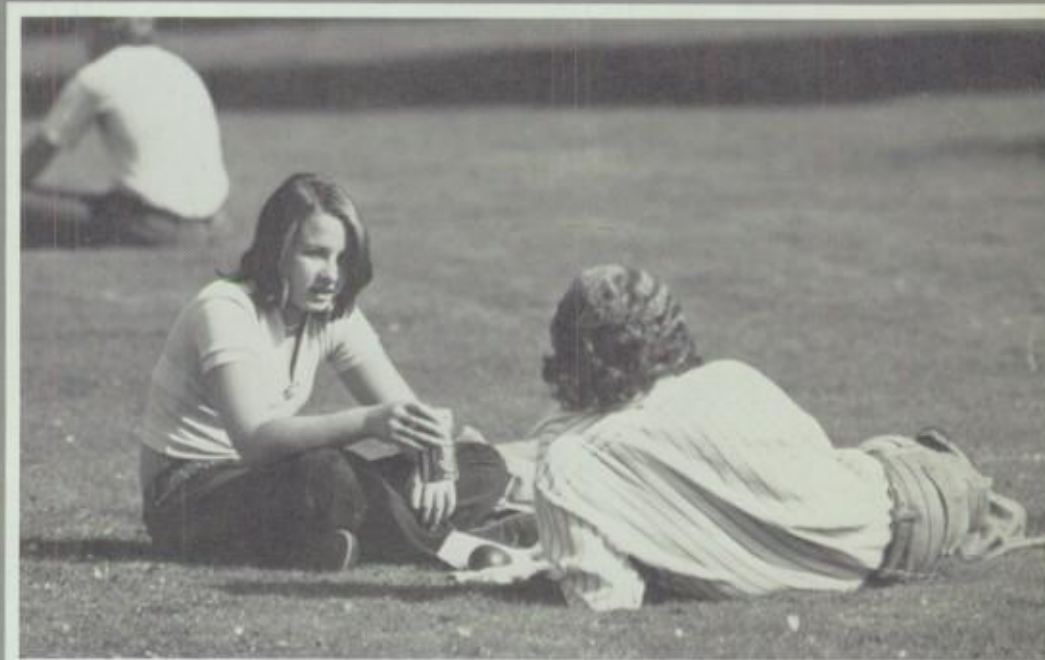
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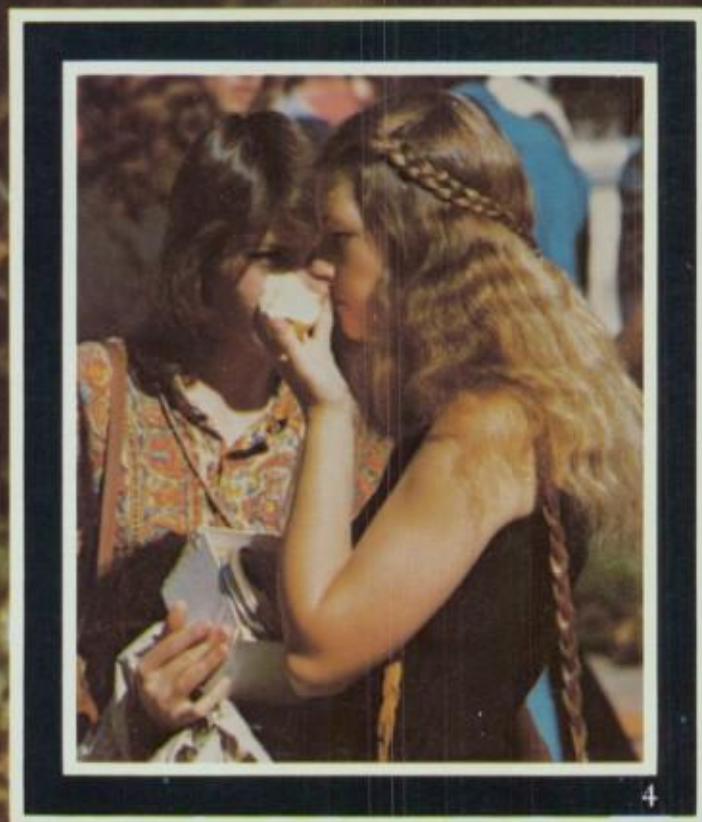
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1. Seniors Vernetta McDowell, Sandra Warren, and Cynthia Wong eat lunch together. 2. Tanya Singer, Diane Sgambatti, Marie Curial, and Rosanne McKenny look through '75 ARROYAN. 3. Coach Bill Basacker instructs football player on next play. 4. Campus comedian Mark Pitta goofs off during noon break. 5. Rachel McMillian plays "Star Spangled Banner". 6. Danny Conahan leaves school through M-Hall. 7. Linda Weber and Bob Sala talk. 8. Bonnie Buchter practices serving. 9. Parent and student boosters attend Don football game. 10. Arroyo students "cruise" Lorenzo Avenue after school.



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The talents of Arroyo High School students varied from one extreme to another.

These talents were expressed in the manner of dress, clothing embellishments, mechanical abilities.

Photography, man and gods, psychology, composition, folk guitar and art classes expended students talents in the fine arts and humanities. Home Ec. auto shop, and ROP vocational classes aided Arroyans in developing career-oriented skills.

Some people were born with natural ability and found it very easy to excel in such things as art, music or writing Others had

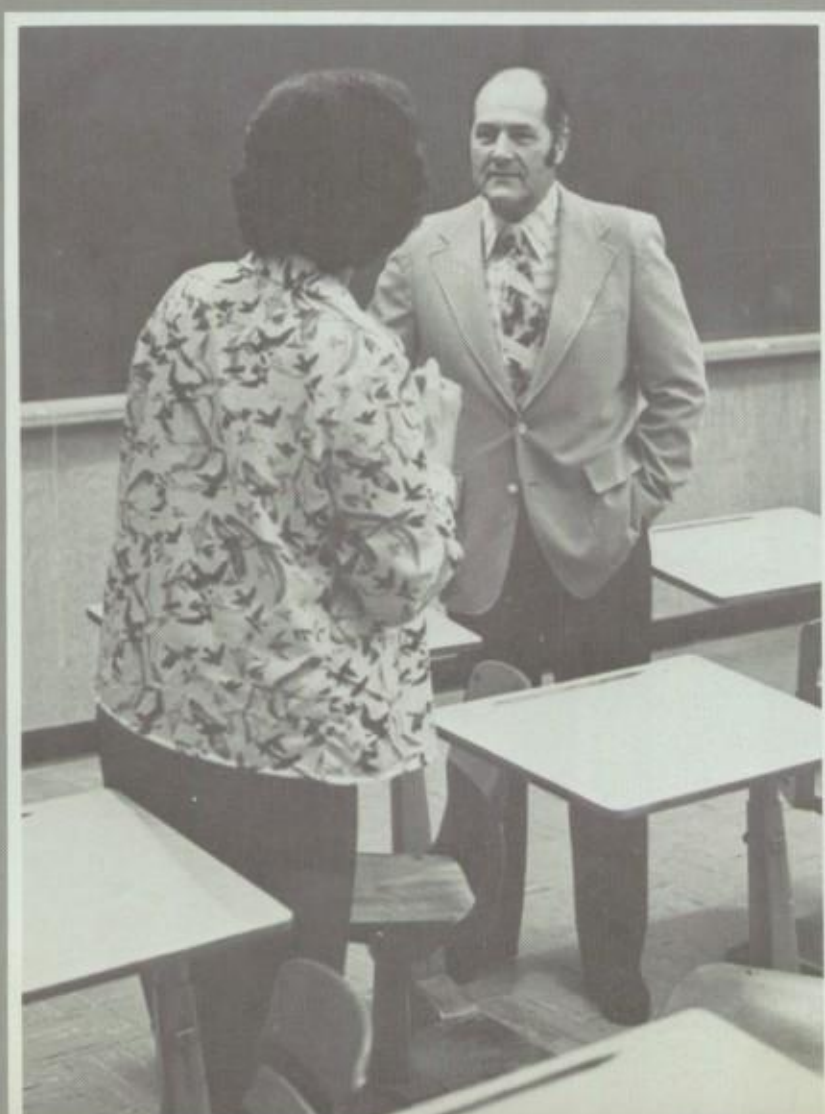
talents,

but needed to develop them more fully. Hopefully, this goal was achieved in the classes and social situations here.



1. Greg and Doug McNie pass by as Trudy Tullys, Duane Messinger, Mark Pitta and Scott Nickerson clown around. 2. Teri Gilmore listens to Bonnie Mc Dowell's music. 3. Donna Goa sketches Arroyo scenery. 4. Senior Cindy Bohac enjoys apple. 5. Becky Stevenson, Sandy Bevilaqua, P.J. Knop, Grace Christopherson, Jamis Ullom and other Arroyo cheerleaders entertain during freshman day. 6. Colorful bicycles line Arroyo's bike rack. 7. Seniors got this view of camera during portrait taking.







We have all thought about where the future will take us.

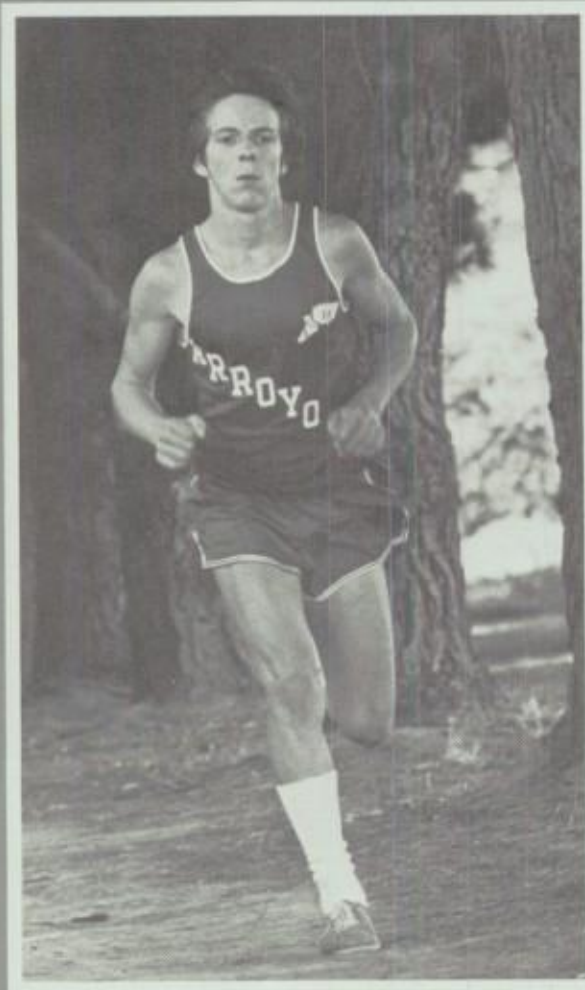
Right now, everyone who goes here has one thing in common - Arroyo. We come to this school everyday, work, study and go home. Soon each of us will leave Arroyo and branch out;

reaching for goals

that we have set for ourselves.

Each of us, individually, will be setting our own legacy through Arroyo. That mark, no matter how small, will change this school in some way. Each of us held that power - the power to carve out a niche of Arroyo history for ourselves and those to come.

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1. Junior Brian Pesicka works on electronics project. 2. Lois Sannebeck talks with math teacher Alf Antons. 3. Herbert Hew Len helps Karen Robertson on drafting assignment. 4. Marci Goldstein, Ed Decosta, and Mrs. Hummel talk to Roger Golec at back to school night. 5. Head Coach Tony Machutes attempts to keep dry during rainy football game. 6. Bernie Sjogren types business letter for General Office Class. 7. Michelle Cambra relaxes during free period. 8. Flowers on campus. 9. Mark Hager runs through cross country course.

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Curriculum



Administrators, students, and teachers worked together this year to bridge a better understanding between each other, not just in curriculum but in extra-curricular activities as well.

The three diverse groups worked hard together on the passage of a designated smoking area which would enable January 5, 1976 on a trial basis until June.

Many teachers volunteered their time to give students a hand in expressing themselves.

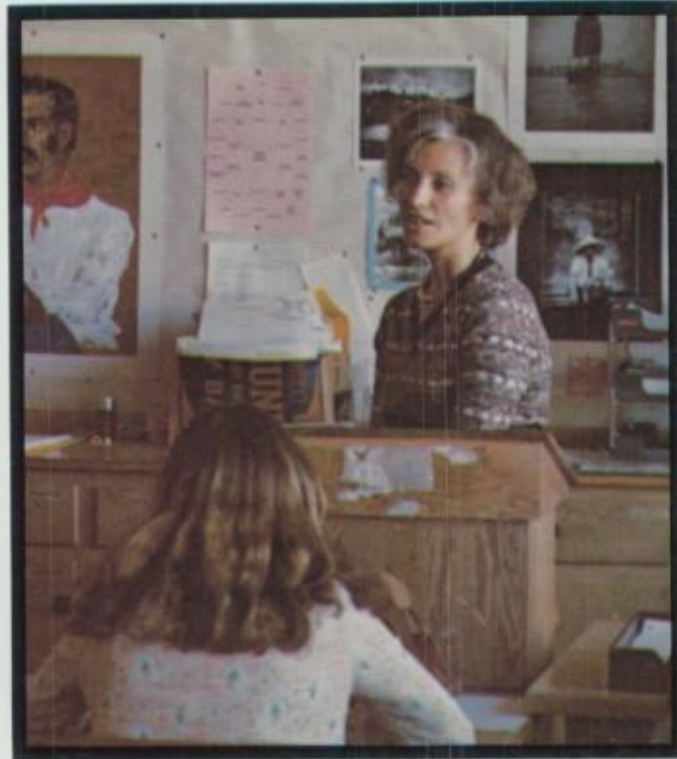
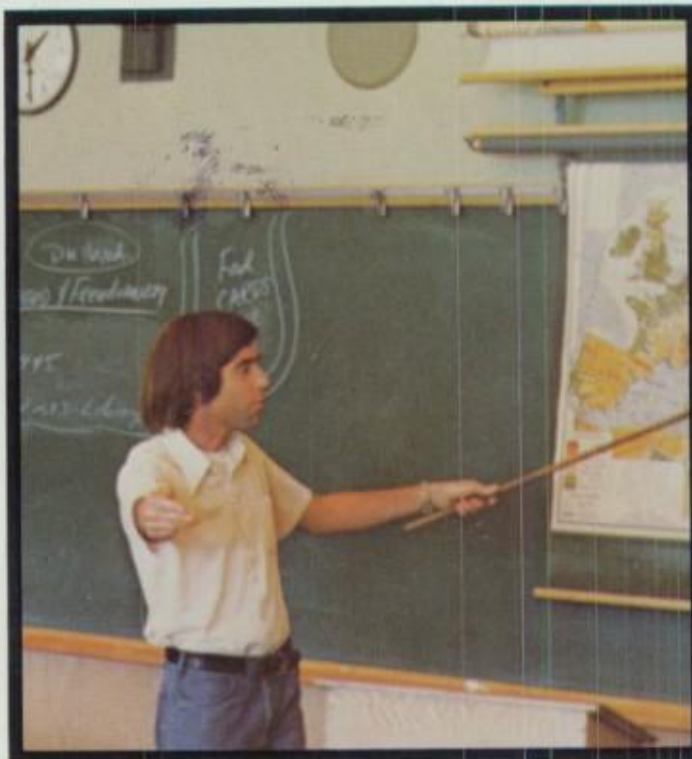
When the Freedom Train rolled into the Bay Area, a group of teachers, headed by Vicki Bissell, organized a "school" field trip to give Arroyo students and faculty a chance to view this historic museum of United States artifacts.

Social science instructor Millard Billings headed the Close-Up program which sent fifteen interested juniors and seniors to Washington D.C. for a week to give them a first hand look at how our federal governments is run.

A new club- the Ski Club was started with Yvonne Birbeck as its advisor.

In the classroom, teachers attempted to teach students things that would be essential to them outside of high school. Many vocational courses, such as personal finance were offered to students to equip them for a life in a demanding world.





1. Arroyo student is silhouetted in "A" hall. 2. Minority history teacher Mary Camezon answers question. 3. Instructor Gregg Shepard asks class question about map of Europe. 4. Coach Tom Sheridan looks through first aid manual. 5. Doris Gorman helps art students Steve Vargas and Dan Bunio with projects.



Faculty



Corinne Aitken,
President

Alan Frumkin,
Board Member

Joanne Knowles,
Dean of Girls

Robert Amrine,
Board Member

Phillip Gastineau,
Dean of Boys

Henry Lienhard,
Clerk

Dr. William Dolph,
Superintendent

Georgia Henderson,
Board Member

J. Franklin Orear,
Principal

1. Principal Frank Orear poses for the cameraman as Dean Joanne Knowles watches students.
2. Superintendent Dr. William Dolph chuckles at a joke made by board member Corinne Aitken.
3. Bob Amrine listens to speaker as Henry Lienhard discusses the proposal.
4. Al Frumkin expresses his opinion.
5. Dean Phil Gastineau talks to students at an assembly.
6. Georgia Henderson ponders a motion.





Two new members join school board

School opened this year with a new superintendent and board member.

Dr. William E. Dolph assumed the top district post here July 1, 1975. Dolph, a former Westminister, CA superintendent, hoped to offer his services here and help improve the San Lorenzo School District.

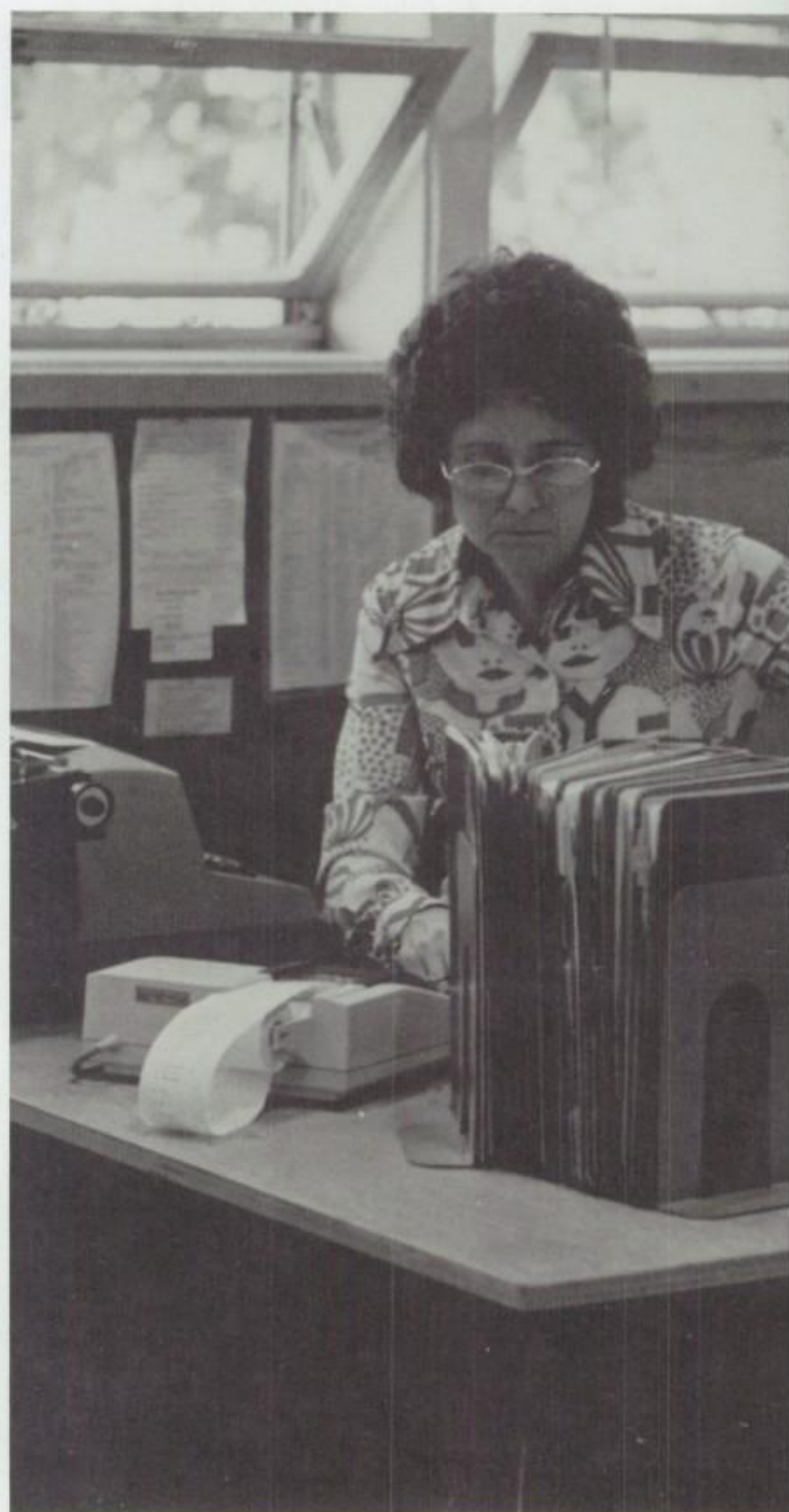
Attorney Alan Frumkin, a former teacher, was elected to the school board March 4, 1975. Frumkin joined Corrinne Aitken, Henry Lienhard, Robert Amrine, Georgia Henderson on the board.

Making school board policies work here was the task of Administrative Council. Members included Dean of Girls Joanne Knowles, Dean of Boys Phillip Gastineau, Head Counselor Ben Faulman, Student Body President Diane Lum, Director of Activities Richard Lloyd and Principal J. F. Orear.





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Faculty



Laura Bergman,
Principal's Secretary



Gloria Bray,
Deans' Secretary



Jean Christian,
Deans' Secretary



Faye Davis,
Library Assistant



Doris Fugate,
Head Attendance Clerk





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New office clerks join Arroyo's staff

Two new secretaries joined the Arroyo staff this year. Dee Tomsic succeeded Nancy Lloyd as attendance clerk and Doris Fugate took over Ann Strohm's place as head attendance clerk.

Other secretaries included Laura Bergman, Gloria Bray, Addie Richardson, Roberta Strom, and Jean Christian. Pat Kintz was the supply clerk. Faye Davis was the library assistant and Meda Shultz tended the student store.

"It was like leaving my family of eleven years at San Lorenzo High, but I hope to make a new one here," said Doris Fugate.

1. Deans' Secretary Gloria Bray works at her desk. 2. Registrar Roberta Strom answers a student's question. 3. Two students obtain an off-the-grounds pass from Doris Fugate. 4. Head Attendance Clerk Doris Fugate fills out an admit slip for Ken Wong. 5. Keith Pike, Dee Tomsic, and Doris Fugate smile as Dean of Boys Philip Gastineau walks out of the office.



Pat Kintz,
Supply Clerk



Addie Richardson,
Counseling Secretary



Meda Shultz,
Student Store Clerk



Roberta Strom,
Registrar



Dee Tomsic,
Attendance Clerk

Faculty



Learning centers aid students, faculty

"We are trying to stress careers," stated Head Counselor Ben Faulman. Faulman and co-counselors Norman Hanson, Bev Smith, and James Boynton attempted to get more students to utilize the Career Center and realize vocational objectives, Faulman added, "Many students finish high school and don't know where they are headed. This year we tried to acquaint ourselves with the newer students more quickly and develop their goals earlier."

The library, headed by Sally Vilas, "ran as smoothly as ever." Meager funding, according to Vilas, bought a few new books for the shelves.



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1. Scott Pimley and Kathy Loncarich talk politics in the library. 2. Counseling substitute secretary Pat Sater sorts IBM cards. 3. Bev Smith listens to a student's problem. 4. Librarian Sally Vilas inspects a book. 5. Vocational counselor Norm Hanson goes through papers on big desk. 6. James Boynton flips through college catalogue.



2



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Faculty



Ben Faulman,
Head Counselor
MA, College of the Pacific



Bev Smith,
Counselor
MA, University of California



James Boynton,
Counselor
MA, San Jose State



Norman Hanson,
Counselor
MA, University of Oregon



Sally Vilas,
Librarian
BA, San Jose State





Faculty



Billie A'Dair
Joyce Bankhead

Jill Barnett
Buford Cornish

Carl Cuddihy
Gene Degler

Clarence Dubbs
Adam Ferreira

Audrey Hill
Gayle Kelly



Cuddihy, Degler, Dubbs, Pitts leave Arroyo High

Arroyo lost four custodians at the end of the 1975-'76 school year. Foreman Carl Cuddihy, Gene Degler, Clarence Dubbs, and George Pitts retired after 15 years of combined experience in maintaining the campus, classrooms, gyms, and cafeteria.

"I will really miss the school and the kids, but I'm glad to get out so that I can do what I want," said Cuddihy.

Another retiree was Erma Reese, a long-time cafeteria worker here. Reese retired one year after the installation of a central district kitchen at Arroyo. According to manager Audrey Hill, over 1500 lunches are prepared daily and shipped to other schools in the San Lorenzo Unified School District.



1. Maintenance man Gene Degler rolls cart into custodial office after school. 2. Cafeteria worker Billie Adair serves Scott Pimley. 3. Night foreman Clarence Dubbs strolls by the Attendance Office. 4. Foreman Carl Cuddihy walks out of his office. 5. Cashier June Roberts gives change to Karen Stathis. 6. Matron Sue Mosher sorts towels.



Harry Kimlin
John Leal

Sharon Leal
Charles Main

Sue Mosher
George Pitts

Geneva Pool
Verle Ritts

June Roberts
Fredna Shields

Betty Striplin
Dorothy Wilson

Faculty



Faculty



Marian Bonwell
MA, USC
Shorthand, Typing,
Business Communications

Thomas McNamara
BA, S.F. State
Accounting, Finance,
Social Science 1-2

Dennis Powell
BA, U. of San Francisco
Typing, English 1-2,
Social Science 1-2

DeWand Skeen
MA, S.F. State
Recordkeeping,
Office Machines,
Personal Typing

Lois Summersett,
Area Chairperson
BA, Fresno State
General Office Clerical
Typing 1-2

William Vickers
MA, San Jose State
Typing 1-2, 3-4



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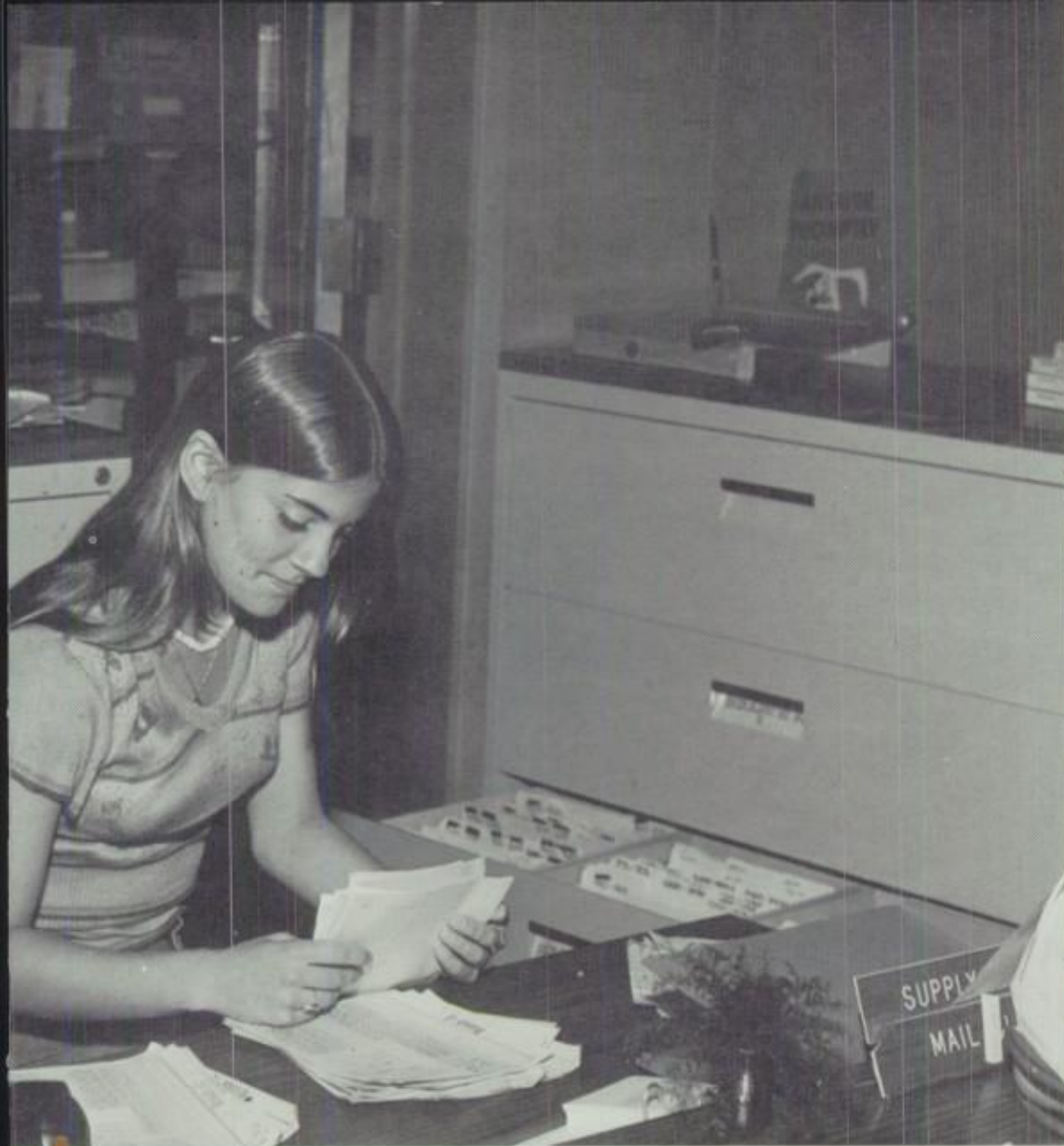
Field trip sparks changes in business

A field trip to Fremont's John F. Kennedy High School sparked new interest in variable credit and course restructuring in Arroyo's business area.

While at the neighboring school, area members observed new grading techniques and saw first-hand, how student credit was granted for certain portions of classwork.

All area members attended the trip near the end of November.

In other news, Director of Student Finance Tom McNamara rejoined the area. Lois Summersett again headed the department.



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1. Tammy Hill works on class files. 2. Barbara Gay goes through files. 3. Marion Bell works on her shorthand. 4. Trudi Tullys and teacher Lois Summersett watch machine work. 5. Senior Pam Ringstad checks index cards. 6. Instructor Bill Vickers talks to parents on Back-to-School Night. 7. DeWand Skeen discusses classroom procedure with parents. 8. Lois Summersett, area chairperson, visits with parent.



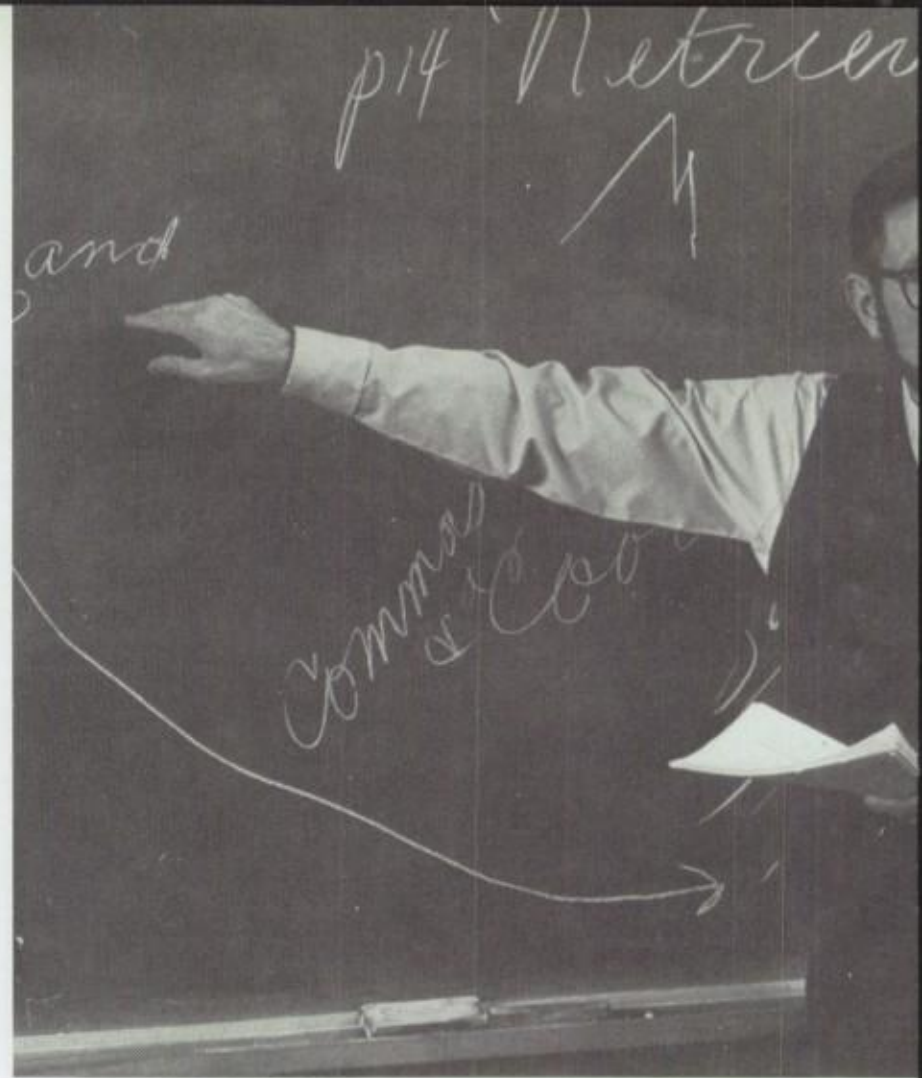
Department ponders curriculum revision

Under the direction of area chairperson Richard Tandowsky, the English department spent two weeks during summer vacation to investigate opening up the upper division elective program to sophomores and to develop a "phased" program for all students at Arroyo.

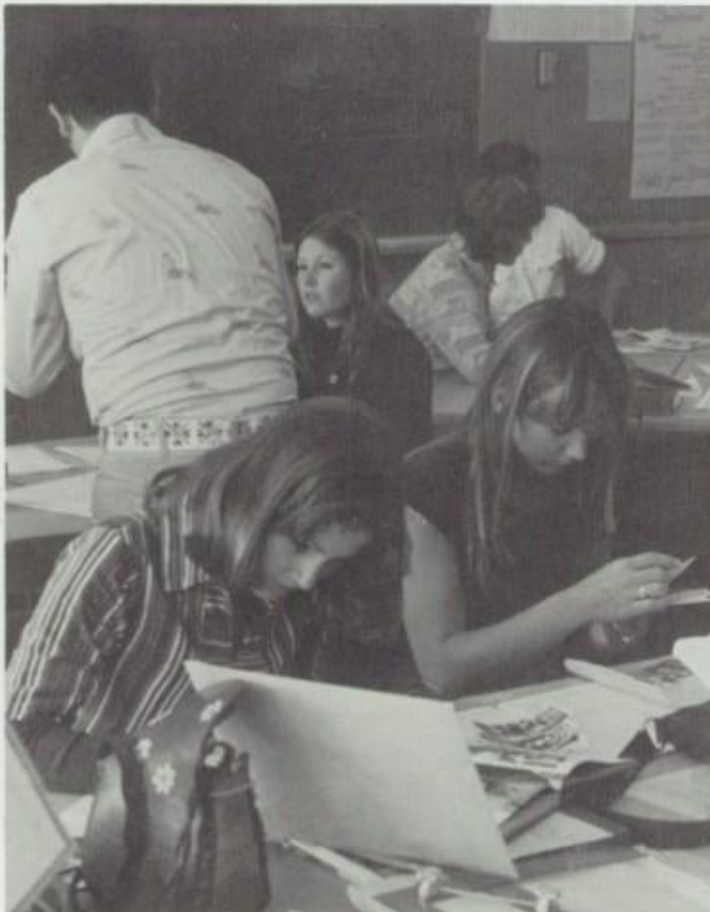
Under the design, freshman students would be tested on basic skills before being allowed to enter the elective program. Faculty members Joyce Blume, Jerry Wergeland, and Dick Lloyd joined Tandowsky and teachers from Marina and San Lorenzo High Schools to develop the new program.

A new course in mythology was added to the English elective curriculum this year. Taught by Joyce Blume, the course attracted students who did not want to concentrate on a college preparatory class to make up a third year graduation requirement in language.

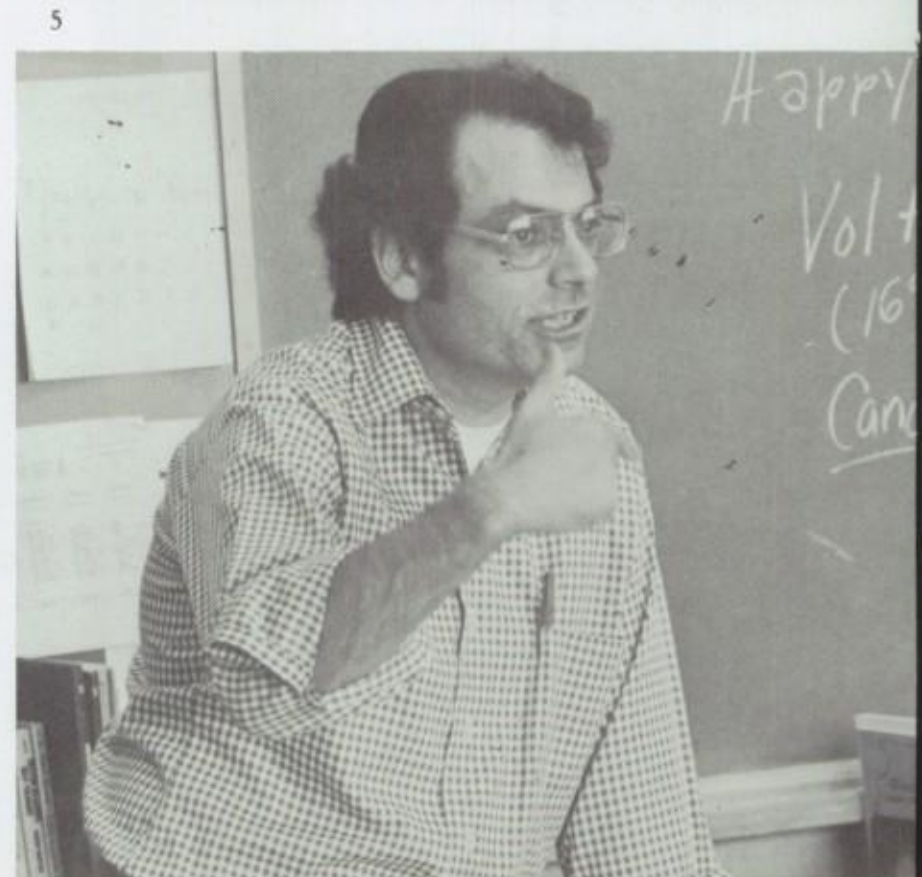
Department members met monthly to discuss current problems and to implement the phased program in the Fall of 1976.



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Faculty

Joyce Blume,
MA, University of Tulsa
English Review, English 1-2,
Man and Gods

Harriet Ham,
BA, U. of South Carolina
Reading Lab B

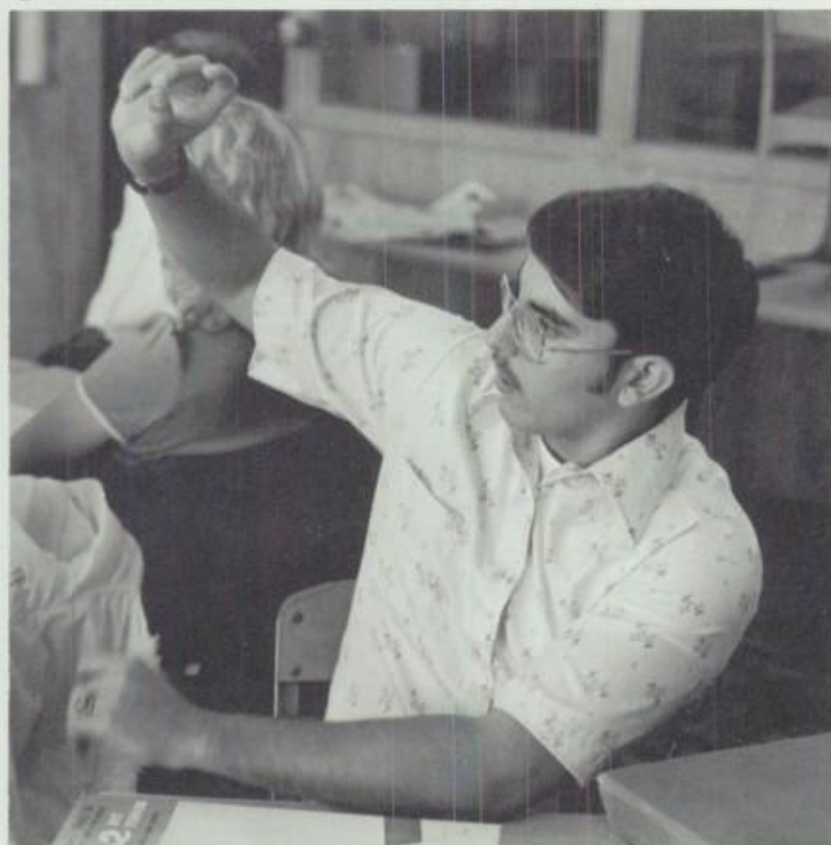
Quentin Hunter,
BA, Brigham Young University
English 3-4, English Review,
Literature of Suspense

Louis Jackson,
BA, San Jose State
English 3-4, Creative Writing





2



1. Jerrold Wergeland explains semicolon to Manley Gough. 2. Mark Souza asks a question. 3. Joyce Blume, mythology teacher, explains sentence construction to Ken Murphy, Lisa Gianelli and David Wright. 4. Reading instructor Harriet Ham plays charades with class. 5. English area chairman Richard Tandowsky lectures class on composition. 6. Seniors Colleen Silva and Jill Poole work on pages for yearbook.

4



3



Richard Lloyd,
BA, UC Berkeley
Director of Student Activities,
Journalism 1-4, Publications 1-4

Richard Tandowsky,
Area Chairperson,
BA, UC Berkeley
English 1-2,
Composition Workshop

Jerrold Wergeland,
BA, U of Washington
English 1-2,
Communications Workshop,
Argumentation and Persuasion

Faculty

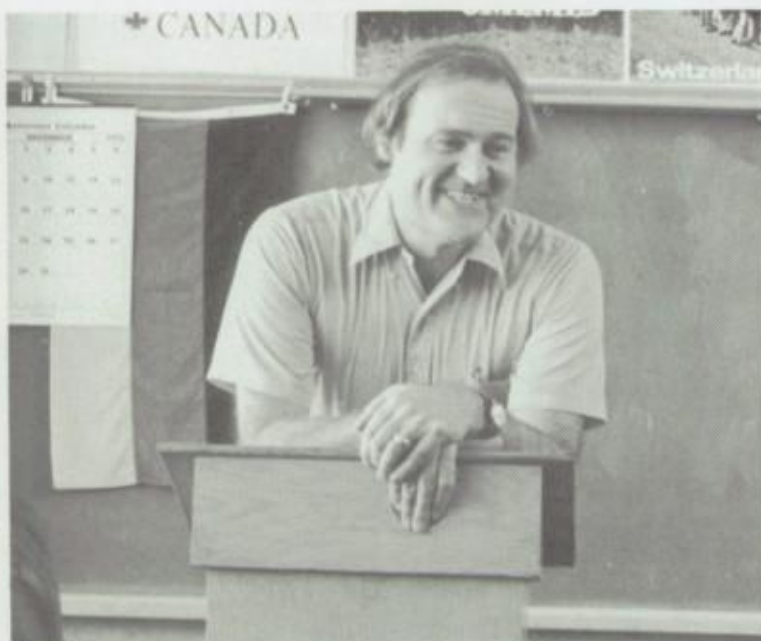


Marin camping trip enhances languages

Dramatic presentations and camping trips highlighted the Fine Arts and Foreign Language Areas school year. Under the direction of Wayne Ward, the dramatics area presented four plays this year; "Ping Pong Players," "Juke," "The Ugly Duckling," and "What Did You Learn In School Today?" "I'm looking forward to experimenting in D-6 and D-8, which I'm going to call the new little theatre," stated Ward.

Students from the Spanish classes at Arroyo went on a camping trip to Marin County. While on the excursion, only Spanish was spoken. Area chairperson Ms. Helene Powell commented, "The trip proved very popular and meaningful to the students."

It was hoped that future camping trips for French and German students and the Spanish camping weekend would become traditional.



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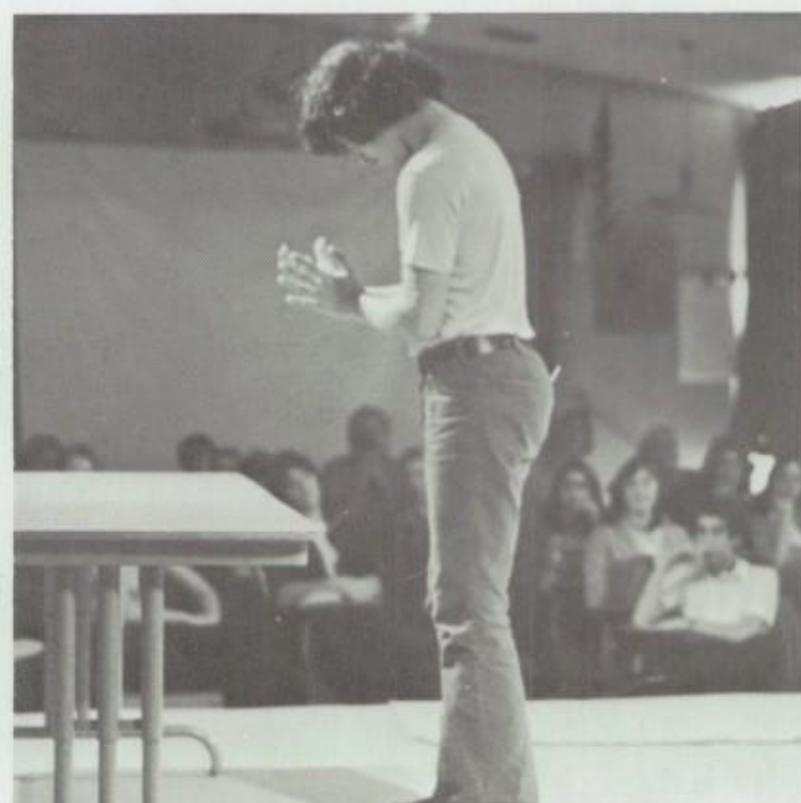


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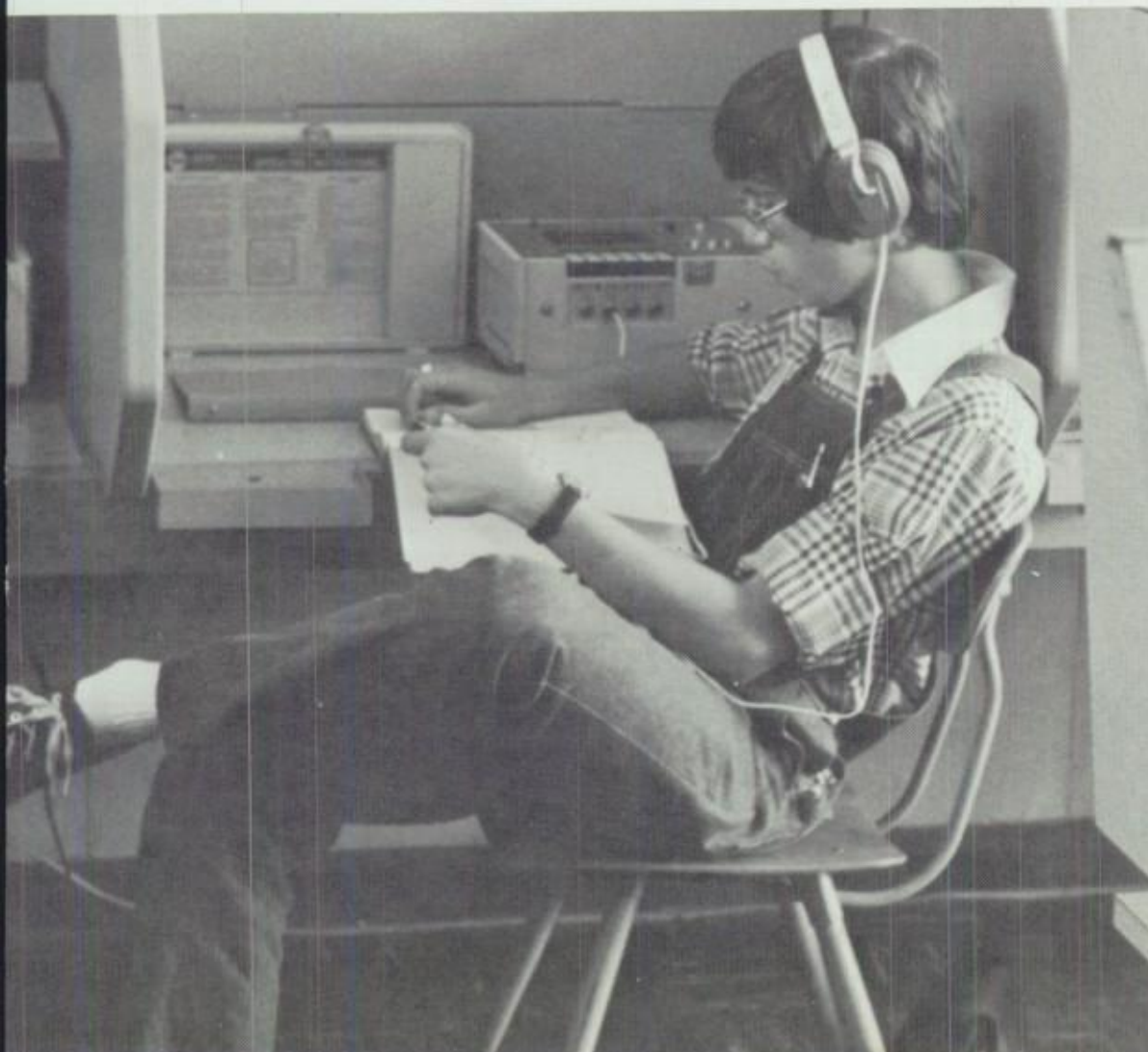


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1. Helene Powell drills Spanish dialogue. 2. Instructor Wayne Ward rehearses play with drama class. 3. Peter Wells enjoys foreign language class. 4. Keith Frese awakens. 5. Drama student Donna Dohmann pretends to float away. 6. King Harris studies with the help of the tape recorder.



6



Faculty



Glen Campbell,
BS, San Francisco State
Advanced Band, Stage
Band, Orchestra

Bill Field,
BS, UC Berkeley
Multi-Language 1-8,
Spanish 1-2, English

Doris Gorman,
MS, Kennedy Univ.
Art 1-2, Ceramics,
Learning Assisting

Helene Powell,
BS, UC Berkeley
Area Chairperson,
French 1-8, Spanish 1-10

Charles Runyon,
BA, California College
of Arts and Crafts,
Area Chairperson,
Art 1-8, Photo 1-4

Wayne Ward,
BA, San Francisco State
Drama 1-4, Folk Guitar 1-4

Peter Wells,
BA, UC Berkeley,
German 1-8, English

Doyle West,
BS, Utah State
Concert Choir 1-8,
Mixed Choir 1-8



Simulated marriage enhances course

Marriage, finance, and emotional situations were all happenings in Arroyo High's new class, "life and its living." Four couples were married in a mock ceremony and one couple filed for divorce.

The teacher in charge, Yvonne Birbeck, had devised a roulette wheel with "sad" and "happy" things on it. When a couple spun the wheel and a situation was chosen, the students would deal with it and then report their findings to the class.

Each couple was given \$3000 on paper. From there, students were supposed to work out their finances for the month.

Senior Dave Riele said, "It was a real surprise to learn the cost of insurance, gas bills, food and car payments!"



Faculty



Eldred Adams
BA, Fresno State
Arts, Metals, and
Plastics



Yvonne Birbeck
BA, San Jose State
Bachelor and Bachelorette
Living, Gourmet Foods,
Life and Its Living,
English 1-2



Michael Giorsetto
BA, San Jose State
Area Chairperson
Mechanical Drawing,
Basic Drafting



Mitchell Hoag
BA, U. of North
Colorado
Auto Maintenance,
Basic Electricity,
ROP Electronics





2



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1. Senior Valerie Savage displays her class' project at Back-to-School Night. 2. Jerry Such and Chris Tachera work on assignment in drafting. 3. Dirk Arndt reads instructions before starting to draw. 4. Howard Neal, John Craney, and Brian Meredith enjoy the home economics picnic. 5. Frank Schmidig, Mark Sanchez, Brian Meredith, Corey Leal, and Bev Gay wait for hamburgers to cook.



George McGue
BVE, S.F. State
Industrial Education
Basic Metals,
Occupational Metals



Robert McKim
MA, Chico State
Auto Shop



Margaret McMeekin
Area Chairperson,
BA, Cornell
What's New in Homemaking,
Needlecraft, Your First
Home, Advanced Clothing

Faculty





Alf Antons
BS, Seattle Univ.
Geom. 1-2, Math 1-2

Nickolas Athos
MA, S.F. State
Earth Sci. 1

Frank Casson
Area Chairperson
MA, San Jose State
Int. Math 1, Math X
Math 1-2, Alg. 1-2

Albert Fourmy
BA, La. State Univ.
Physics 1

Fred Hansen
MS, Brigham Young Univ
Chem. 1, Physiology
Math

Larry Kimmich
MS, Cal State
Math 1-2, Alg. 1-2
Math 1-2L, Adv. Math 1

Boyd McCaslin
MA, Univ. of Minn.
Alg. 1-2, Math 3-4
Math X

Lois Roach
Area Chairperson
BA, San Jose State
Human Biol. 1, Biol. 1

Mathematics class enrollment declines

"There may not be an advanced math class next year due to an enrollment drop in intermediate math this year," stated Larry Kimmich, math teacher.

There was only one intermediate math class this year, as compared to two last year. Kimmich also stated that enrollment was down in math 1-2, "most students just want to get their requirements out of the way, so they don't take math."

"We went on more field trips so we could study ecology and conservation," stated Fred Hansen, science teacher. His physiology class went to Salt Point and his science classes planned to go to Donner Pass.

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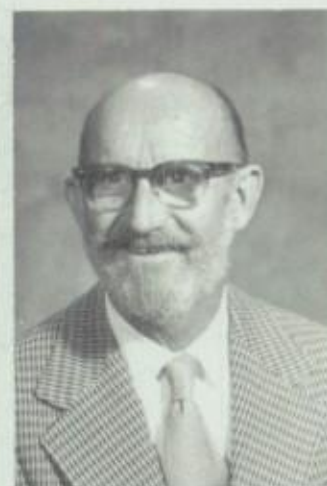


1. Nick Athos describes assignment to class. 2. Chris Jennings, Tim Grebe, and John Williams work on physics assignment. 3. Bruce Benyshek writes down results of physics experiment. 6. Gary Hoffman, Wally Singleton, and Phil Jones listen as Larry Kimmich does example problems.

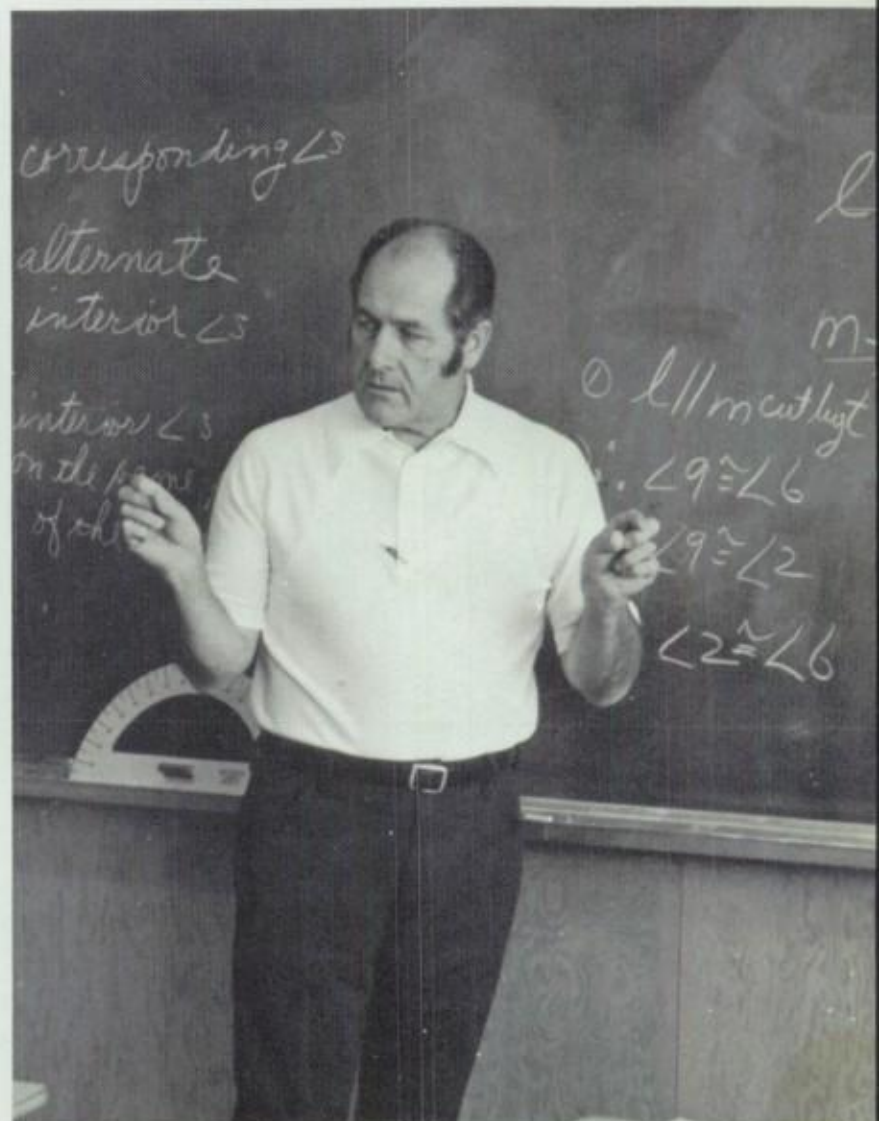
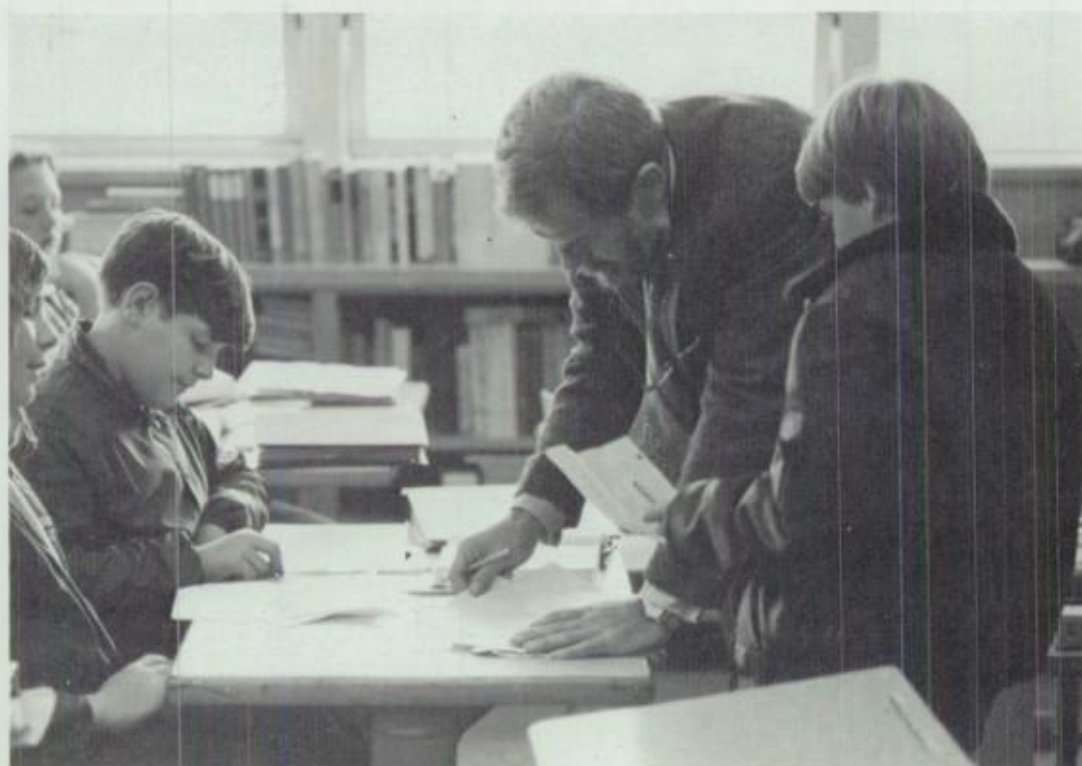




Faculty



Marvin Vanous
MS, Iowa State Univ.
Human Biol., Biology



4. Alf Antons goes over geometry proof with class. 5. Diane Horton, Linda Reynolds, Gary Brown, Dave Cassarotti, Whendy Lewis, Bird Lacy, Stacy Taveres, Diane Frese, Phil Eggleston, and Gilbert O'Guire listen to explanation of day's assignment.



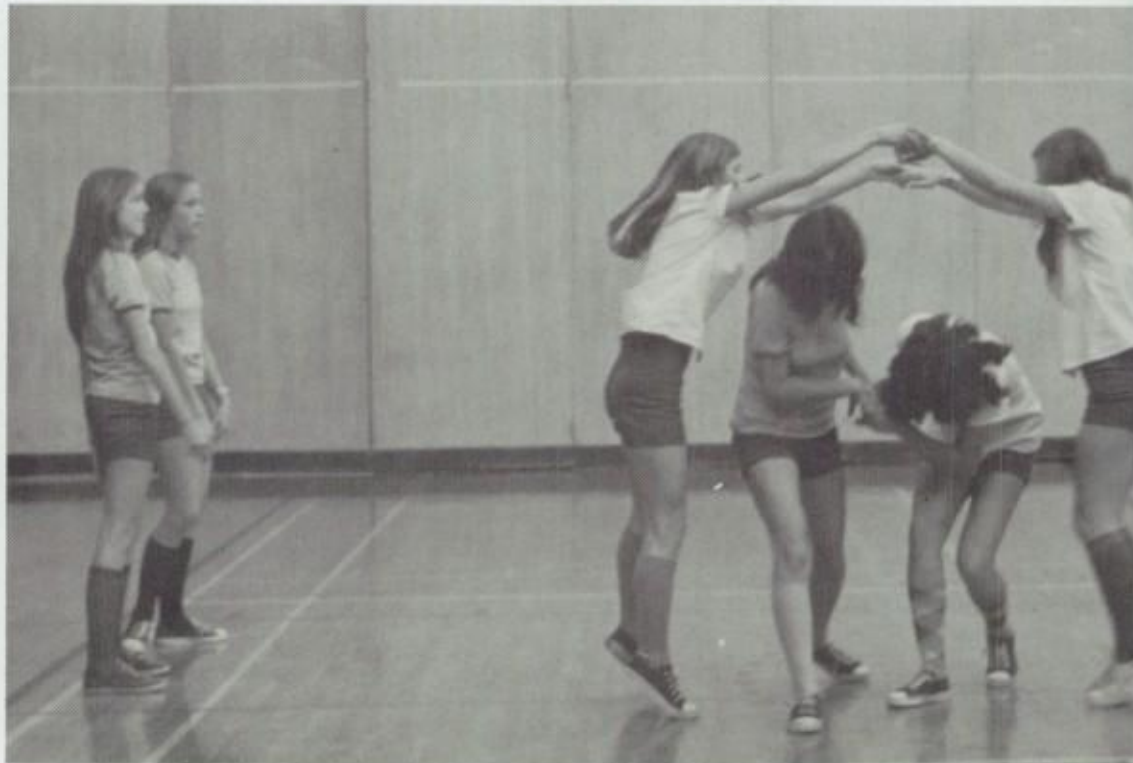
Bowling class attracts physical education students

With the state legislature-approved revision of the Education Code regarding physical education requirements, Arroyo's gym teachers faced a year of district meetings and thought in order to overhaul the existing curriculum.

According to the state revision, if approved by the San Lorenzo Unified School District Board of Trustees, senior students would have the option of participating in physical education. Area chairpersons **Bill Basacker** and **Laura Clapp** worked with their counterparts from the other high schools in writing new courses to attract students.

One such example of the new program was an experimental bowling class held at nearby Manor Bowl. Under the tutelage of Basacker, 30 Arroyo students learned the fundamentals of the popular sport.

1. Coach Ken Weissenborn confers with Bob Miguel about cross country statistics. 2. Augie Ortega, John Dell, and Max Mills vie for pass. 3. Coaches Bill Basacker, Mike Bowers, Tony Machutes, and Tom Sheridan discuss game plans. 4. Tim August executes lay-up for two points. 5. Florence Sanchez, Natalie Rose, and Lori Peterson defend ball against opponents. 6. Rhythm and dance class demonstrates new steps.



Faculty

William Basacker
BS, Chico State
BPE

Laura Clapp
MA, BA, Univ. of Washington
GPE

Jerry Glenn
BS, Cal State, Hayward
Modified PE, BPE

Thelma Hansen
AB, S.F. State
GPE





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Martha Kimmich
MA, Univ. of Colorado
GPE

June Macabee
MA, BA, U. of Illinois
GPE

Anthony Machutes
BA, San Jose State
BPE

Faculty



Summer workshop aids social science area to change courses

A special summer workshop, financed by the school district, enabled the social science area to revise the freshman curriculum this year.

Under the leadership of area chairperson Vicki Bissell, the department spent one week at the end of the school year to discuss course goals, rewrite curriculum guides, and order new materials for use in the freshman classes during the 1975-76 school year.

Other department activities included planning and executing a school-wide field trip to the Freedom Train on December 5 and 8. On those days, all students were released from school to go visit the Bicentennial exhibit at the Oakland Army Base. School bus arrangements were made by the department to transport Arroyans to the display.

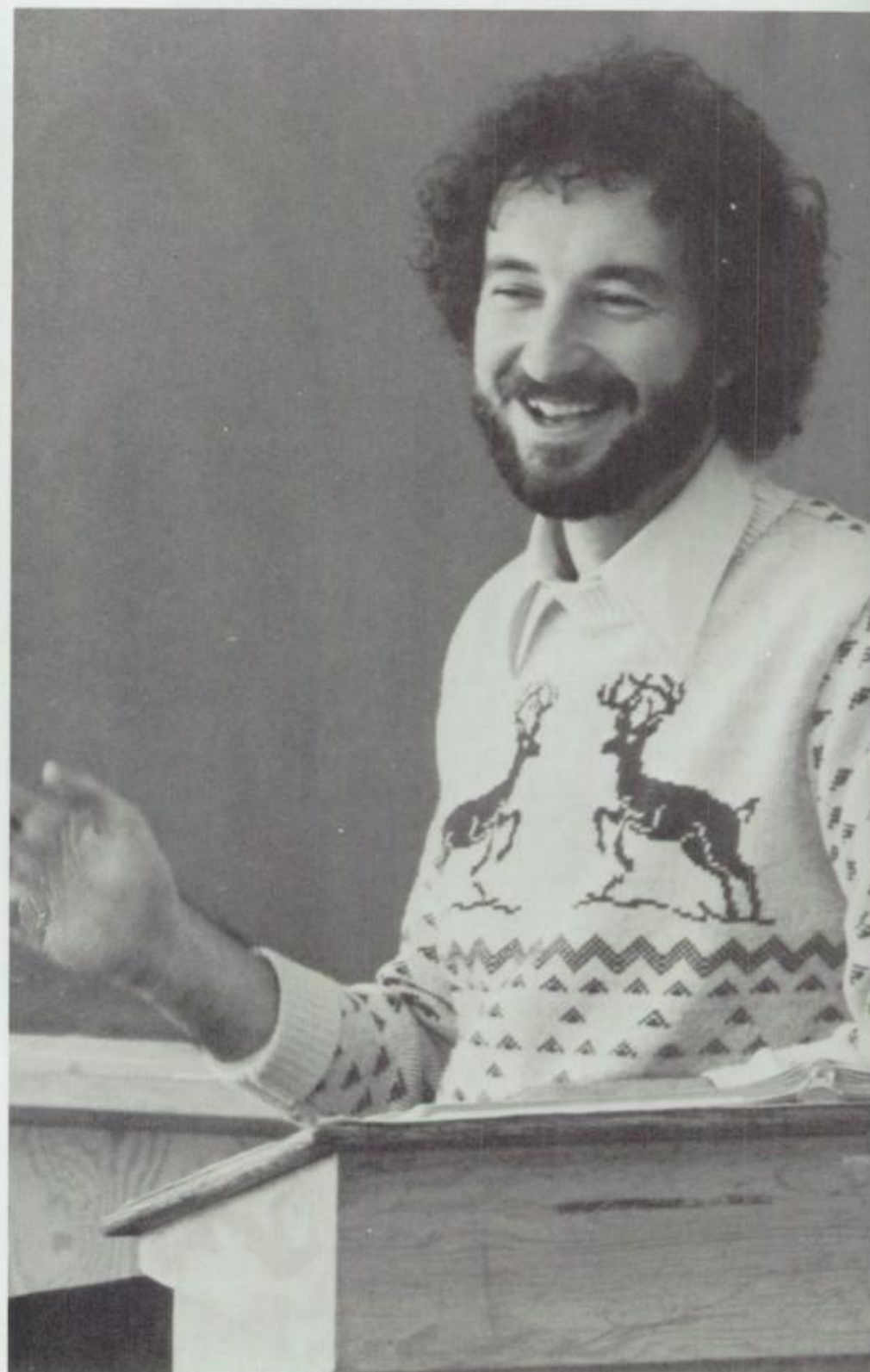


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1. Sociology instructor Millard Billings smiles during an amusing discussion. 2. Area chairperson Vicki Bissell discusses class procedures to students' parents. 3. Ken Weissenborn tells parents about grading scales. 4. Earl Remington and Cora Perry demonstrate the history bowl game. 5. John Shanteau discusses history with parents. 6. US History teacher Remington displays newly picked cotton.



1





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Faculty



Millard Billings,
BA, Chico State College
Sociology, Family Living

Vicki Bissell,
BA, UC Berkeley
American Government,
US History

Mary Camezon,
BA, U of Washington
Minority History,
Social Studies

George Hubert,
MA, San Francisco State
Drivers Ed., PBE

Earl Remington,
MA, Cal State, Hayward
American Government,
US History

John Shanteau,
BA, San Jose State
US History,
Social Studies

Gregg Shephard,
BA, Sonoma State
American Government,
Psychology,
Modern Europe

Thomas Sheridan,
BA, St. Mary's College
Social Studies, BPE

Ken Weissenborn,
BS, Cal State, Hayward
US History,
Social Studies, BPE

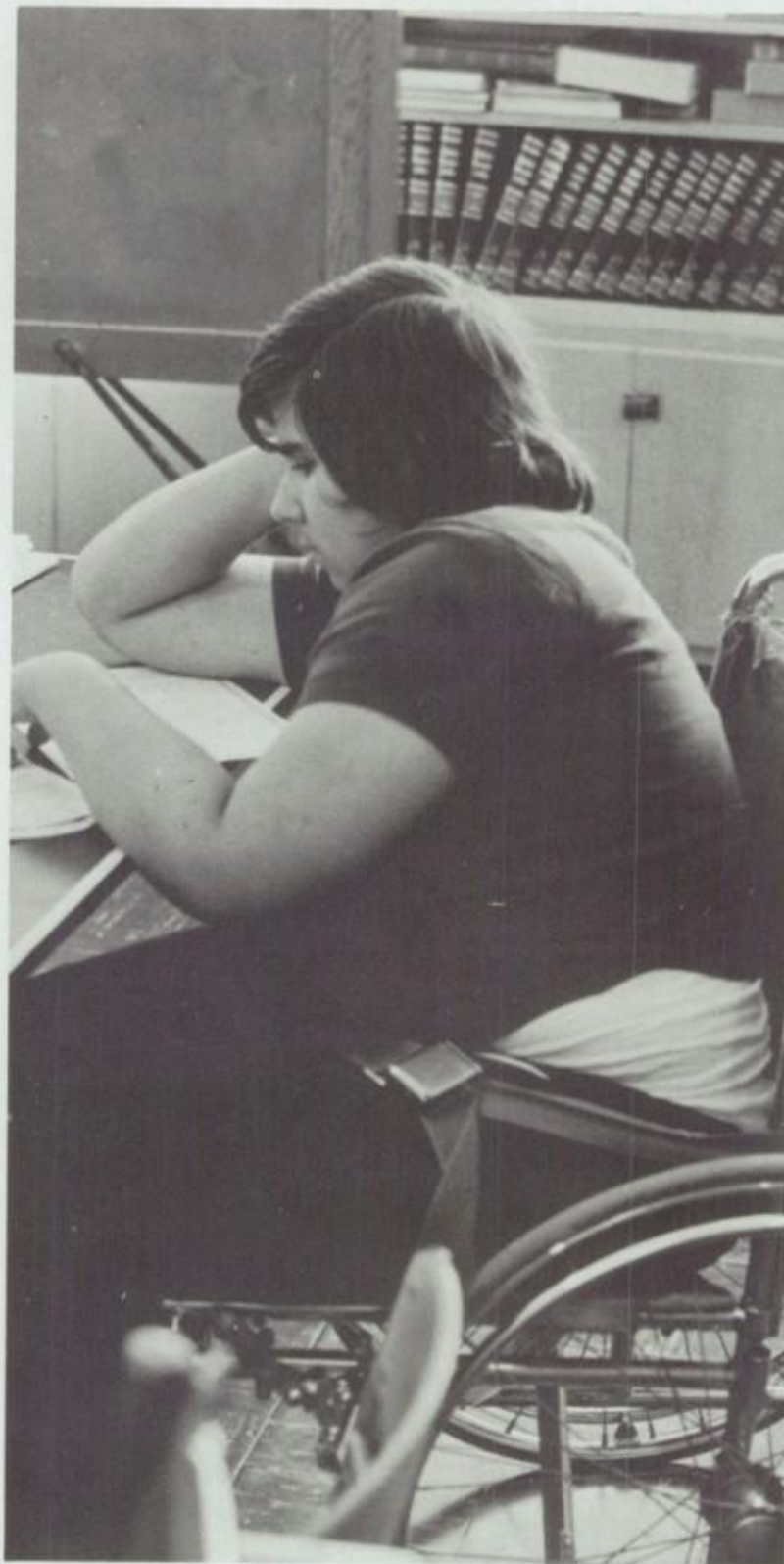




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1. Kathy Husband explains history assignment to Mela Ortega. 2. Donald McCassey sets up projector. 3. Kevin Carlson laughs at Ron Cupp's jokes. 4. Special Education instructor Mike Bowers demonstrates liquid embroidery. 5. Candy Kempf points out Bicentennial landmark. 6. Sandy Alejo is distracted while working. 7. Matthew Pedrosa rechecks test.

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Special education area sponsors lunch tournaments



1 "Our goal in the special education program is to give the PH and EMR students a chance to participate in the regular school program," commented instructor Viola Giblin.

By involving these students in Arroyo's regular schedule, it helps the students realize that the physically handicapped and the educationally mentally retarded are people too, believes Giblin.

"I really love it. I wouldn't trade places with anybody. Every day is different and full of variety. It's really a challenge," said Giblin.

In charge of modified physical education was Coach Jerry Glenn. This special class was for those students who are unable to participate in the regular program because of a handicap.

Table games, ping pong, weight lifting, basketball, volleyball, wheelchair soccer, and swimming are some of the activities in which these students took part.

"These kids are about the nicest kids in the school and it's really been a pleasure working with them. I just wish all the kids I come in contact with could enjoy school, life, and be involved in as many activities as they are," stated Glenn.

The class for the Arroyan students with certain learning disabilities was taught by Mike Bowers. "Any problems these students can't handle in regular classes, they are helped here in my class," stated Bowers.



2



Michael Bowers
BA, Chico State
Special Education

Maria Ferenczy
Registered Nurse

Viola Giblin
MA, Boston University
Special Education

Faculty



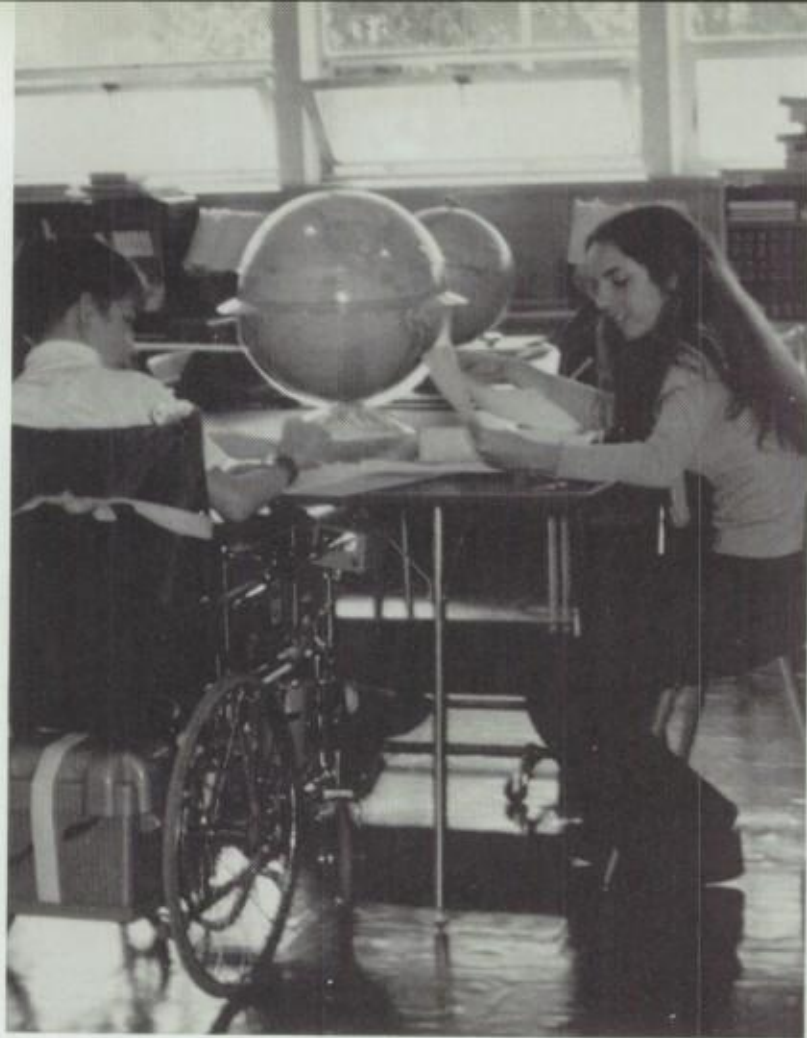
Freshmen



Gilbert Aguiar
Mike Aguilar
John Alberti
Ken Amann
Brian Anderson
Beverly Andrade
Elvia Anguiano

Sara Anguiano
Rick Apodaca
Ruben Aranda
Karen Arieta
Dirk Arndt
June Ashby
Allen Atencio

Danny Baca
Cora Bailey
Sue Bancker
Pat Bonfield
Eric Barros
Greg Barovero
Sandy Barros



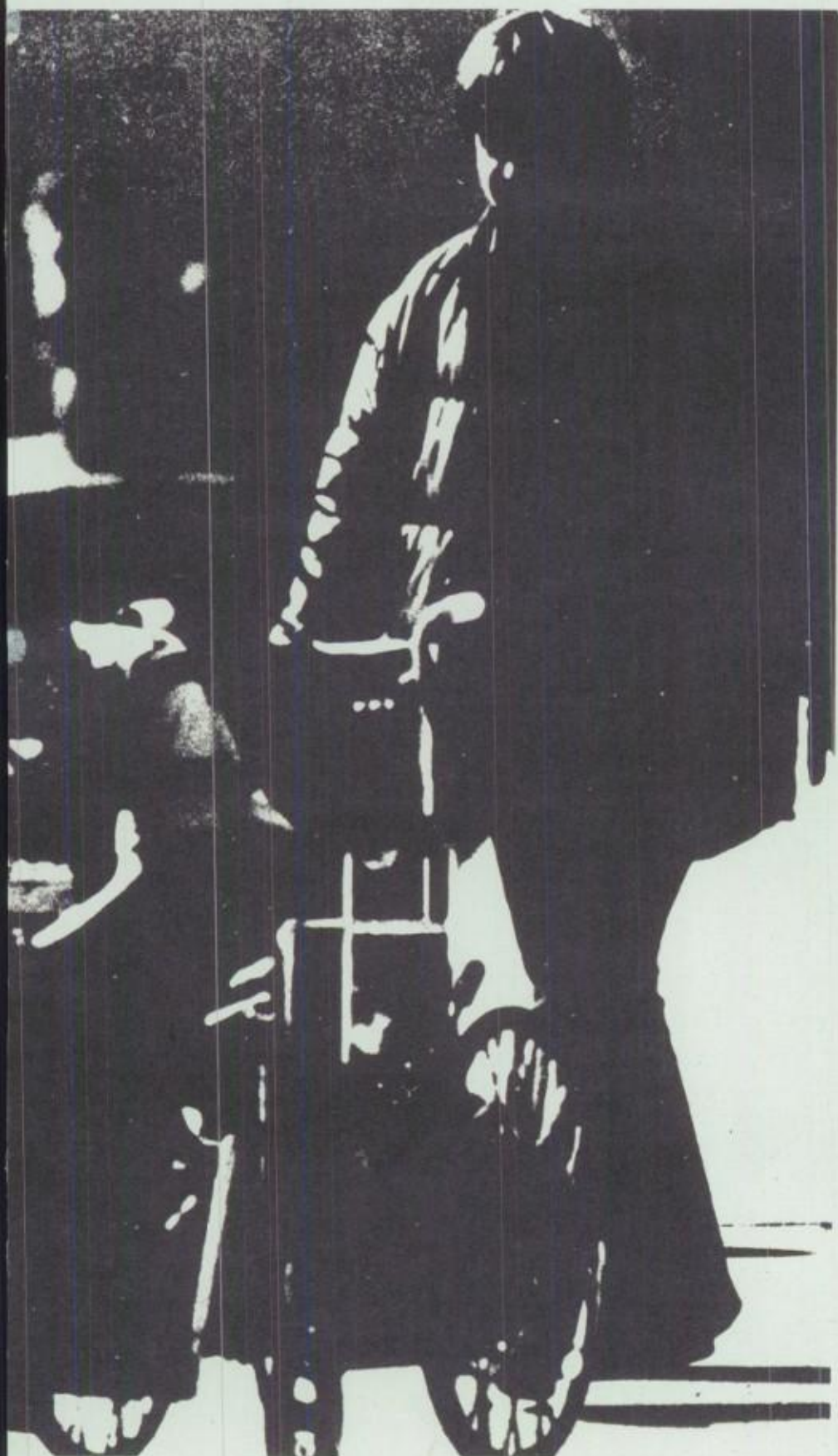
51 students assist elementary teachers



The tutorial aide program at Arroyo, made up of 51 students, enabled juniors and seniors to go into grammar schools and work with children in the classroom.

The aides had the opportunity to help the teacher and to develop teaching skills.

Faculty advisor Vi Giblin stated that the program demonstrated intense, concentrated involvement in an activity. "It was a place to take responsibility for and work with others."



6



7

1. Mike Sheets escorts Kevin Carlson to class. 2. Peggy Evans helps student with classwork. 3. Bonnie McDowell looks away from cameraman while student smiles. 4. Marlene Decosta reads to Kevin Carlson. 5. and 6. A San Leandro High School student plays basketball and with kids. 7. Bonnie McDowell instructs children.



ROP classes allow students chance to broaden skills

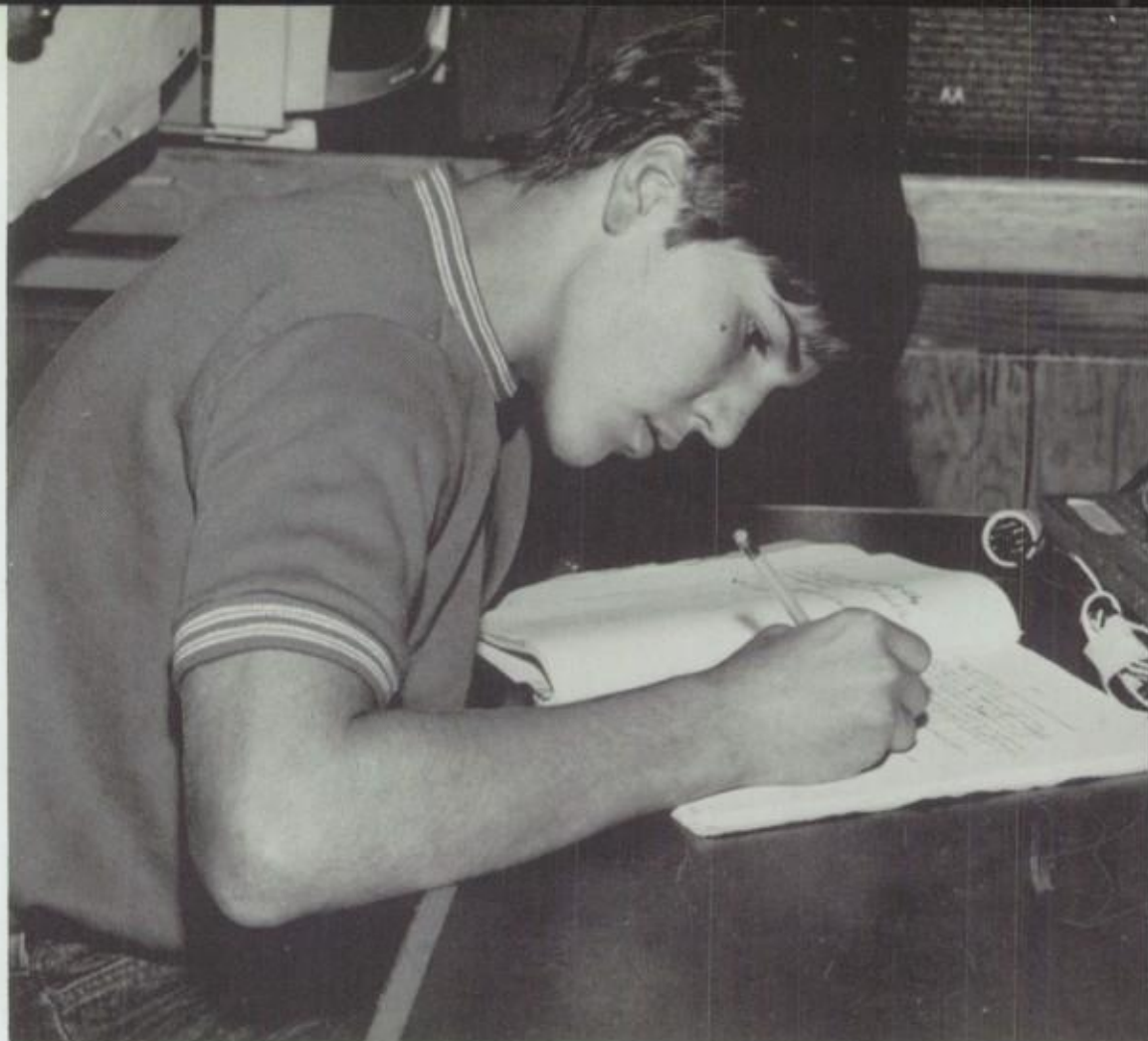
Attendance in all of the Regional Occupation Program course rose this year with the exception of the medical/legal class.

Medical/legal attendance decreased by half. Senior Pam Ringstad, a student in the course, said, "You learn a lot in medical/legal. But it's the same thing every day. The class needs more variety and different things to do to stop the monotony."

ROP courses were two and three hours long and assisted students in finding a future career. Arroyans also discovered that obtaining a job was much easier when they had training and skills.

Beginning machine shop, general office clerical, beginning auto, medical/legal, industrial drafting, and beginning electronics were the classes offered at Arroyo High School this year.

1. Claude Moose takes notes on electronics. 2. Peggy Wright practices secretarial skills. 3. Maria Curiel totals up figures in ROP class. 4. Helen Aguilar works at desk in general office clerical. 5. Keith Frese studies electronics notes.



1



6

Freshmen



Erik Bauermeister
Steve Beauchamp



Shiela Bell
Jim Benetti



Jim Bennett
Ron Bennett



Tom Bennett
Keith Benyshek



Dave Bevilacqua
Ron Bianchini

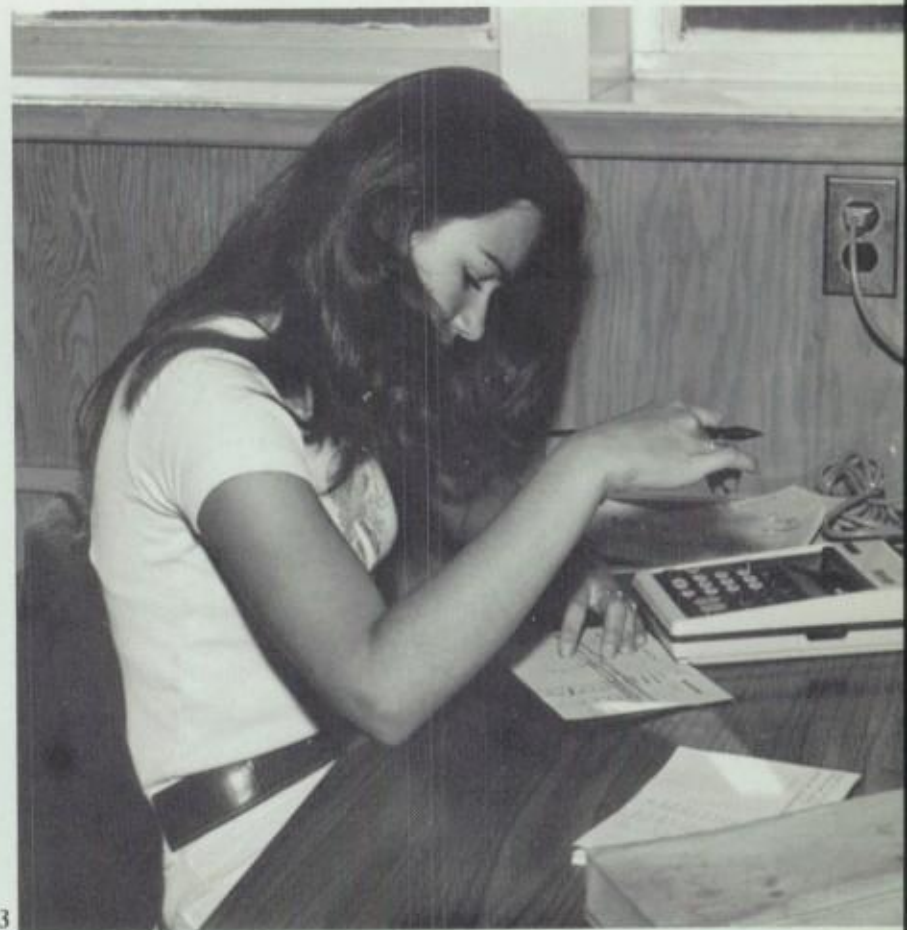


Craig Billings
Colleen Birindelli



Mike Bjork
Kathy Blevins





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Maria Botelho
Donald Boyce

Bob Brady
Briget Bramante

Gary Branscum
Joe Bricker

Cheryl Brokke
John Broughton

Gary Brown
Martin Brown

Russ Buther
Ron Buck

Rick Bumbaca
Bev Bunce

Freshmen

Arroyans travel to Vocational Center

The Regional Occupation Program was designed to offer junior and senior students training in the business world.

Arroyo senior Lisa Foster said of her ROP class, "It is a class to help me in my future."

Classes offered at Eden Vocational Center were allied health, appliance repair, carpentry, data processing, dental assisting, floral design, food preparation, hotel/motel, landscape and garden design, nurses aid, and retail merchandising.



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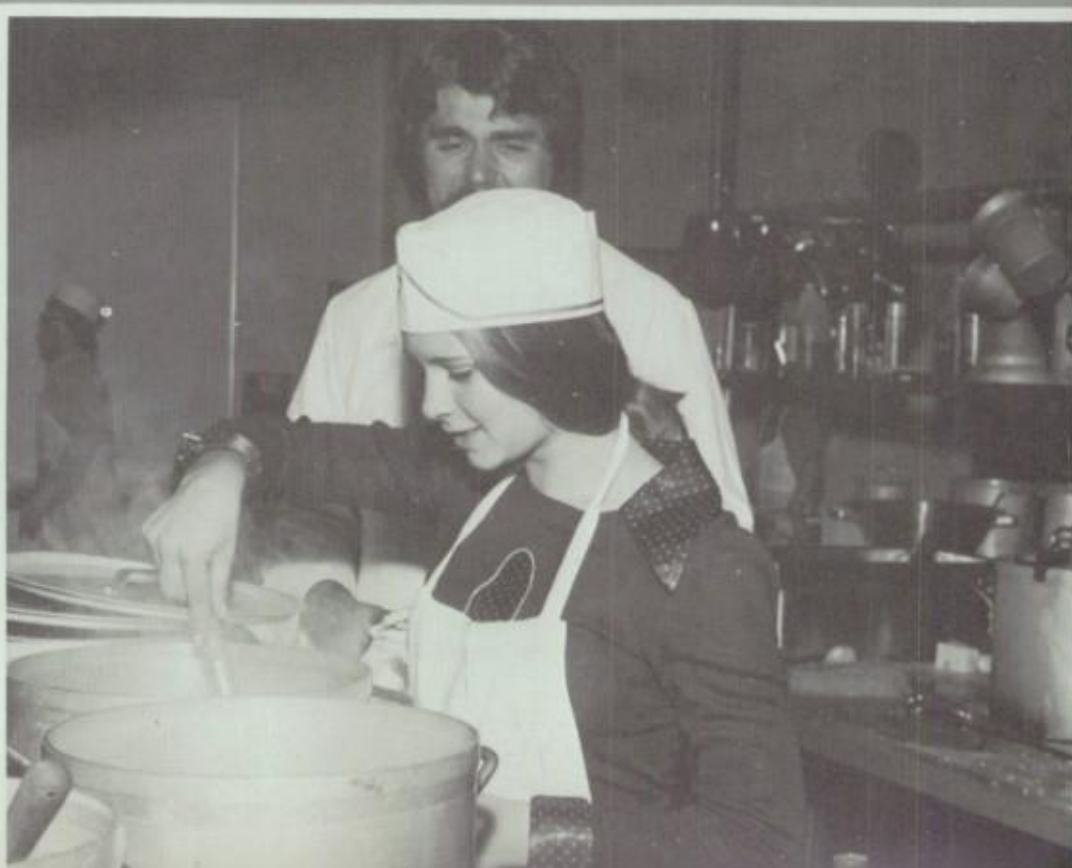


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1. Jim Cwick bags groceries. 2. Sue Izard works on data processing machine. 3. Jackie Nelson prepares a meal. 4. Lisa Foster and Michelle Pena work on Teresa Thomas' teeth. 5. Michelle Cambra rings up bran flakes in grocery checking. 6. Helen Aguilar works on keypunch assignment in processing.



3



Freshmen



Jeff Burris
Mark Bush
Judy Butzbach
Desiree Cabral
Muriel Cach
Don Canciamilla
Rhonda Cardella

Kirk Carlsen
Kevin Carlson
Linda Carr
Rickie Carr
David Casarotti
Matt Chadwick
Cathi Chambers

John Chang
Martha Chavez
John Chilianis
Allen Chinn
Terri Cihy
Penny Clanton
Steve Clegg

Athletics



"Athletics is essential to only some people. Sports are important to me because I enjoy playing them. There is usually someone on a team who plays only for the glory. They don't show up to practice and expect to play in the games. But it doesn't work that way. It's got to be something you want to do, and you want to work for," stated senior Rick Weston.

Playing sports was a combination of competition and cooperation with a little sacrifice, hard work and frustration all rolled into one, for all Arroyans who chose to participate.

When a team had put a lot of practice, sweat, and strain into the game, the results of winning seemed more worthwhile than any one person's individual effort.

Arroyo's athletic legacy has left not only traditions from the past, but ambition to carry on in years to come.



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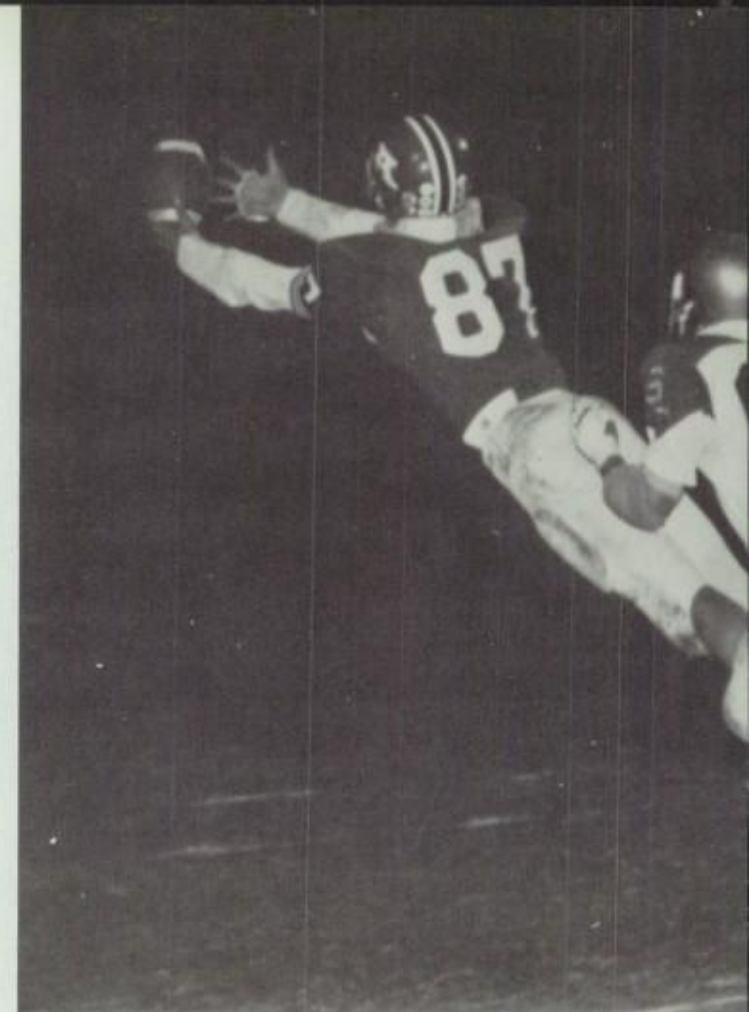
1. Doug Gamblin, Mitch Cone, and George Morales de Oca guard against San Lorenzo Rebels. 2. Coach Boyd McCaslin confers with players in Block A versus Alumni basketball game. 3. Dan Pratt catches breath after running cross country race. 4. GRA tennis player Charlotte Carlson prepares to serve. 5. Bonnie McDowell gives pep talk to team members before volleyball game starts.



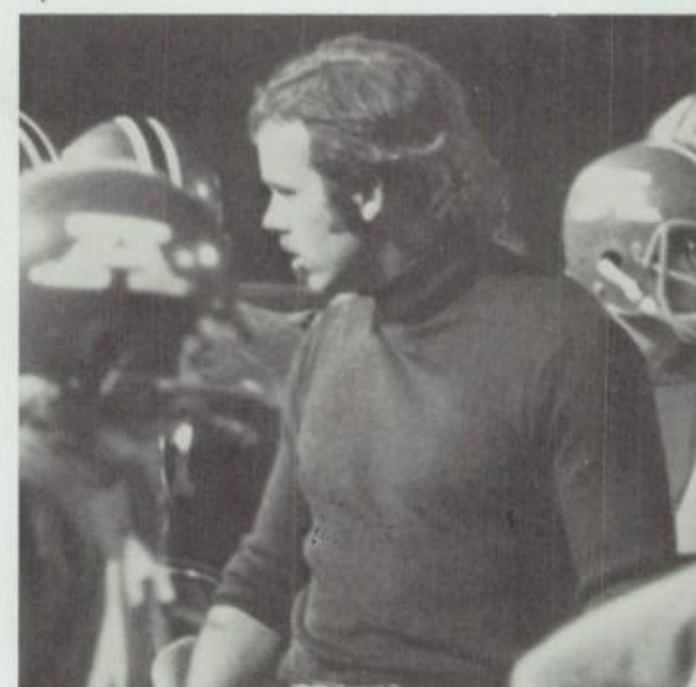
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1. Receiver Frank Bucholz leaps for a Fernandez pass. 2. Split-end Gregg Thompson goes over pass pattern with Coach Machutes. 3. FRONT ROW: Guy Smith, Bob Driver, Phil Girata, Joel Edwards, Dennis Lynn, Jim Costello, and Kim Gomez. SECOND ROW: Mike Tiernan, Bob Sheehy, Tom Plotz, Dave Fernandez, Glen Bellefeuille, Mike Brisentine, Gregg Thompson, Keith Sales. THIRD ROW: Coach Mike Bowers, Bob Kufeld, Pat Gilbert, Don Clegg, Craig Lemmon, Ken Lundberg, Neil Harvey, Rick Weston, Gregg Emmons. FOURTH ROW: Coach Tony Machutes, Jim Landreth, John Craney, Jim Reed, Ken Drew, Mark Sanchez, Frank Bucholz, Jim Martinez, Coach Bill Armstrong. 4. Arroyo's new coach and alumnus Bill Armstrong talks to players. 5. Rick Weston makes diving catch against Tennyson. 6. Head Coach Tony Machutes discusses offensive strategy with quarterback Dave Fernandez. 7. Coach Mike Bowers yells defensive plays from the sidelines.

Freshmen



Debbie Colomy
Chris Colon

Nick Compentore
Mitch Cone

Becky Cook
Ernest Cook

Gaylene Copley
Edgar Cortti

Richard Costa
Natalie Craig

Julie Creacy
Diane Creese

Debbie Crewe
Colette Critchfield



Dons' "RedTide" defeats Cougars 28-0

A mistake-ridden offense and numerous turn-overs marked Arroyo's mediocre varsity football season. The Don gridders wound up with a 4-4-1 record and sixth place in the Hayward Area Athletic League.

The Dons started the season with a big win over East Bay Athletic League Champions Granada 22-0. Arroyo quarterback Dave Fernandez threw for over 200 yards and the defense held the run-oriented offense of Granada to less than 100 yards for the game.

Against league champions, Mt. Eden, Arroyo failed to score on four consecutive downs from the three-inch line. At the half, the Dons went into the locker room trailing the Monarchs 36-12.

Marina was the Dons' next opponent. Arroyo scored first with Fernandez hitting Kim Gomez, who made a leaping one-handed catch, for the touchdown. Then disaster struck as the Dons were caught short-handed with only ten men on the field. The Titans exploited this vacancy with a touchdown pass to the position in which the eleventh man was vacant. From there, it was downhill; a 31-8 loss for Arroyo.

Arroyo next encountered Canyon. The Dons

marched all the way down the field. On the first possession, the varsity scored without throwing a pass. Final score—Arroyo 28, Canyon 0.

On one of the worst nights of the year, Arroyo faced first-place Sunset. With the rain pouring down, the Dons rose to the occasion and stopped the Falcons' league leading offense to only 96 yards. With the offense inconsistent around the goal line, the Dons had to settle for a 6-6 tie.

The traditional rivalry against San Lorenzo came next. The Rebels scored first and then Arroyo's offense opened up as Fernandez threw touchdowns to Mark Sanchez, Rick Weston, and Kim Gomez. The Dons ran away with the game, 36-12.

Penalties stopped the Dons in a heartbreak loss to Tennyson, 18-16.

The Don offense turned the ball over six times inside the Castro Valley 20-yard line and lost that game. Kim Gomez scored the only touchdown for Arroyo with a 76-yard kick-off return.

Salvaging some pride in front of the homecoming crowd, and achieving a .500 season, the Dons beat Hayward in a night game on Sunset Field.



Charlie Cudiamat
Ronald Cupp



Craig Curlett
Carol Dalton



Don Dana
Brian Danu



Debi Davis
Ken Davis



Troy Davis
Billy Decoite



Scott Dees
Jay DeLaughter



Scott Delih
Nancy Dell

Freshmen



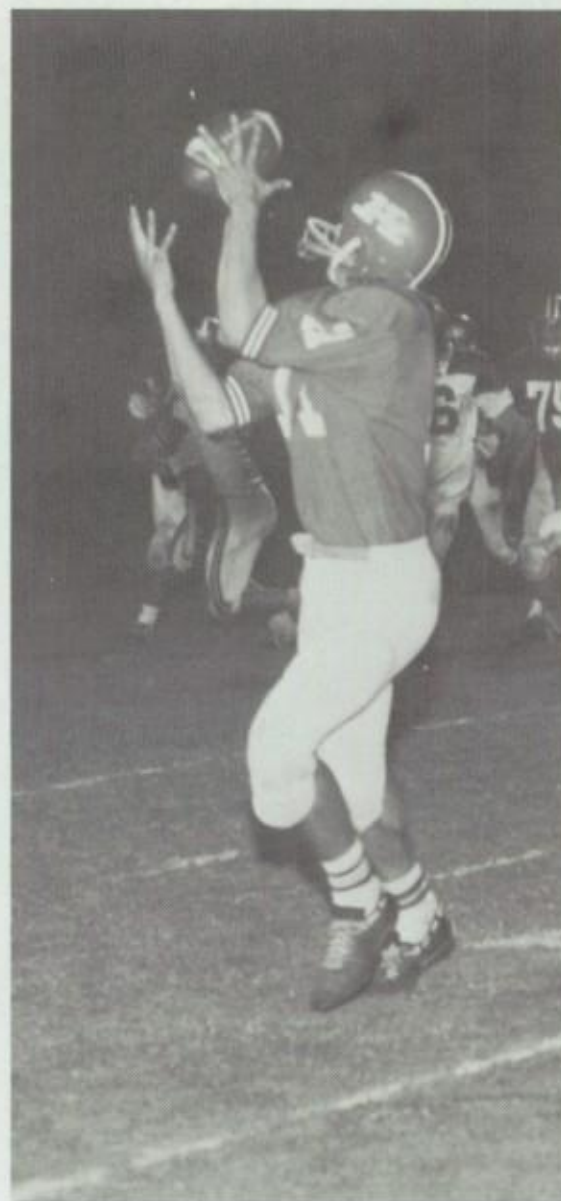
Freshmen



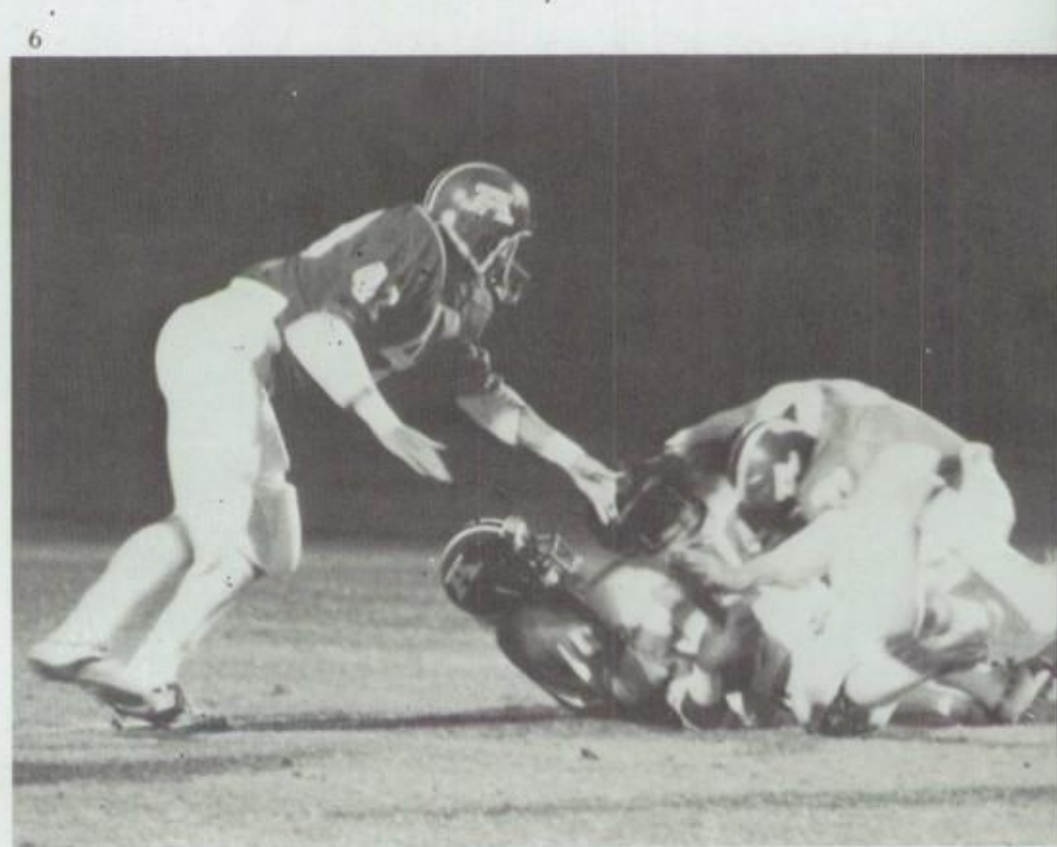
Richard deNijs
Kevin deRyk
Dean Detton
Rick DeVecchi
Patty DiPasquale
Chris Dohmann
Ed Domenico

Ernest Domenico
Debbie Dow
Muriel Dutch
Caroline Dutrieux
Phil Eggleston
Shawn Emery
Kim Erwin

Cheryl Evans
Kathleen Fahey
David Fairclough
Janay Feeney
Edward Fenska
Tom Fereria
Ed Fernandes

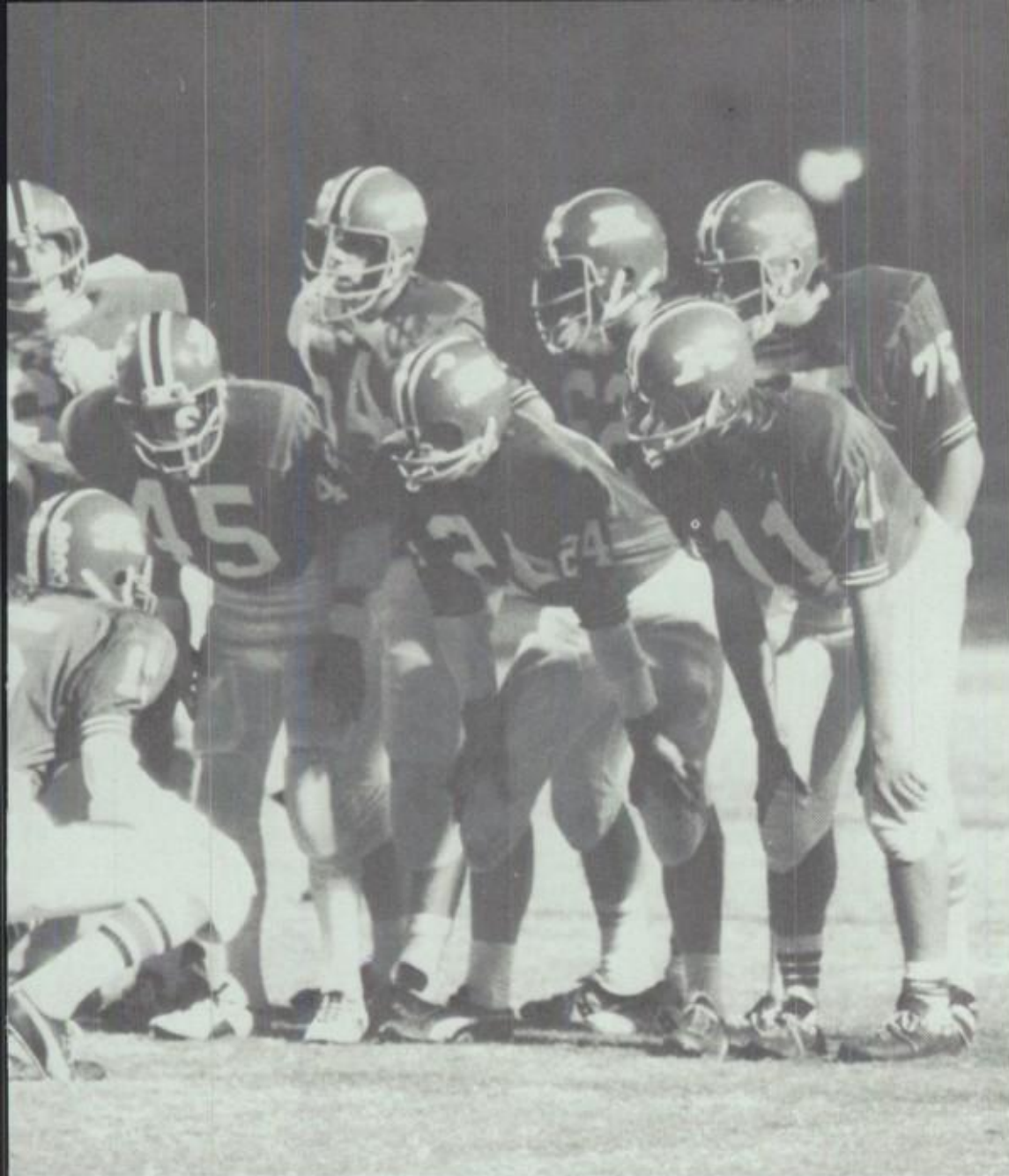


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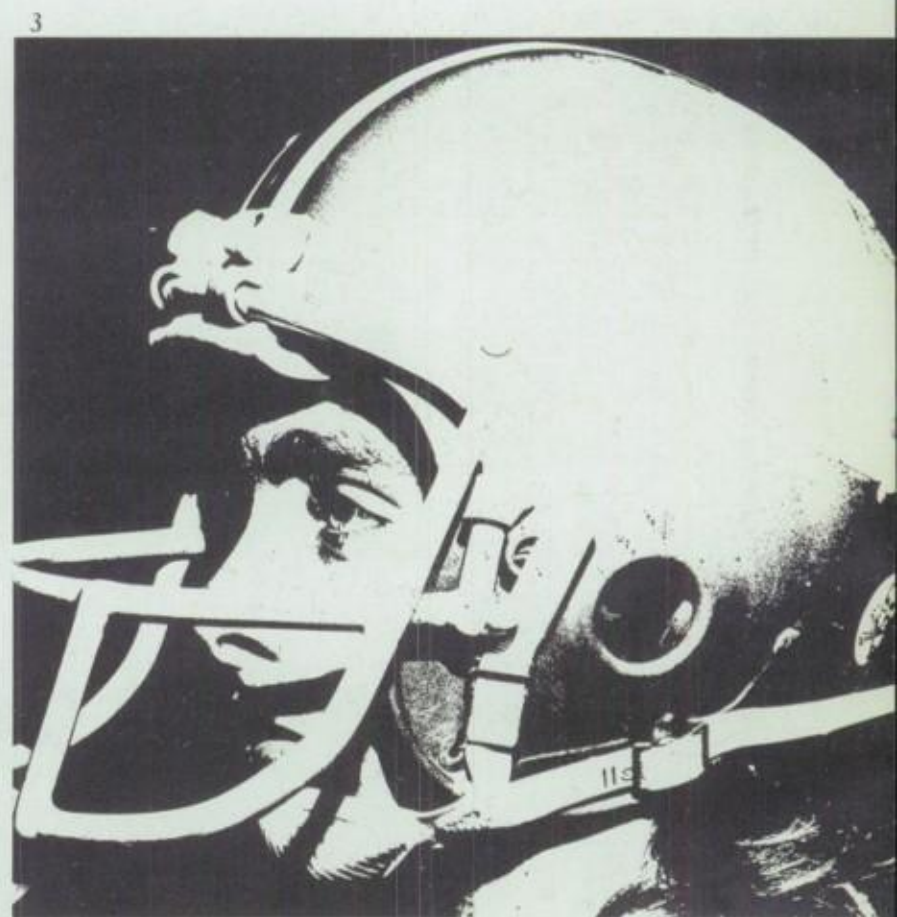
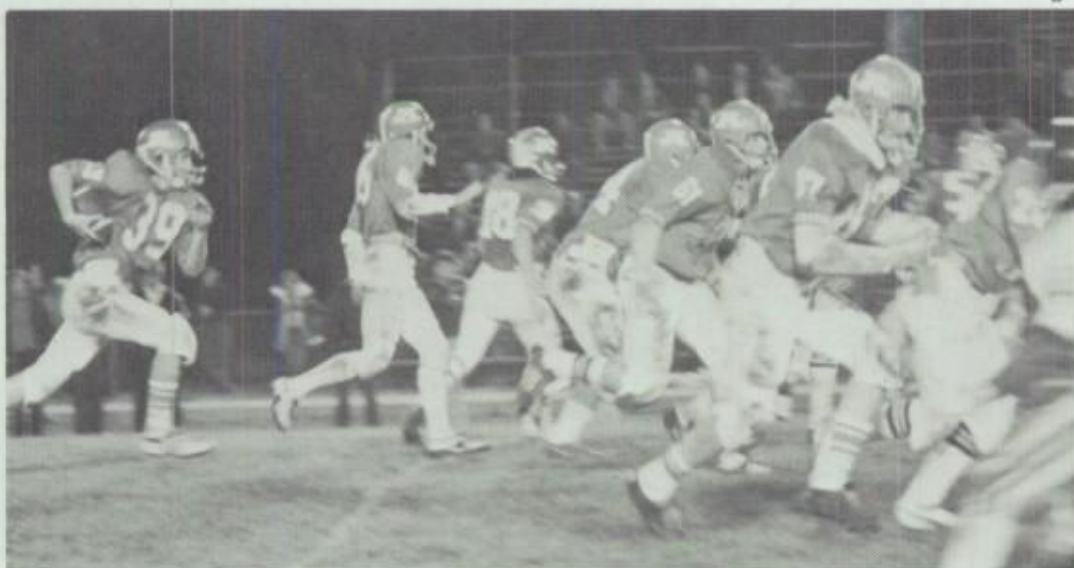


Fernandez breaks career pass record

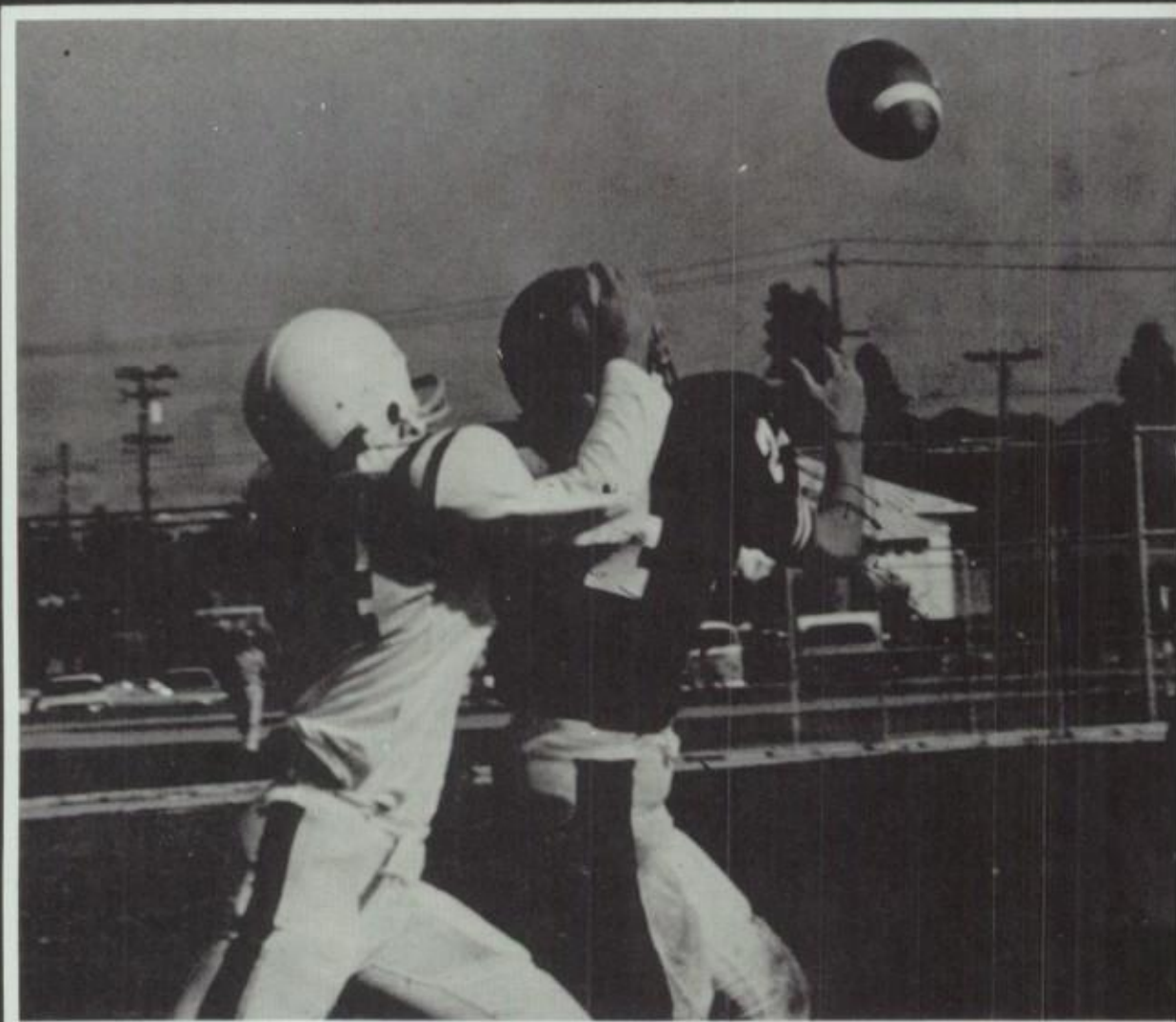
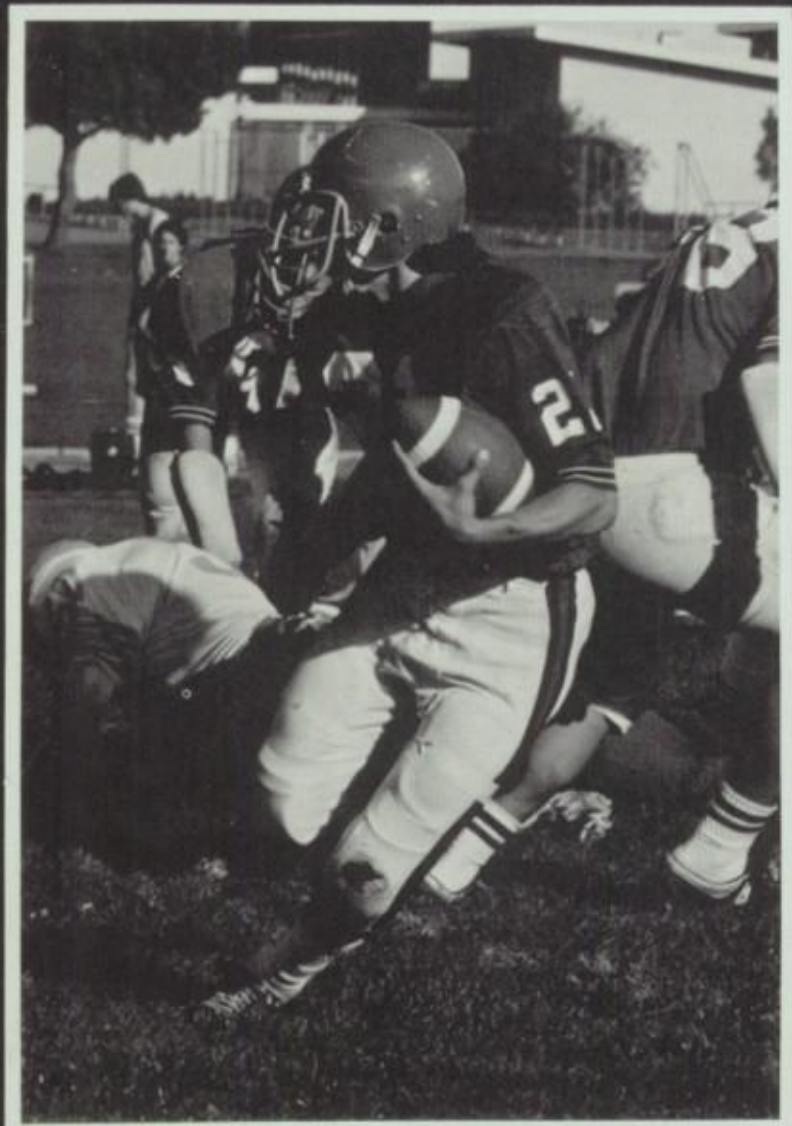
At the end of the season, Arroyo defensive back Mike Tiernan and linebacker Craig Lemmon were selected to the All-league team. Second team members included quarterback Dave Fernandez, wide-receiver Mark Sanchez, and tight-end Rick Weston. Bob Kufeld and Kim Gomez received honorable mention.

Chosen by the Arroyo coaches, Dave Fernandez received the most valuable award for the team. Craig Lemmon and Fernandez were selected captains while Bob Kufeld was "Iron Man" and Rick Weston most inspirational.

Quarterback Dave Fernandez broke many seasonal records this year while also cracking the career passing record by throwing for 2,460 yards. Receivers Mark Sanchez, Rick Weston, Kim Gomez, and Gregg Thompson went into the top-ten career receiving as second, third, tenth, and tenth respectively.



1. Quarterback Dave Fernandez gives play to Don offense. 2. Craig Lemmon follows wedges as he returns kick-off against Castro Valley. 3. All-league safety Mike Tiernan looks on while offense has ball. 4. Tight end Rick Weston gets tackled. 5. Fernandez surveys field before calling play. 6. Kim Gomez and Pat Gilbert stop Mt. Eden ball carrier. 7. Mark Sanchez makes one of 30 season catches to establish school record.



1. Dave Tudino receives pass. 2. Kimo Sanchez runs for five-yard gain. 3. JV football team; **FIRST ROW:** John Benvshek, Rob Christensen, Dave Tudino, Glen Yanagi, Gary Riele, Bob Davis. **SECOND ROW:** Bob DaSilva, Ken Gregg, John Palazotto, Steve Litz, Mark Silveira, Randy Watts, Coach Jerry Glenn. **THIRD ROW:** Tracy Castro, Steve Gould, Mike Fraley, Mitcehl Skipworth, Mike Benson, Steve Brisentine, Bob Brecht. 4. Tracy Castro attempts pass. 5. Bob Brecht makes a path for Kimo Sanchez. 6.. Mark Silveira makes an end run against Tennyson.

Freshmen



Keith Fernandes
Barbara Fernandez

Sigried Fernandez
Eddie Ferro

Lisa Fimby
Yvonne Finch

Mike Fink
Terry Fischer

Dean Fiscus
Robert Fisher

Kelly Frates
Mark Frederick

Tom Freitas
Tony Freitas



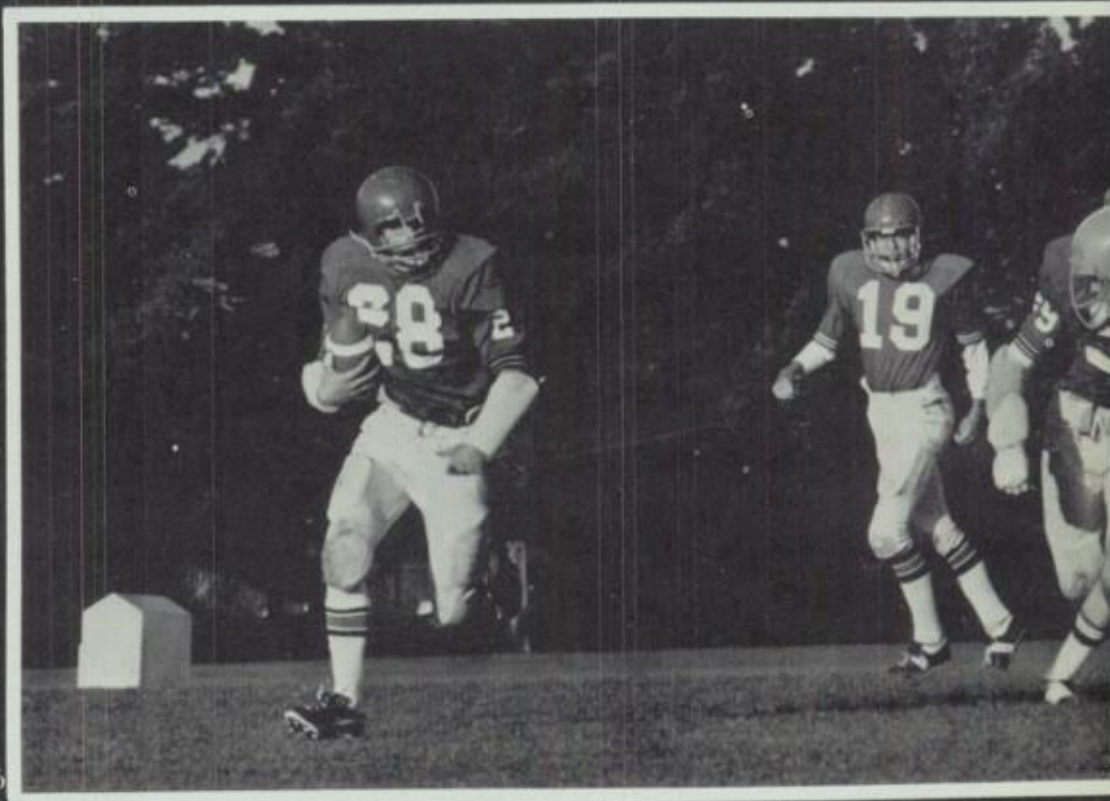
JV's end year with 5-3-1 overall mark

As their 5-3-1 record showed, the junior varsity football team had a fair season.

Coach Jerry Glenn again headed the squad and said, "Numerically, we had the smallest team in the league. But everyone got to play regularly. We had good back-up players and with that, we had a real good season."

According to Glenn, interesting games had their place in the season. Against Sunset, a match played in a "monsoon," Arroyo came back after the second half to tie the game 14-14.

This year's team awards went to Rob Christensen and Kimo Sanchez, most valuable; John Palazotto, best defense; Tracy Castro, most improved; Bob DaSilva and Dave Tudino, co-captains; and Glen Yanagi, most inspirational player.



Diana Frese
Harry George

Lisa Gianelli
Jeff Gilligan

Christine Gilliland
Sarah Gilliland

Frances Glennon
Rhonda Godwin

Edward Gonzales
Lance Goode

Manley Gough
Kevin Granados

Jill Green
Lois Hague

Freshmen

55 boys stay out for frosh-soph team

"The freshman-sophomore team didn't have an impressive season but the 2-4-2 record doesn't indicate the kind of team we had," said Coach Tom Sheridan. "We had an outstanding group-the best we've ever coached."

Of the 66 boys who went out for the team, 55 stayed for the whole season.

This year's awards went to Mitch Cone, most valuable; George Montesdeoca and Mark Landreth, best linemen; Craig Curlett, most improved. Doug Gamblin was named best offensive player, and George Eiras best defensive player. The fifth quarter awards went to Dan Lester, Don Dana, and Steve Myers.



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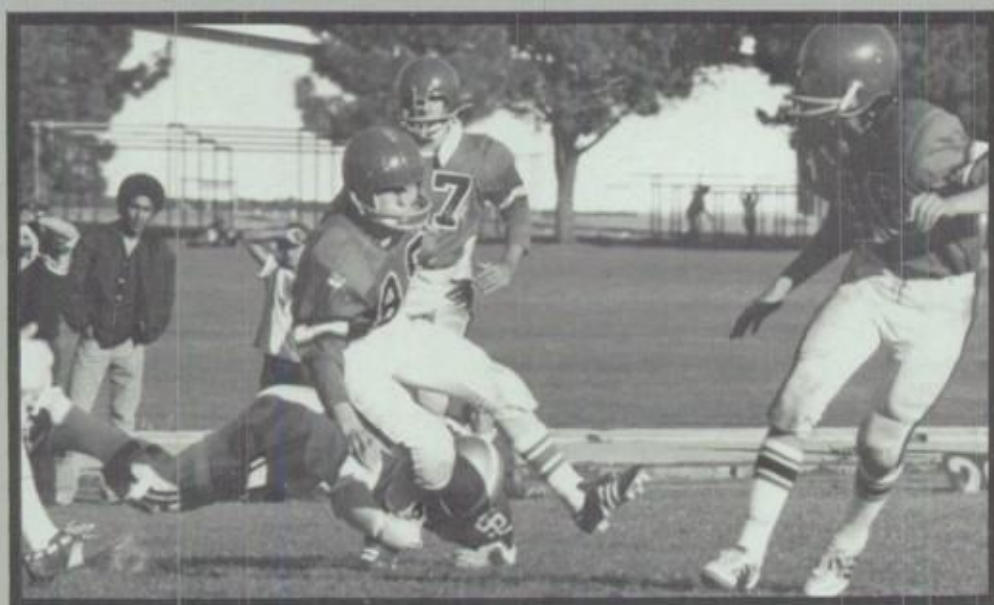
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1. Alex Hernandez heads for first down. 2. Football out of play. 3. George Eiras watches as Jim Bennett gets tackled by San Lorenzo defender. 4. Freshman-Sophomore football team: **FIRST ROW:** Ernie Cook, Ron Mello, Rick Soto, Gilbert Aguiar, Mike Bjork, Robert Murtey, Scott Young, Tony Freitas, Tom Ferria, Tracy Poole, Hans Schmidig, Dennis Mendonca, Robert Koosenberger, Jim Landy, Gary Branscum, Dave Sanchez, Kim Erwin, Troy Davis. **MIDDLE ROW:** Randy Kuehn, Jeff Kramm, Mark Fredericks, Ruben Aranda, Alex Hernandez, Rick Apodaca, Rick Bumbaca, Ed Fernandez, Mark Landreth, Larry Holt, Kevin Deryk, Roque Martinez, Dean Detton, Herb Souza, George Montes De Oca, Bill McKee, Rick Moffitt. **TOP ROW:** Coach Tom Sheridan, Dennis Ritter, Randy McCaffrey, Steve Myers, Pat Banfield, Shawn Emery, Rich Costa, Dan Lester, Craig Curlett, Mitch Cone, Ken Davis, Ken Thompson, Keith Benyshek, Jim Bennett, Keith Fernandez, Steve Clegg, Scott Dees, Doug Gamblin, Joe Bricker, George Eiras, Coach Bill Basacker. 5. Mitch Cone gives Doug Gamblin protection. 6. Mitch Cone breaks away for big gain.

Freshmen

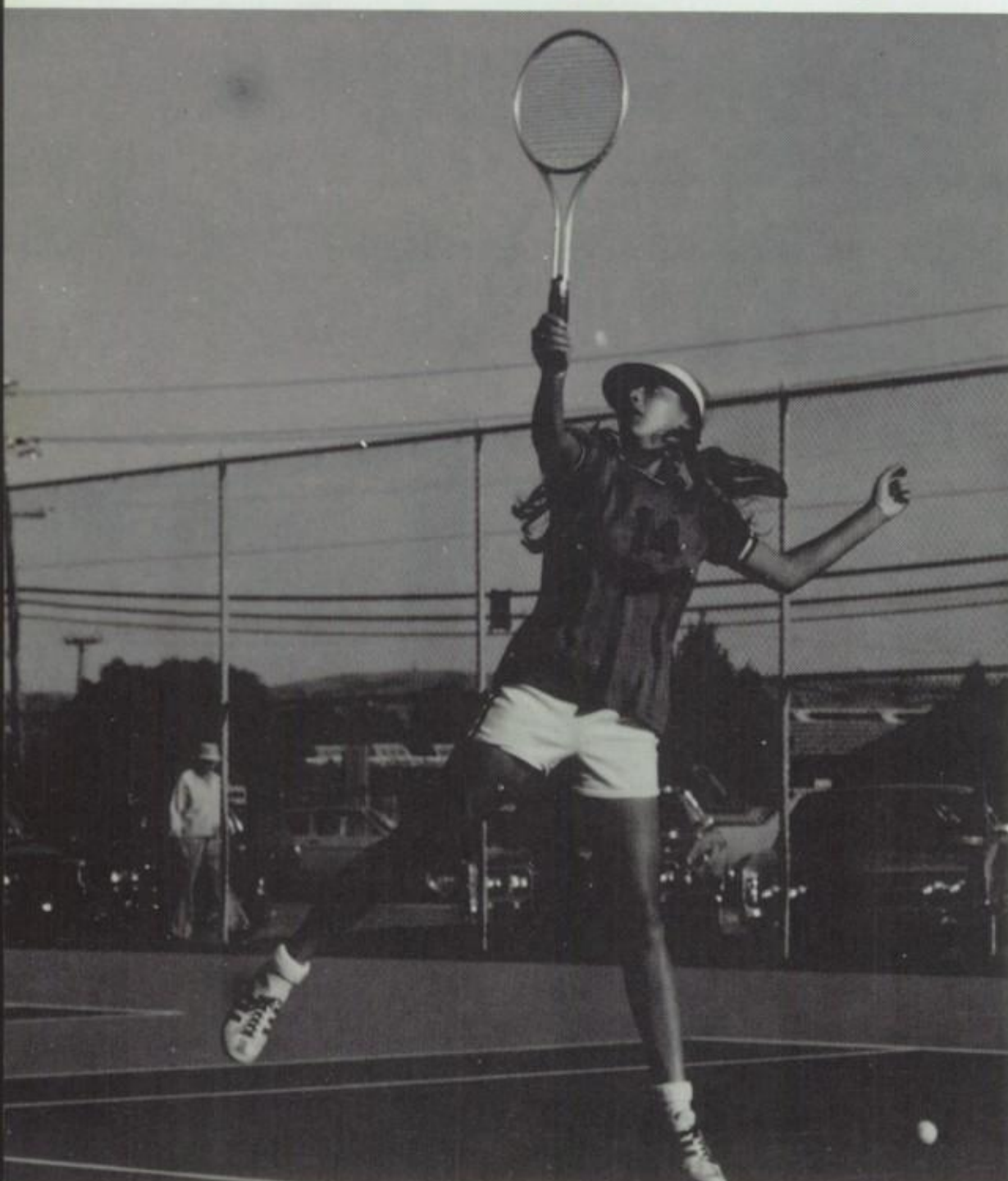


Shelley Hahn
Lori Hamilton
Mike Hamilton
Dennis Hatakedia
Deanna Hayes
Jim Healey
Alex Hernandez

Tina Hernandez
Tony Hernandez
Duane HewLen
Denise Hickey
Darci Hill
David Hillis
Gary Hoffman

Charlie Holmes
Larry Holt
Marti Homer
Rodney Horner
Donna Horton
Chris Howell
Jim Hyde

GEA tennis begins first year in league competition



A new girl's sport was added to the agenda this year. For the first time, girls competed in tennis with others from around the Bay Area.

"For a first year in competition, the girls improved a lot," stated coach Becky Sankule, a Bohannon Junior High School volleyball coach. Sankule felt the girls relaxed some by the end of the league. She also stated that everyone had at least won one match; even though the team did not.

The team of eleven players was composed mostly of seniors. The most improved player on the team was Nancy Salel and the best player was Charlotte Carlson.

Sankule thinks that next year's team will be better and that this year's was phenomenal. The overall record was 0-10.



Freshmen



Ann Jacobs
Ken Jacobs

Tina Jacobs
Sue Jensen

Ronald Johnson
Phillip Jones

Mitchell Jung
Melinda Karpe

Susan Kato
Wendy Keller

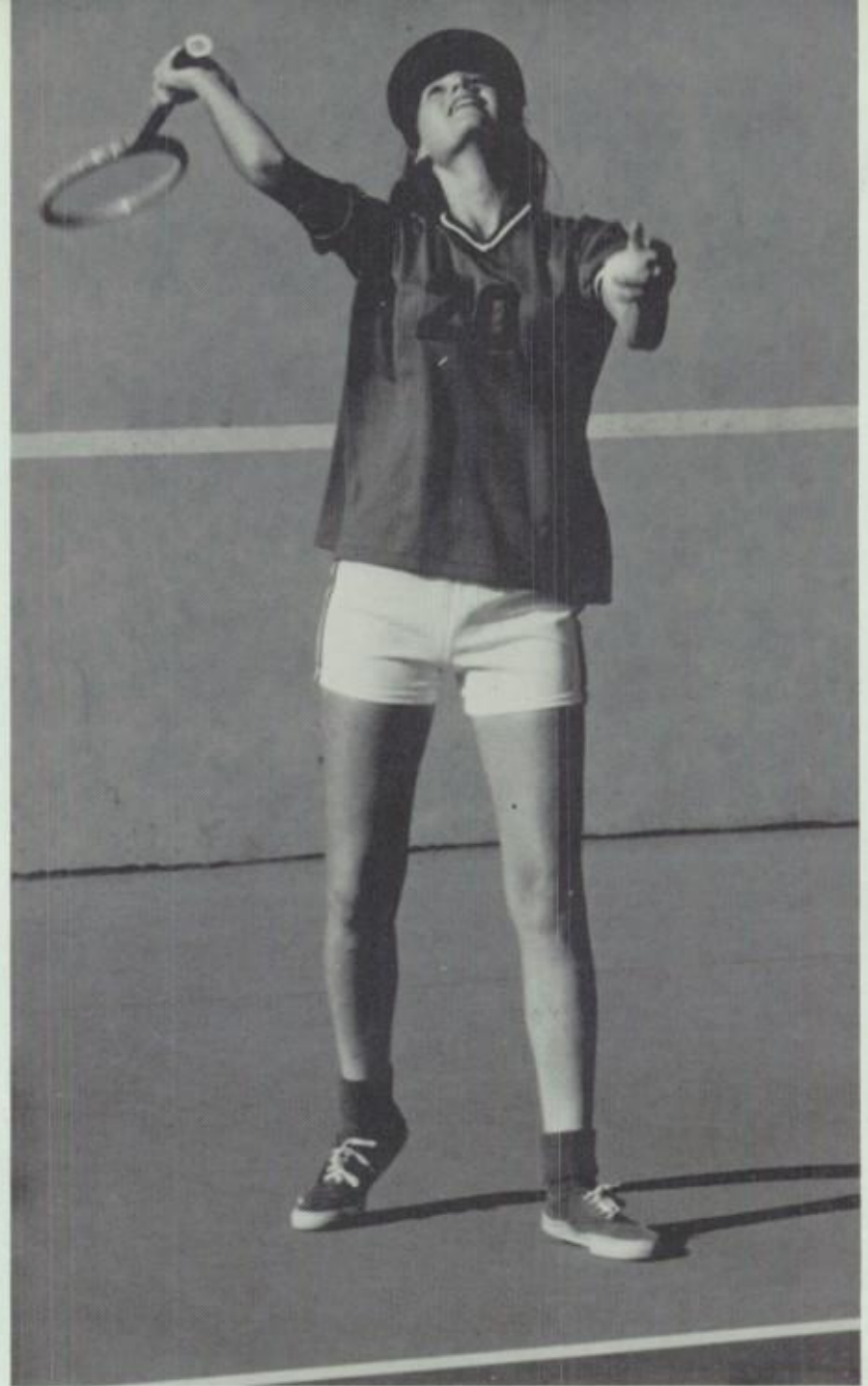
Ken Kelso
Candy Kempf

Bruce Kerr
Randall Kiliaan





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1. Pat Pacheco does overhead volley. 2. Sue Izard forehands the ball. 3. Terry McKean attempts a serve. 4. GEA tennis team: FIRST ROW; Sue Izard, Shelly Hahn, Debbie Sequeira, Marianne Shaieb, SECOND ROW; Pat Pacheco, Kim Shofner, Terry McKean, Julie Young, Nancy Salel, Charlotte Carlson, Nancy Peterson, and coach Becky Sankule. 5. Nancy Salel waits for a court.



Michael Klimas
Robert Kochersperger

Jeff Kramm
Randy Kuehn

Melissa Kvam
Darryl Lacy

Lori Lagosh
Ron Lance

Mark Landreth
Jim Landy

Stephanie Lane
Jon Lang

Don Langiano
Lori Langstaff

Freshmen



Freshmen



Peggy LaPorte
Joan Lawrence
Dave Lefevre
Dave Lewis
Nick Lewis
Ken Linarez
Jayme Linton

Heidi Little
Liz Lopez
Leslie Malone
Becky Marley
Jane Marley
Roque Martinez
Derek Maruyama

Randy McCaffrey
Kimberly McEntire
Vicki McHenry
Mike McInnis
Bill McKee
Daniel McMurry
Doug McNie



9



8



Amos, Messelbeck, Weber take firsts

Due to lack of freshmen interest, GEA trampoline classes were opened to upperclassmen.

June Macabee directed two groups, each consisting of 25 girls, on Mondays and Tuesdays. Classes lasted eight weeks. During the final week, a competition was held among the participants, who were evaluated by five P.E. assistants as judges.

Out of 50 girls, 25 participated in the competition. They were divided into three separate groups. First place winners were Linda Weber, Chris Amos and Diane Messelbeck. Placing second were Jenny Ficken, Pam Sutherland, and Anita Carli.



1. Reneah Weston attempts a front drop. 2. Chris Amos practices a back over. 3. Jenny Ficken demonstrates swivel hips. 4. Patty Bacon performs a back flip. 5. Julie Hayes performs a front flip. 6 and 7. Lynn Tudino prepares to do a routine and finishes with a seat drop. 8. Stacy Shimada completes her first routine. 9. June Macabee instructs students on how to do flips. 10. Bonnie McDowell and Shelly Cook spot for jumper.

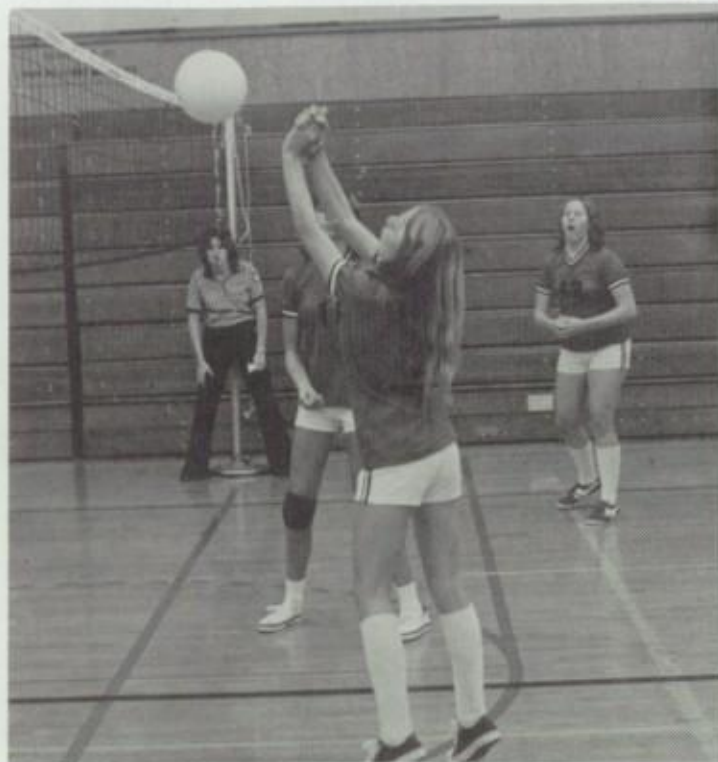
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1. Judy Stramaglia returns volley as Julie Hayes, Bonnie McDowell, Becky Stevenson, and Joanne Umlauf watch. 2. Judy Stramaglia puts ball over net as Julie Hayes and Becky Stevenson prepare to help. 3. Marianne Shaieb gets ready to set up. 4. Cindy Thompson, Debbie Kuhns, and Barbara Chambliss attempt to return serve. 5. Theresa Cooper and Debbie Kuhns watch after return.

1

Freshmen



Greg McNie
Ron Mello

Ron Mello
Dennis Mendonca

Marty Mendonca
Diane Messelbeck

Steve Meyers
Sandy Miguel

Jim Mingos
Dave Miranda

Rick Moffitt
James Mojiarro

George Montes De Oca
Mary Morgan





Jv volleyball squad takes championship

In a championship battle, the junior varsity volleyball team out-maneuvered Pacific in two straight games and completed the season with a 9-1 record. The varsity team placed seventh out of the nine squads.

"The girls," stated Coach Laura Clapp, "were very competitive and had very good attitudes. They played well all season."

Varsity members included Lori Granados, Alicia

Hales, Sue Izard, Bonnie McDowell, Marianne Shaieb, Becky Stevenson, Judy Stramaglia, Joanne Umlauf, and captain Julie Hayes.

Junior varsity members were Sue Ahern, Kris Bruzzone, Shawn Doherty, Theresa Cooper, Debbie Kuhns, Laurie Raymond, Cindy Thompson, and captain Barbara Chambliss.

5



Kelli Moring
Lupe Munoz



Ken Murphy
Robert Murtey



Mai Nguyen
Dan Nieves



Kim Nishiyama
Linda Noble



Monique Northcutt
Kevin O'Hara



Diana Olson
Gene Ortiz



Michele Oshman
Jeanine Palamides



Freshmen

PE areas devise new program, Arroyo Dons react well to co-educational classes

Co-ed pe classes went into action February 3. The California State Legislature passed a bill permitting districts to construct Co-ed pe classes beginning January 1, and San Lorenzo followed suit at the beginning of the second semester.

The class was optional for seniors, juniors, and some sophomores. The students had a choice between regular pe classes or co-ed with male instructors, or co-ed with female instructors. Seniors and juniors had top priority over underclassmen in

choosing classes.

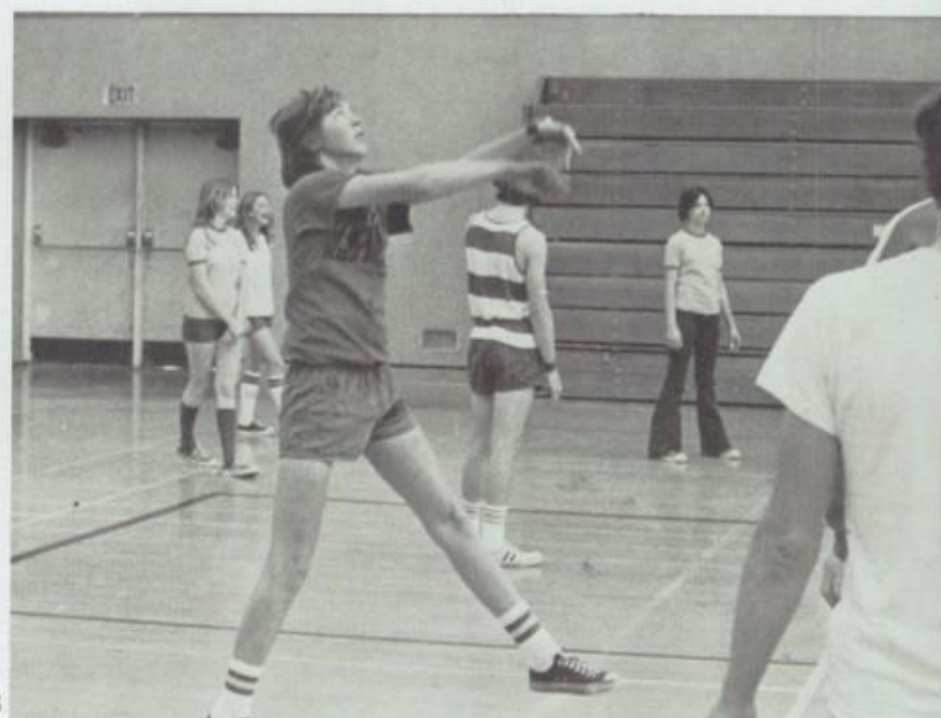
Surprising to many, the co-ed class, taught by female instructors had an overwhelming sign in.

Co-ed instructor Jerry Glenn replied, "I really enjoy teaching co-ed classes, pe should have been co-ed all along."

Co-ed classes offered were track and field, soccer, volleyball, body-conditioning, swimming, cycling, softball, badminton, trampoline, tennis, and golf.



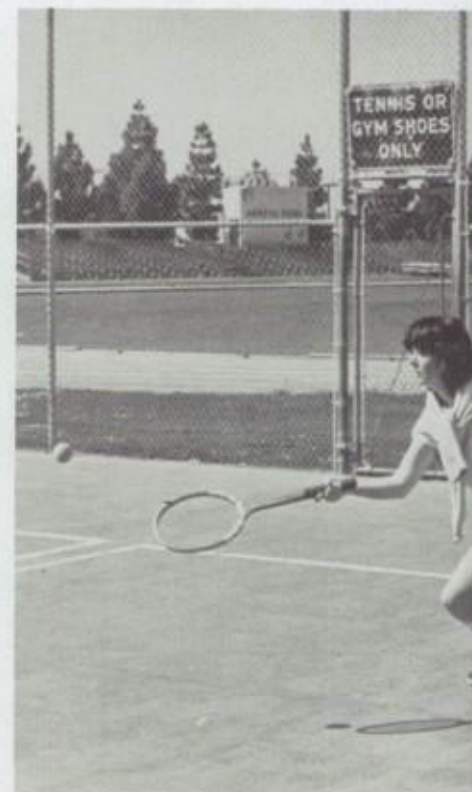
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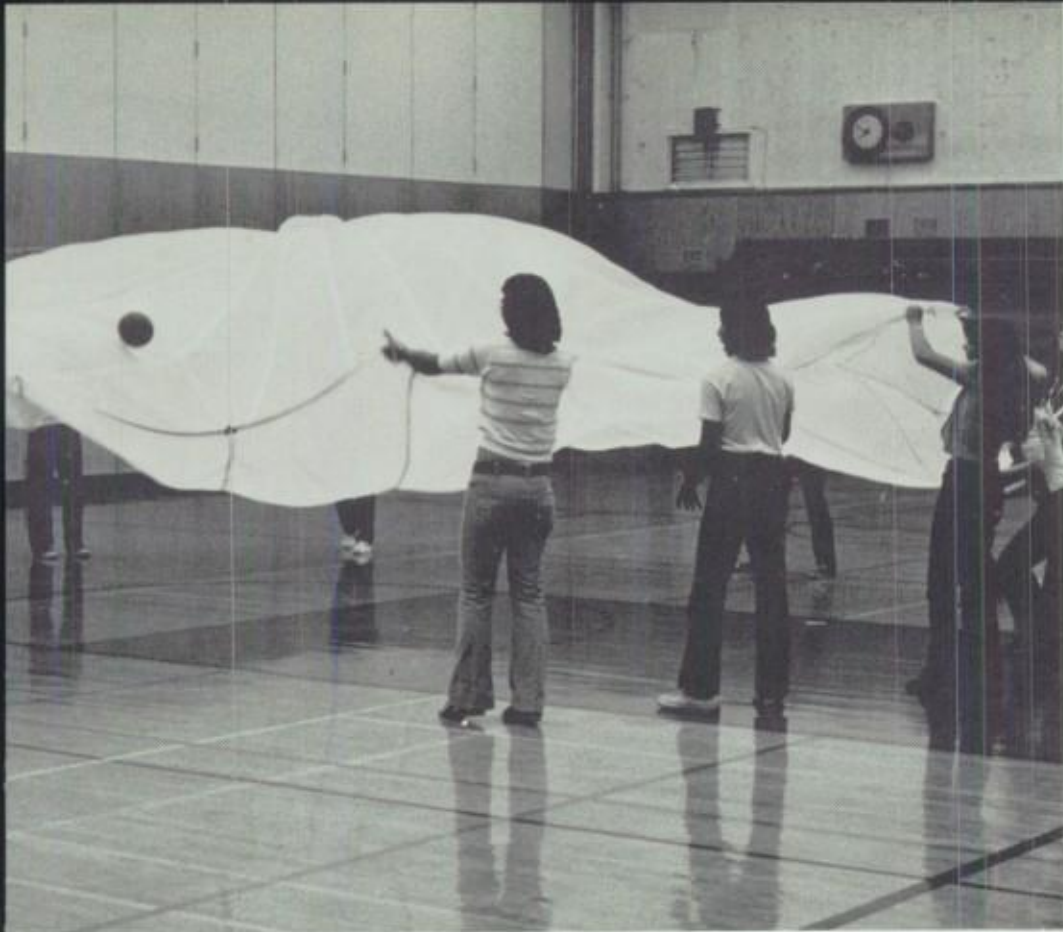


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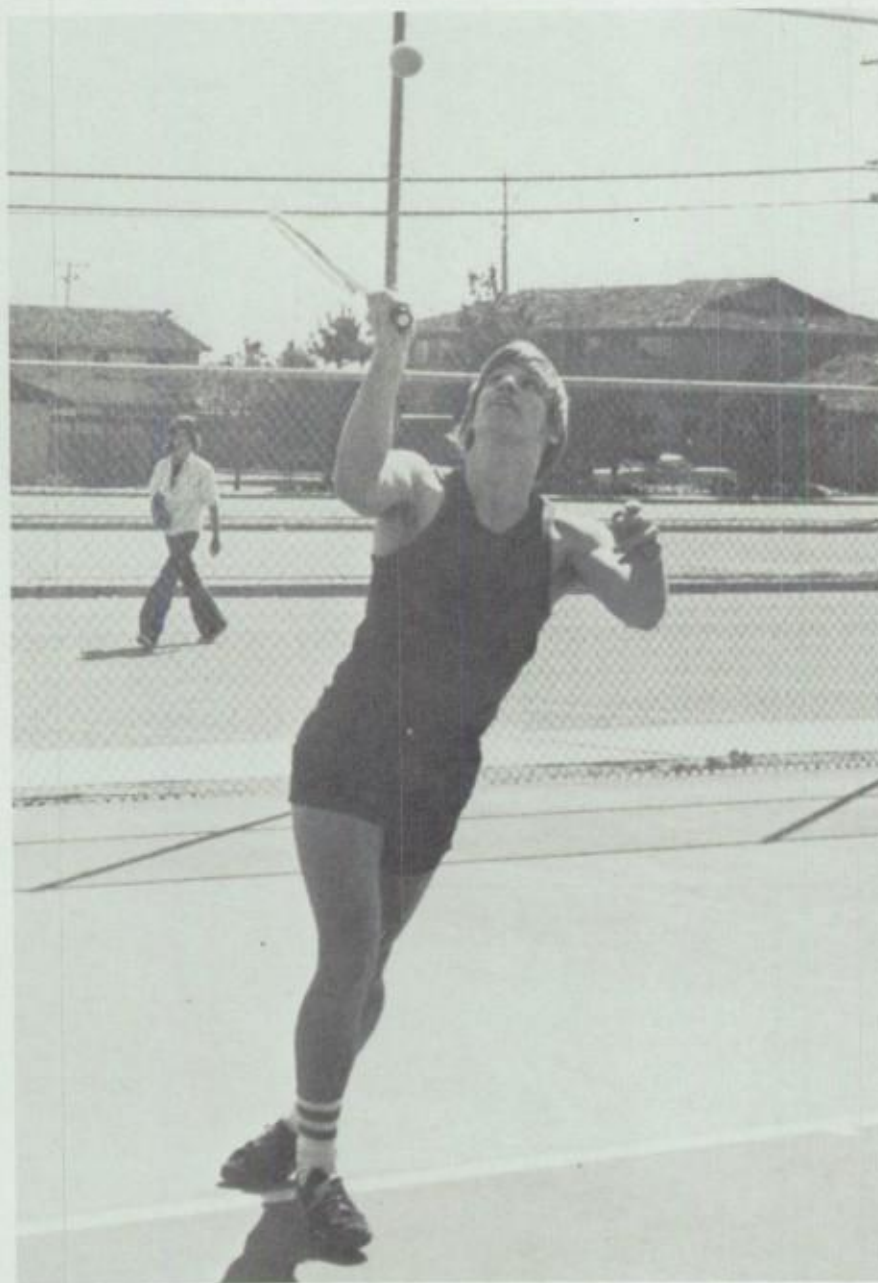


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1. Sandy Cope, Debbie Spencer, Vickie Nolan, Michelle Benavides, Barbara Brown, Lisa Dulon, and Nancy Sliney chat before soccer game. 2. Coach Jerry Glenn volleys with Lisa Terrou. 3. Junior Rich Musso returns serve. 4. Recreational leadership students bounce ball on parachute. 5. Bob Kufeld warms up for tennis match. 6. Ann Gandsey attempts a forehand shot.

Freshmen



Valarie Palomar
Laura Patten
Barbara Pavlakis
Matthew Pedrosa
Stacy Perea
Debbie Perry
Teresa Pesicka

Greg Phelps
Marcie Pointer
Tracy Poole
Grant Porter
Kim Potter
Don Pratt
Patrick Quintal

Kathy Randolph
Sheryl Rasmussen
Diane Refacho
Pam Rego
Ken Reis
Linda Reynolds
Lois Rider



1. Freshman Randy McCaffrey grapples with opponent at the Castro Valley Novice tournament. 2. Sophomore Bob DaSilva watches a match. 3. Coaches Mike Bowers and Marc "Sparky" Pence yell instructions from the sidelines. 4. J.V. team: first row: Ron Mello, Jeff Muskgrove, Rick Soto, Rubin Aranda, Dave Bell, Randy McCaffrey. Second row: Jim Martinez, Bill Finch, Dave Hillis, Scot Pullido, Dave Denton, Raul Soto, Gene Tracy, Mike Freese, Mitch Silva, George Montes de Oca, Ken Lukins.

Freshmen



Dan Ritchie
Dennis Ritter

Karen Robertson
Karla Robertson

Amanda Rodriguez
Mark Rogers

Darryl Rolland
Mike Rowley

Monica Rutherford
Jim Sanches

David Sanchez
Joel Sanfilippo

Vicki Sanford
Ken Santos

Sprains, poison oak slow down Dons' season



Arroyo High's varsity wrestling team ended the league dual meet season with a 2-4-1 and 3-5-1 overall record.

Senior Dave Ritter, who was seated as one the top three wrestlers in the state, was unable to reach his goal of All-American due to a sprained ankle. As Ritter upped his individual record to 27-1 with 16 pins, he was also busy taking firsts at Pacific, Bay Area, and Richmond Tournies, and a second at Samuel Ayer. Ritter also broke the Hayward Area Athletic record with 12 consecutive pins, and took All-League by winning the league tournament with three pins in less than six minutes.

"The loss of Dick Wong and Craig Kerr hurt us," stated Coach Mike Bowers. Bowers also said, "The key to wrestling is making your weight and I think that was our biggest overall problem because some guys weren't used to higher weights and it showed by their performance and our records."

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Paula Scarpino
Hans Schmidig

Becky Scott
Mike Sheets

Roy Shen
Stacey Shimada

Shiro Shiozawa
Dwayne Shold

Barbara Silva
Dan Silva

Sharon Silva
Anthony Silvas

Cheryl Singer
Tanya Singer

Freshmen

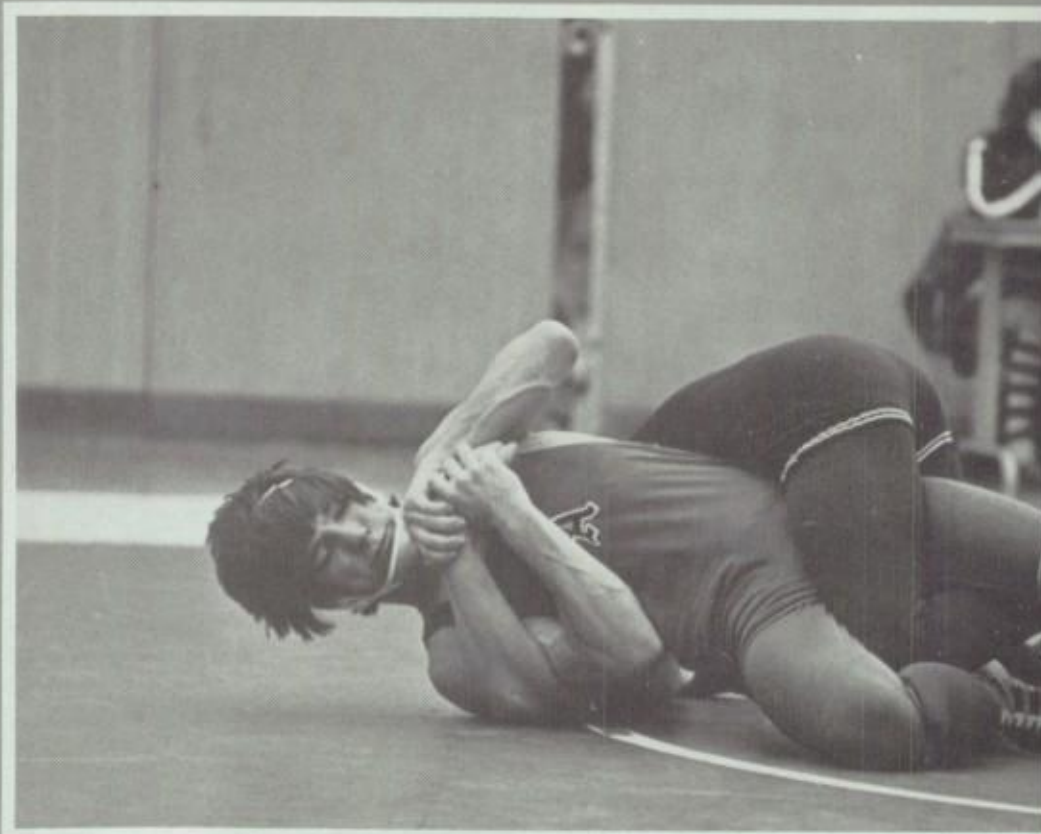
Freshmen



Wallace Singleton
Bryan Skinner
Daun Smith
Greg Smith
Andy Soffiotto
Rick Soto
Herb Souza

Greg Sparrow
Shari Spengler
Jim Stathis
Steve Stanton
Steve Stevens
Pete Stokesberry
Lori Stowers

Bryan Suminimo
Chris Tachera
Dorothy Tavares
Stacey Taveres
Cindy Thompson
Greg Thompson
Ken Thompson



Sanfillipo takes second at North Coast

Six wrestlers, participating in the North Coast Section at Pacific High, included Dave Ritter, Bob Cuddy, Curt Sanfillipo, Keith Frese, Bob DaSilva, and Dan Bunio. Sanfillipo took a second place and continued to the division finals in which he did not place.

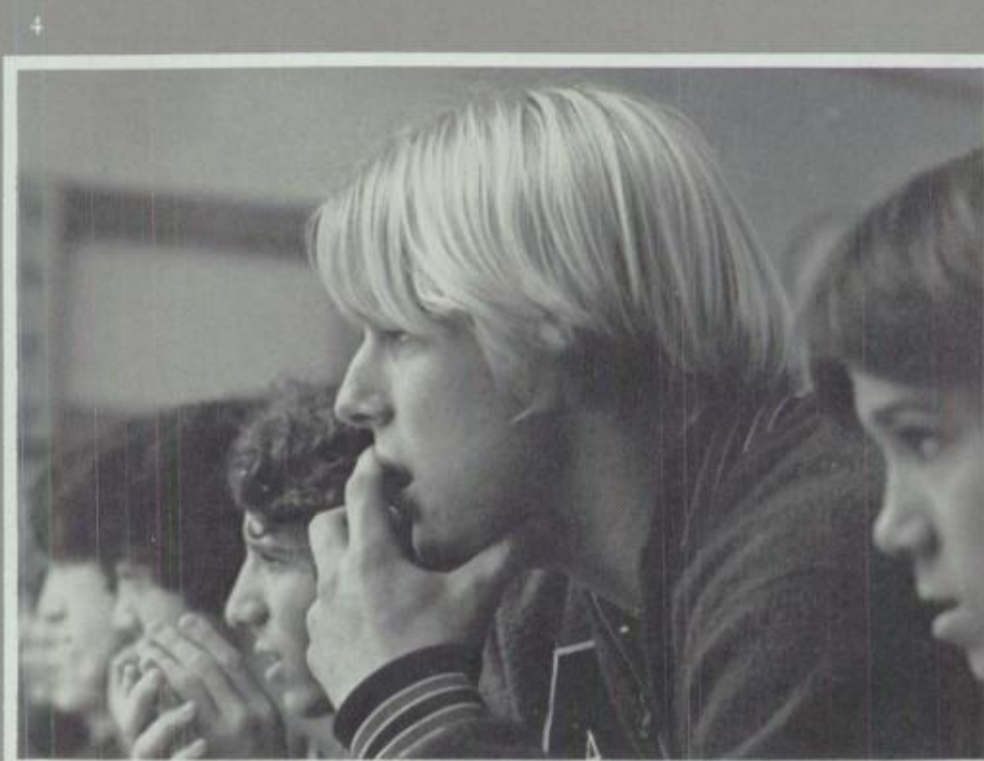
The junior varsity ended its season at 6-1 with the only loss coming to Tennyson.

Freshman Randy McCaffery ended the season at 9-2. The team placed six of the 13 wrestlers in the HAAL tournament; Gene Tracy took a first; and Dan Lucas, T.J. Anderson, and Jim Martinez took seconds. Randy McCaffery took third and Mike Frese placed fourth in their divisions.

Top honors for the '76 wrestling season were given to co-captains Dave Ritter and Dick Wong. Ritter was also awarded most valuable; Bob Cuddy received most improved after a fourth place during the North Coast Section; Bob Kufeld was voted most inspirational.



3



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1. Senior Dave Ritter attempts to pin a challenger. 2. Dick Wong struggles to break hold. 3. Randy McCaffery and opponent watch referee for whistle. 4. Bob Cuddy, Dave Ritter, Craig Kerr, and Keith Frese anticipate outcome of match. 5. Row One: Bob Cuddy, Ron Pryor, Joel Sanfillipo, Curt Sanfillipo, and Doug McNie. Row Two: T.J. Anderson, Dave Ritter, Dan Lucas, Bob Kufeld, Ken Lundberg, Dan Bunio, and Bob DaSilva.

Varsity takes second place in HAAL with 13 wins

Ending the season with a second place berth in the Hayward Area Athletic League, the Dons compiled a 13-3 record.

Starting the season with big wins over Canyon and Marina, the varsity won both games by over 13 points.

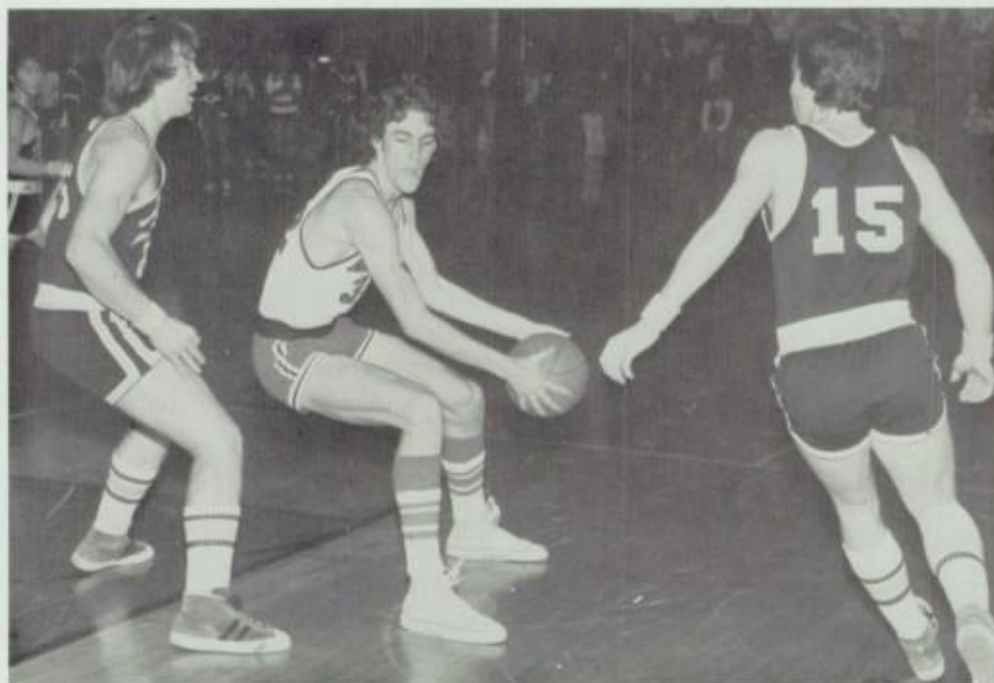
Against San Lorenzo, Mark Gamblin scored 18 points, to lead the Dons to a 68-64 victory over the Rebels. After playing Sunset and Tennyson, Arroyo had a 5-0 record.

Tied for first place with Hayward, the Dons defeated the Farmers at home 85-78, with a slate of fast-breaks and wide open basketball maneuvers.

The Dons, up to this point, leading the league with a 7-0 record encountered Mt. Eden. After the Monarchs achieved a lead on the Dons, they stalled out the remaining time and beat Arroyo 44-24.

In the second round of play, the Dons possessed a 12-1 league record before they played Hayward to determine who would pull out for first place in the league. Arroyo lost the second match 59-47.

Against Castro Valley, Arroyo lost to the Spartans 73-72, when CV made a shot in the last seconds of the game. The season ended by defeating Mt. Eden 69-52.



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Freshmen



Greg Tillson
Mike Titsworth

David Trapp
Lynn Tudino

Brad Turner
Debra Vachter

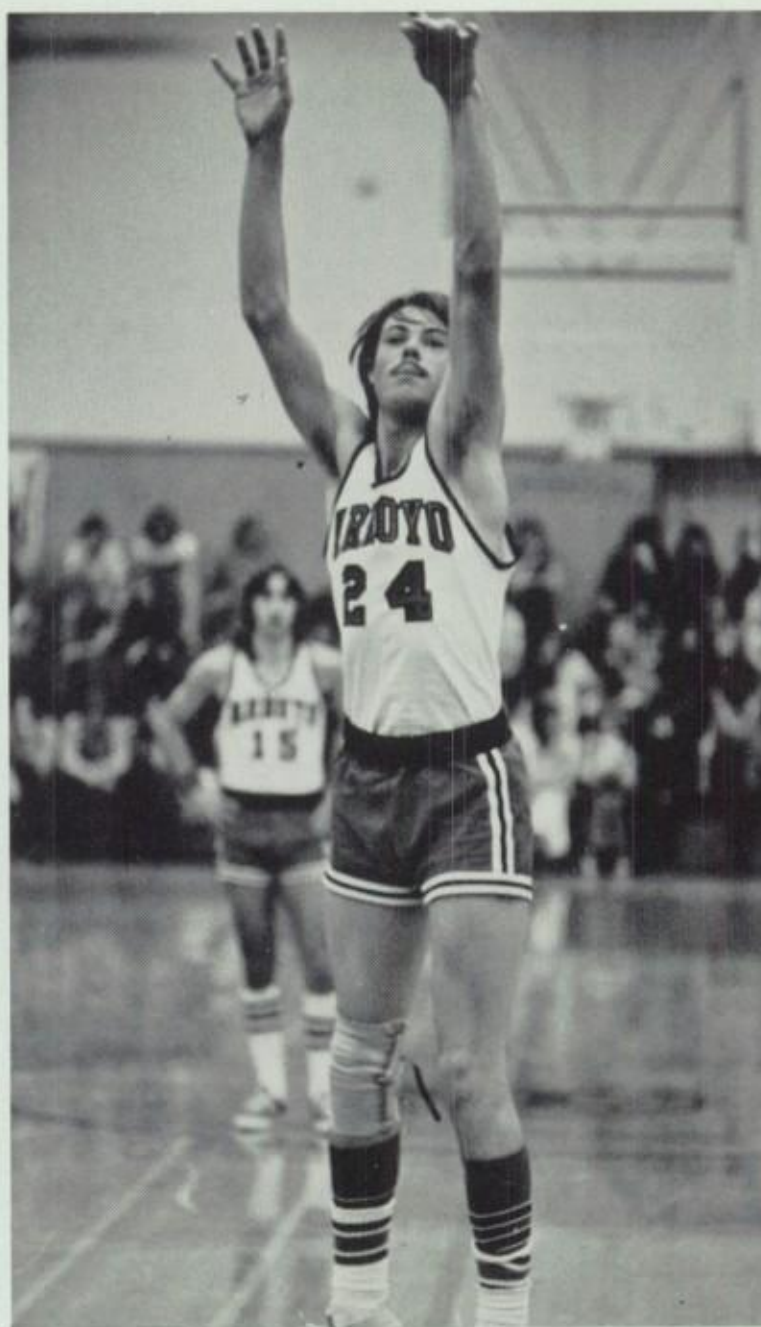
Henry Valderrama
Lisa Valdez

Michelle Valenzuela
Robert Vierra

Leo Vik Jr.
Robin Anne Waage

Joanne Walker
Barbara Walsh





2

1. Eric Tausheck's (54) spring jump, towers over the Titan's little man. 2. Dave Emery (24) shoots from free throw line. 3. Mark Gamblin (32) goes through Farmer's defense and puts the ball in for two points. 4. Mark Gamblin (32) squeezes through Rebs to score. 5. Mark Sanches (22) is grounded and recovers ball. 6. Mark Gamblin (32) looks for help as defense closes in.



Art Warman
Elizabeth Weinzierl



Julie West
Karen Wethern



Teresa Wieland
Debbie Wilson



Cathy Winters
David Wright



Jon Yaxtheimer
Janice Yee



Sandra Yee
Bobby Young



Jerry Young
Scott Young

Freshmen



Gamblin, Sanchez take tourney, league kudos

The Dons then moved into the HAAL play-offs, behind first place Hayward. The first game of the play-offs for the Dons was against Tennyson.

Arroyo remained in contention for a place in the North Coast Section playoffs with a 59-63 win.

Meeting the Farmers, the Dons smashed Hayward 72-63, and won a shot at the play-off title.

At Chabot, in the final game the Dons were defeated 52-46 for the championship.

In Gridley, Arroyo brought home the consolation crown to finish up the season with a 21-11 overall record.

The starting first string for Arroyo was Dave Emery, Mark Gamblin, Greg Soares, Mark Sanchez, and Eric Tausheck. Also playing for Arroyo on the team was Mike Bowen, Dave Fernandez, Ron

Hunt, Kim Gomez, Julian Soto, and foreign exchange student Juha Ruotoistenmaki.

All-league honors went to seniors Mark Gamblin and Mark Sanchez. All-league honorable mention went to Eric Tausheck and Greg Soares. Gamblin also made all-tournament at Amador, San Leandro, and Gridley.

"The team's strength was in their height, shooting accuracy, and their fast-break basketball, which was exciting to watch in their wide open play," said McCaslin.

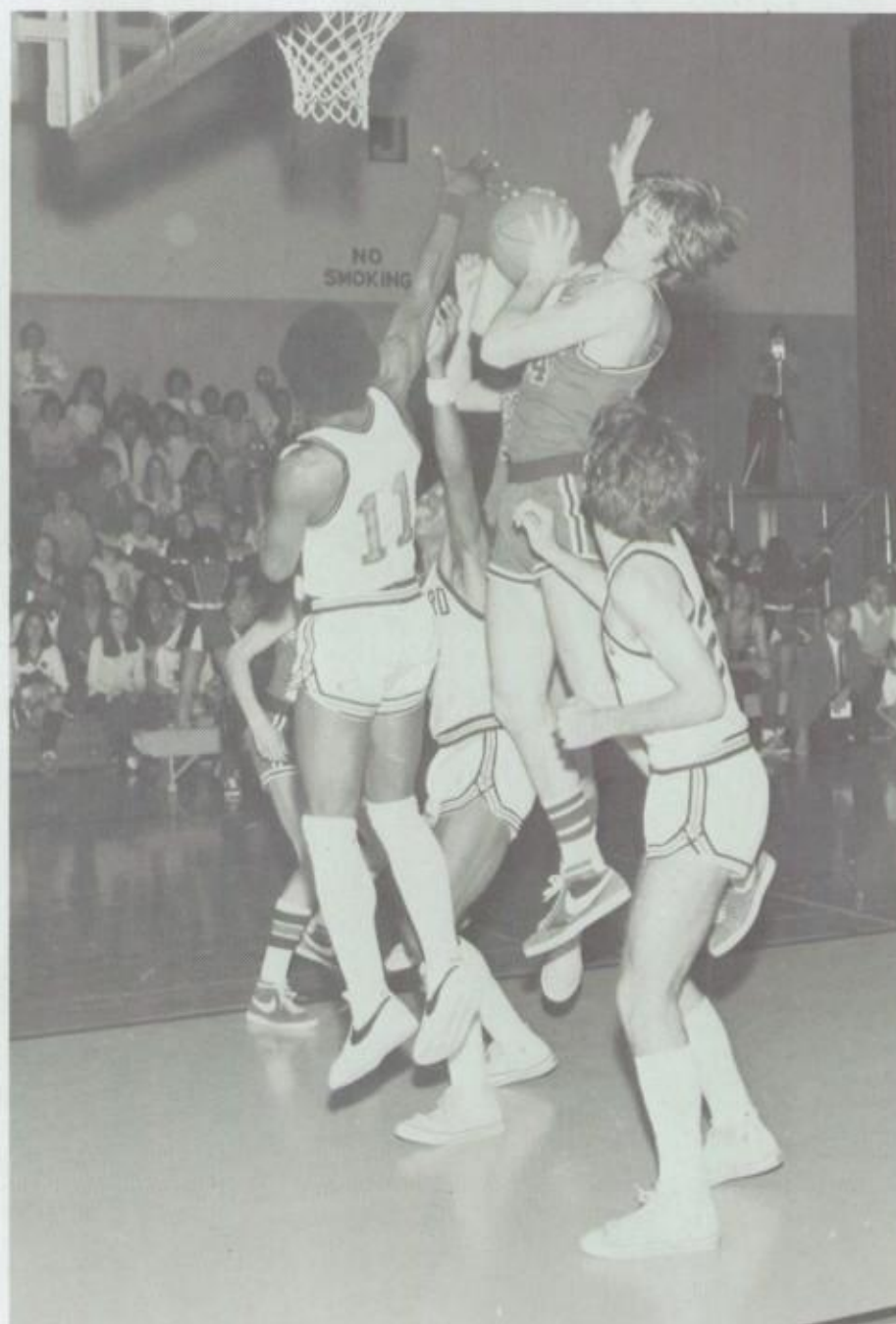
Coach Boyd McCaslin said after the play-offs, "... A fine, dedicated group of boys who played as a team and had a great winning season for Arroyo."



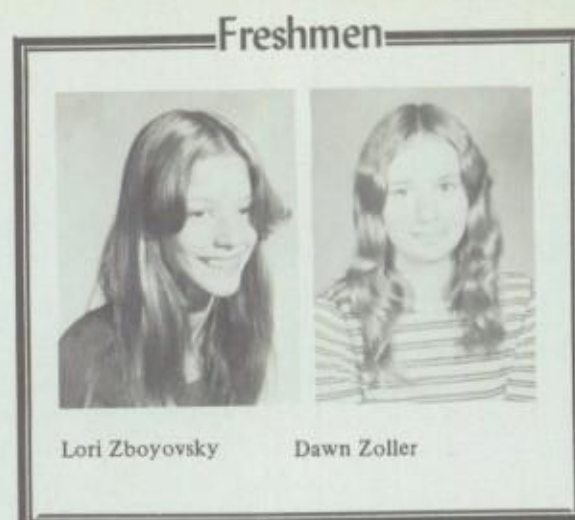
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Hayward Area Athletic League Final Standings

Hayward	15-1
ARROYO	13-3
Tennyson	11-5
Mt. Eden	11-5
San Lorenzo	9-7
Castro Valley	7-9
Sunset	3-13
Marina	3-13
Canyon	0-16



5



1. Senior Greg Soares goes up for jump shot. 2. Mark Sanchez, amid several Farmers, passes. 3. Varsity basketball team: Coach Boyd McCaslin, Mike Bowen, Dave Emery, Mark Gamblin, Ron Hunt, Eric Tausheck, Juha Ruotoistenmaki, Mark Sanchez, Greg Soares, Kim Gomez, and Julian Soto. 4. Mark Gamblin slices his way through the Hayward defense and scores. 5. Eric Tausheck gets fouled during the Hayward game. 6. Mark Sanchez goes one-on-one against Farmer opponent.

Pulled muscles incapacitate cross country runners

Plagued by pulled muscles and tendonitis, the cross country team finished the league with a 4-4 record.

"With the exception of several injuries, we've had an enjoyable year with a good hard working team,"

stated coach Ken Weissenborn.

Senior Russ Wright finished 19th out of 120 runners in the North Coast Meet.

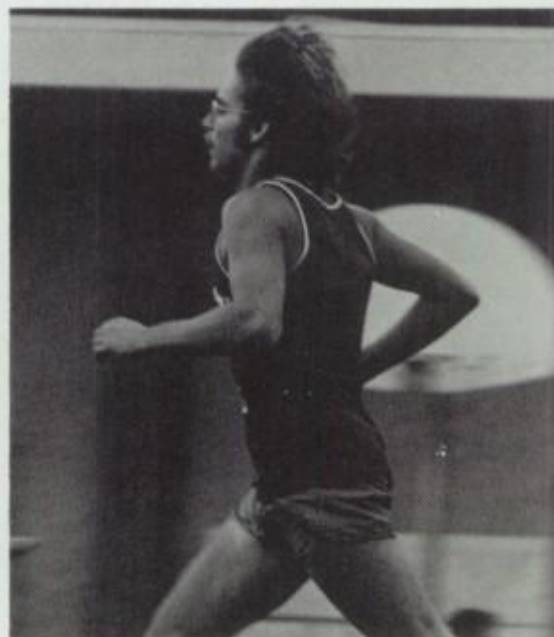
The team also voted to Wright most valuable runner award.



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Sophomores



Jim Adams
David Affleck

Sandra Aguilar
Susan Ahern

Tom Alldridge
Kip Amaral

Steve Ambrose
Chris Amos

Cheryl Anderson
Chris Anderson

Garry Anderson
Michelle Anderson

Tom Anderson
Dave Angelo



1. Coach Ken Weissenborn times Gary Craig as team members shout encouragement. 2. FRONT ROW: Lori Thompson, Gwen Funcheon, Kathy Newberry, Roger Golec, Dan Pratt, Bob Cuddy, Dave Bevilacqua, Dave Wright, SECOND ROW: Kim Stivers, Flo Sanchez, Rachel McMillan, Mark Hager, Ken Butts, Bob Forester, Dan Boulton, Leo Vic, Steve Grace. THIRD ROW: Coach Ken Weissenborn, Robert Brady, Rick Priddis, Gary Craig, Frank Tapia, Dave McDaniel, Dave Emery, Gary Wright, Alan Chinn, Russ Wright. 3. Dan Boulton makes final stretch at Chabot. 4. Russ Wright displays a final burst of speed. 5. Robert Brady, Leo Vic, a Mt. Eden student, Ken Butts, and Steve Grace look on as Kim Stivers records times. 6. Coach Ken Weissenborn tells Leo Vic which race he will run.



2

3



Jose Avila
Rita Avila

Patricia Bacon
Lisa Bankhead

Liz Bannwarth
Ramon Barber

Joe Barros
Andy Barton

Cedric Beauchamp
Kathy Beckham

Dave Bell
Keith Bellino

Pam Bennett
Sherry Bennett

Sophomores



Sophomores



Terry Bennett
Mike Benson
Edith Berg
Bob Bernard
Karen Bertel
Doug Bertz
David Bianchini

Wulf Bieschke
Janet Blazich
Deanna Bloom
Greg Bold
Donna Boney
Lorraine Boyce
Jay Bradley

Jill Bradley
Angela Branscum
Bob Brecht
David Bridges
Steve Brisentine
Barbara Brown
Kristine Bruzzone



8



7



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1. Jeff Povey pulls down rebound against San Lorenzo. 2. Dave Tudino flies through the air enroute to lay-up. 3. Bill Stevenson and Doug Gamblin strain for rebound. 4. Center John Kitchuck takes shot over defender. 5. Ricky Williams drives past Rebels. 6. Guard Dave Tudino drives for basket. 7. Jv Basketball team: John Tracy, Ken Wong, Dave Tudino, Steve Sanchez, Craig Thomas, and Brian Pesicka. Row Two: Coach Ken Weissenborn, David Affleck, Doug Gamblin, Jeff Povey, Dave Garelo, Bill Stevenson, and John Kitchuck. 8. Guard Doug Gamblin brings ball up-court.



Junior varsity captures long-awaited championship



The year's basketball season brought Coach Ken Weissenborn his first and only championship here at Arroyo. It was done in fine fashion with a 13-3 league record and an 18-3 season mark.

Arroyo swept through the first half of the season without a loss. The squad's only three losses came in the second half of the season to Hayward, Castro Valley, and cross town rivals San Lorenzo.

Guards Dave Tudino and Doug Gamblin led the team in scoring with 13 and 11 point averages respectively. Junior John Kitchuck averaged 10 points per game. Kitchuck led the team, as well, with 10 rebounds per game.

Guard Dave Tudino commented, "It was a great season, everybody on the team had a good time while we were having a good season."

One of the high moments for the Dons was the enthusiastic win over Hayward. Coach Weissenborn was so happy with the win that when he entered the locker room after the game, all he could say was, "We finally did it!"

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Mendonca leads frosh-soph squad

Arroyo's frosh-soph basketball team, coached by Barrett Junior High teacher Robert Hitchcock, started the season by defeating Canyon, Marina, and San Lorenzo.

The Dons then dropped three straight games to Sunset, Hayward, and Tennyson. The final season record was 7-9: good enough for a fifth-place tie in the Hayward Area Athletic League with Canyon.

Marty Mendonca was the number one scorer for Arroyo, with a total of 200 points. Mark Rogers scored 169 points for second place.

Team members included Jim Bennett, Steve Brisintine, Bill Cambra, Tracy Castro, Louie Curiel, Will Hewlen, Jim Hyde, Jim Landy, Marty Mendonca, Mark Rodgers, Mitch Skipworth, Mike Stevens, Herb Souza, and Paul Viada.



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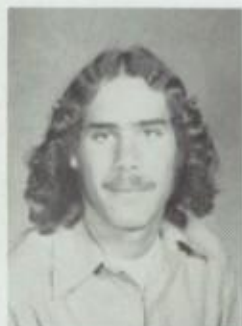


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Sophomores



Mike Bucedj
Bonnie Buchter

Blaine Bunce
Brian Bunce

Darryl Burkfield
Bill Cambra

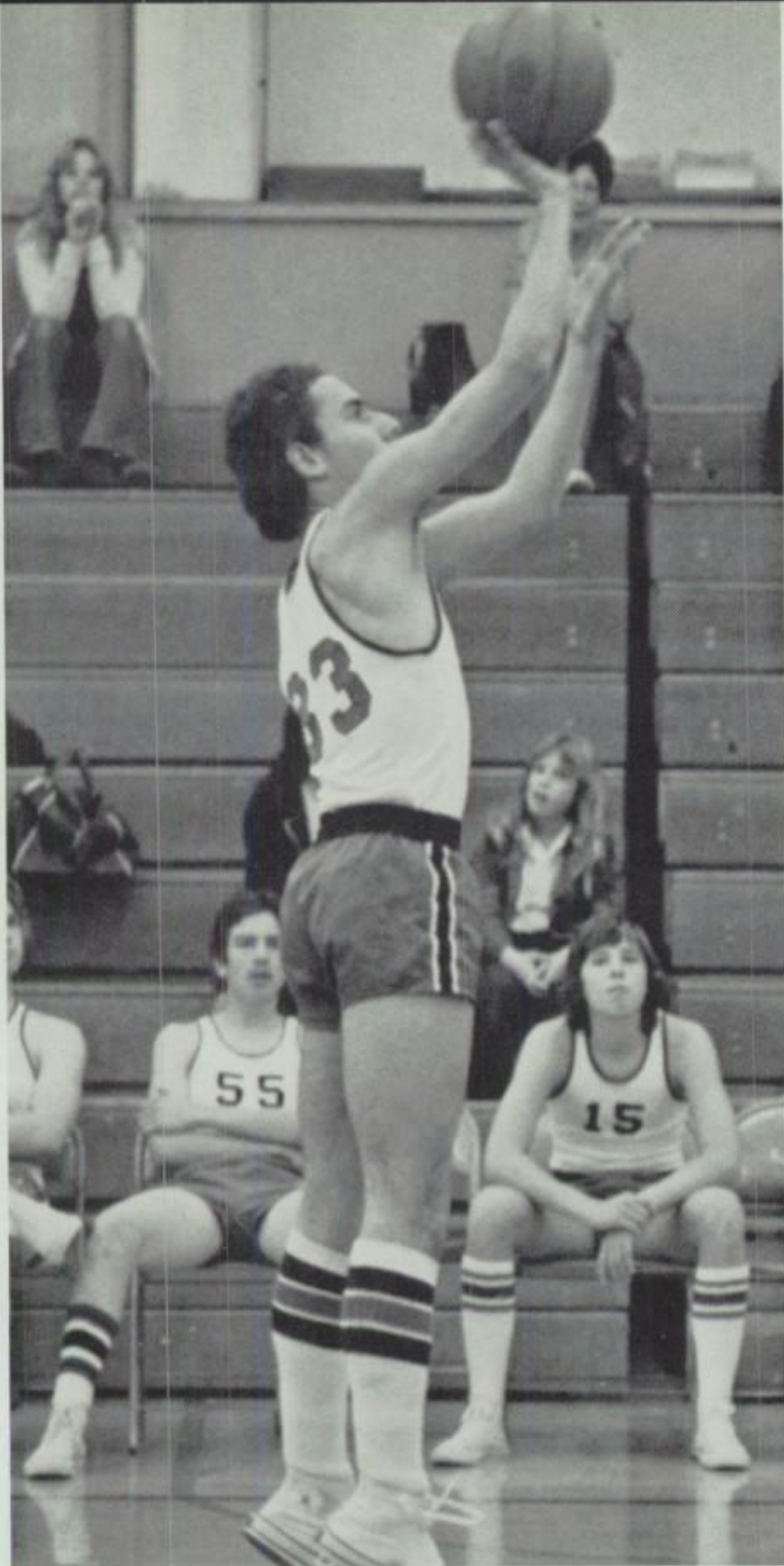
Teresa Campbell
Renee Cannella

Joanne Cardone
Saldina Carey

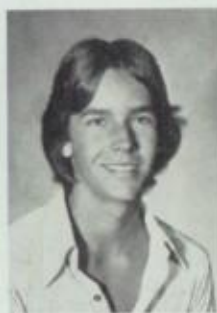
Mark Carlevato
Anita Carli

Chuck Carlson
Cathy Carlton





1. Tracy Castro attempts an outside shot. 2. Members of both teams wait impatiently for the ball to rebound off the backboard. 3. Steve Brisentine fights desperately over control of the ball. 4. Tracy Castro dribbles down court. 5. Coach Bob Hitchcock observes the game. 6. Bill Cambra dribbles past defender to set up play in key.



Mike Carothers
Joel Carsley

Scott Carter
Rod Caruso

Jim Casarotti
Cindy Cason

Tracy Castro
Frank Casuga

Janet Cate
Jamie Chapter

Keith Christensen
Linda Christensen

Robert Christensen
Marianne Clark

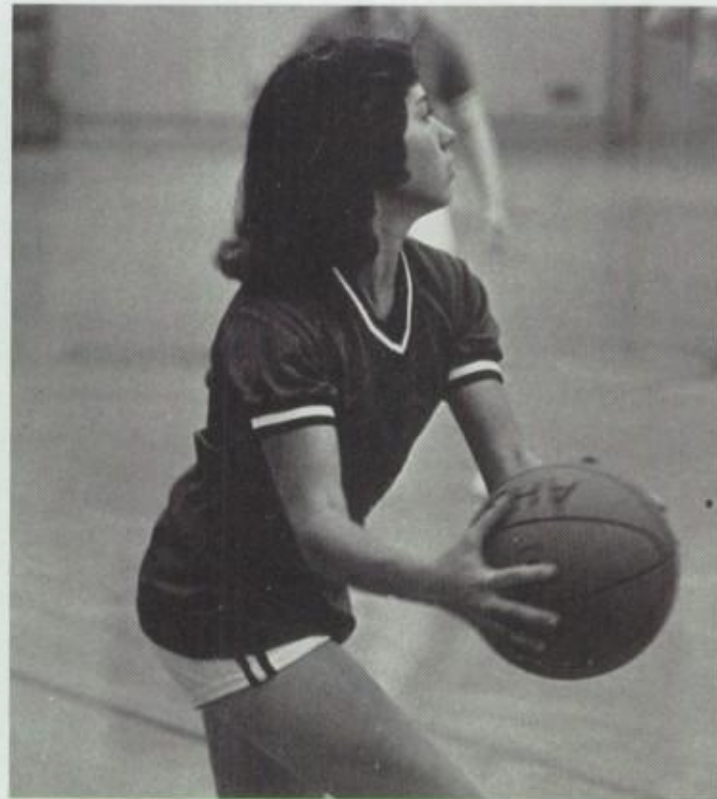
Sophomores

Hayward loss turns into moral victory

"We had a good spirit of togetherness and had a lot of good times," stated junior Debbie Spencer about Arroyo's GEA basketball team.

The team started off the season with a loss to Hayward that turned out to be a moral victory for the squad. From then on, the girls lost several games to finish the league with five losses and wins over Sunset and San Lorenzo.

Coach Laura Clapp summarized, "I was pleased with the sportsmanship displayed and thought the girls did very well."



Sophomores



1



2

1. Sophomore Marianne Shaieb, and juniors Debbie Spencer, Barbara Chambliss, and Michelle Benevides clown around at practice. 2. Theresa Cooper, Cindy Thompson, Alicia Hales, Barbara Perio, Michelle Benevides, Coach Laura Clapp, Karen Salentine, and Barbara Chambliss contemplate game. 3. Sunset players attempt to block Cindy Thompson's shot. 4. Debbie Spencer fights off pressure from Sunset defender. 5. Shawn Doherty goes for two points. 6. Debbie Sequeira looks for teammate.



Cindy Clifton
Peggy Coleman
David Conkel
Dan Conlon
Steve Convis
Shelley Cook
David Cooley

Bruce Coons
Therese Cooper
Vicky Cordon
Patti Costello
Susan Crabtree
Kathy Craig
Robin Cuddy

Margie Cuff
Kenneth Cummings
Terence Cummings
Luis Curiel
Terri D'Anjou
Bob DaSilva
Bob Davis





1



2



6

Sophomores



Sue DeCoite
John DeFord

Lisa Delaune
Jeff Delima

Dan Denton
Sharon Denton

Renee Deryk
Chris Dias

Bob Diedrick
Liz Dillon

Kathy Docherty
Dee Dee Donner

Wally Driver
David Dugan





3

Dons down CV 7-4

Arroyo's varsity baseball team started off well by winning five of its first six games.

Ranked thirteenth in the East Bay at the beginning of the season, the Dons' only loss came in a close 4-3 decision against Marina. A home run in the bottom of the ninth inning secured the Titan victory.

The Dons won games against Castro Valley 7-4; Mt. Eden 6-2; Tennyson 9-6; Sunset 4-2; and Canyon 6-11. Arroyo also took a preseason victory over number-one-ranked Moreau. The Dons' record was 3-1 at that point.

1. Catcher Tim Mueller adjusts mask. 2. Pitcher Frank Buchholz checks swing on fast curve ball. 3. Tim Mueller rounds third base and heads home. 4. Castro Valley second baseman tags out Dave Fernandez. 5. Frank Lemmo watches pop fly. 6. Outfielder Gary Wright completes swing.



5



4



Denise Dupuis
Kenneth Duran



Dave Dutka
Jim Dye



Randy Earl
Lori Eberle



Mary Ann Echeagaray
Ron Edwall



Dennis Egan
Lisa Ehmke



George Eiras
Sandy Ellis



Jody Emery
Greg Emmons



Sophomores



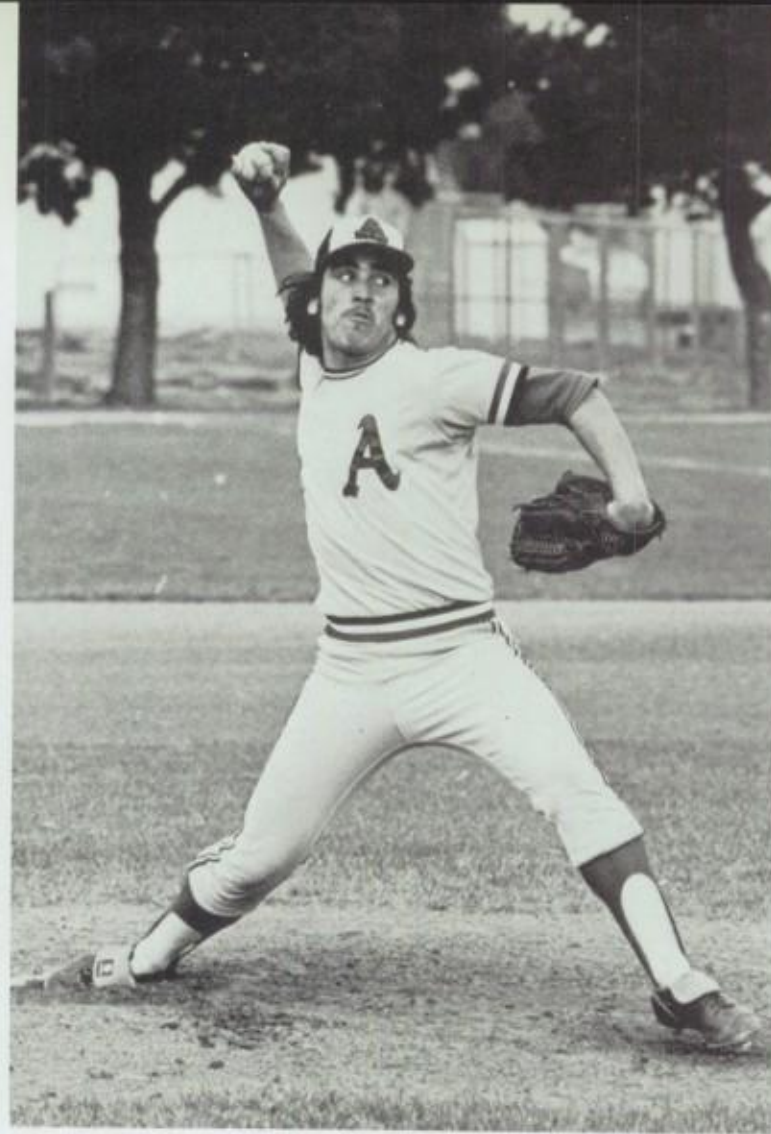
Sophomores



Melodie Evans
Carl Fahlman
Dennis Fanning
Rick Feeney
Chuck Fernandez
Joe Fernandez
Susan Fernandez

Jenny Ficken
Julie Fletcher
Kelley Fike
Bill Finch
Vicki Findley
Cindy Foglia
Keith Fohl

Lori Foster
Mike Fraley
Debby Freitas
Gwen Funcheon
Rich Furlough
Doug Gamblin
Jeannette Gavello



3



2

1. Gregg Thompson congratulates league-leading hitter Dan Pearson on homerun. 2. Guy Smith hits ball for homerun. 3. Pitcher Gregg Thompson delivers ball. 4. Second baseman Dave Fernandez slides home. 5. Gary Wright throws in to home for an out. 6. Pick off throw to first baseman Fred Lemmo catches Castro Valley runner in time.





4

Pearson leads Dons' championship drive

Dan Pearson led the Dons in hitting and also led the league in average and homers and triples. Pearson was also among the top people in doubles and rbi's. Frank Buchholz, Dan Jones, Gregg Thompson, and Frank Lemmo led Arroyo's pitching staff.

At press time, Arroyo was in a tie for first place with cross-town rival San Lorenzo.

The final record was not available at press time.



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6



5

Sophomores



Sam Gay
Bryan Gerecke

Jim Geyer
John Geyer

Cathy Gilliland
Ron Godwin

Sharon Goetzinger
Marci Goldstein

Sue Gonzales
Ken Goodwin

Steve Grace
Laura Green

Greg Greene
Ken Gregg





Sheridan takes shot at coaching baseball

Arroyo's '75-'76 junior varsity baseball team got off to a slow start. At press time, the Don's held a 1-4 record and seventh place in the league.

"It has been a difficult early season because of the coaching switch after the season had begun," stated coach Tom Sheridan. "In situations like this, the players have to readjust and it takes time," replied Sheridan. Sheridan took over coaching junior varsity baseball for his first time after Coach Pat Faeth was transferred to Washington Manor Junior High.

At press time, the leading hitters were Gary Bokanich, Bill Camara, Keith Christensen, Dan Lucas, and Mark Thompson. The most promising pitcher was Dan Lucas and the best fielders were infielder Bill Camara and outfielder John Tracy, according to Sheridan.

"We had no one outstanding player because they had all taken turns doing a good job," said Sheridan.

Sophomore Mike Pena stated, "I thought the team was better than the record indicated. We lost a lot of games that were real close that we could have won."



1. Catcher Rick Harsha warms up. 2. Bill Cambra rounds third base attempting to score. 3. Mike Pena swings at ball. 4. Bob Davis scores run. 5. John Tracy runs to first base. 6. Junior Varsity Baseball Team: Gary Bokanich, Mike Pena, Bill Cambra, Mark Thompson, Mark Souza, Rick Harsha, Mark Pain, Rodger Grubb, Bob Davis. Row Two: Coach Tom Sheridan, John Benyshek, John Tracy, Dan Lucas, Keith Christensen, Ron Hendricks, Peter Cava, T.J. Andersen, and Gary Bunce.



Jim Gresham
Debbie Grivois

Anna Hagans
Mark Hager

Rich Halversen
Scott Hamilton

Lori Hans
King Harris

Louise Harry
Rick Harsha

Bob Hart
Karla Hastings

Christine Hawkins
Ronn Hendricks

Sophomores



Frosh win six out of first eight games

First-year coach John Hughes led Arroyo's freshmen - sophomore baseball team this season. Hughes, who did not teach at Arroyo, came only to the after school practices and games. He was the youngest coach on the school's staff.

The Dons were 3-2 at press time and tied for second place behind cross-town rival, San Lorenzo. Arroyo's only losses were against Marina 6-4 and Mt. Eden 3-0.

Two early pre-season victory scores gave the Dons good cause for thinking of the league championship. "I think we have a good shot at the title this year," stated starting pitcher Marty Mendonca.

Mendonca had already thrown two shutouts, a one-hitter and a three-hitter.

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2



1. Pitcher Shawn Emery slides into third base. 2. Frosh-Soph baseball team-front row: Craig Curlett, Mark Landreth, Mark Fredricks, Dean Denton, and Rueben Aranda. Second row: Ron Mello, Joel Sanflippo, Jimmy Stathis, Hans Schmidig, and Scott Young. Third row: Coach John Hughes, Shawn Emery, Jim Hide, Brian Summinmo, Brad Turner, and Marty Mendonca. 3. Freshmen pitcher Marty Mendonca takes swing. 4. Scott Young looks into stands. 5. Second baseman Joel Sanflippo throws a first. 6. Marty Mendonca steals second base.

Sophomores



Greg Hennings
Tony Hernandez
William Hew Len
Jenelle Hill
Richard Hooker
Gail Hohl
Terri Hollerson

Eric Hoopes
Mae Houston
Robert Howe
Patricia Hubbard
Diane Husband
Kathy Iredale
Kathie Isaksen

Kellie Isam
Wayne Izard
Paul Jacobs
Debbie Jarrett
Bill Johnson
David Juarez
Les Julson



6

1. Senior Charlotte Carlson shows pitching form. 2. Shawn Doherty comes in field after an inning. 3. Arroyo's Hayward Area Girls' Educational Athletic Softball Team: Marianne Shaieb, Liz Lopez, Debbie Kuhns, Karen Stathis, Debbie Spencer. Row Two: Shawn Doherty, Becky Stevenson, Charlotte Carlson, Louise Harry, Sandy Barrios. Row Three: Barbara Chambliss, Shelly Julson, Debbie Bronk, and Tami Coburn. 4. Barbara Chambliss slugs ball. 5. GRA softball player Chambliss sits out inning. 6. Coach Thelma Hansen watches game.



5



3



4

Sophomores



Lisa Jung
Shell Kaeck

Karin Kagiwada
Patty Kateton

Denise Katz
Robert Keating

Diane Kennedy
Craig Kerr

Laurine Kihs
Roxanne Kirkland

Michele Klimas
P.J. Knop

Steve Kokal
Curt Kreidler





Spencer, Chambliss lead softball squad

At press time, the Arroyo girls' softball team was tied for first place with a 6-1 record.

Junior Debbie Spencer led the defending league champion Dons to a 21-4 win over San Lorenzo. Spencer's performance was backed by Barbara Chambliss, who slugged a double, triple, and two singles in five tries at bat.

In other action, the Dons downed San Leandro 18-4. Sophomore Shawn Doherty hit a homerun and went three-for-four. Pitcher Charlotte Carlson helped cinch the win.

About outstanding players, Coach Thelma Hansen said, "I don't believe in naming a top player." Hansen also felt that, "Pacific High School will be a hard team to beat." The showdown with the Vikings was May 13. Arroyo lost 21-10.



1

2



Debbie Kuhns
Sherri Lache

Tom Lacy
Mark Landman

Rick Langmaid
Rick Lanuza

Chris Le Cheminant
Mike Lederman

Cheryl Lemon
Dan Lester

Whendy Lewis
Steve Litz

Russ Loberg
Isabel Lode

Sophomores

Sophomores



Patti Lovelace
Dennis Lum
John Lyons
Diane Marshall
Billy Martens
Julie Martinez
Kathy Martinez

Elizabeth Masalin
Wayde Matheson
David McDaniel
Kelly McHan
Debbie McKee
Mary McKenna
John Medeiros

Todd Miller
May Mills
Barb Moldenhauer
Michelle Monaghan
Don Moore
Randy Moore
Kathy Morriss



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5



Bartholomew, Cuthbert, Drew lead Arroyo golfers

With four returning lettermen; Mike Bartholomew, Mike Cuthbert, Bob Forester, and Neil Harvey, Arroyo's golf team faired well this season.

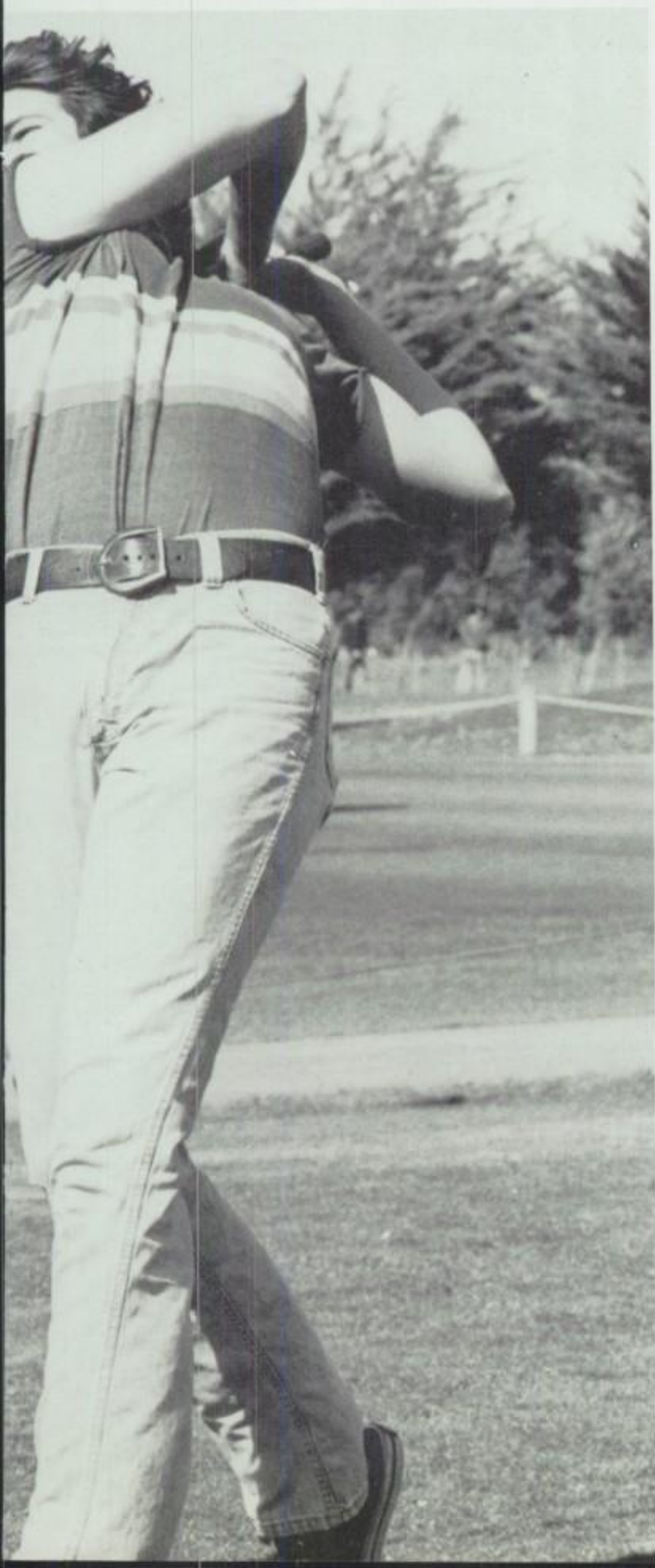
Breaking 200 in their third match of the season, the Dons had done something that former teams had not done in a year and a half.

The Dons were helped greatly by the addition of junior Ken Drew. Drew shot in the high 30's along with number one man Bartholomew.

Coach Tom McNamara stated, "I feel we have a good shot at the title with four returning lettermen."

The Dons were 7-2 at press time with their first loss coming to Hayward 201-197 and to Tennyson 214-206. Arroyo beat Hayward in the rematch 210-216.

"I think Ken Drew will have a great deal to do with what place we take this year," stated senior Mike Bartholomew.



2



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1. Mike Bartholomew hits drive on first hole. 2. Ken Drew taps in putt. 3. Joel Edwards follows through on drive. 4. Bob Forester putts on green. 5. Mike Cuthbert concentrates on shot. 6. Nick Competor takes swing. 7. Golf Team: John Broughton, Mike Bartholomew, Bob Forrester, Steve Meyer. Top row: Ken Drew, Coach Tom McNamara, and Joel Edwards.



Morning practices aid young swimming team

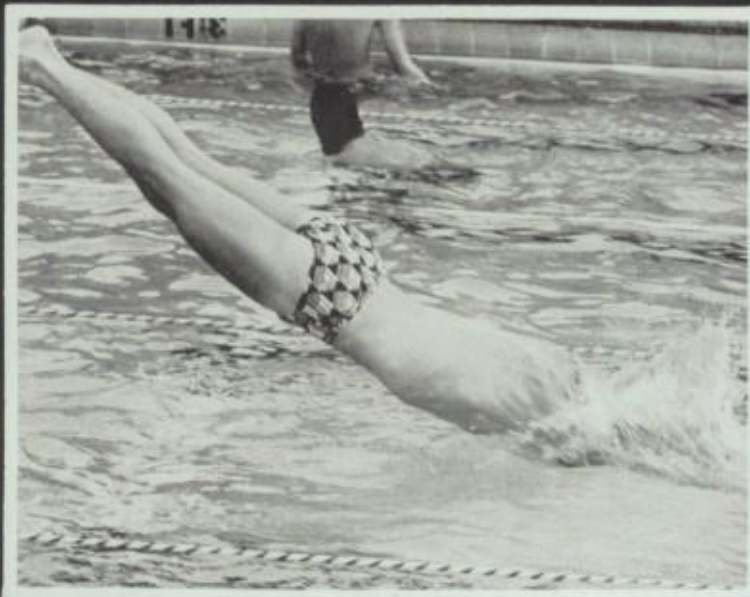
Rising from bed at 6:00 a.m. was a normal occurrence for members of this year's Arroyo High School swim team.

Swim team members began practice at 6:30 and quit in time to dress for school by 8:15. To conclude the day, the Don mermen swam nonstop another two hours.

"Three-fourths of the team consisted of sophomores and freshmen, and for such a young team they did very well," stated Coach Jerry Cvecko, physical education student teacher.

Freshman Colleen Birindelli, record holder in junior varsity 500 freestyle, also led the aqua squad in backstroke. "Colleen ought to do well in North Coast Swimming competition," said Cvecko at press time.

Julie Hayes was team captain and Bob Hart was voted most improved by teammates. League standings not available at press time.



Sophomores



Tim Mueller
Dianne Murphy



Julie Murphy
Michelle Murphy



Steve Murphy
Brian Murray



Jeff Musgrove
Jan Myers



Dave Nelson
Jill Nelson



Joy Nelson
Kathy Newberry



Mike Neylan
Shelly Nicholson



1. Bill Johnson plunges into water. 2. Freshman Jeff Kram performs butterfly. 3. Diver Frank Tapia does flip. 4. Jim Landy dives into race. 5. Swim team; Frank Tapia, Jeff Kram, Linda Nobel. Row two: Todd Miller, Lori Granados, Lisa Gianelli, Bob Hart. Row three: Mike Hamilton, Melissa Kvam, Janice Ullom, Colleen Birindelli, Bill Johnson. Row four: Scott Hamilton, Dave Lefevre, Julie Hayes, Bob Landy, and Coach Jerry Cvecko. 6. Colleen Birindelli takes break. 7. Sophomore Scott Hamilton practices racing dive.

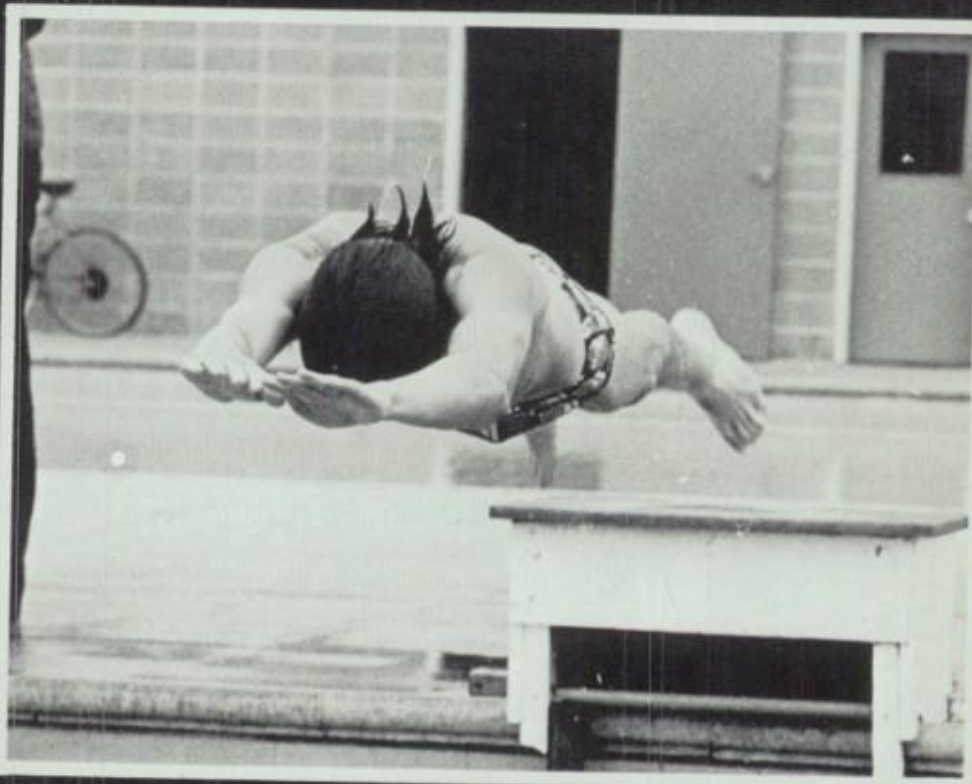
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Randall Nunes Mary Nunn	Terri O'Connor Judy Ohliger	Sue Oliva Tom Oliva	Kathleen Oloson Mela Ortega	Dan Pagni Maria Pastor	Editha Patricio Frances Paul	Mark Payne Cricket Perea
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Sophomores

Team is outstanding according to Glenn

"Outstanding," exclaimed Coach Jerry Glenn when asked about overall track team performance. "They exceeded my expectations. Team attitude was pretty good considering track is a hard sport to excel in."

According to Glenn, two players were possible contenders for the state meet; Mike Tiernan and Dave Emery. Tiernan was leading scorer with over 100 points, which has only been accomplished three previous times in Arroyo history. Emery held the school record in the 880 and was seventh on all time scoring.

Senior Russ Wright was eleventh all time scorer, running well in both the mile and two mile.

"Eric Tauscheck was the most involved team member, extending his talents in discus, 220, long jump, and high jump," said Glenn.

The A-team's strongest areas were 880, mile, high jump, and 440 relay. These strong points were shown in the team's best performance against league champion Tennyson, Arroyo lost by only one point 68 1/2-67 1/2.



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2

1. Rick Weston strains for distance in long jump. 2. Dave Emery leans to break tape at finish of 440. 3. 1976 TRACK TEAM: ROW ONE: Bob Cuddy, Jose Rossi, Dan Pratt, Carol Dalton, Sue Ahern, Lori Thompson, Florence Sanchez, Kathy Newberry, Gwen Funcheon, Randy Kuenn, Jim Nikolau, Paul Viada. ROW TWO: Mike Tiernan, Mark Hager, Alan Chinn, Alex Hernandez, Steve Grace, Dave DeSeguirant, Mark Viada, Derek Fross, David Bevilacqua, Steve Brisentine, Bill Stevenson, Ken Gregg. ROW THREE: Coach Jerry Glenn, Rick Weston, Dave Emery, Steve Gould, Ken Butts, Eric Tauscheck, Steve Berger, Bob Peterson, Ed Hohl, Lincoln Litov, Tony Gonzales, Scott Hallert, Charles Miller, Jack Mermod, Kimo Sanchez, Russ Wright, Dan Boulton. 4. Senior Jack Mermod shows long jump form as he soars into mark. 5. Mike Tiernan, leading scorer, springs over hurdles. 6. Paul Viada clears height on high jump. 7. Eric Tauscheck looks on as Steve Berger rolls over high jump bar. 8. Relay runner Ken Butts overtakes Hayward contestant.



Sophomores



1



8



9



John Perez
Roxie Perez
Nancy Peterson
Lisa Pimley
Mike Pina
Darryl Pinkler
Nancy Potter

Brian Powell
Richard Priddis
Ramon Pulido
Scott Pulido
Yvonne Quiroz
Laurie Raymond
Julie Refacho

Corinne Reyes
Andrew Roberts
Kathy Roberts
Rob Roberts
Rod Robertson
John Robinson
Sally Robinson



5



6

1. Sophomore pole vaulter Larry Vigil passes bar. 2. Senior Mike Murphy strides to pass off in 440 relay. 3. Linc Litov clears the high jump. 4. Sophomore Kathy Newberry and junior Ed Hohl compete against each other. 5. Steve Pavlakis soars through air. 6. Junior Dave DeSequirant starts in 440 relay.



4



3

Sophomores



Vicki Robinson
Debbie Rodgers

Mike Rodriguez
Kris Roth

Melissa Rubino
Josine Rybicki

Kathy Sanches
Carole Sanchez

Florencia Sanchez
Kimo Sanchez

Bruce Santos
Jeff Santos

Ken Sawtelle
Heidi Schmidig



New girls set 53.5 second record for 440-relay

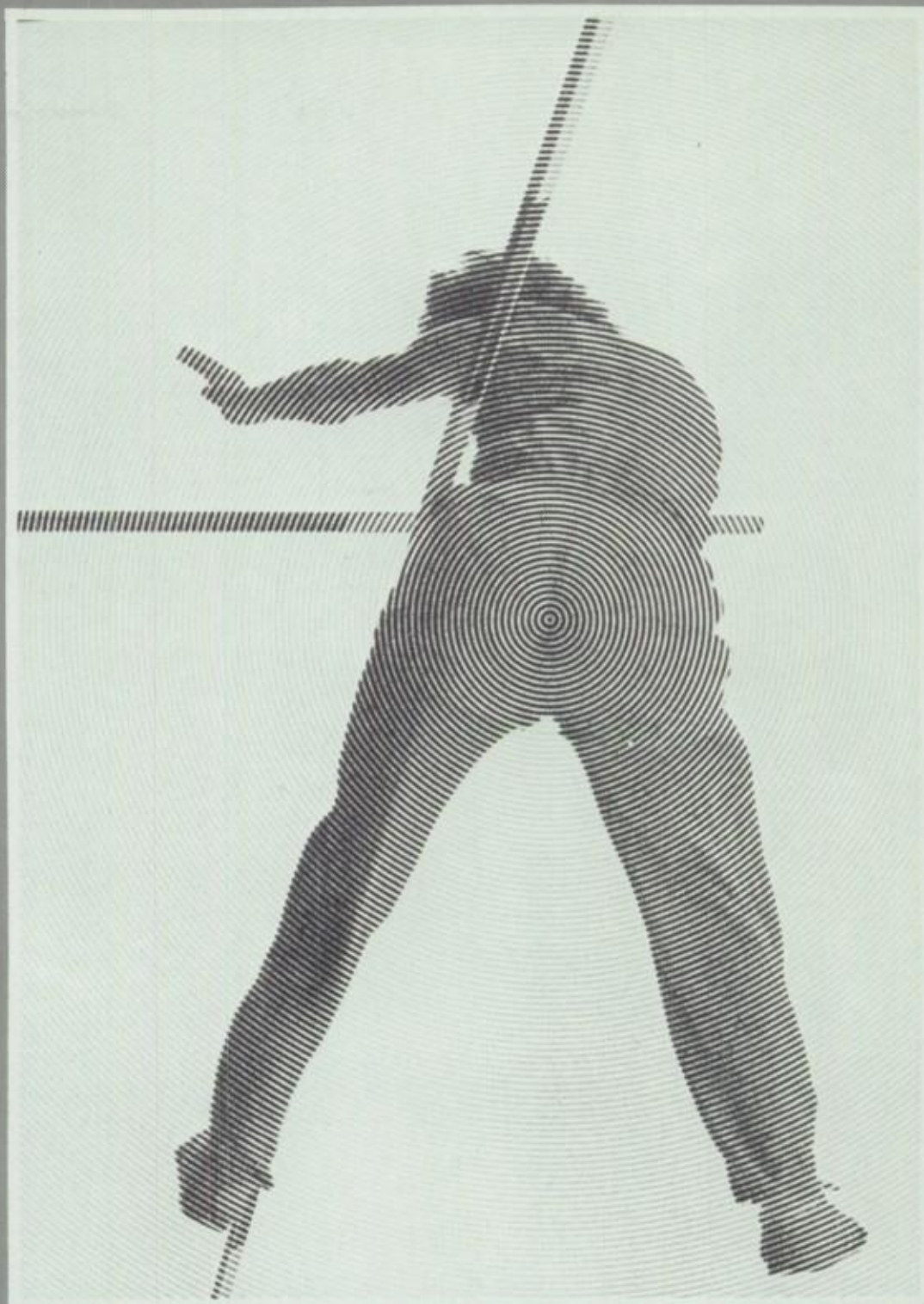
"Mark Hager, Steve Grace, and Dan Pratt showed great promise and should do well in the coming year," stated Coach Jerry Glenn.

Best efforts by the B-team were in the mile and two mile.

Sophomores Sue Ahern, Gwen Funcheon, Kathy Newberry, and Florence Sanchez set a new 440 relay record for Arroyo with a time of 53.5. Newberry set her own record in the long jump with a distance of 15'1".

"The girls were a good influence on the team," expressed Glenn; "especially sophomores Kathy Newberry and Florence Sanchez, and Senior Lori Thompson."

The girls were undefeated for six meets until they came up against San Lorenzo, losing by two points 32-30.



2



Kathi Schopplein
Denny Schwenning

Dan Scott
Debbie Scott

Diane Sena
Debbie Sequeria

Terri Seigny
Marianne Shaieb

Dale Shaw
Mark Shinn

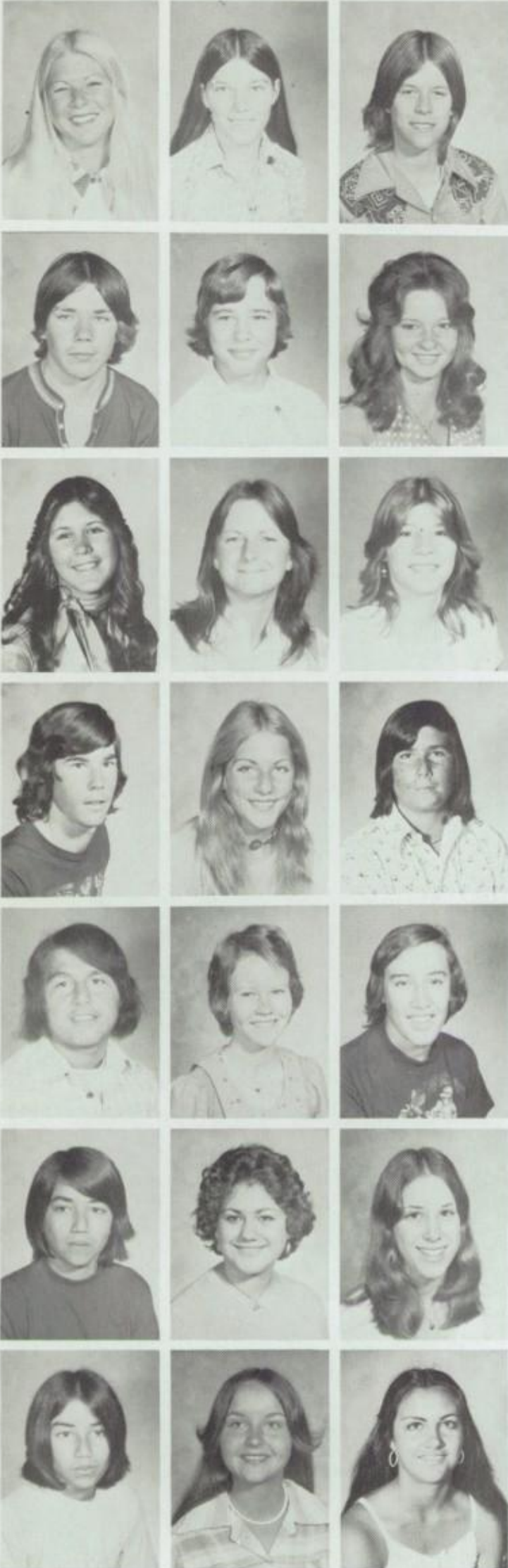
Dale Shutty
Mitchell Silva

Mark Silveira
Mitch Skipworth

Sophomores



Sophomores



Nancy Sliney
Jerome Smith
Caroline Snelling
Bob Solari
Raul Soto
Jason Steklachick
Jeff Steklachick

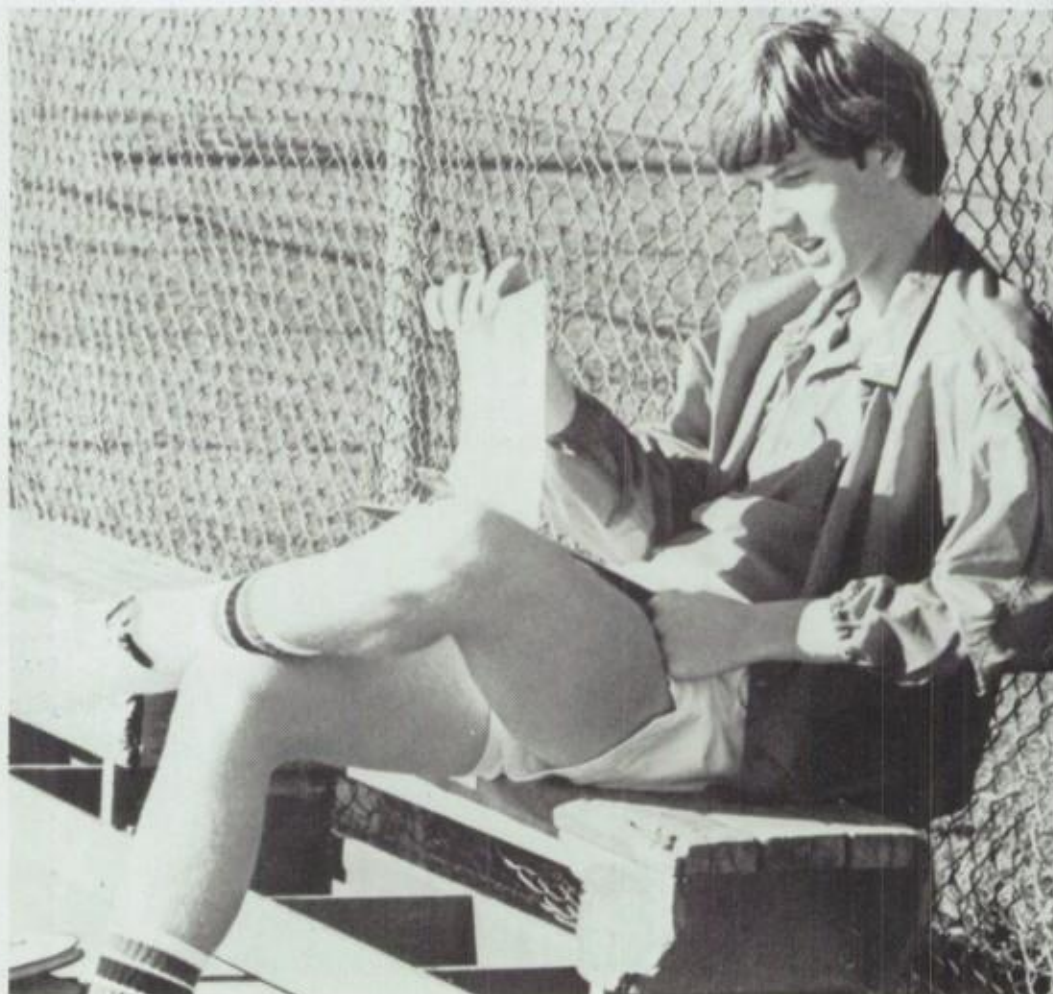
Pam Stepp
Michael Stevens
Debbie Stivers
Judy Stramaglia
Lisa Stuart
Cindy Stubberfield
Pam Sutherland

John Tennant
Lisa Tertrou
Debbie Thompson
Mark Thompson
Russell Thogmartin
Kathy Thrasher
Laura Titus



1

8



Noticeable netman Bond helps Dons mend

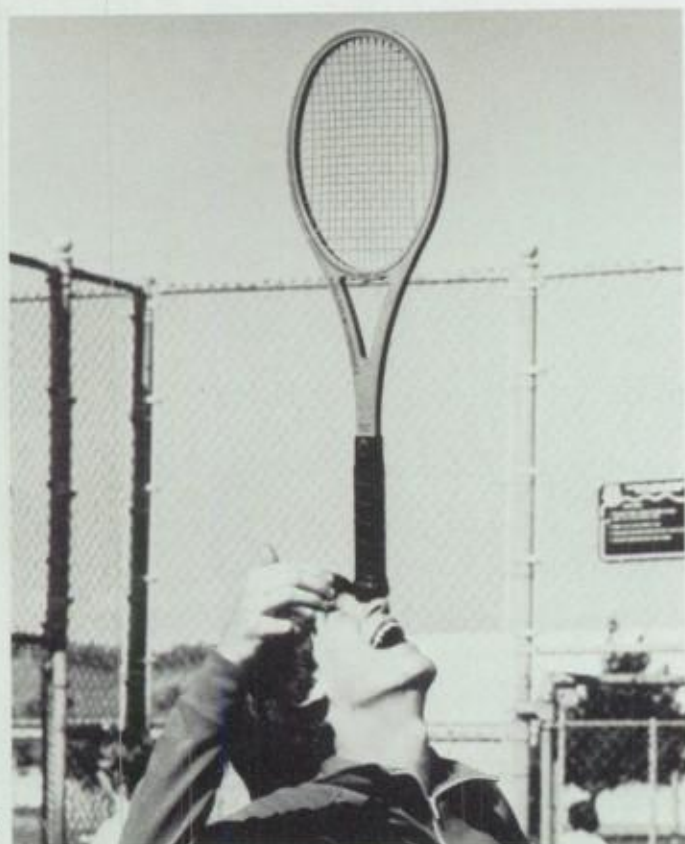
When the '76 ARROYAN went to press, the Dons' tennis record stood at an unbelievable low of 0-5 for the first half of the league schedule.

At the fifth match against Canyon, the Dons were sorely beaten— winning only one match in seventeen. Coach Ken Weissenborn said, "We have a young team with only one senior and will probably improve by the end of the league".

The top seeded netman was Roger Bond. Other outstanding players were Ron Edwall, singles; and Dave McDaniel and Bill Dickey doubles. McDaniel said, "I think we have some good talent, but there is not enough dedication."



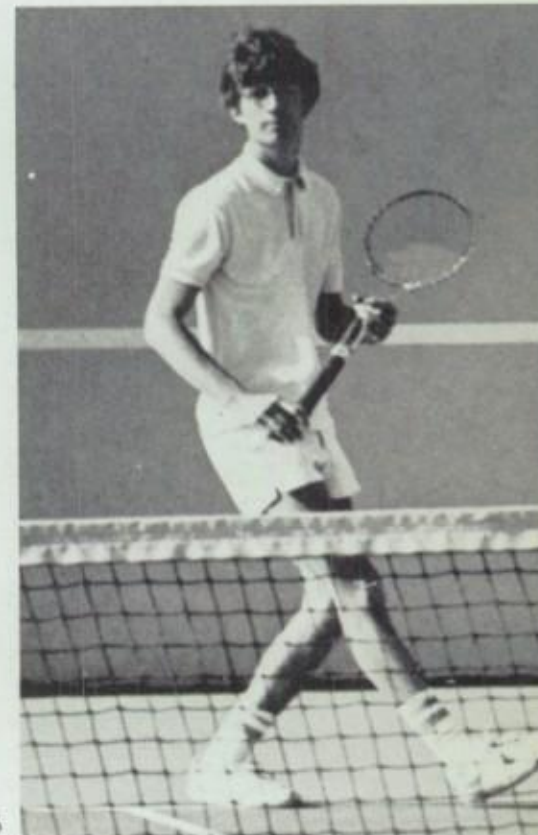
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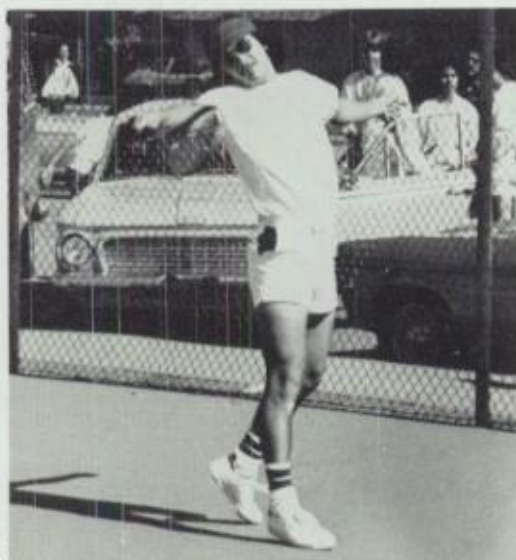
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6

1. Junior Jim Costello returns low volley. 2. Front Row: John Chang, Bill Dickey, Doug Bertz, Glenn Yanagi, Henry Valderrama, Ken Linarez, Bob Miguel, Ron Edwards, Mary Nunn, Steve Sanchez, Ken Wong, Chris Lecheminan. Back Row: Gregg Emmons, Jim Costello, Carl Faulman, Jim Adams, Jody Naas, Chris Jennings, Roger Bond, Dave Affleck, Glenn Bellefeuille, David Bridges, Dave McDaniel, Ken Weissenborn. 3. Dave Affleck balances racket on ball. 4. Bill Dickey shows a forward shot. 5. Dave McDaniel struts on court. 6. Glenn Yanagi does backhand lob. 7. Jody Naas slaps ball around before match. 8. Roger Bond studies team listings.

Activities



Although apathy kept many activities from taking place, there were still enough people willing to work to stage various events.

Throughout the year "traditional" activities took precedence over new events. From the music department came several concerts; from the drama area, an array of plays. Both of these areas attracted a large portion of the student body.

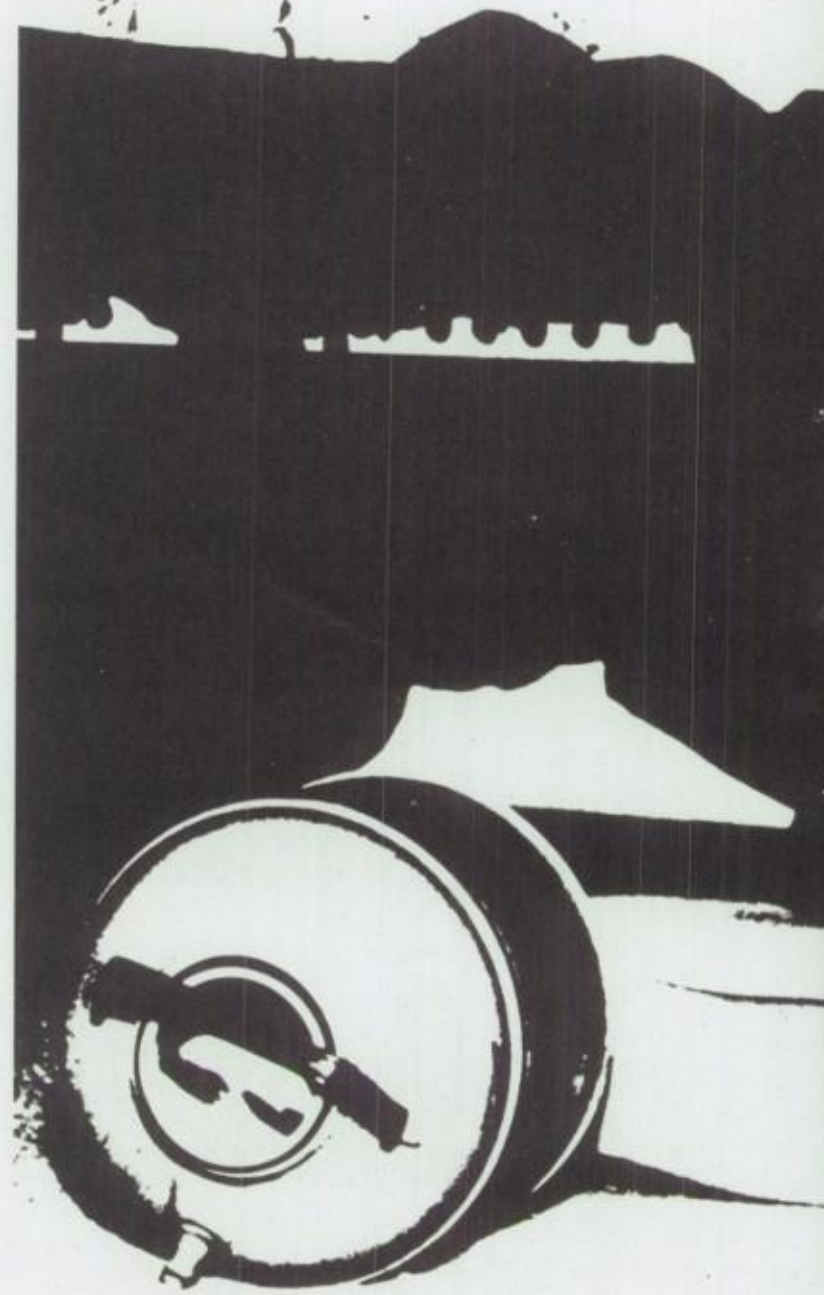
Spirit Week, held from February 2 to February 6 got many people involved. Each class began organizing itself weeks before the gala event. Skits, interclass races, brought the whole week to a festive atmosphere which Arroyo has for so long forgotten.

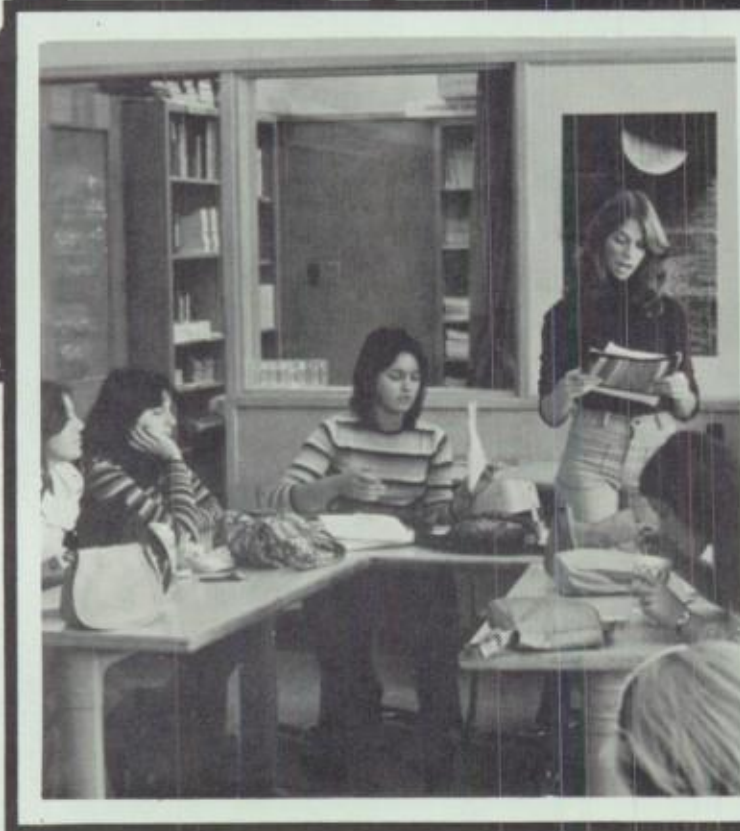
Clubs, classes, and other organizations around campus held various fund raising activities. With their treasuries building up, several excursions were planned. California Scholarship Federation proposed a field trip to San Francisco for a day. The Spanish Club held their annual Mexican Dinner.

Dances, that were once a big student body attraction, faded out to almost none this year. A few were held however; sponsoring a dance at Arroyo ran a high risk of losing money. Most people who went to dances here had a good time, but it wasn't worth while to hold a dance when less than 200 people show up.

A newcomer to Arroyo activities were afternoon basketball games. During January and February, teams consisting of three members played each other during lunch.

Those students who got involved with activities at Arroyo left a legacy of fun and enjoyment; those who didn't, left a legacy of noninvolvement.





3

4

1. Mike Dulle looks tired in his part during fall play performance. 2. Colleen Bernadelli plays bells during winter concert. 3. Lori Codeglia reports on senior ball sites to class council. 4. Matt Desimone blows whistle signalling band to attention. 5. Dennis Lynn leaps on donkey during donkey basketball game.



Trustees approve campus smoking areas

A cloud of smoke rose from Arroyo's campus this year as a smoking area came into existence at the beginning of the second semester.

Smoking on the campus was permitted in the following locations: designated patio area, limited area by shop wing, and the corner of the field behind "M" wing closest to the student parking lot, covering an approximate area of 200 feet by 200 feet.

All other areas on the campus were off limits for smoking.

Students were responsible for maintaining clean smoking areas and for placing cigarette butts and trash in the appropriate containers. This regulation did not exactly work as butts were strewn across the patio.

One bright spot about the smoking area was that it kept the bathrooms cleaner. Students could walk into the lavatories and not have to be treated for smoke inhalation.

The board approved of the bill January 5 after the bill went into effect for the state January 1.



6



5



4

Sophomores



Jeff Tobia
Lynne Torrieri

John Tracy
Val Trefethen

Joanne Umlauf
Tom Vachter

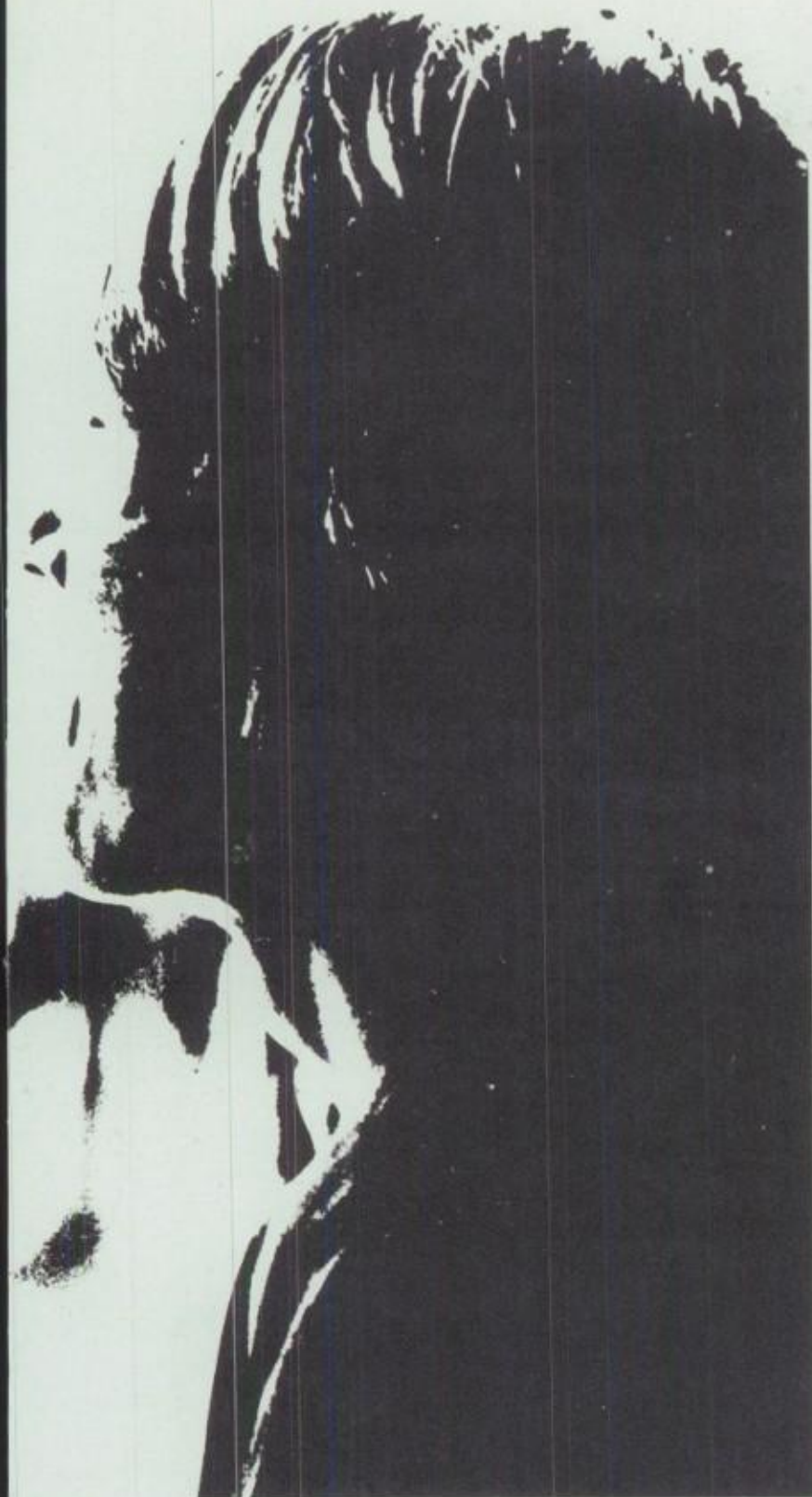
Tom Valerga
Barbara Vanderpool

Steve Vargas
Mark Viada

Bonnie Vierra
Jody Vigil

Larry Vigil
David Vilas





2



3

1. The smoking area was used often. 2. Students "cop" a quick smoke between classes. 3. Littering was a campus problem. 4. Students often congregated to have their cigarettes. 5. Many students relaxed. 6. A common scene on the Arroyo campus.

1



Tammy Von Hartman
Sue Walling

Steve Ward
Tracy Watkins

Randy Watts
Dick Werner

Tisa Wessells
Jim Wethern

Sharon Wong
Pam Wood

Renee Yee
Laurie Yoder

Julie Young
Cathy Younger

Sophomores

United States moves toward third century



Superbowl '75—Pittsburgh Steelers—Reagan Challenges Ford—Nixon Visits China—Country Recovers From Massive Inflation—Bugs Bunny Will It Fly?—Moynihan Resigns UN Post—Lockheed In Contract Payoffs—Taylor/Burton Split, Again—Smoking Areas Approved Bicentennial O Work Here Today!—Congress Says No To Angola—Nuclear Power—Alladin's Lamp Or Deadly Threat?—Domestic Spy Operations Uncovered—Chou En Lai Died—Sal Minco Murdered—Reverend Moon Recruits...



AMERICA ??? 200 YEARS !!!



GRACEFUL, FAST BUT NOISY

Payoffs

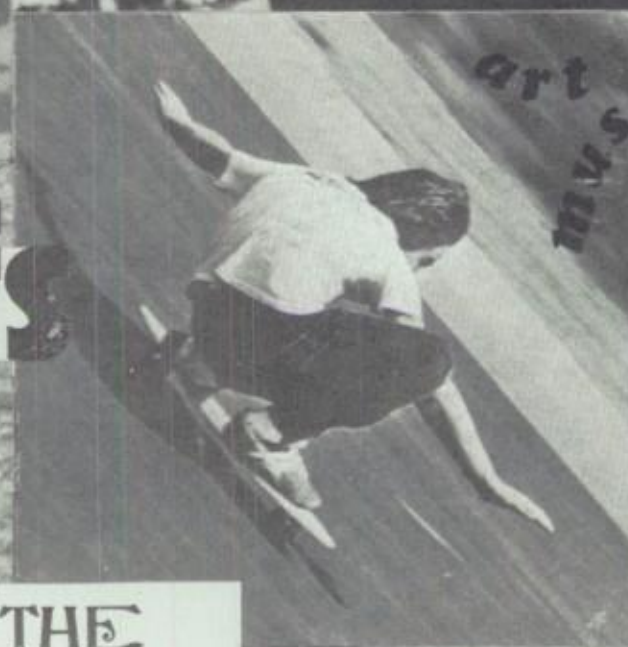
CIA
FBI

THE
ANSWERS

science
Retirement

MY
WELL-
BEING,
NATE?

AMY, IT'S COM-
MON KNOWLEDGE
THAT TOO MUCH
MENTAL TAXATION
ON A LADY OFTEN
LEADS TO MADNESS
AND STERILITY.



art
music



ROLLING STONE THE INSIDE STORY

By Howard Rosenberg and David Wiegman
The three fugitives drove to a black ghetto with
unmistakable Victorian—and sought out a friend.
Finally, the fugitives brought the man sleeping-eyed to the
"You're alive!" Then he panicked. "You can't do
this!" The whole story is a
strawing with pigs for
you." He goes then to
and start the story "Do
back."

The fugitives had a
no costume bidding
dead luxury night at
them—so they didn't
eat. Walking the street
away, was a worse idea
"Cross Time," as
"You better bring the
Bill and finally both co
let bugs. Inside were
disgusted and terrified.
A few blocks away
faded Victorian, they
saw and ran away. As
they ran and ran away
at the dirt under the old
house, the noise of a
began in the living room
Fugitive gripped her
machine gun. "The pigs
were here from the car."

THE STEELER CRUNCH

superstar!—New York Goes Broke—Brown Tightens State Expenses—Euell Gibbons Dies—Patricia Hearst Stands Trial—Reds Take Series—SST—
uycentennial?—Skateboards Make Comeback—Agatha Christie Calls It "Curtains"—Drought in California Ruins Crops—Women's Lib—Alice Doesn't
Jamill, Young, Mueller Cop Golds At Innsbruck—District Faces Enrollment Decline—Gasoline Prices Decrease—Jaws Breaks Box Office Records—

Freshmen get first glimpse of Arroyo

Thursday, September 4 returning students got back into the school routine and 350 new faces receives a first glimpse of typical Arroyan life. The start of school saw bike racks refilled, stylish new clothes shown off, and faces expressing emotions from disbelief to the joy of seeing old friends again. This year, school started one week early to accomodate several five-day holidays, such as Washington's Birthday and Easter vacation. 1,450 students attended the first day of school.



6



1



5



4

Juniors



Becky Abler
Jeannette Aguirre



Cathy Ahern
Kent Albers



Leticia Anguiano
Joel Ansley



Tina Apodaca
Cheryl Armas



Tim August
Tamara Avilla



Julia Balbiano
Maureen Baptista

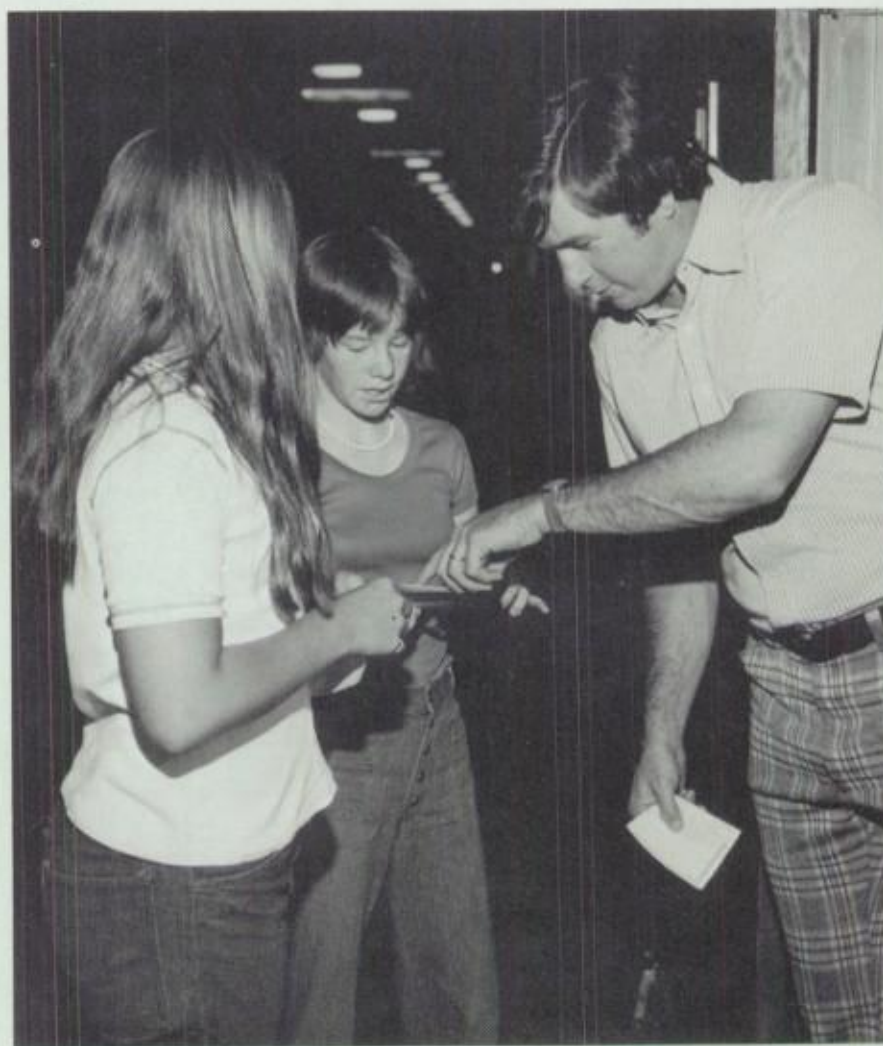


Mike Barker
Ed Bazo





2



3

1. Jeff Kramm, Dennis Mendona and Tony Freitas compare programs, 2. Kim McEntire and Robin Waagge ask Coach Tom Sheridan for assistance. 3. Kathy Amos and Peggy Wright instruct freshmen on school activities. 4. Freshmen pour into A-hall for program cards. 5. Hans Schmidig, Dennis Ritter, and Jim Bennitti assemble in Cafeteria for orientation. 6. Vicki Bissell informs Nick Lewis of his counselor number.



Cathy Bell
Steve Bellino

Michelle Benavidez
Mark Benevides

Don Bennett
John Benyshek

Timothy Bergdahl
Corinne Berkey

Darrin Bernard
Scott Berry

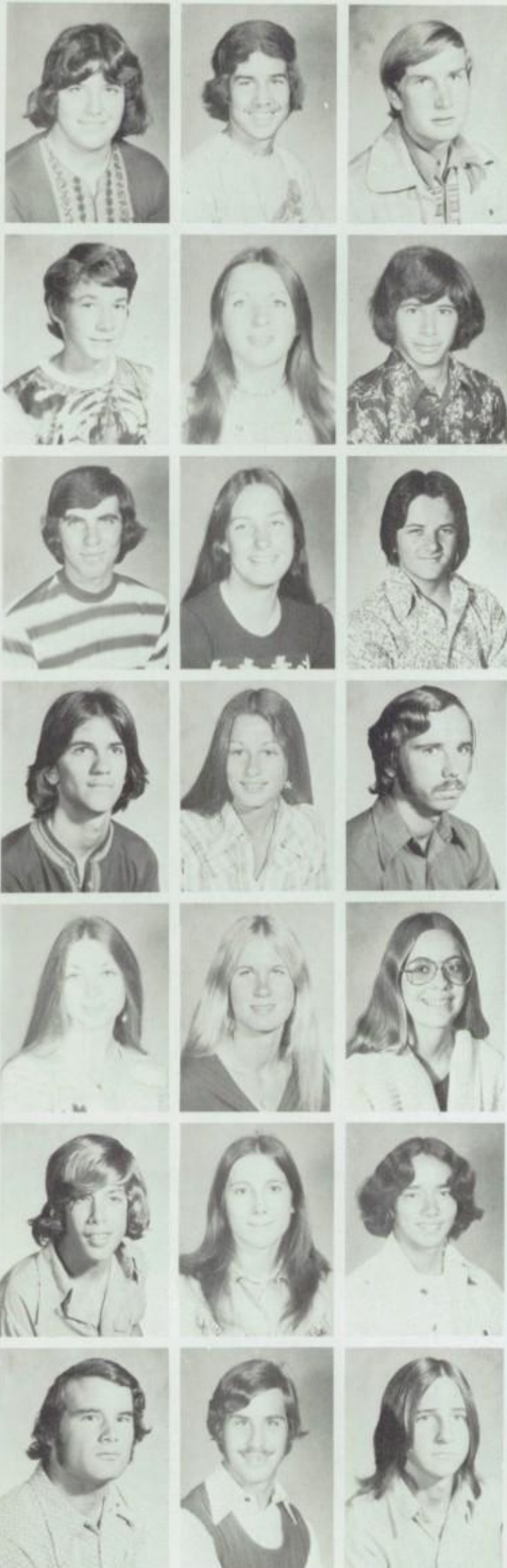
Jeanne Bertucci
Eugenio Bettencourt

Sandra Bevilacqua
Cindy Blaumer

Juniors



Juniors



Chris Boehmer
Mark Boice
Gary Bokanich
Gary Botelho
Renee Bouillez
Jeff Boyd
Mike Brisentine

Steve Briscoe
Debbie Bronk
Carrie Brown
Renee Brown
Debbie Bruce
Julie Brum
Mark Bucedí

William Bunce
Dan Bunio
Mark Busch
Ken Butts
JoAnn Cahill
Jim Cahoon
Steve Caldwell



7

6



Mandatory assemblies entertain students



Two mandatory assemblies were presented at Arroyo this year; a rally and a teen show.

The rally took place November 13. Dean of Girls Joanne Knowles announced Outstanding Boy and Girl, and the Spirit Week theme. Varsity songgirls performed a routine to the tune "Born To Be Wild." Both varsity and junior varsity rally squads danced to the song "Dancing Machine."

Later that night, the varsity football team lost to the Hayward Farmers in the last game of the season.

During second period on March 5, Vince Campbell of Rick Trow Productions of Philadelphia Pa. presented "The Great American Teen." This show, using music and films, displayed the changing values, attitudes and lifestyles of today's teenager as compared to those of the 1950's and 1960's. The assembly examined teen customs such as kissing, listening to rock music, cruising in cars, feelings toward society (all "Politicians are dishonest"); and how to tell the difference between a boy and girl (a girl has antennae and a boy has "peach fuzz.")



5

1. Students keep an attentive eye on rally squad's routine. 2. Heidi Schmidig interviews Grace Christophersen in varsity rally squad skit. 3. John Craney walks across floor as his name is announced in beauty contest. 4. Heidi Schmidig introduces rally squad members Grace Christophersen, Becky Stevenson, Lorraine Dutch, Sandy Bevilacqua, Pam Ringstad, and Sue Homewood in "Miss Cheerleader Contest." 5. Guns and Garters Square Dance Club members perform at lunch. 6. and 7. KFRC representative Vince Campbell introduces "The Great American Teen."



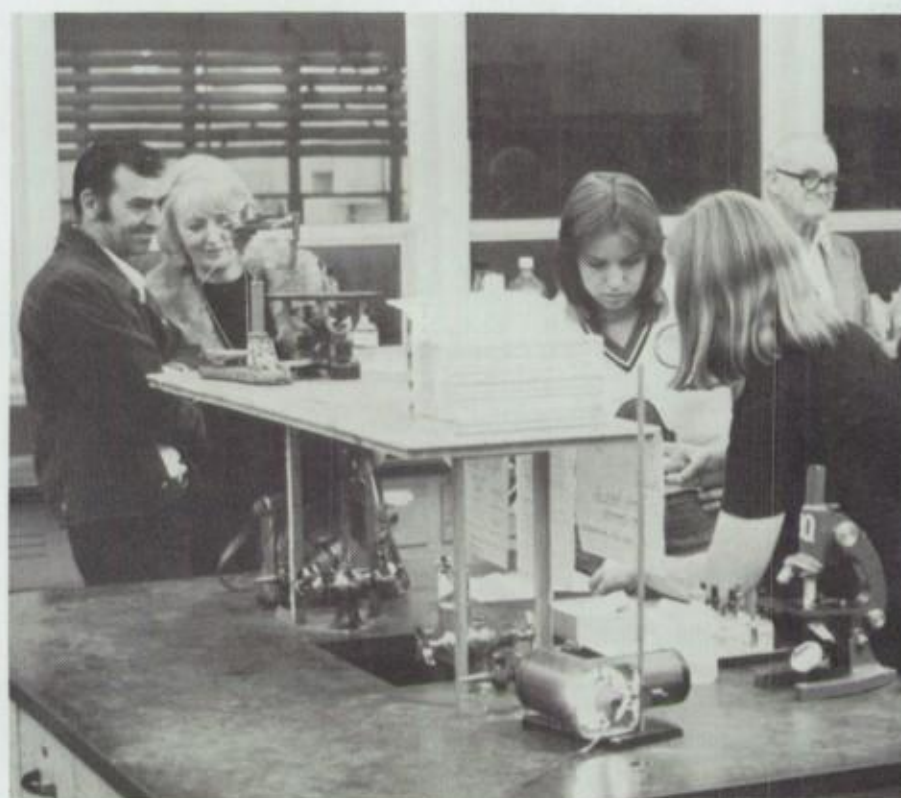


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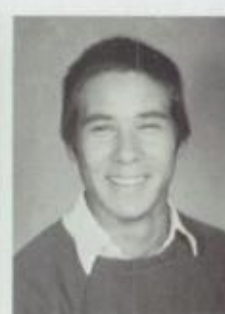
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7



1. Social science instructor Gregg Shephard discusses student's grade with parent. 2. PE chairperson Bill Basacker explains class procedures to interested parents. 3. Head counselor Ben Faulman tells mother and father how their child could benefit from the use of the career center. 4. Mary Camezon chats with Betty Kriedler. 5. Drama instructor Wayne Ward informs parents of students talents. 6. Science teacher Nick Athos makes mothers aware of what goes on during class. 7. Lorraine Dutch and Sandra Warren preform a chemistry demonstration for Back-to-School Night visitors.

Juniors



Glenda Carminati
David Carrera

Mark Carter
John Carvalho

David Castro
Peter Cava

Mike Chambers
Barbara Chambliss

Alan Christensen
Grace Christophersen

Ken ChunFat
Don Clegg

Tami Coburn
Jan Coleman



Series conflicts with Back-to-School Night

Total attendance declined at the annual Back-to-School Night October 29.

According to school officials, 227 parents attended the event. Lack of parent interest was blamed on final game of the World Series between Cincinnati and Boston.

"Parents were interested in the presentations and were appreciative of the opportunity to meet and talk with the teachers regarding their son or daughter," stated Dean of Boys Phil Gastineau.

President Diane Lum represented Arroyo's student government. The ARROYAN and GAZETTE staffs joined other campus classes and organizations in setting up displays in the cafeteria.



3



4



6



5



Clay Cone
Lori Connelly

Jim Cook
Joy Cook

Terry Copeland
James Costello

Nora Creese
Nora Critchfield

Janice Cruff
Bob Cuddy

Carol Cunningham
Maria Curiel

Jill Currier
Mike Cuthbert

Juniors

Annual Food Drive aids needy families

PTA sponsored the annual food drive from December 9 through December 11. Classes collected ten full boxes of assorted food and \$208.70 for needy families in San Lorenzo.

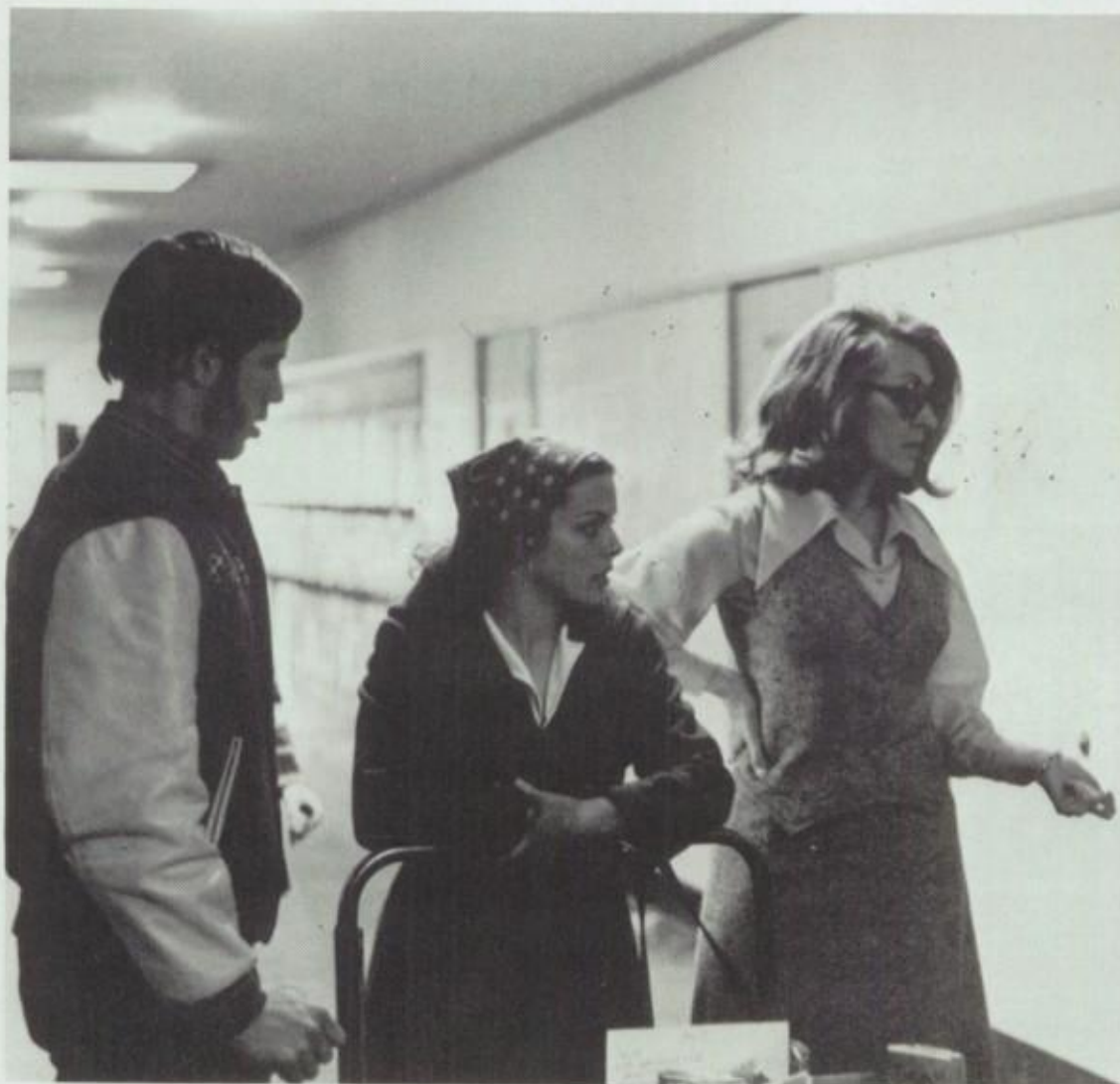
Dean of Girls Joanne Knowles said, "The total was good considering the brief time the students had to collect food." Social Science instructor Vicki Bssell's second period class took first place and were awarded a sheetcake by the student body. Block A Megaphone Club and the PTA helped pick up the food.



3



4



2

1. Alan Kernfield, Mike Krmpotic, Diane Shold, Darryl Silva, Sue Edwards, Trudy Tullys, Sue Lucas, Sandy Bevilacqua, and Tina Sheehy put food in the containers. 2. Social Science instructor Vicki Bissell directs Jim Reed and Trudy Tullys. 3. Food packets included cocoa mix. 4. Mark Boise, Craig Thomas, Alan Kornfield, Rick Kleinman, Diane Shold, Darryl Silva, and Sue Edwards sort food. 5. Juha Ruotoistenmaki prepares to lift box of food.



1





5



Juniors



Tom Dailey
Jim Davis
Ed DeCosta
Lisa DeGraw
John Dell
Charlotte deNijs
Dave Deseguirant

Bill Dickey
Donna Dohmann
DeAnna Doyle
Ken Drew
Debbie Driskill
Don Dugan
Bill Dugger

Mike Dulle
Lorraine Dutch
Deb Eberhardt
Kevin Eberle
Gail Edwards
Mike Edwards
Sue Edwards



9

1. Juke (Mike Dulle) proudly shows off his fiancée (Karen Fargo) in "The House of Juke".
 2. Pa Juke (Bob Kuhns) has sweet dreams. 3 and 4. Bonnie McDowell relates her woes to the audience and unravels masterpiece 5 and 7. The King and Camellia's maid enact Prince Simon's engagement to the princess. 6. The Royal Family, Camillia's maid, Camellia, the King and Queen, discuss important matters concerning the wedding. 8. Jackie Malone argues with Mike Dulle over whether or not she loves him. 9. In "What Did You Learn In School Today?", Clare Bridges, Bonnie McDowell, Kathy McCarney, and Lani Tsunieshi cut and pasted scraps of paper together.



8



Juniors



Rod Eggleston
Joanne Fachner

Valerie Fahey
Connie Folck

Bob Forrester
Andrea Freitas

Mike Frese
Angelia Fross

Dan Galvin
Dajer Gapay

Karen Garcia
Dave Garelo

Pat Gilbert
Phillip Girata



Don drama students present four one-act plays

Four one-act plays were presented in D-hall's "Studio 68," Thursday, December 11 by Wayne Ward's drama 3-4 class.

Play number one was taken from A. Milne's story "The Ugly Duckling." The King (Scott Favors) and Queen (Linda Kelly) attempted to marry off their homely daughter Camellia (Terry McKean). Prince Simon (Dave Emery) realized Princess Camellia had beautiful character instead of exquisite looks and wed her. Glenn Yonan was the Chancellor, Patty Pacheco portrayed Princess Camellia's maid, Dulcibella, and the part of Carlo, Prince Simon's attendant was played by Bob Kufeld.

In Ping-Pong Players, Jackie Malone and Mike Dulle showed that people play other games in addition to the one at hand.

Jenny Scott, Tamara Avilla, Bonnie McDowell, Carol Tsunieshi, Claire Bridges, and Kathy McCarney performed in "What Did You Learn In School Today?"

A hillbilly (Mike Dulle) brought home a well-educated school teacher (Karen Fargo) in "The House of Juke." Juke's parents, dead set against ruining the family's reputation as hillbillies, talked Juke out of marrying the girl.

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Roger Golec
Carmen Gonzales

Steve Gould
Annette Grecco

Renee Haight
Dan Hall

Scott Hallert
Greg Hammerson

Theresa Hardester
Sue Harl

Tammy Harness
Teresa Harness

Kreg Harsha
Neil Harvey

Juniors

Juniors



Duane Havemann
Lorraine Herrera
Paul Highers
Tammy Hill
Ed Hohl
Karen Hohl
Lois Holgate

Mike Holochuck
Liz Hopper
Jennifer Howell
Greg Hutchison
Margie Jacobs
Kathy Jacobsen
Cher Johnson

Dan Jones
Kevin Jones
Shelly Julson
Kathy Kellner
Renee Kellogg
Karl Kempin
Kay Kesterson



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3. Corrinne Berkey and escort Lance Roussel dance. 4. Dennis Lynn and Sonja Schmidig, Liz Lawrence and Tony Critelli, Julie Hayes and Mike Callahan, Sue Izard and Carlos Valente, and Kim Stivers and Ed Tracy enjoy a 'slow' dance. 5. "After Dark" provides music.



Overloaded circuit causes 'Snowball' to melt early



An unexpected fire, due to an overloaded circuit, caused the juniors' Winter Ball on Friday, February 27 to be cut short.

Senior Terry Mckean said, "It was strange. While the band was singing 'Fire', the fire broke out."

Heading the '77 committee was Lori Peterson, Grace Christensen, Karen Garcia, and Karl Kempin.

The cafeteria was transformed into a winter scene by a lake, trees, garlands on the windows and walls, and a mirror-ball which cast light on the dancers. Small tables were set up on the outskirts of the dance floor.

Cookies, cakes, breads and punch were provided by members of the junior class.

Sixty couples attended the dance.



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1. Junior class vice president Grace Christophersen, and Doug Anderson enjoy the Winter Ball. 2. Connie Folck announces Debbie Eberhardt's election as junior queen as Ken Duran looks on.

1. Dennis Lynn, Kim Stivers, and Rick Priddis perform in a saxophone combo. 2. Teri Blaumer plays flute in the orchestra. 3. Mark Foglia, Steve Bellino, and Mark Viada play percussion instruments. 4. Kelly McHan, Patti Sattui, and Terri Gilmour sing with concert choir. 5. Doyle West conducts combined choirs, including Julie Cusimano, and Sheri Lund. 6. Stacy Shimada plays violin. 7. Dan Lucas and Greg Green play their trumpets at winter concert. 8. Concert choir sings under the direction of Doyle West. 9. Carol Weber and Arlen Johnson perform in district orchestra.



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Juniors



Larry Kihs
Trish Kilgore



John Kitchuck
Christine Koperski



Alan Kornfield
Steve Kramm



Katie Krantz
Mike Krmpotic



Robert Kuhns
Ann Law



Erin Lefevre
Frank Lemmo



Fred Lemmo
Linda Lien





2



Arroyans perform in Winter Concert

During December, Arroyans participated in two winter concerts. One was held at San Lorenzo High School December 17 and the other held here December 18.

The San Lorenzo event consisted of a combination of Arroyo's concert choirs conducted by Doyle West.

Jack Williamson, the music instructor at San Lorenzo High, conducted the group which also performed at the winter concert and mixed choirs, and San Lorenzo's concert choir. Glen Campbell conducted the band and West conducted the choral groups.



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Jaye Linton
Cathy Loberg

Mike Loncarich
Shelley Lopez

Gary Lovelace
Daniel Lucas

Suzanne Lucas
Geri Lujan

Robert Lutz
James Magnani

Pam Marsh
Jim Martinez

Nancy Mason
Margaret McGonigle

Juniors



Heads Homewood, Shofner lead largest yell leader, song girl rally squad ever

With seven yell leaders and eight song girls, this year's varsity squad was the largest in Arroyo's history.

"Cooperation is very important," stated song girl Lori Peterson. "Getting everyone together was the biggest problem we faced."

Heads Sue Homewood and Kim Shofner led the squad to two trophies and two spirit sticks at California Specialty Camp on the University of

California, Santa Cruz campus. Squad members included yell leaders Sandy Bevilacqua, Grace Christophersen, Lorraine Dutch, Pam Ringstad, Heidi Schmidig, and Janice Ullom. Joining Shofner were song girls Vicki Bumbaca, Robin Cuddy, Liz Dillon, Sue Lucas, Lori Peterson, Nancy Peterson, and Trudy Tullys. Barbara Chambliss and Becky Stevenson were this year's bull. Matador was Patty Lovelace.



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1. Varsity yell leaders Heidi Schmidig, Lorraine Dutch, Pam Ringstad, Sue Homewood, Janice Ullom, Sandy Bevilacqua, and Grace Christophersen perform at Omega Rally. 2. Liz Dillon, Nancy Peterson, Sue Lucas, Lori Peterson, Kim Shofner, Vicki Bumbaca, and Trudy Tullys perform routine to, "Thank God, I'm A Country Boy." 3. Pam Ringstad shows enthusiasm at football game. 4. Pam Sutherland, Liz Dillon, Sue Lucas, Trudy Tullys, Becky Stevenson, and Grace Christophersen wait for judges' decision. 5. Janice Ullom glances at crowd. 6. Varsity song girls Lori Peterson, Trudy Tullys, Kim Shofner, Nancy Peterson, Liz Dillon, Sue Lucas, Robin Cuddy, and Vicki Bumbaca show Arroyo's spirit at Omega Rally. 7. Barbara Chambliss and Grace Christophersen clown around at halftime. 8. Sandy Bevilacqua and Sue Lucas cheer before kick off.



Juniors



Mary McGonigle
Rachel McMillan
Karen Mendes
Duane Messinger
Ron Mettler
Bob Miguel
Diana Miller

Diana R. Miller
Pam Millward
Dell Montes De Oca
Kim Moore
Claude Moose
Lance Morris
Mary Murphy

Rich Musso
Don Mutchler
Dean Nelson
Scott Nickerson
Julie Nolting
Barbara Norum
Teri Oberg

Jv squad brings home camp honors

This year's junior varsity rally squad attended the National Cheerleaders Association Speciality Camp at Santa Cruz.

The songgirls received a third place trophy and two spirit sticks for overall cooperation and enthusiasm. Pam Sutherland was head songgirl.

The yell leaders received a superior and outstanding ribbon at camp. Theresa Hardester headed this year's squad. "The squad had there ups and downs at the beginning, but after we worked with each other and got acquainted we did just fine," she said.

This year's squad consisted of Dianne Murphy, P.J. Knop, Janet Cate, Theresa Hardester, Connie Folck, Angela Fross, Angela Brancum, Sue Walling, and Pam Sutherland.



4



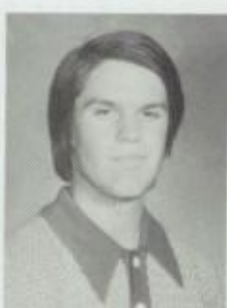
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Juniors



Trish Ohliger
Tina Olivares

Mike Olson
Tim Ortiz

Dennis Paduveris
Milo Palamides

John Palazzotto
Dale Parker

John Partridge
Ben Patten

Steve Pavlakis
Rosey Perez

James Perkins
Barbara Perio





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1. P.J. Knop, Theresa Hardester, Janet Cate, Diane Murphy, Angela Branscum, Sue Walling, and Connie Folck yell for a touchdown. 2. Janet Cate and Sue Walling look disappointedly into the crowd. 3. Connie Folck smiles before beginning "Beer, Beer." 4. Theresa Hardester leads P.J. Knop, Janet Cate, Angelia Fross, and Pam Sutherland in a cheer for the defensive team. 5. Matador Patti Lovelace antagonizes Bull Barbara Chambliss and Becky Stevenson. 6. Song girls: Angela Branscum, Pam Sutherland, Angelia Fross, and Sue Walling do "On Arroyo."

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Rick Perry
Brian Pesicka

Derek Peterson
Lori Peterson

Susan Philbrick
Dennis Plant

Steven Porto
Jeff Povey

Anne Powell
Ron Pryor

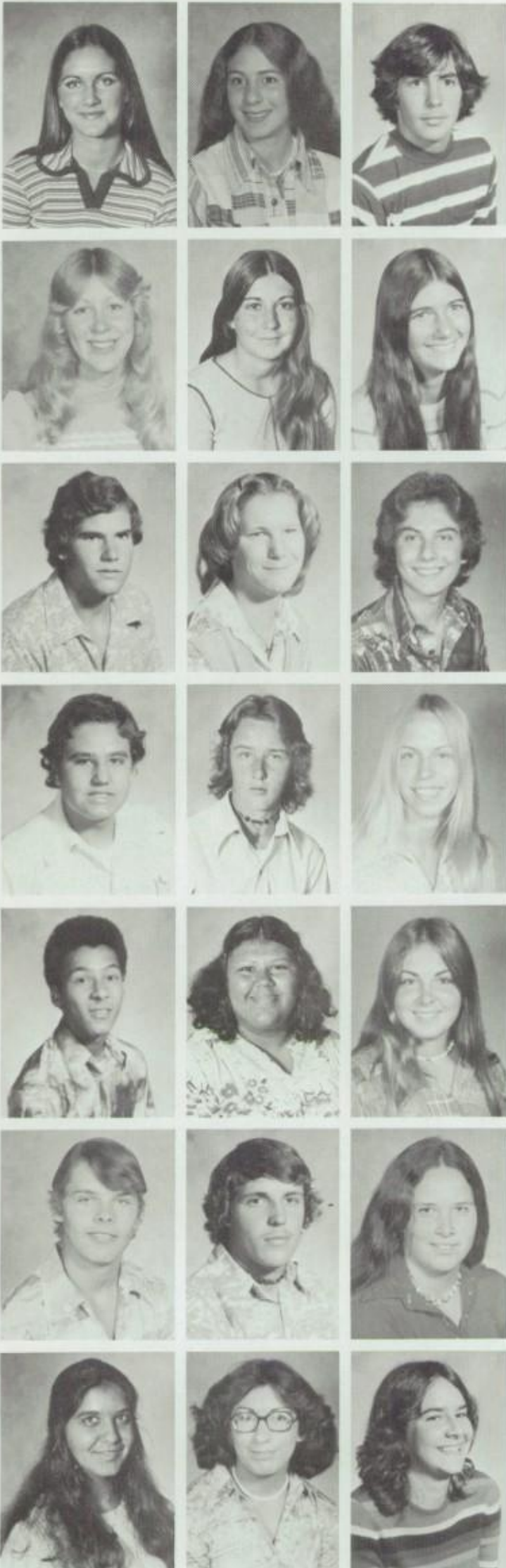
Jeff Pugh
Dena Radke

Michael Rhodes
Rob Rich

Juniors



Juniors

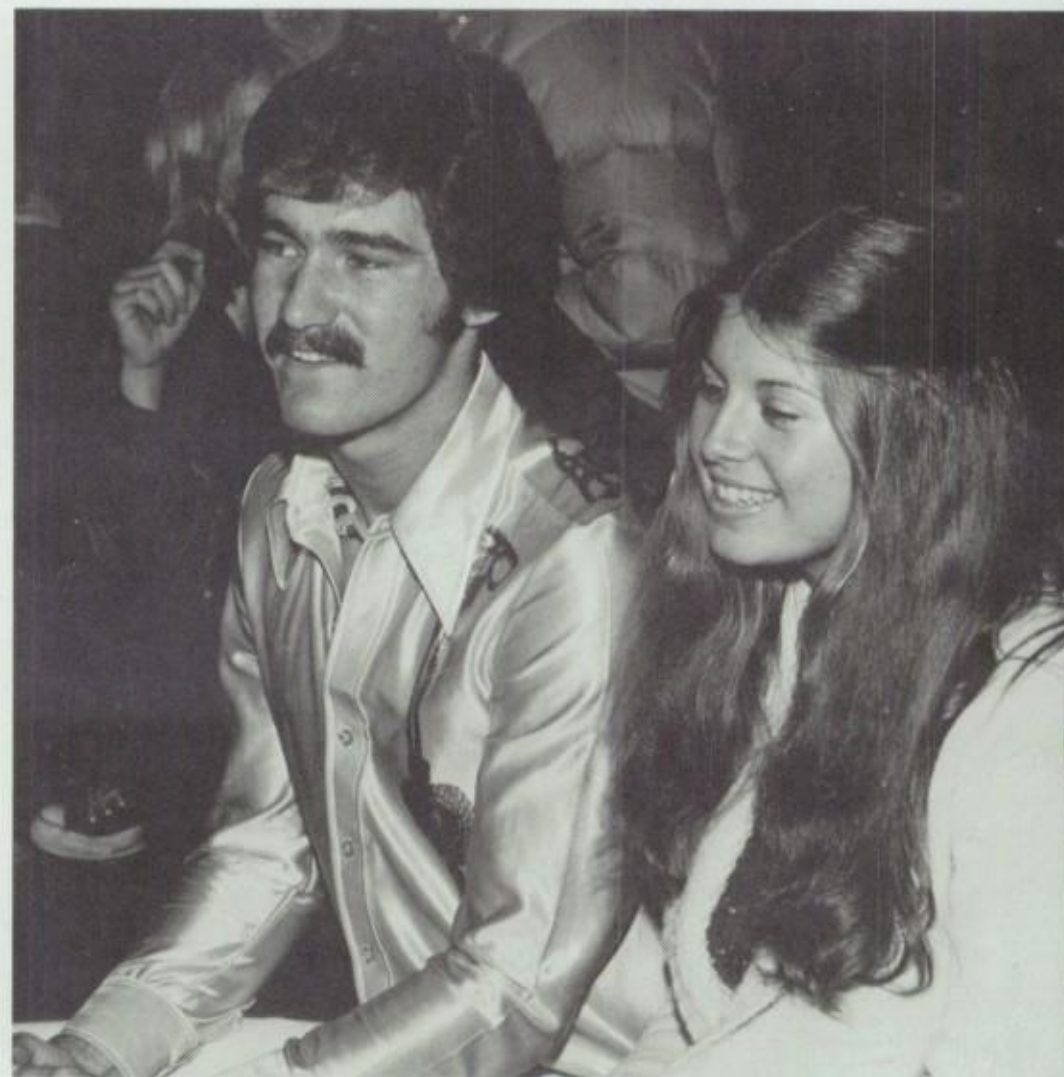


Glenda Rich
Janice Rider
Gary Riele
Ricky Rist
Albert Riveira
Gary Robinson
Evelyn Rodgers

Natalie Rose
Debbie Rosier
Melinda Ross
Daniel Ryan
Cathy Saenz
Keith Sales
Debbie Sanchez

Steve Sanchez
Susan Sanders
John Sandri
Sue Sannebeck
Sonja Schmidig
Janet Schneider
Dorie Scott

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Student votes select Homecoming royalty, Goetzinger, Meredith reign at festivities



3 Traditional festivities for Homecoming, held November 13, were not as extensive this year as in the past.

According to Megaphone advisor Mary Camezon, the traditional afternoon activities had been dropped due to an all evening game football schedule.

The daytime activities that did occur included a rally during sixth period and the coronation of Homecoming royalty. No alumni dance was scheduled.

Arroyo students elected seniors Brian Meredith, King, and Kim Goetzinger, Queen. Both King and Queen received a pair of tickets to the George Carlin concert and \$10 cash for expenses.



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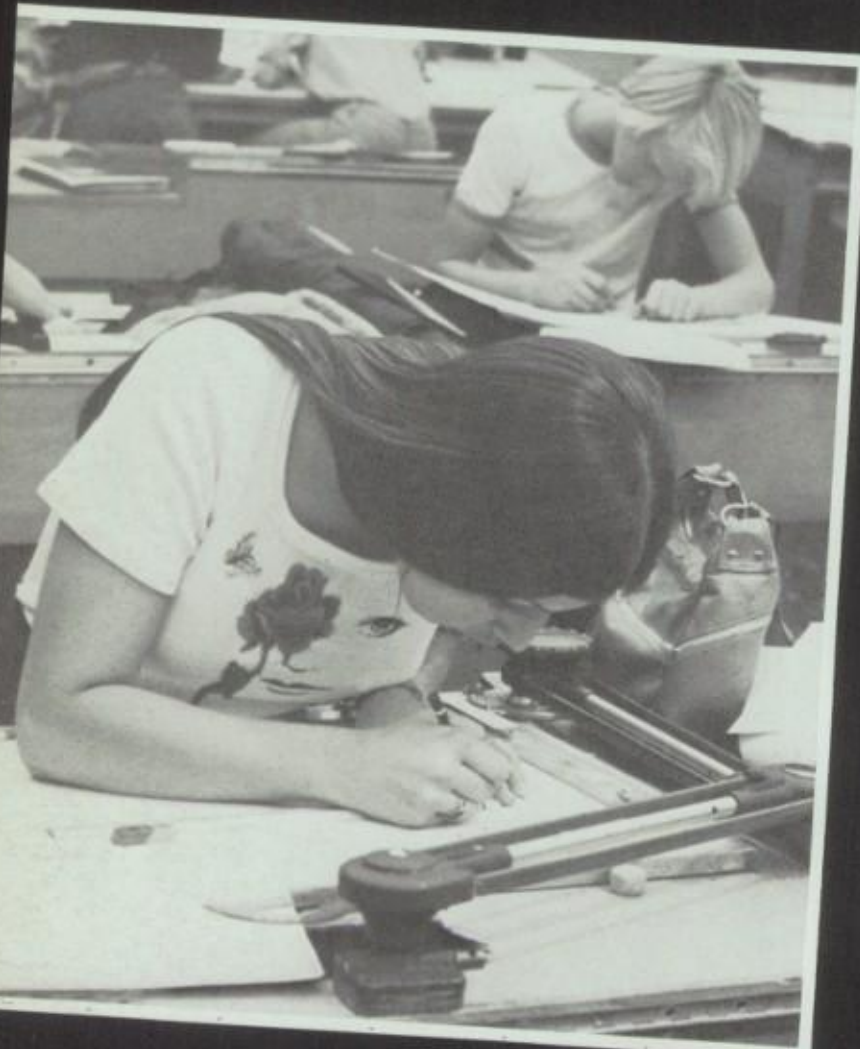
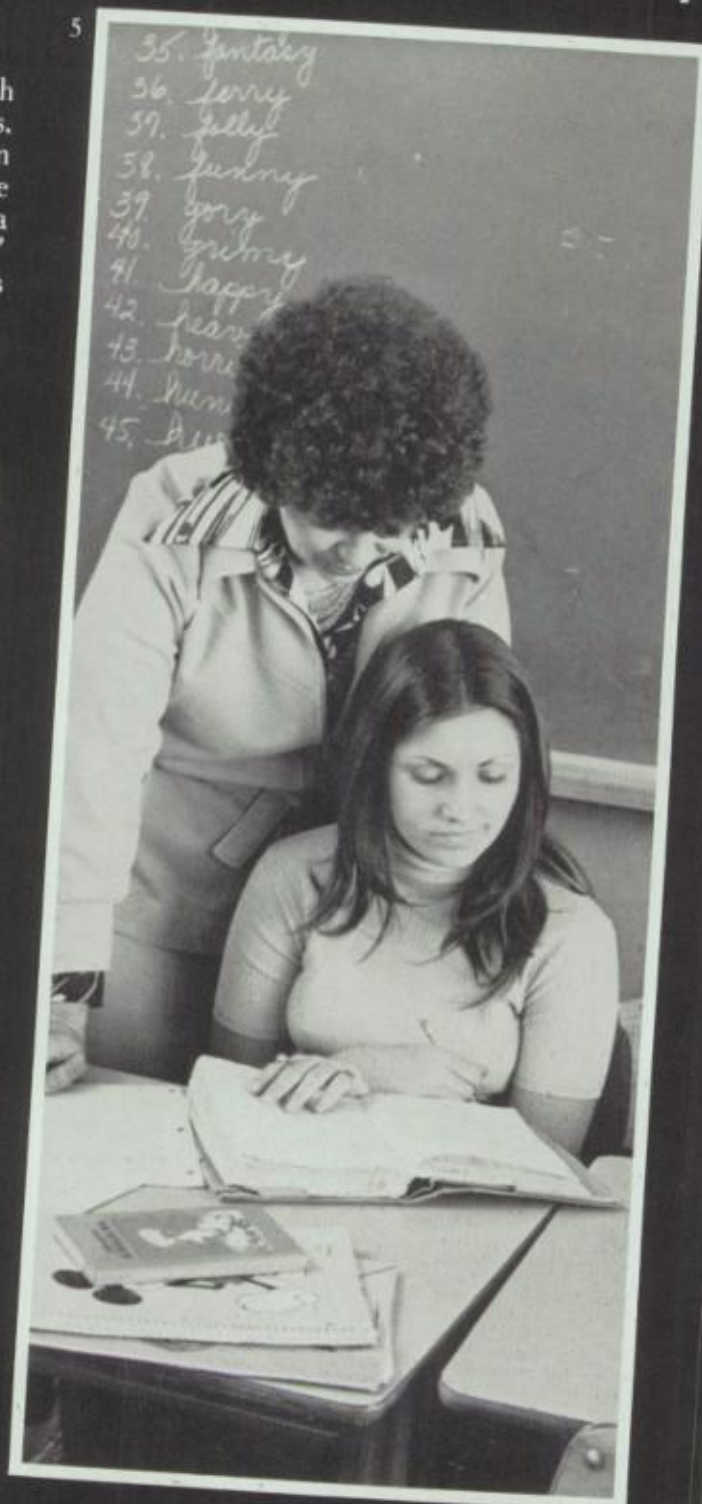
1. Homecoming King and Queen Brian Meredith and Kim Goetzinger watch football game. 2. Keith Sales sucks his thumb during skit. 3. Seniors Jim Reed, Keith Sales, Russ Wright, John Craney, Dennis Lynn, Jim Costello, and Guy Smith show off their legs at rally. 4. Head cheerleader Sue Homewood makes announcement at rally. 5. Vicki Bumbaca, Kim Silva, and David Fernandez await the announcement of king and queen. 6. Peggy Wright, Yvonne Campbell, Diana Miller, Heidi Wilson, Sonja Schmidig, Kathy Martinez, Donna McDaniel, Cathy Bell, Richard Lloyd, Mary Camezon, and Joanne Knowles observe skit.

Students feel final exams unnecessary

Past Arroyans had one thing in common with present students — finals. January 28 and 29 were set as midterm exam dates and most students thought that finals were unnecessary. Senior Mark Conkel said, "Finals are a pain in the butt."

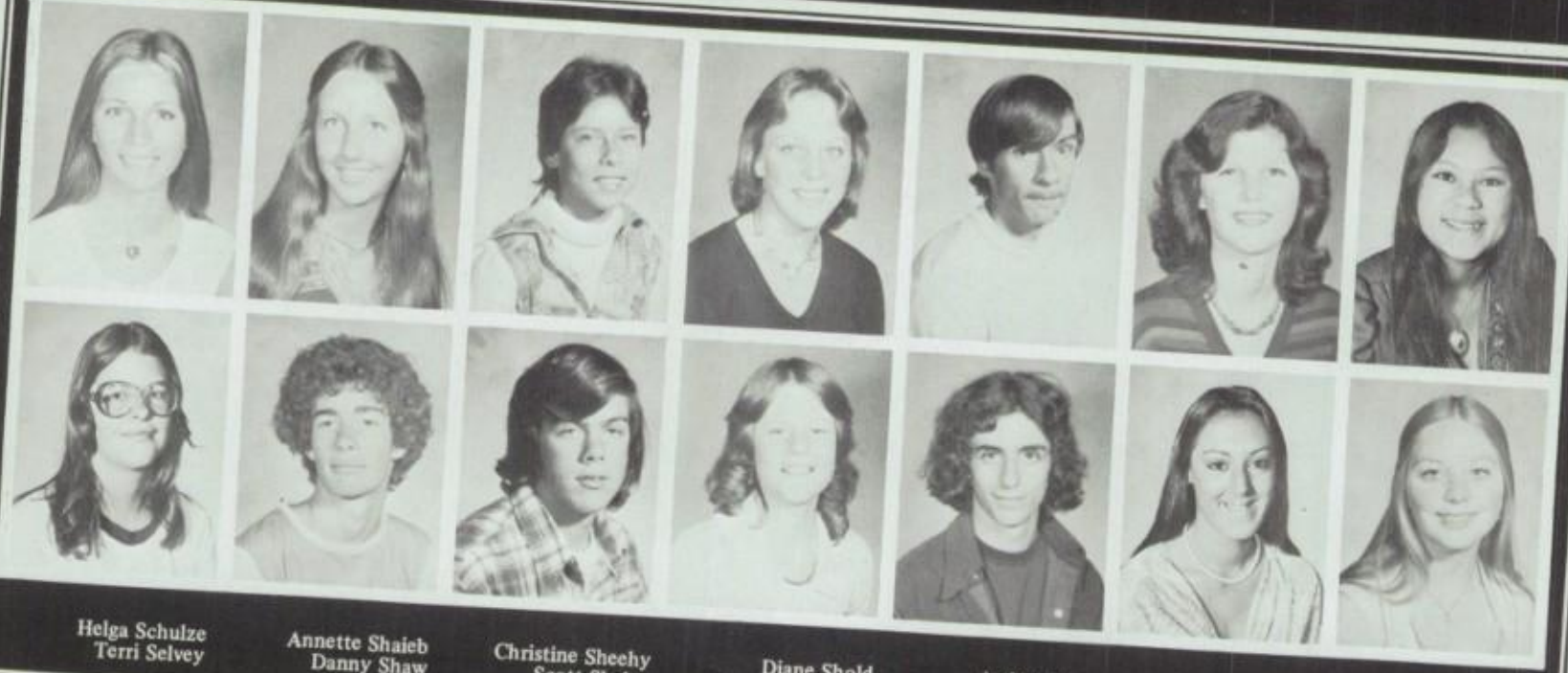
Testing for ROP students from other schools posed problems because of varying time schedules. Most of the physical education teachers cancelled the traditional five scenics as the final for the boys.

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Juniors



Helga Schulze
Terri Selvey

Annette Shaieb
Danny Shaw

Christine Sheehy
Scott Shelvy

Diane Shold
Lynne Silberman

Arthur Silva
Darryl Silva

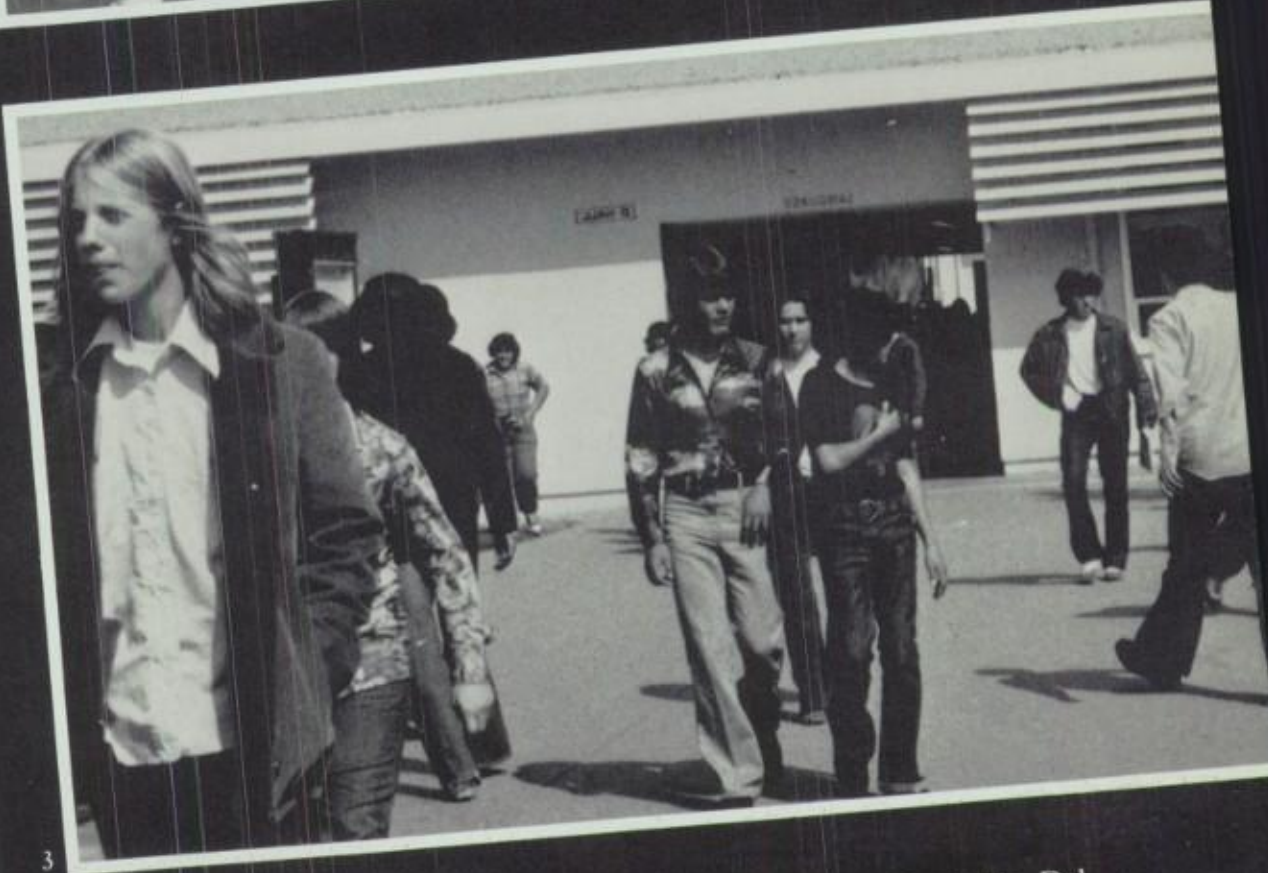
Jill Silva
Lynn Silva

Sonia Siroy
Nanette Smith





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1. Keith Frese finishes up his final test for electronics. 2. Gary Boethello, Del Montesdeoca, Fred Lemmo and Dan Denton chat between testing periods. 3. Henry Basacker, Ken Krausse, Keith Fernandez, Dave Dugan and Vicki Springer walk to next class. 4. Karen Robertson finishes her final project for drafting. 5. Joyce Blume helps Lisa Gianelli with a test question.



Mark Souza
Mike Souza



Gina Spadoni
Debbie Spencer



Vicki Springer
Karen Stathis



Leo Stefani
John Stevens



Mike Stevens
Becky Stevenson



Bob Stichter
Vicky Stramaglia



Jerry Strehl
Karen Swanson

Juniors

Weissenborn spurs faculty to victory

Block "A" was defeated by the faculty 36-34 at the annual Donkey Basketball game held in the gym November 22.

High scores of the night were senior Ken Lundberg and Coach Ken Weissenborn. Each scored eight points.

Block "A" earned \$250 from this event.



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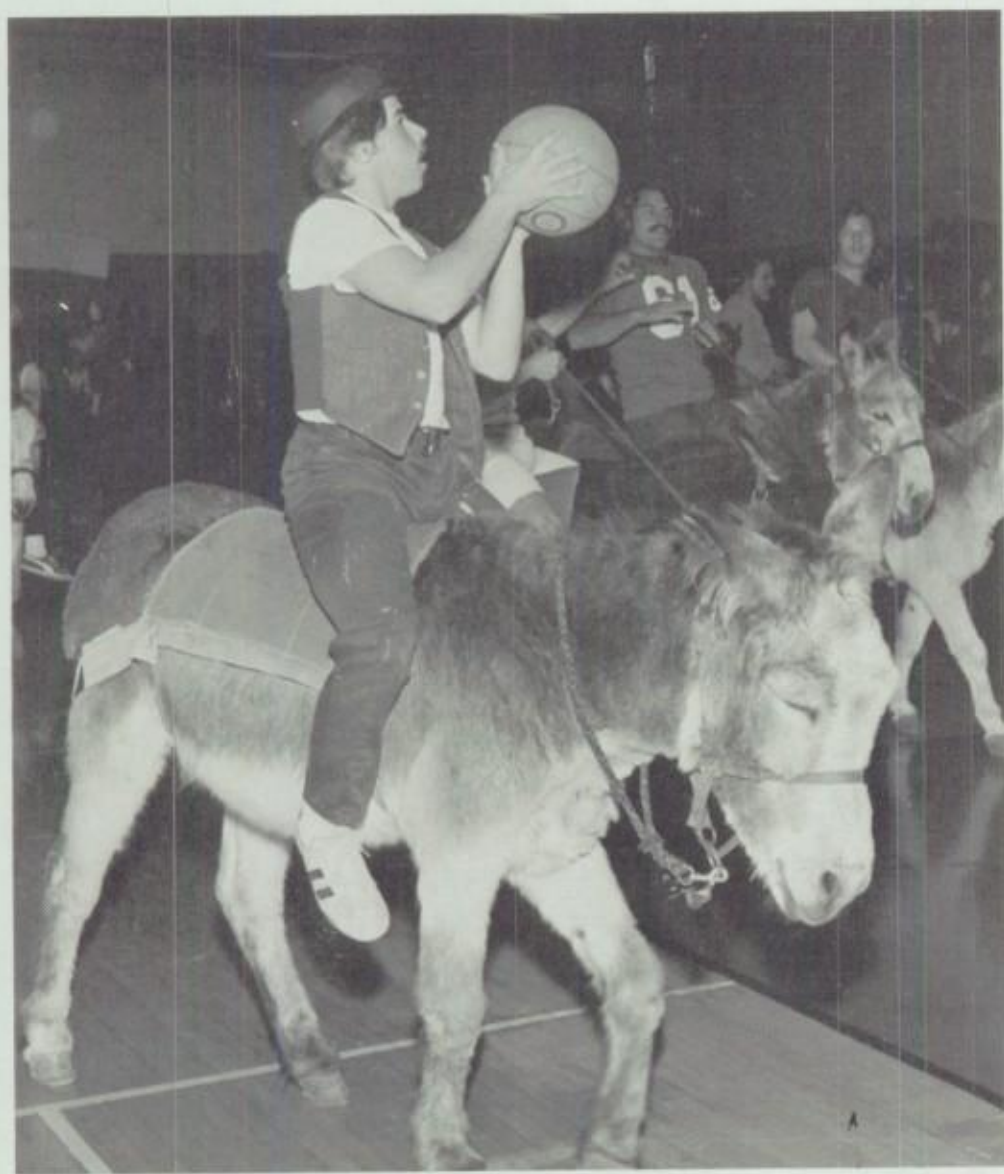
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1. Mike Murphy walks his donkey onto the court. 2. Frank Lemmo takes a shot while Marc Pence and Ken Lundberg watch. 3. Senior Guy Smith shows his legs during the Homecoming rally. 4. Ken Weissenborn's donkey poses for the camera. 5. Jim Reed fights with a stubborn ass. 6. Frank Tapia waits for pass while Jerry Glenn guards. 7. Ken Weissenborn cleans the court. 8. Block "A" members Bob Sheehy, Ken Lundberg, Frank Bucholz, Frank Lemmo, Jim Reed, Jim Costello, Frank Tapia, Dennis Lynn and Mike Murphy show team spirit.



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Juniors



Dan Swift
Shelley Tatro
Will Taylor
Tony Teixeira
Tamara Thogmartin
Craig Thomas
Kathy Thompson

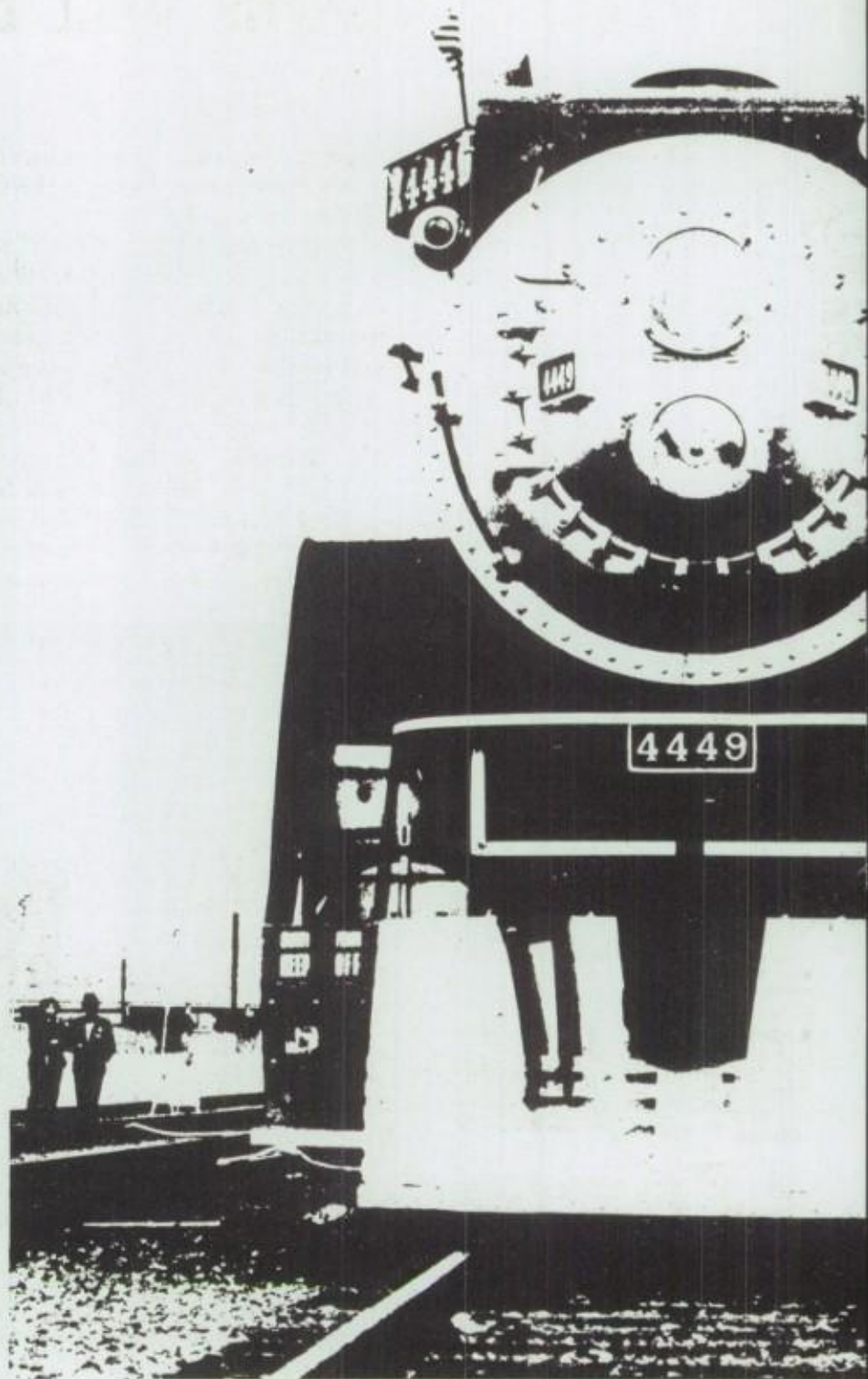
Bob Thornton
Gail Tillson
Steve Tolerton
Gene Tracy
Bill Trapp
Dave Tudino
Trudy Tullys

Terri Tyler
Mary Valderrama
Cecilia Valerio
Terry Vanderbeek
Randy Wallace
Carol Weber
Linda Weber





4



Juniors



Dan Welter
Barbara Williams

Jerry Williams
Rick Williams

Heidi Willson
Dennis Wilson

Lisa Wilson
Rich Wold



Dons visit Bicentennial Freedom Train

Representing this year's bicentennial celebration was the Freedom Train at the Oakland Army Base December 5 and 8.

Arroyo students waited one to two hours to board the ten-car museum on wheels which included units on national origins, explorations, scientific inventions and discoveries, sports, entertainment, and fine arts. On display were views of Chicano, Asian-Americans, and Black cultures.

"The highly publicized Freedom Train was a rip-off," stated senior Paul Marchetti after a two-hour waiting period and a brief display time.

Senior Lance Roussell also commented, "I didn't like having my viewing time controlled." Students were carried through each car by a conveyor belt.

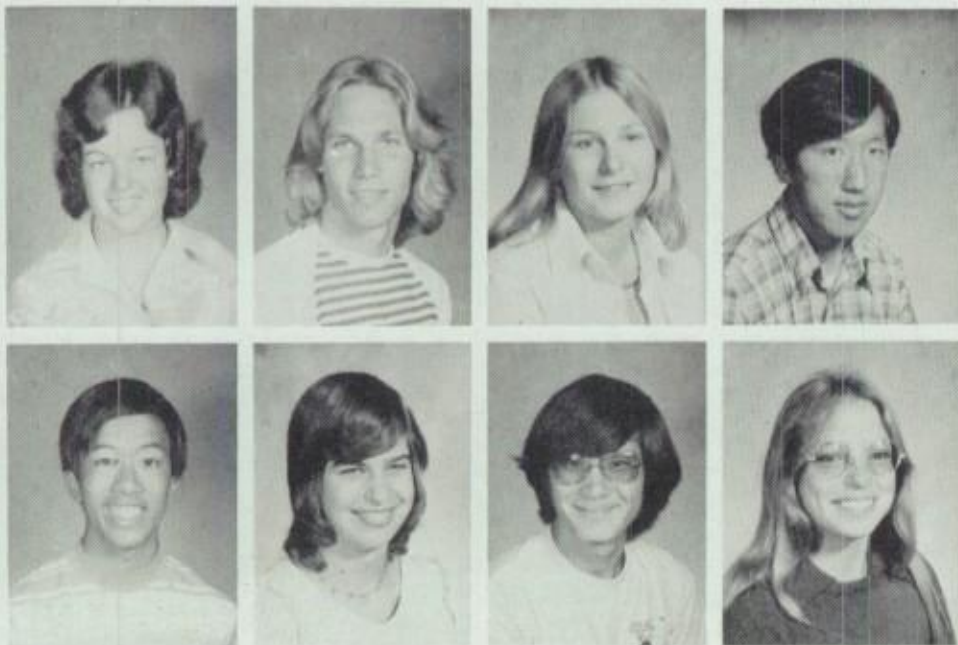


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1. Front view of Freedom Train. 2. Wendell Lagosh and Mike Olson head the line of Arroyans. 3. John Shanteau, Wendell Lagosh, Mill Billings, and Chris Jennings enter Freedom Train. 4. Leticia Anguiano and elementary students pose for cameraman 5. Kim Stivers, Theresa Hardester, and Shelly Lopez wave good-bye.



Juniors

Kim Wonderley
Ken Wong

Gary Wright
Lisa Wright

Sandie Wright
Glen Yanagi

Donald Yee
Lynn Zboyovsky







Salentine vocalizes Winter Concert jazz selections

"Basic, Straight Ahead," was the opening song of Arroyo's Jazz Band concert February 19.

The Jazz Band drew great enthusiasm from the audience as vocalist Karen Salentine sang a Stevie Wonder Medley of songs that included "You Are the Sunshine of My Life."

Director Glenn Campbell, in his second year here, said he enjoyed every minute of the concert. Campbell also directed Arroyo's Band in selections from "The Sound of Music," a "John Denver Medley," and "Festive" by Vaclav Nethybel.

Jazz Band also attended the San Ramon Jazz Festival and the Reno Jazz Festival later in the year. Proceeds from the concert were raised to offset travel expenses.



1. Vocalist Karen Salentine sings with Jazz Band; "Stevie Wonder Medley." 2. Richard Priddis plays tenor sax. 3. Mark Bold plays baritone sax in "Sinful Wicked Lady." 4. Greg Green, Ken Sawtelle, Bob Rich, and Blaine Bunce play trumpets to jazz the audience. 5. Band plays "The Sound of Music." 6. Glenn Campbell directs band with great enthusiasm.



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Trial soccer league may lead to new school team

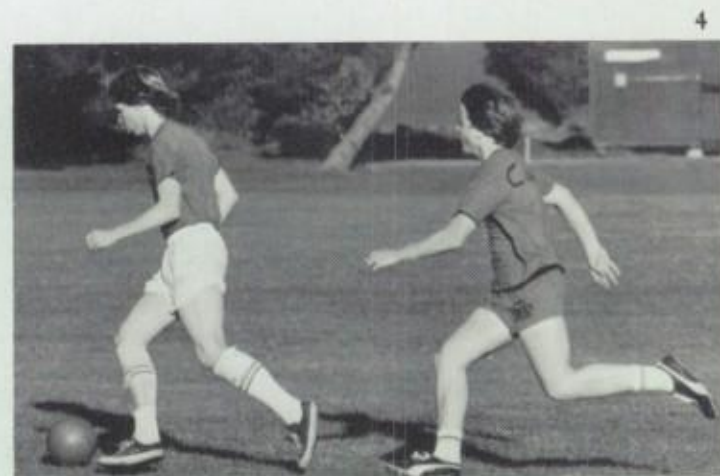
"We had a lot of fun and the success of this league could lead to a school team next year," stated Coach Jerry Glenn about the intramural soccer league.

The newly formed league consisted of five teams with eight boys on each squad. Each team played eight games and the "Studly Individuals," captained by Rick Weston, took first with a 7-1 record.

"Yonan's Harem" were runners-up with a 6-2 record followed by "Mean Machine" and Voeck's Wagon" with 3-5 record respectively. Sweeping the bottom was the "Giant Street Girls" with a 1-7 mark.

Senior Gary Voecks was leading scorer with ten goals and nine assists.

Glenn selected an all-star team which included juniors Ken Albers, John Benyshek, Gark Bokanich, Pat Gilbert, and Glenn Yanagi. Seniors Mike Kesler, Dennis Lynn, Gary Voeck, Rick Weston, and Glen Yonan were also named.



1. Russ Wright kicks off to start game. 2. Coach Jerry Glenn kicks to downfield teammate. 3. Goalie Frank Schmidig clears ball. 4. Gary Wright dribbles ball as Clay Cone chases him. 5. Glenn Bellefeuille, Frank Schmidig, and Bob Forester wait in line for practice shots. 6. Frank Schmidig punts ball as Guy Smith and Glenn Bellefeuille watch. 7. Clay Cone and Gary Wright battle for ball.



Pupils prefer unique styles over fad clothes

"Do your own thing," was the fashion scene on campus. Guys and girls wore individual styles and fad clothing seemed to disappear. Arroyans sported anything from mini to maxi; cut-offs to long pants.

Hemlines moved from above the knee to the calf. The new dress length became popular on campus.

Earth shoes became more popular this year. Varieties of the swedish footwear, from sandals to boots, appeared on campus.

Jewelry made of turquoise became popular with both boys and girls. Chokers, rings, and bracelets added a finishing touch to everyone's appearance.

Styling of the hair was more noticable this year. Guys have gone from the long straggly hair to collar length shags. Girls wore the feathery-layered look which framed their faces in curls.



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1. An umbrella and warm winter coat keeps Vicki Bumbaca dry on a rainy day. 2. Donna Cavanaugh wears a batik tee shirt. 3. A typical dressed Ed DeCosta, Glen Yonan, Paul Marchetti, Mark Busch, Roger Golec, and Rick Weston discuss World Series at Back-to-School Night. 4. Frances Bacerra and Corinne Reyes stop to chat between class. 5. Mike Carothers, Keith Christensen, David Cooley, Joe Fernandes, John DeFord, and Andy Roberts talk at lunchtime. 6. Annette Grecco wears a long sleeved fall sweater.

Seniors



Helen Aguilar
Eileen Alldridge
Sandy Alejo
Kathy Amos
Karen Anderson

Joanne Angelo
Carolina Aranda
Dino Arieta
Denise Arriola
Janda Avila

1. Drama teacher Wayne Ward has silhouette made by artist friend. 2. Parent looks over books. 3. Mark Burritt and Lynn Tudino get the most out of their 25¢. 4. Cathi Chambers and Diane Refacho sell wares. 5. Manuel Lema looks at pictures in the ARROYAN booth. 6. Chris Jennings tries to sell a painting to Linc Litov.



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Seniors



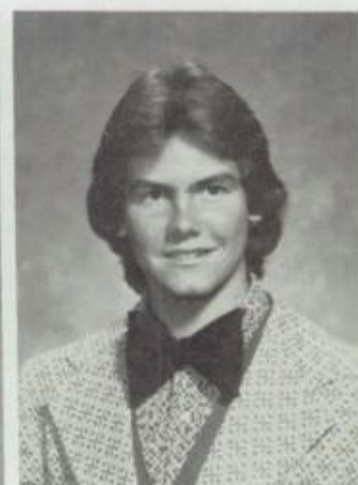
Robert Bannwarth



Patricia Baptista



Sandra Barrios



Mike Bartholomew



Virginia Batchelder



CSF-sponsored Crafts Faire earns \$116

California Scholarship Federation sponsored a March 25 Crafts Faire to raise funds for an April 2 visit to San Francisco.

The Faire was held 2-8 p.m. in the cafeteria and patio.

Attractions ranged from a kissing booth sponsored by the art classes, crepes (French club), left over pictures (the Arroyan staff), and silhouettes.

CSF made \$116 on the event.

Highlighting the Faire was a white elephant booth of faculty and PTA donated items. Proceeds from this stall (\$75) benefitted the campus improvement fund.

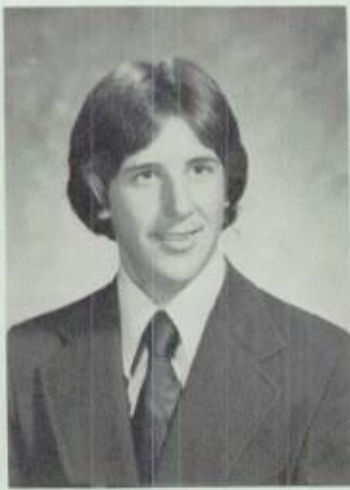
CSF advisor Bill Field said, "For the first time it was a roaring success."



Laurie Barnes



Sue Beckham



Terry Beebe



Marion Bell



Denise Bellefeuille

Seniors



Seniors



Glenn Bellefeuille
Bruce Benyshek
Steve Berger
Sue Berger
Richard Bertel

Cindy Blanchard
Cindy Boehmer
Cindy Bohac
Mark Bold
Roger Bond



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Sophomores capture spirit jug for second year



Sophomore Debbie Kuhns grabbed the traditional Spirit Jug for the Class of '78 for the second consecutive year at the dance held February 6.

The annual event culminated the week-long series of activities known here as Spirit Week.

Top yell leading and song girl honors went to junior Linda Weber and freshman Judy Butzbach respectively for their squad performances during the week.

As students returned from semester break, February 2, the senior class kicked-off the traditional series of noon rallies, games, and contests.

At the senior rally, the yell leaders conducted cheers and the song girls did their routines to "Philadelphia Freedom." The Class of '76 also held an ice cream eating contest.

The juniors' rally followed on Tuesday, February 3. The highlight of the noon activity was the class contest; a revised version of "Name That Tune."

The sophomore class held its rally February 4. The rally squad did cheers and conducted a clothes-spoon relay race.

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1. Sophomore Dave Conkel shouts encouragement to team member Shelly Nicolson. 2. Seniors Bonnie McDowell and John Caraney help pull the Class of '76 to victory in tug-of-war. 3. Yell leaders John Craney, Jim Reed, Mark Lampe, and Mark Conkel lead Arroyans. 4. Freshmen song girls Theresa Wieland, Judy Butzbach, Stacy Perea, and Lori Zyoyosky perform at lunch rally. 5. Allen Chin narrates for the freshmen skit. 6. Jeannie Palamides participates in the spoon contest. 7. Julie Hayes, Jim Reed, Bill Finch, and Debbie Kuhns participate in the ice-cream eating contest. 8. Junior rally squad Carol Weber, Rachel McMillan and Sue Harl do routine.

Butzbach, Weber take top honors from Spirit Week

February 5, the day it snowed, was when the freshmen held their lunch-time rally which featured a coke-drinking contest.

The finals to all the contests were held Friday, February 6 at the afternoon rally.

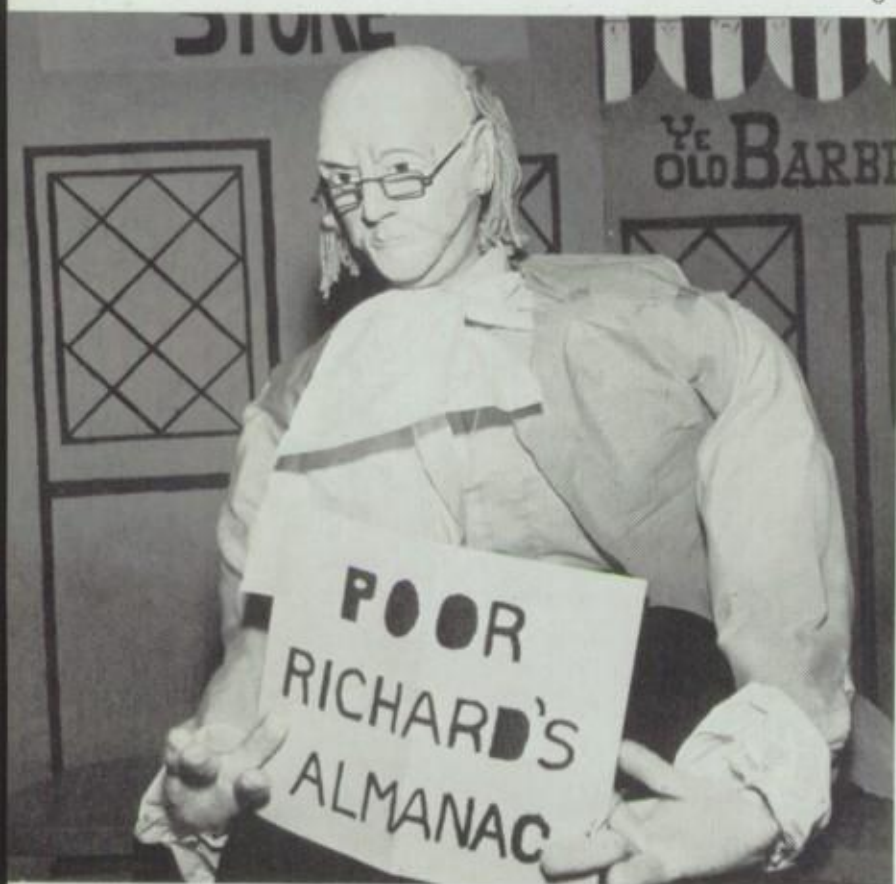
The seniors won almost all of the contests with the assistance of Jim Reed and Julie Hayes in the ice-cream-eating contest; Lori Granados and John Craney in "Name that Tune;" and the remarkable skills of Mark Lampe, Kelly Lowe, Teri Gilmore, and Mark Conkel in the clothes-spoon relay.

The sophomores managed to win the coke-drinking contest when Shelly Nicholson and David Conkel guzzled down two cans of the beverage.

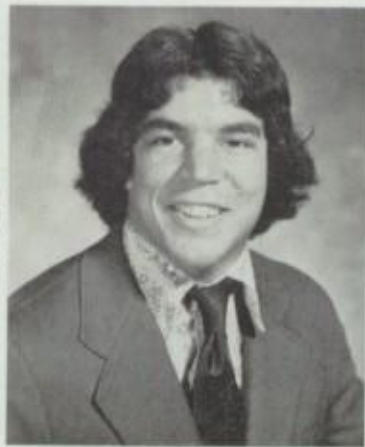
Marina students Carol Lund and Tammy Costa judged the events at the Friday rally. Best song girl squad was awarded to the Freshmen. Sophomore yell leaders won for best cheer group.

Individual trophies were awarded to all winners at a dance held after the rally.

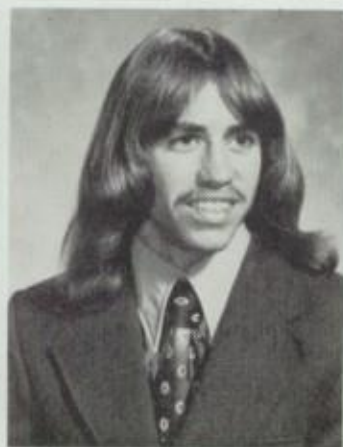
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Seniors



John Borchardt



Dave Botelho



Dan Boulton



Mike Bowen



Penny Braasch





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1. Freshmen Steve Stevens, Laura Patten, and Bob Brady participate in sack race. 2. Junior Trudy Tullys blows up balloon. 3. Sophomore Debbie Kuhns guzzles milk. 4. Senior song girls Bonnie McDowell, Lori Granados, Becky Swindell, Terry McKean, and Donna McDaniel take a break to watch game. 5. Sophomore Bill Finch is startled by the string. 6. Ben Franklin graces Class of '78's float.

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Clare Bridges



Rick Broucek



Julie Brown



Patricia Brown



Robert Brown

Seniors



6

Pizza Night profits buy fence, supplies

Arroyo's Booster Club held its annual Pizza Night at Straw Hat Pizza Palace in San Leandro March 29.

Members from the club, Megaphone, and Block 'A' cooked, dispensed beverages, cleaned up, and held several drawings for the door prizes.

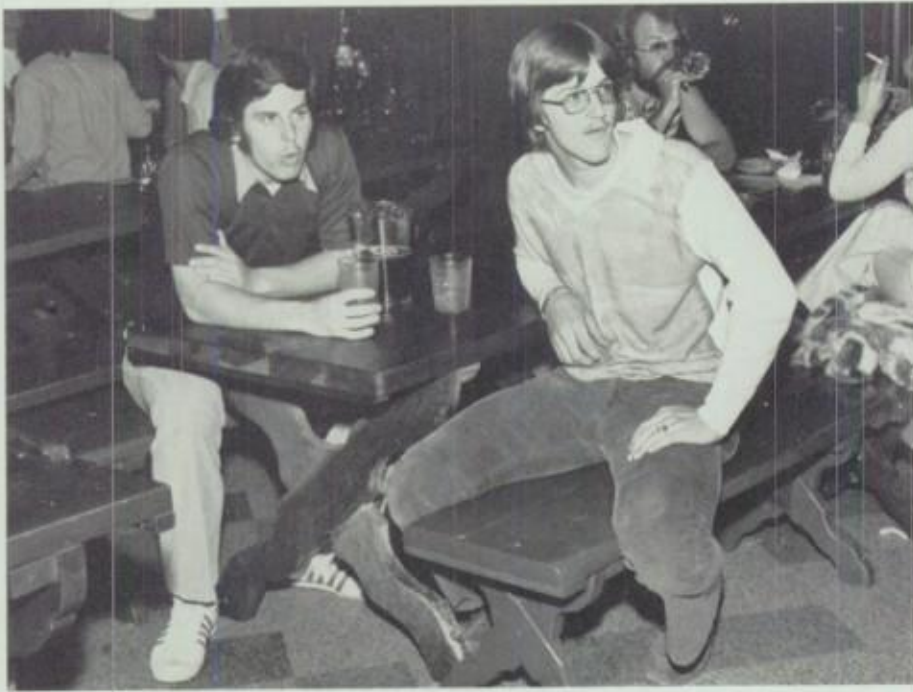
This year, the Booster's Club sponsored a guest speaker, Dr. Don Chu from Cal State Hayward, and three sports awards banquets. Money was raised through concession stands during football and basketball games, and a bottle drive. Expenditures were for a fence around the field, equipment, and storage containers.



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Seniors



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1. Mrs. Lou Brisentine assists Coach Tony Machutes with grand prize drawing. 2. Jeff Hoffar and Mike Bowen enjoy watching basketball on screen. 3. Mr. and Mrs. Hernandez enjoy pizza with Reuben Aranda. 4. Bob Miguel dislikes washing dishes, but does it anyway with Bill Dickey's help. 5. Debbie McKee, Steve Brisentine, and Tom Anderson munch on pizza. 6. Lisa Torres is caught by camera as curious Sue Homewood peeks between shelves.



Robin Brown
Frank Bucholz
Vicki Bumbaca
Carol Burde
Mark Burritt

Cynde Burke
Elizabeth Cahoon
Michelle Cambra
Kathryn Campbell
Suzan Cannady



Club installs officers at Tito's



6

"The French club enjoyed seeing "The Mad Adventures of Rabbi Jacob" so much last year, that they went to see it again this year," stated Helene Powell, club advisor.

The club also attended a performance of Belgium's Bejart Ballet at the University of California, Berkeley. It also planned to visit French restaurants.

Sandy Alejo and Jackie Malone were co-presidents for the club. Other officers were Scott Pimley, vice-president; Cheryl Anderson, secretary; and Kristine Bruzzzone, treasurer.

Tito's was the location of the Spanish Club installation dinner. Five club members attended a play called "Yerma" at San Francisco State. Other club members attended a Spanish camp in Marin county at which they were allowed to speak Spanish only and all the food was Mexican. Kathy Martinez won a Joan Baez record, "Gracias A La Vida," for being the friendliest of the seventy campers from all over the Bay Area.

Spanish Club officers were Rose Perdomo, president; Terry Kreidler, vice-president; Nancy Grasher, secretary; and Scott Pimley, treasurer.



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4. Cora Perry, Terry Kreidler, Donna Cavanaugh and Rose Perdomo talk over plans for Spanish Club with Scott Pimley and Patty Pacheco. 5. Bob Lester, Cora Perry, Terry Kreidler, Rose Perdomo, Scott Pimley, Kathy Loncarich and Clare Bridges eat a Mexican dinner. 6. Jackie Nelson and Penny Braasch talk with club advisor Helene Powell while waiting for dinner.



4

Seniors



Deborah Cardella



Charlotte Carlson



Donna Cavanaugh



Mark Chilianis



Cherry Clark





2



3



1. Debby Freitas, Josine Rybicki and Teresa Cooper discuss the menu at Tito's. 2. Jerry Young and Ronald Johnson drool over Teresa Cooper's meal. 3. Patty Pacheco, Scott Pimley, Kathy Loncarich, Nancy Grasher, Debby Freitas, Josine Rybicki and Teresa Cooper enjoy meal at the Spanish Club dinner.



Dianne Clark



Patrick Clark



Walter Cochran



Lori Codeglia

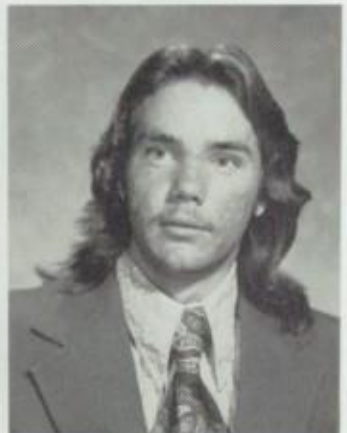
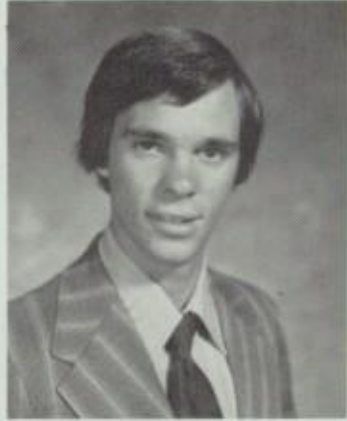


Mark Conkel

Seniors



Seniors



Bruce Coleman
Scott Conley
Dennis Cooper
Sandra Cope
Elizabeth Cortti

Nancy Costa
Eric Craig
Gary Craig
John Craney
James Cunningham



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Coaches commend jocks, squad at banquet

The annual Winter Sports Award Night was held March 2, at 7:00 in the cafetorium.

Various awards ranging from trophies to certificates were presented to the participants of the '75-'76 winter season.

Among those who received trophies; Dick Wong, co-captain for wrestling; Bob Cuddy, most inspirational; Dave Ritter, co-captain and most valuable; Mike Bowen, most inspirational in basketball; and Eric Tausheck, most valuable.

Carnation corsages were presented to varsity song girls and cheerleaders.



6



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1. Wrestlers Dave Ritter and Bob Kufeld express gratitude to Coaches Mike Bowers and Marc Pence. 2. Liz Lawrance accepts roses from Bob Kufeld and wrestling team. 3. Mike Bowen received most inspirational trophy. 4. Varsity song girls display first place trophies. 5. Juha Ruotoistenmaki receives block A. 6. Steve Porto gets recognition as basketball manager.



Female leaders fights Dons' apathy



4

Winning approval of a designated smoking area on campus was the major task of student and executive councils.

January 1, 1976, the state legislature allowed local boards of education to designate campus smoking areas. The Arroyo committee, led to Student Body President Diane Lum, joined officers from San Lorenzo and Marina High School to poll students, parents, and faculty on the issue, and to present a specific proposal to the board of trustees.

"Technically I'm supposed to be leading the student body, but no one does anything, so the effectiveness of a student body president is limited," replied Lum.

Apathy was again the major problem for the all-female slate of student body officers. According to Director of Student Activities Richard Lloyd, student council representatives "griped a lot, but neglected to work on committees and find solutions to student "complaints."

Assisting Lum were seniors Julie Hayes, vice-president; Cathy Jarrett, executive secretary; Teri Gilmour, treasurer; and Kathy Amos, commissioner of communications. Peggy Wright resigned the office of legislative secretary due to class conflicts.

3



Seniors



James Cwick



Debra Dalton



Marlene DeCosta



David Dees



Greg DeLima

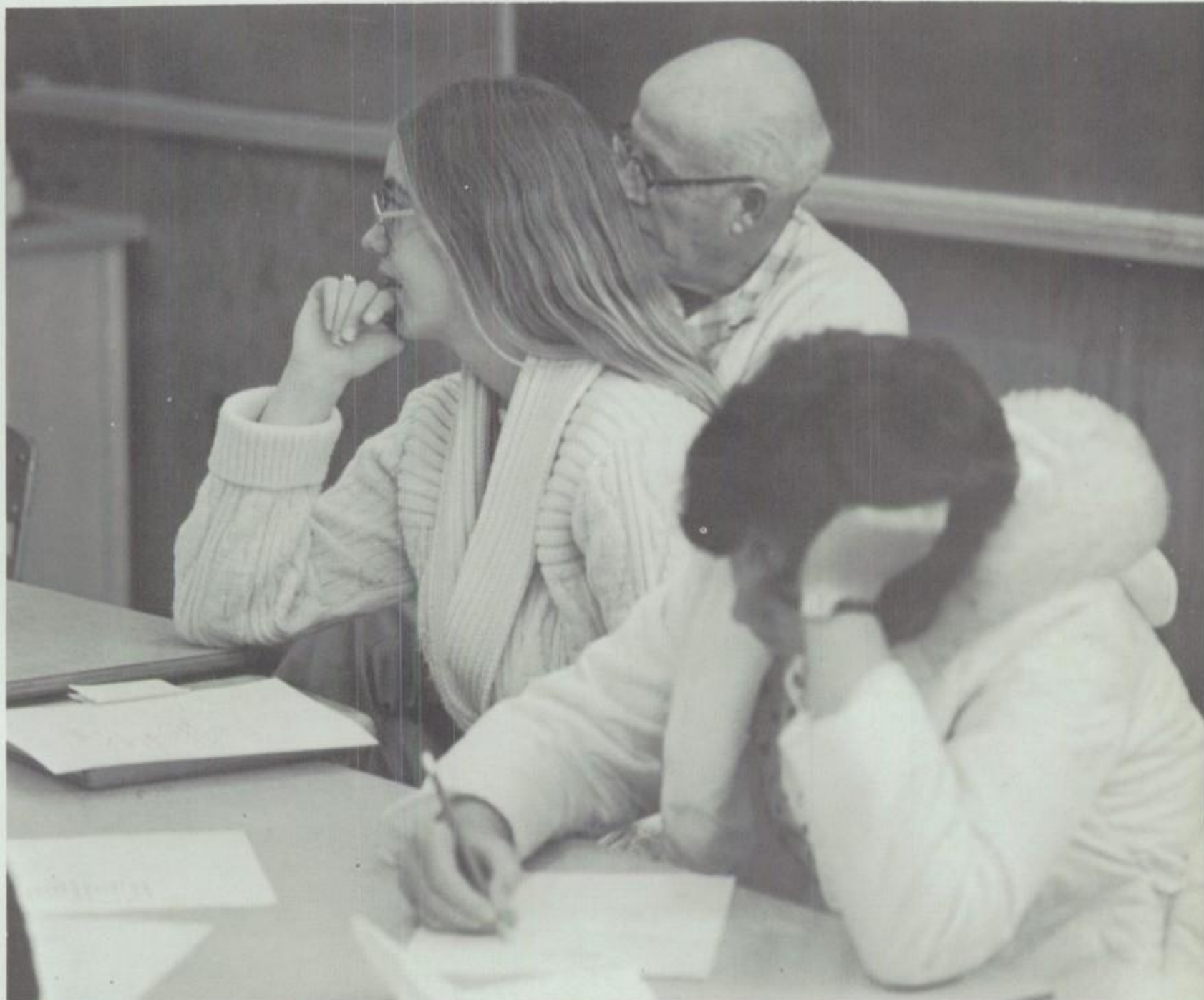




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1. Junior class President JoAnn Cahill and Kathy Loncarich listen to Mr. George Rice's complaint about open campus. 2. GAZETTE editor Kathy Loncarich and Head song girl Kim Shofner take note. 3. Treasurer Terri Gilmor, Kathy Amos, Julie Hayes, and Cathy Jarrett listen to senior class proposal. 4. Student Body President Diane Lum leads Arroyo at assembly. 5. IWE Margie Jacobs counts money while Director of Activities Richard Lloyd watches.



Matthew Desimone



Mike Devoto



Michael Doane



Theresa Dolynick



Patti Donham

Seniors



Butzbach assumes top freshman post

The lack of early leadership did not stop the class of 1979 from conducting a candy sale. They sold Reese's Peanut Buttercups which netted \$600.

The freshman decided shortly after the October money-maker to use a five-person committee with one chairperson instead of the regular president, vice president, secretary, and treasurer.

Judy Butzbach was elected chairperson and Tim Bennett, John Chang, Steve Clegg, and Mike Titsworth were elected to the committee to represent their class. Diane Creese, Teresa Pesicka, and Andy Soffiotto were elected alternates. Class advisors were Tom Sheridan and Dennis Powell.



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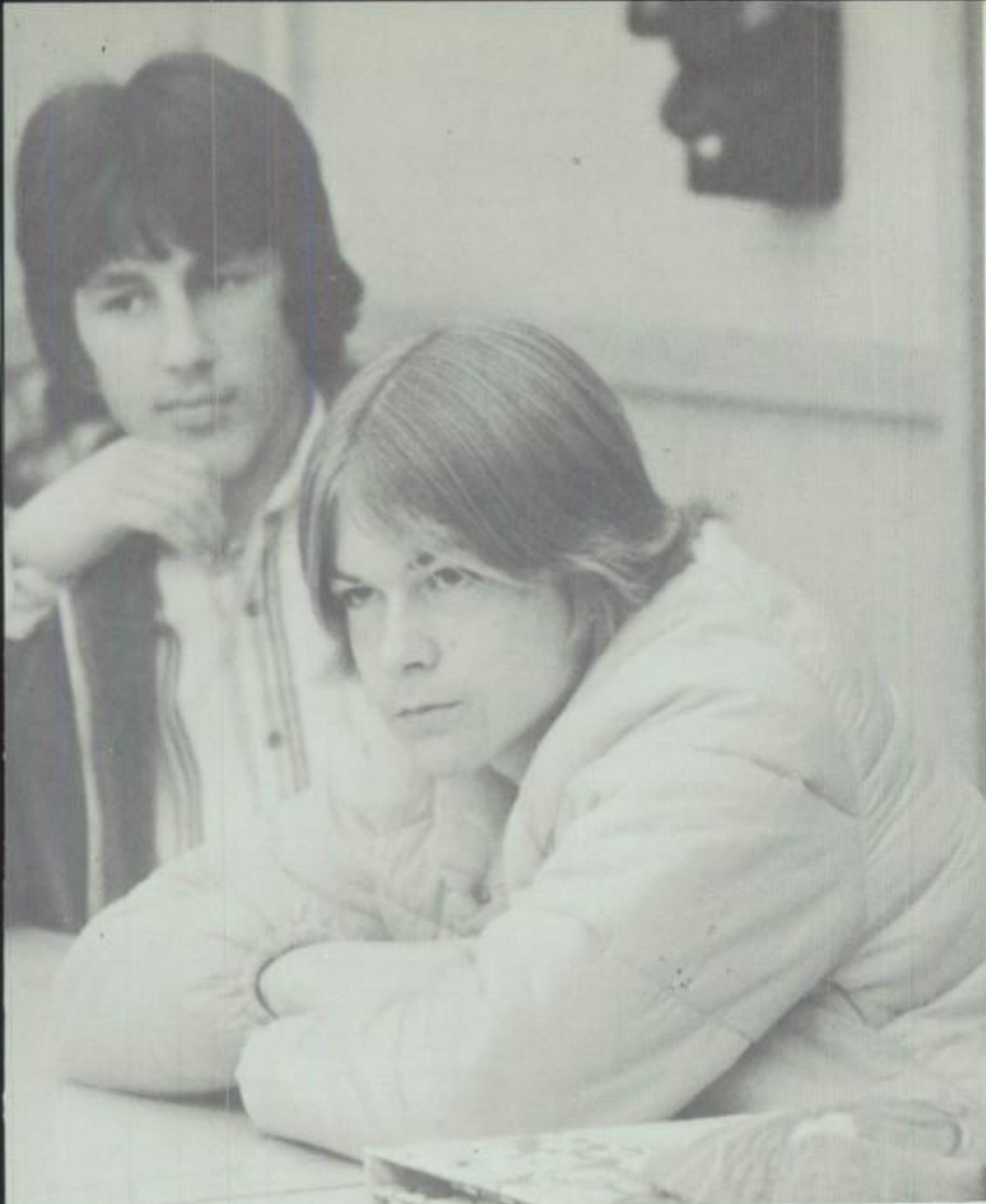


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1. Steve Clegg and Mike Titsworth class committee members listen to candy sale report. 2. Judy Butzbach, class chairperson, prepares agenda for class meeting. 3. Lynn Tudino gives report on spirit week skit. 4. Advisors Tom Sheridan and Dennis Powell supervise meeting. 5. Freshman class congregates in A 14 during lunch. 6. Andy Soffiotto listens to spirit week discussion. 7. Don Boyce tells about plan for spirit week float. 8. Laura Patten takes sign ups for skit.

Seniors



Susan Doyle
Robert Driver
Greg Dugger
Kevin Dugger
Deborah Dupree

Gary Earl
Jeff Earl
Rosemary Eaton
Joel Edwards
Kathleen Egan



Sophs sponsor car wash, gross \$130

The year started off differently for the sophomores, as they did not hold elections for class officers.

The class of '78 was not slowed down, though, as a triumvirate, in which Debbie Kuhns, Nancy Peterson, and Kris Bruzzone figured prominently, stepped into lead the class.

"More people are involved this year than last," stated Kuhns. This involvement was seen when the sophomores sponsored a car wash October 25 which netted over \$130.

The class of '78 sponsored several more events, including a licorice sale and a dance, in which they hoped to earn more than \$1,000 for the year.

Doris Gorman and Mill Billings advised the class.



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Seniors



Karen Eichler



Theresa Eiras



David Emery



Peggy Evans

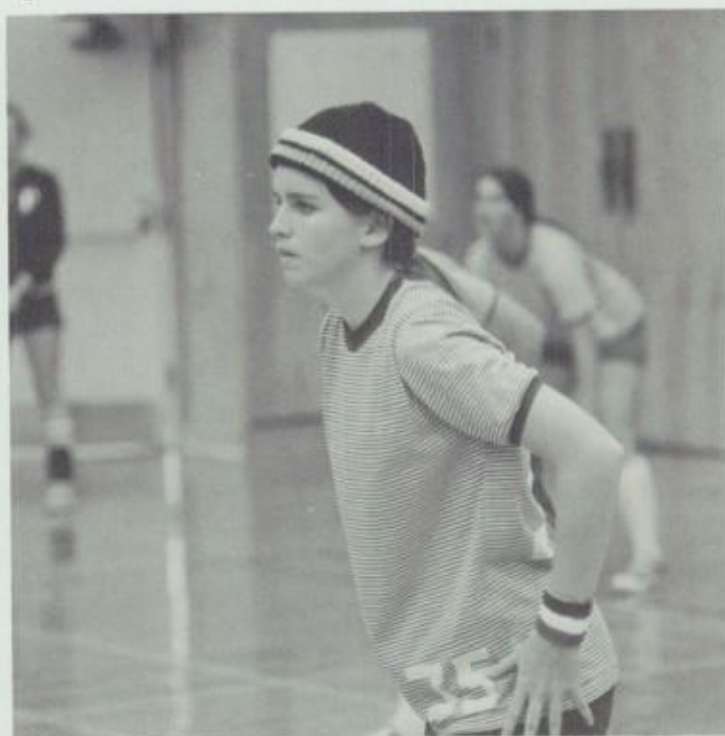


Craig Facchin





2



3



1. Debbie Kuhns argues with Kris Bruzzone during a sophomore class council meeting. Sally Robinson, Nancy Peterson, Marianne Shaieb, Michelle Klimas, and Robin Cuddy listen. 2. Therese Cooper waits for the ball during volleyball practice. 3. An unidentified sophomore stands alone in D-hall. 4. Gregg Shephard helps Mike Carothers in a modern European history class. Bob Hart and Chris Amos look on. 5. Kathy Iredale watches a skit at the first mandatory assembly. 6. Shelly Cook does a seat drop on the trampoline. 7. Rally squad members Heidi Schmidig and Liz Dillon smile from under the protection of an umbrella.



Karen Fargo



Melody Farmer



Judy Federline



David Fernandez



Robert Ferraris

Seniors

Seniors



Tanya Fimby
Melinda Flowers
Mark Foglia
Lisa Foster
Kathy Frederick

Rick Gallagher
Mark Gamblin
Anne Gandsey
Flora Gapay
Linda Garelo



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Juniors start fresh, sponsor bake sale

The first event that the Class of 1977 involved itself in was the annual Southland Shopping Center Bake Sale. Prizes were awarded to contestants with the best theme, booth decorations, and costumes. The junior's booth didn't win anything, but netted \$475 from donated sales.

November 1, a week after the bake sale, the class sponsored a car wash and made \$124.

Hoping to make more than \$1,000 for the year, the juniors also made plans to hold a candy sale and a Winter Ball.

JoAnn Cahill led the Class of 1977. Grace Christophersen was vice president; Lori Peterson, treasurer; and Sandy Bevilacqua, secretary. John Shanteau advised the weekly council meetings.



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1. Lynne Silberman and Lorraine Dutch dry a car. 2. Junior class President JoAnn Cahill stresses a point as Sandra Bevilacqua and Lori Peterson take notes. Jill Silva looks on. 3. Advisor John Shanteau munches on a sandwich during a class council meeting. 4. Cathy Bell jokes around during the junior's car wash. 5. Margie Jacobs washes a car. 6. Sonja Schmidig finishes off a Cadillac. 7. Grace Christophersen tends the junior booth at the Southland Bake Sale. 8. Bob Kuhns does a "professional" job. 9. Lori Peterson dries a car and adds \$1.25 to class coffers.

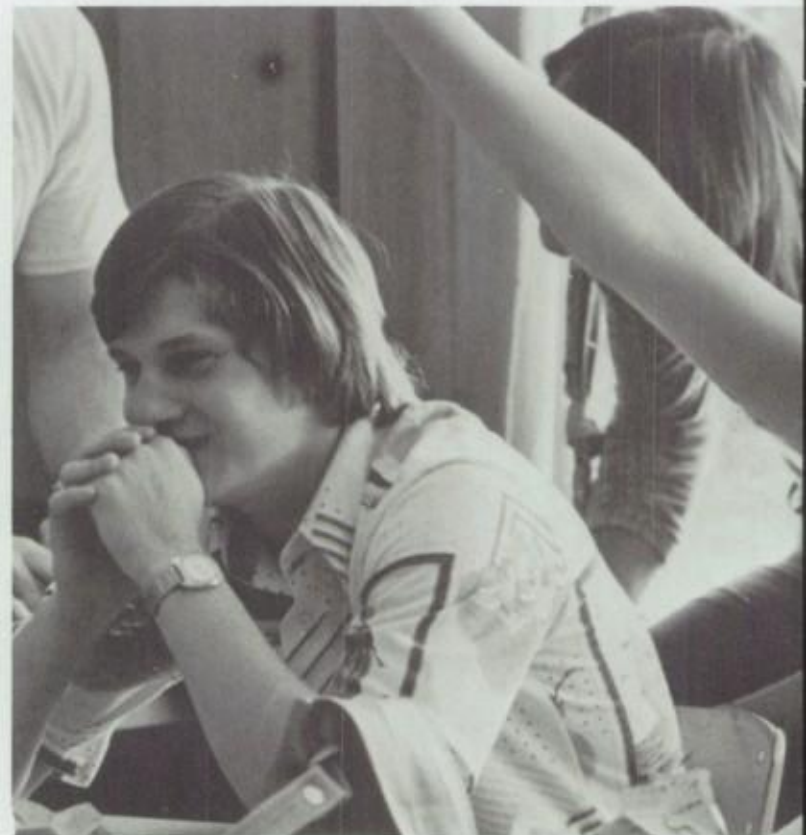
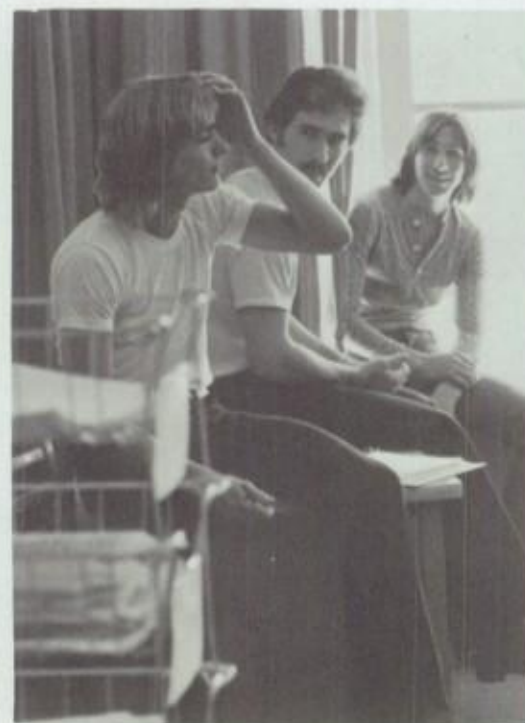
Strong attendance helps class council

Large attendance at class council meetings showed that senior apathy would not become a tradition.

Class advisor Joyce Blume stated, "The biggest controversy this year was the senior picnic." Mike Tiernan headed a committee to find an alternative solution to the traditional "cut day."

Other committees worked on finding senior ball locations, sponsoring a basketball marathon, and various sales. Jenny Mandonca and Lori Codeglia recommended that Class of 1976 hold the senior ball at San Francisco's St. Francis Hotel, May 14.

Coordinating the committees was President Glen Yonan; Cindy Kneeland, vice president; Kelly Loew, secretary, and Sandy Alejo, treasurer.



1. Class President Glen Yonan discusses proposal at meeting. 2. Ms. Joyce Blume, class advisor, makes comment on senior ball. 3. Peggy Wright waits to ask a question as Chuck Potter looks on. 4. Teresa Thomas, Michelle Pena, Kelly Loew, and Linda Garelo listen to speaker. 5. Mike Tiernan, Brian Merideth, and Mike Pellini discuss the senior picnic. 6. Jenny Mendoca, and Lori Codiglia check over a list of senior ball locations.

3

Seniors



Dean Garlitz



Barbara Gay



Beverly Gay



Mark Giachino



Jeannine Giles





6



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Teri Gilmour



Donna Goa



Darla Goehner



Mike Goelz



Kim Goetzinger

Seniors

Melodrama assists improvements fund

To do their fair share for campus improvement, the faculty put on "Love Rides the Rails," a three act melodrama Friday and Saturday May 14-15. The play netted \$920.

The plot centered around the villain, Simon Darkway (Dale Borman), who tried to ruin the reputation of the railroad manager Truman Pendennis (Dennis Powell), and smuggles stocks away from the widow Mrs. Hopewell (Bev Smith) and her lovely daughter Prudence Hopewell (Dee Tomsic). Aiding Simon in stealing stocks were Carlotta Cortez (Joyce Blume), and Dirk Sneath (Mil Billings). Saving the day was Harold Standfast (Richard Lloyd).

Other members of the cast included Yvonne Birbeck, Mike Bowers, Gloria Bray, Mary Camezon, Ben Faulman, Vi Giblin, Doris Gorman, Mike Marchini, Helene Powell, John Shanteau, Lois Summersett, Richard Tandowsky and Jerry Wergeland.

Profits from the play were divided four ways-\$100 for the barbeque areas; \$100 to improve the faculty room; \$120 went to campus landscaping; and \$600 went to construct a library reading/study area.



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1. Villain Simon Darkway (Dale Borman) relates scheme. 2. Simon Darkway's creature Dirk Sneath (Mil Billings) reacts to plan. 3. Harold Standfast (Dick Lloyd) and Dan (Rich Tandowsky) apply final makeup. 4. Carlotta Cortez (Joyce Blume), comforts a drunken Truman Pendennis (Dennis Powell). 5. Mrs. Hopewell (Bev Smith) invokes "dear departed's" spirit.

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Seniors



Kim Gomez
Anthony Gonzales
Beverly Gonzales
Paul Gonzales
Rudy Gonzales

Tim Gonzales
Robert Goto
Lori Granados
Nancy Grasher
Tim Grebe





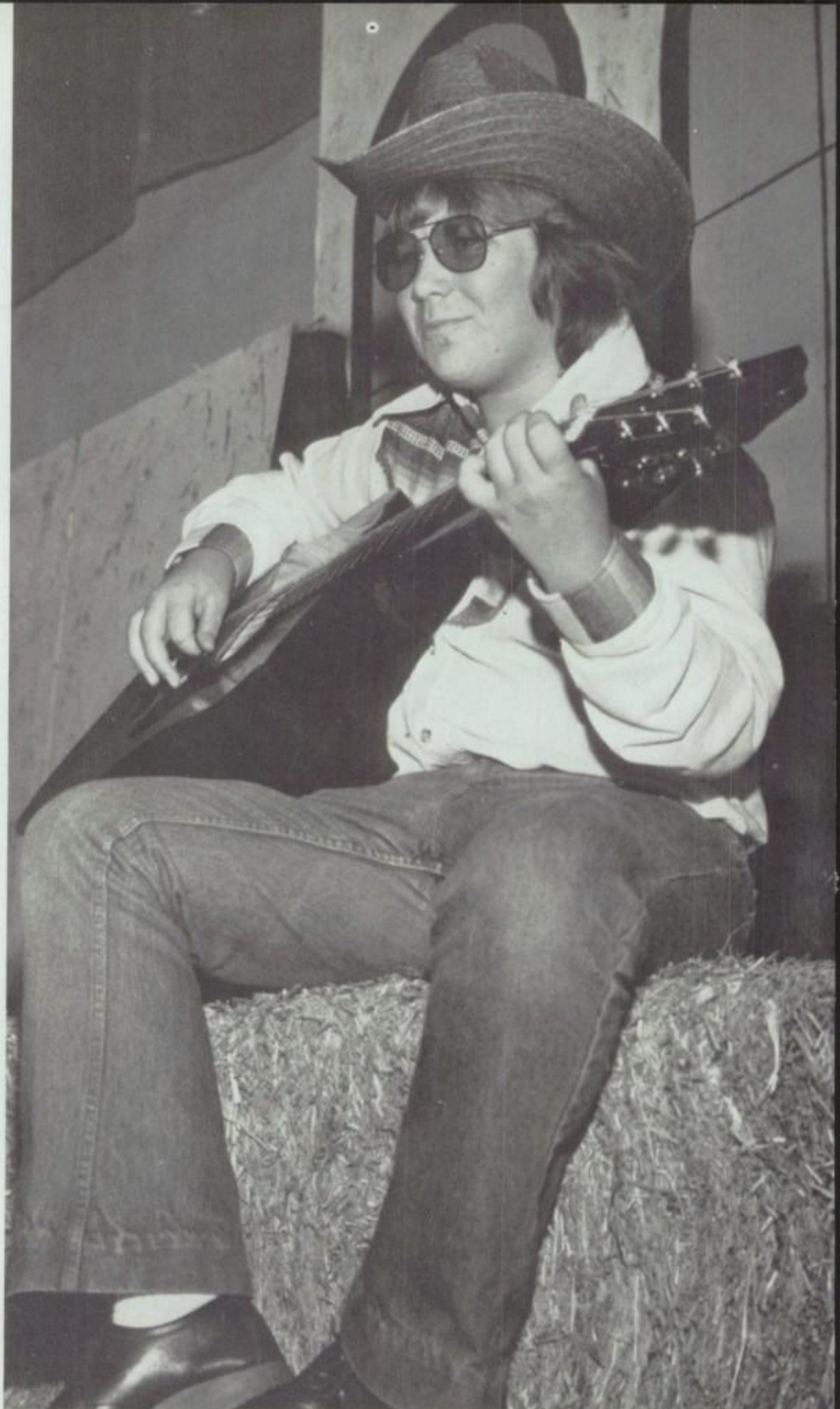
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1. John DeFord grins as he plucks out tune on guitar. 2. Sophomores Julie Young and Yvonne Quiroz sing "I'm Leaving on a Jet Plane." 3. Leticia Anguiano accompanies Bev Gonzales. 4. Wayne Ward, strumming his banjo, sings "St. James Infirmary Blues." 5. Tim Shaeffer strums a song which he wrote himself. 6. Rich Wold, Dennis Wilson, and Brian Powell play snappy tune.

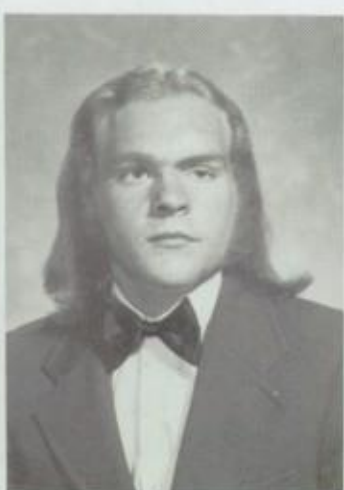
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Seniors



Deborah Green



Mike Guidry



Tim Hadley



Errolyn Hagens



Lorilyn Halbach



March 16 hootenanny proves profitable

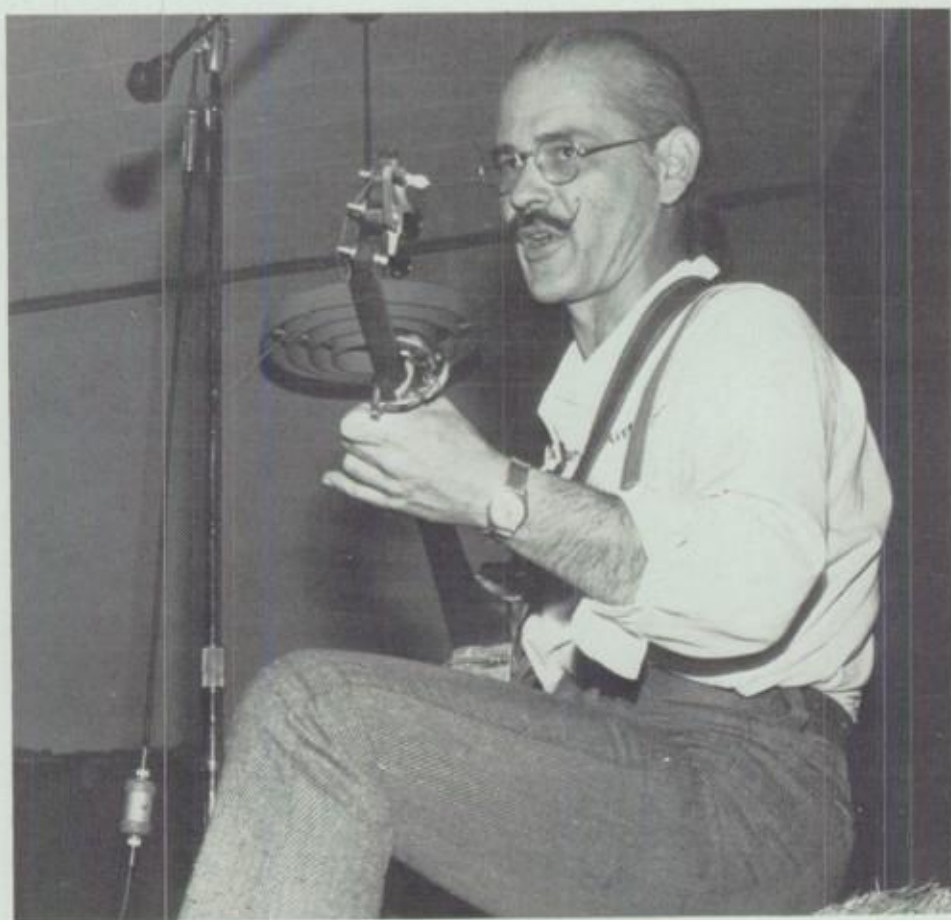
The Junior Auxiliary of the Family of Man Nose Whistle Band, Acappella Choir, Mah Jong Marching and Chowder Society under the direction of the Reverend Dr. Wayne Ward and the Monks of St. Simeon presented Arroyo's first annual Hootenanny March 16. The musical bonanza took place at 8:00 P.M. in "Studio 68."

Ward's folk and guitar classes performed blues, jazz, country, and a bit of rock music.



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Alicia Hales



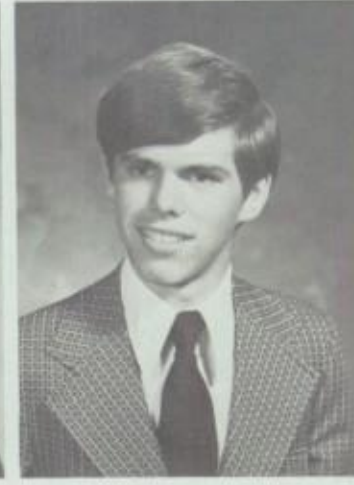
Terri Hamilton



Diane Hanes



Carol Harada



Kevin Harris

Seniors

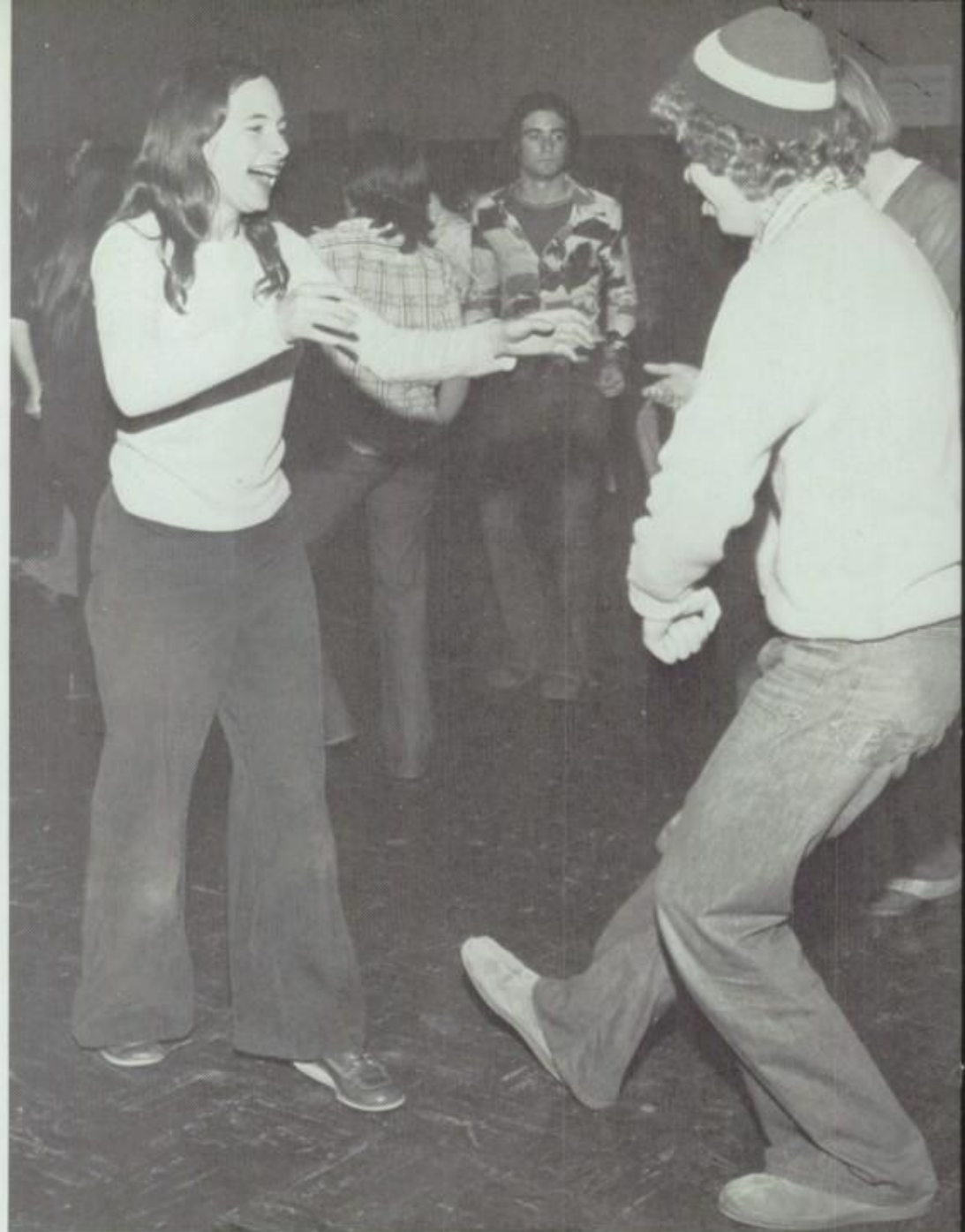


Seniors



Denice Hauck
Julie Hayes
Steve Hennings
Colin Heuer
Herbert Hew Len

Kim Hodson
Jeff Hoffar
Beverly Hoffman
Susan Homewood
Judy Hubbard



Dances prove expensive for student groups

Funk and acid-rock music entertained students at school dances.

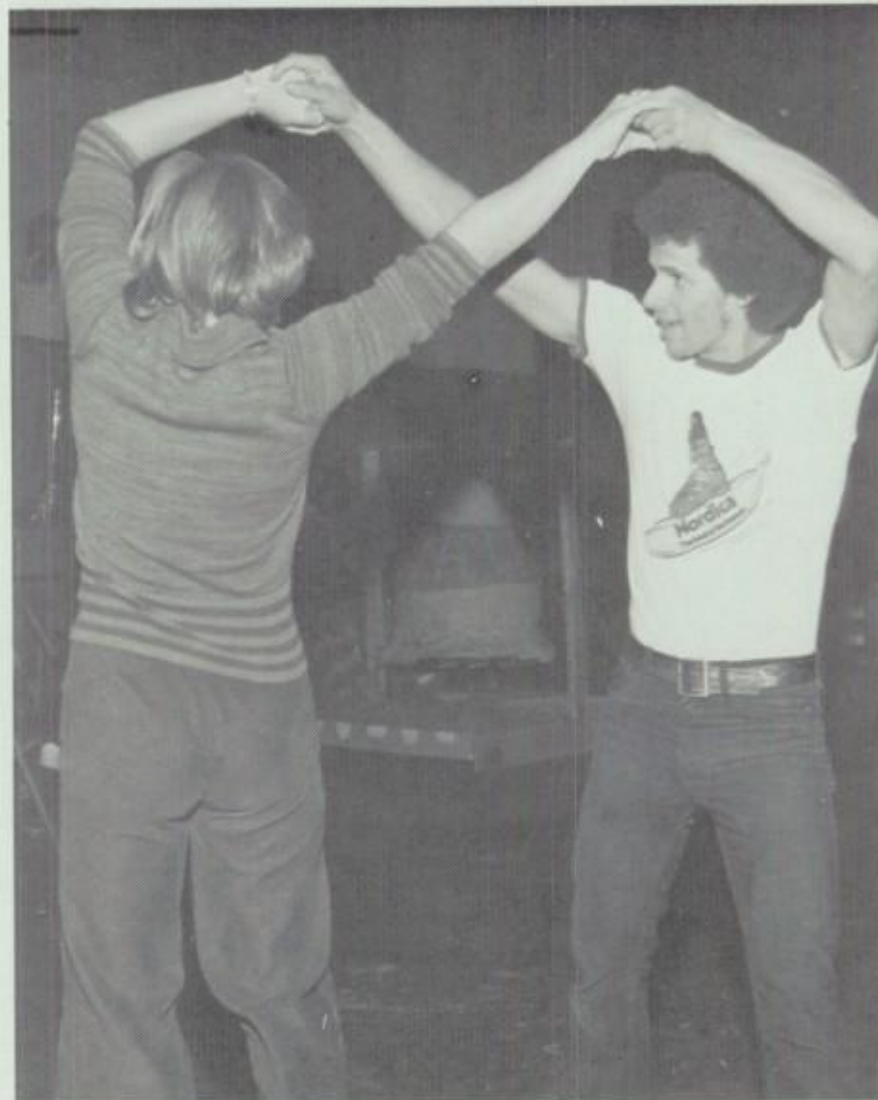
This year, the actual number of dances declined as students found more stimulating activities off campus. The Classes of '76 and '77 braved the opposition, however, and joined Megaphone in sponsoring dances on campus.

To prepare for the event, students and advisors committed campus groups' funds to payments of \$200 for bands, \$48 for police, and \$36 for extra custodial services.

In spite of the high costs involved, classes and clubs still found dances to be profitable. "Those students who attended the Friday night function in October and February always asked me to schedule more dances. They must like them," said Director of Student Activities Richard Lloyd.



2



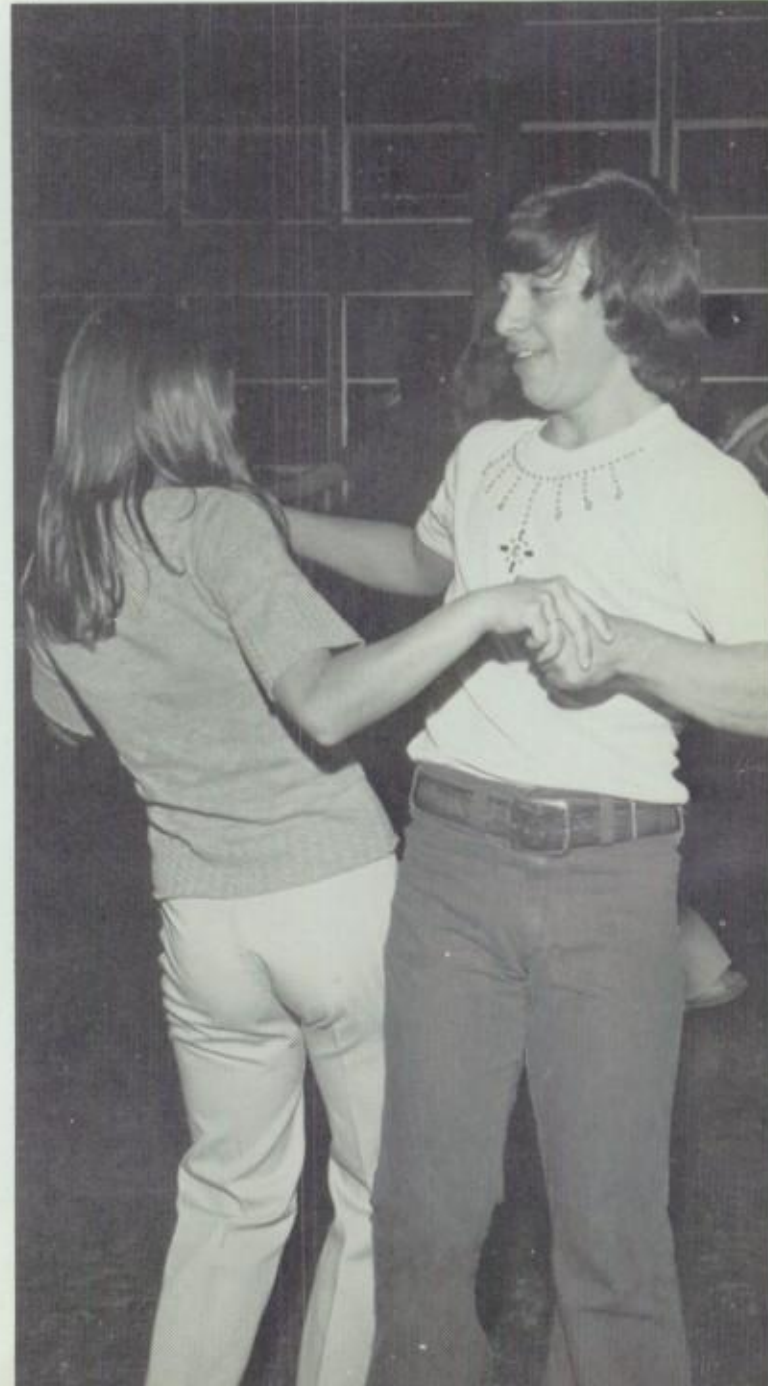
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1. Alumnus Jim Hoos and sophomore Sandy Bevilacqua "step out" at Megaphone's Spirit Week Dance. 2. Senior Donna McDaniel and Bill Finch lead crowd. 3. Treasurer Teri Gilmour and Steve Berger jitterbug. 4. Sophomore Robin Cuddy and Mike Pena "bump." 5. Peggy Escobar, Lynn Torrierri, and Bill Finch cheer Class of '78 victory. 6. Laurie Roeder and Kevin Hobbs sit out a dance. 7. Mike Fraley and partner and Becky Abler and Rick Marchese join other students at traditional Spirit Dance, February 6.

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Seniors



Dan Hummel



Linda Hunt



Ronald Hunt



Sue Izard



Cathy Jarrett



Foreign exchange students enter Arroyo

Three Youth for Understanding exchange students joined the Arroyo student body this year.

Among the exchange students were Switzerland's Peter Wyss, Brazil's Manuel Lima, and Finland's Juha Ruotorstenmake.

Wyss said, "The main reason I decided to become a foreign exchange student is to make the experience to be a whole year in a different family and a different country."

While attending Arroyo, Wyss stayed with the Kempin family, Lima resided with the Donnelly's, and Ruotorstenmake lived in the Krausse home.

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1. Manuel Lima, Juha Ruotorstenmake, and Peter Wyss are introduced to students at rally. 2. Manuel addresses student body. 3. Juha relaxes on couch while reading. 4. Peter writes a letter to his family. 5. Peter peers over a multi-language corral. 6. Peter plays the piano. 7. Manuel completes an English assignment. 8. Juha concentrates on his homework. 9. Juha says "hi" to his fellow students.



Chris Jennings



Julie Jensen



Steve Jergentz



Robert Johnson



Donna Jones

Seniors





6



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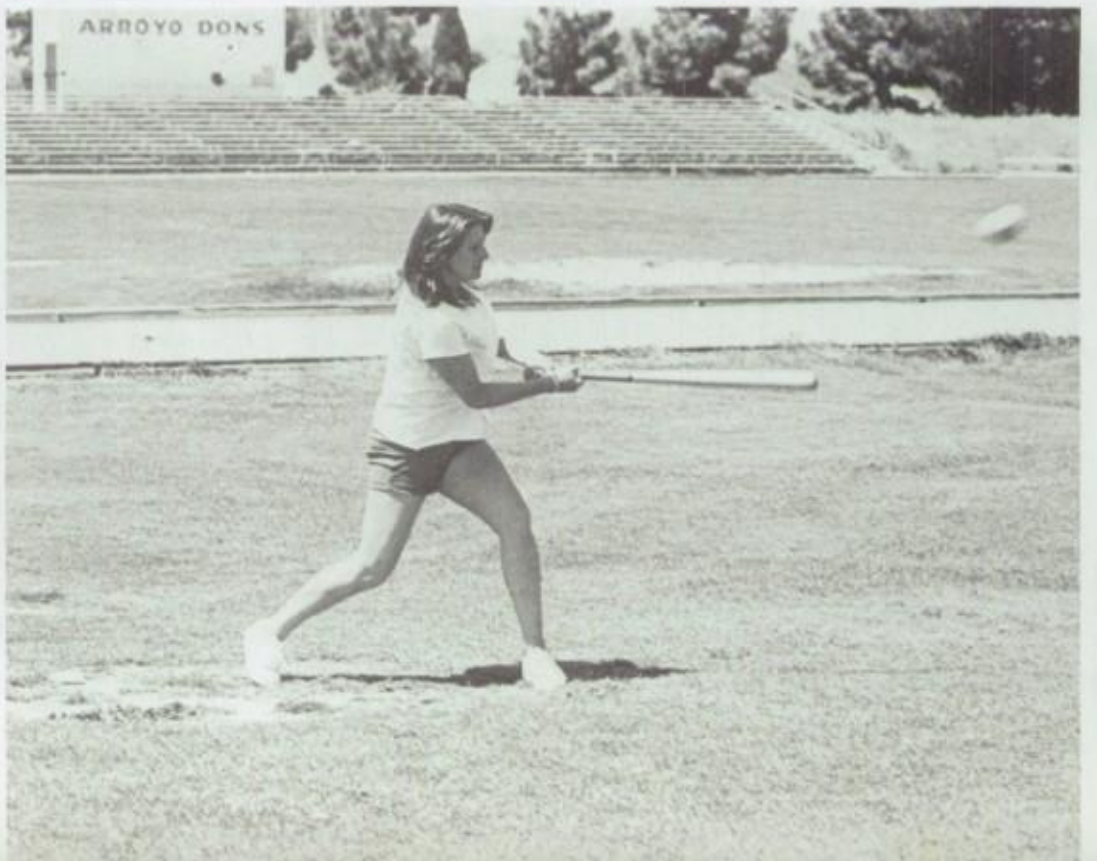
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Intramural softball attracts 200 pupils

Lunchtime boredom and monotony ended for 200 students when the fourth annual intramural softball began Monday April 26.

This year's event hosted the largest turn-out in its history. Fourteen teams were divided into two divisions-the Dons and the Matadors. Each had seven teams. The three top teams of each division went to the play-offs.

At press time, the championship-bound teams were, Animal Crackers, The Overwhelming Favorites, and JYTEBSBVYB, in the Don division. In the Matador division, Musselheads, Pina's Pints and Schlitz' Bulls were ahead in the title race.



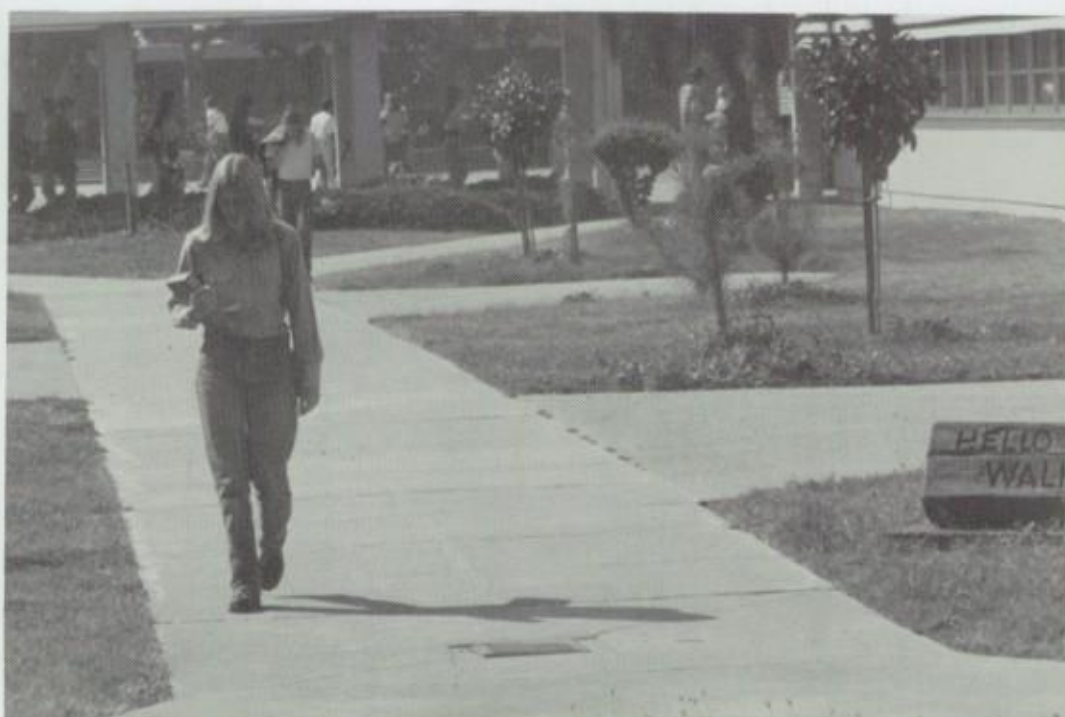
Terry Jones
Cheryl Julson
Joan Kateton
Michael Keating
Linda Kelly

Mary Kelly
Mike Kesler
Richard Kleinman
Cindy Kneeland
Kenny Kokal



1. Senior Jim Reed pitches to teammate. 2. Sophomore Mary Nunn attempts to bring John Craney home from third base. 3. Rachael McMillan hits ball. 4. Chemistry teacher Fred Hanson concentrates on getting next batter out as Rose Vasquez awaits to score from second base. 5. Mark Lujan and Cheryl Armas eat lunch and watch game. 6. Tim August catches ball as Bob Kuhns backs play. 7. Mark Buedi makes contact as Jody Naas protects himself.



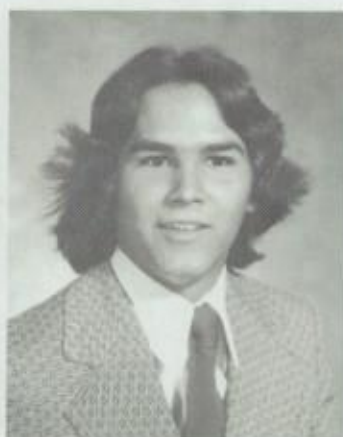


1. District custodians work on remodeling 'Hello Walk'. 2. Physical education instructor Martha Kimmich teaches Kathy Jacobs proper tennis strokes. 3. Yard work has improved the area between B and C-halls. 4. Groundsman Harry Kimlin sweeps the patio. 5. Shelly Tatro strolls down the newly landscaped 'Hello Walk' between A and B-halls.

Seniors



Richard Kramer



Kenneth Krausse



Theresa Kreidler



Robert Kufeld



Diane Lacy



Major campus improvements greet Dons

As school opened September 4, students were greeted with new campus improvements.

The improvements included a relandscaped Hello Walk, resurfaced tennis courts, and repainted cafeteria lavatories.

Hello Walk was remodeled with three circular cement pads. Dean of Boys Phil Gastineau, Varsity Basketball Coach Boyd McCaslin, Russell teacher Ron Sergeant, and student volunteers finished the job in one day at an expense of \$431.

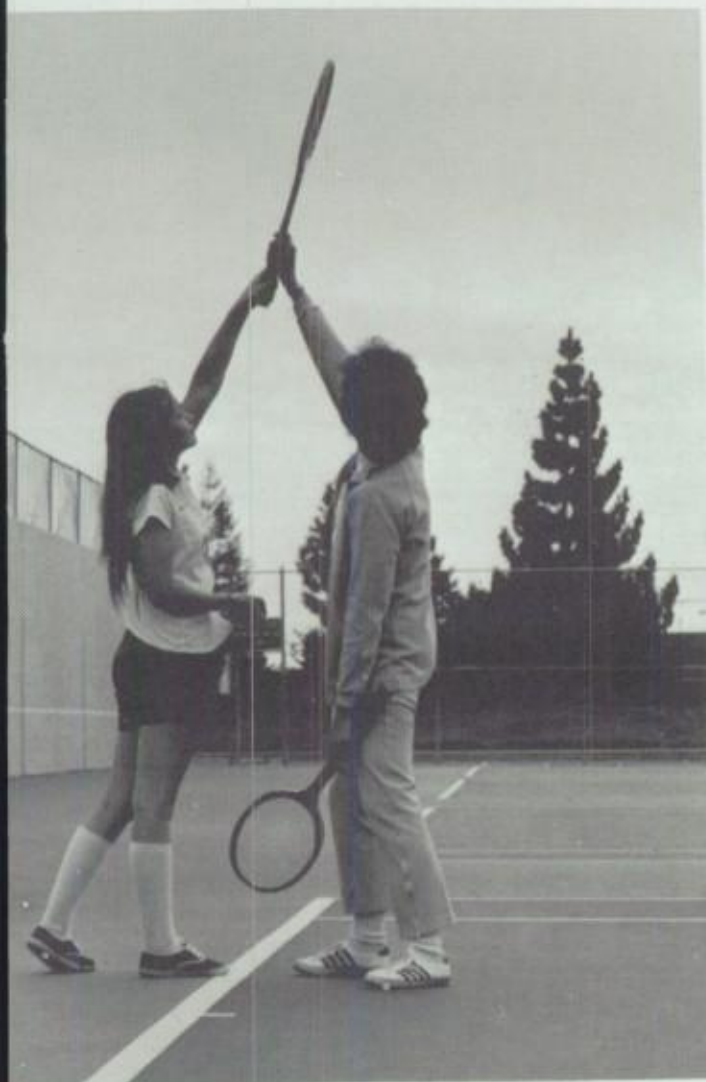
Magnolia, Monterey pine, and other trees and shrubs were planted beside the cement pads.

The cafeteria lavatories received new paint jobs and new sinks last summer. These repaired vandals' damages.

Two other improvements on campus were a redecorated trophy case in the main hall and a panelled weight room in M-Hall.

Funds for the projects came from a \$600 bequest from student council and matching funds from the San Lorenzo Unified School District.

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Eva Laffargue



Wendell Lagosh



Mark Lampe



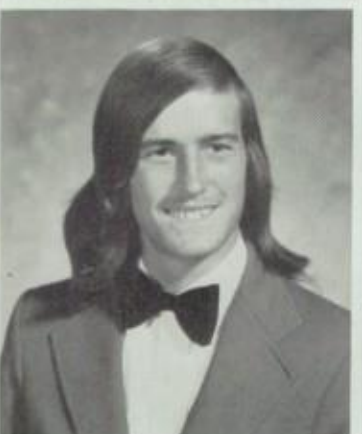
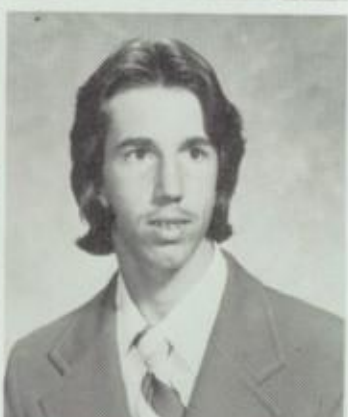
Kathleen Lange



Karen Langmaid

Seniors

Seniors



Vickie Latva
Elizabeth Lawrence
Corey Leal
Greg LeCheminant
Craig Lemon

Loretta Lemon
Gary Lencioni
Gary Leonard
Kandace Liborio
Manuel Lima

5



4



PTA raises funds at April style show

A fund-raising fashion show April 21 was sponsored by the PTA in Arroyo's cafeteria. Total profit figures were not available at press time.

Approximately 15 to 20 Arroyan students participated in the event.

"The fashion show was very successful because of the active participation of the students and PTA members. The tables were beautifully decorated and exhibitions by the fine arts, industrial arts. Homemaking areas were enjoyed by the audience," said home ec. chairperson Margaret McMeekin.

The profits from the event were used to cover senior recognition tea expenses. Money left over was given in scholarships for Arroyo students.



2



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1. Junior Karen Mendoes models a pair of pajamas. 2. Audience applauds models' performance. 3. Frank Buchholz escorts home economics teacher Margaret McMeekin. 4. Terry McKean gracefully walks down aisle. 5. Senior Rose Vasquez admires displays.

Unexpected snowfall surprises campus

Snow brought chaos to the Eastbay hills February 5.

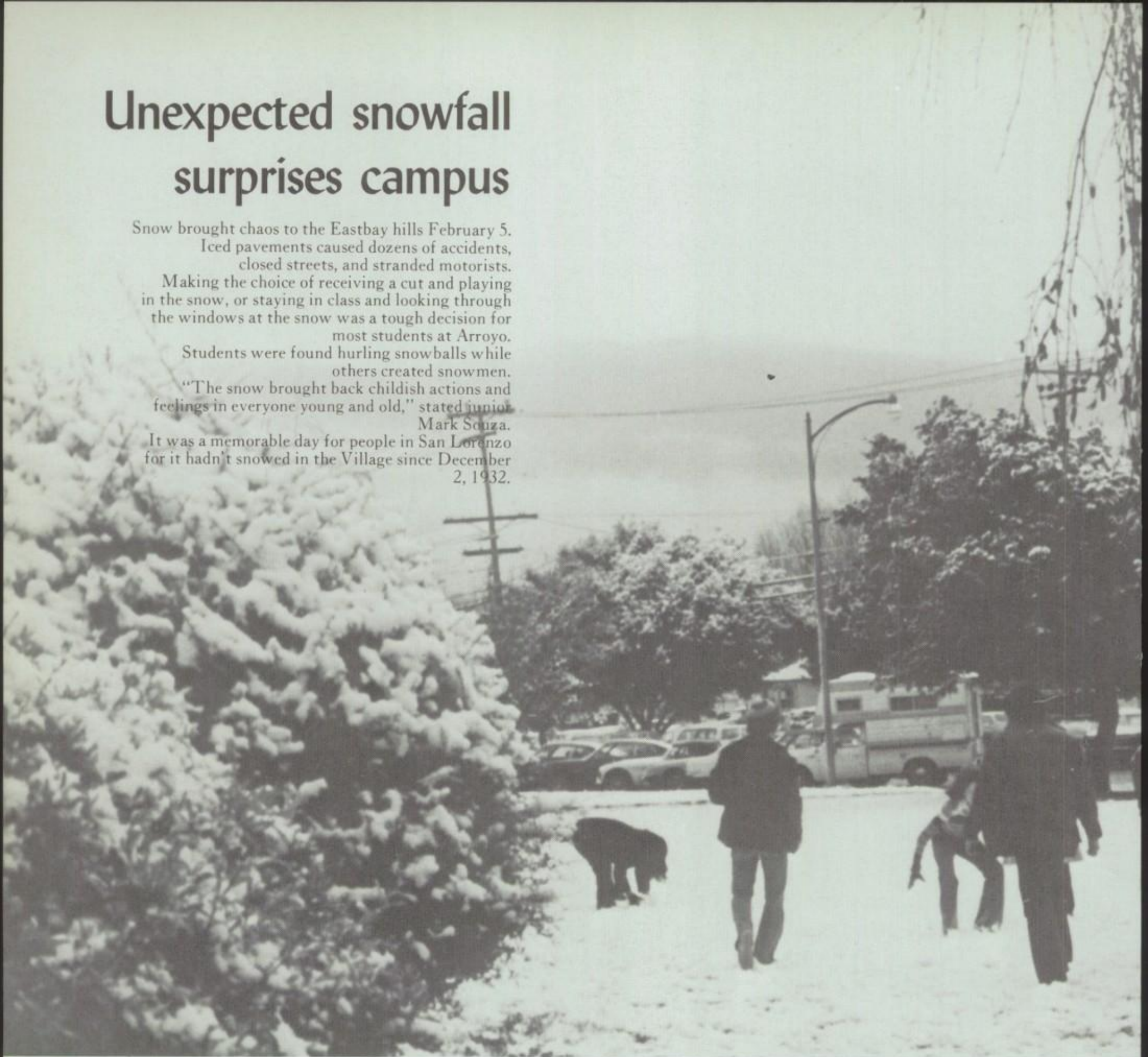
Iced pavements caused dozens of accidents,
closed streets, and stranded motorists.

Making the choice of receiving a cut and playing
in the snow, or staying in class and looking through
the windows at the snow was a tough decision for
most students at Arroyo.

Students were found hurling snowballs while
others created snowmen.

"The snow brought back childish actions and
feelings in everyone young and old," stated junior
Mark Souza.

It was a memorable day for people in San Lorenzo
for it hadn't snowed in the Village since December
2, 1932.



Seniors



Janet Linnekin



Lincoln Litov



Kenneth Lockwood



Maija Lockwood



Kelly Loew





1. Students frolic in the snow. 2. Snow covers Arroyo's campus. 3. Cathy Jarrett, Barbara Chambliss, Kim Strivers, and Karen Langmaid freeze while creating snowman. 4. Ben Gonzales and Mela Ortega go to class.



Kathryn Loncarich



Mark Lujan



Diane Lum



Kenneth Lundberg



Dennis Lynn

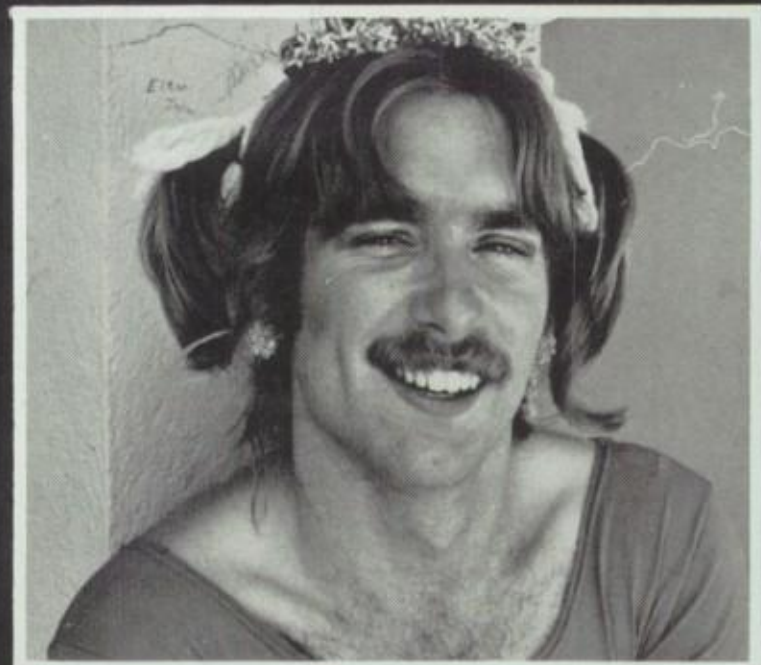
Seniors



Mark Pitta drops pants, sells Craney for \$25 to highest slave sale bidder

"I'll drop my pants if I hear a bid of \$25," shouted senior slave auctioneer Mark Pitta. As his bid was answered, Pitta rushed over to a bench and dropped a pair of pants, and Jim Reed, as a result of the stunt, became the highest slave sold. During April 20-23, 37 slaves were sold to net the

senior class a profit of \$295. Friday, April 23, the slaves had to complete tasks for their masters which ranged from standing in pools of water to belly dancing. Lunchtime found many costumed Arroyans performing in fullview of a curious noon-time crowd.





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1. Jenny Ward and Mark Bold stop to pose for masters. 2. Senior slaves Michelle Cambra, Cindy Bohac, Yvonne Vukmirovich, Dino Arieta, and Tim Gonzales discuss their performances at lunch. 3. and 4. Auctioneer Mark Pitta pours milk over his head after getting \$20 for Guy Smith. 5. Sunbather John Craney strolls across patio. 6. Cheerleader Guy Smith performs yell routine. 7. Ballerina Russ Wright pauses after completing pas de deux.

Seniors



Jerry Maes
Lynn Malotte
Rick Marchese
Paul Marchetti
Lillian Maria

Don Marshall
Kathy McCarney
Margaret McCarthy
Donald McCasey
Donna McDaniel

1. Cutest Couple Mike Kesler and Linda Kelly walk through hallway. 2. Best Looking Seniors Marion Bell and Mike Tiernan sit on new picnic tables on Hello Walk. 3. Karen Salentine and Russ Wright display talents. 4. Biggest Flirt Brian Meredith sweeps Colleen Silva off her feet. 5. Best Personalities Brian Meredith and Rose Vasquez pose in front of a tree. 6. Charlotte Carlson helps Mark Sanchez make a shot. 7. Jennie Ward and Mark Pitta clown around on campus. 8. Most Likely to Succeed Linc Litov and Vernetta McDowell burn cinch notices.



2



8



Seniors



Lee McDaniel



Bonnie McDowell



Vernetta McDowell



Kathleen McHan



Robert McKean





Class of '76 selects traditional favorites

One of the legacies at Arroyo has always been the selection of senior favorites.

The '76 election took place in the senior social science classes. The results were announced January 28.

Selection of the cutest couple (Linda Kelly, Mike Kesler) was added this year and brought the total number of categories to eight including best looking (Marion Bell, Mike Tiernan); best personality (Rose Vasquez, Brian Meredith); biggest flirt (Colleen Silva, Brian Meredith); most athletic (Charlotte Carlson, Mark Sanchez); most humorous (Jennie Ward, Mark Pitta); most likely to succeed (Vernetta McDowell, Linc Litov); and most talented (Karen Salentine, Russ Wright).



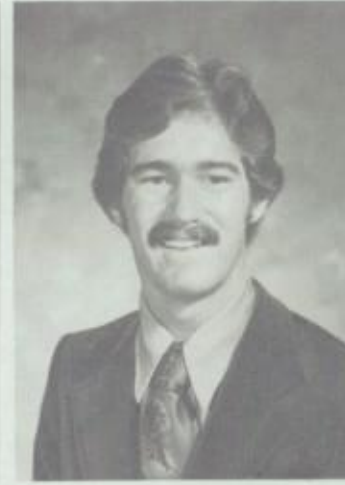
Terry McKean



Valerie Mein



Jenny Mendonca

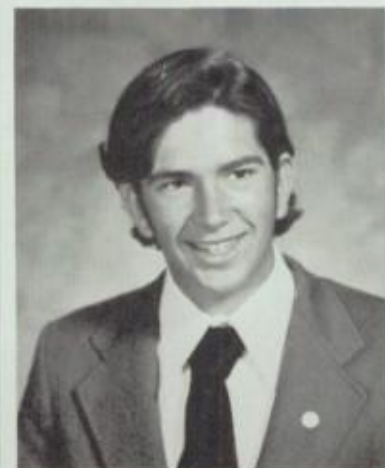
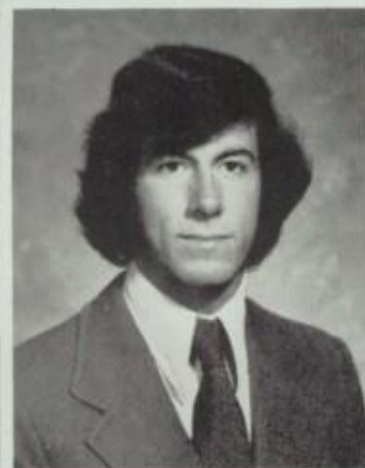


Brian Meredith



Jack Mermood

Seniors



David Metzler
Charles Miller
Chris Miller
Phyllis Moore
Leslie Morgan

Denice Morkin
David Morton
Elizabeth Mose
Michael Murphy
Jody Naas



1. Co-chairperson
Lori Codeglia and
Mike McCarney
enjoy a quiet moment
together. 5. Tim
Gonzales, Ed Hardy,
and Karen Fargo sign
in.



Oakland Hilton Inn hosts senior class

The Oakland Hilton was the site for the 1976 senior ball. Over 140 couples attended the affair.

A local ten-piece band, Eastbay Timberline, provided the music for the evening.

The senior class paid \$1600 for the room and \$800 for the band. Student ticket prices were \$16 per couple.

Throughout the evening chips, dip, and cold hors d'oeuvres were served. Fruit punch was also provided.

Chairpersons for the event were Lori Codeglia and Patti Sattui.

Most couples attended local restaurants before going to the dance.

3



2. Greg Soares and his date Nellie Gracy enjoy senior ball. 3. Junior host Mark Souza escorts Denice Hauck to table. 4. Yvonne Vukmirovich talks with friends Mike Cordova and Nancy Costa.





7



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Jerry Navarro



Howard Neal



Jackie Nelson



Pearl Newell



Ruby Newstrom

Seniors



Goetzinger crowned '76 senior queen

1. Frank Bucholz, Steve Jergentz and Valerie Mein stop to get drinks. 2. Becky Swindell, Kim Silva, Janda Avila, and Bev Gonzales chat while band takes break. 3. Lori Ziegler and date Rick Pimentel head to dance floor. 4. Liz Bannwarth and Craig Lemon walk to table. 5. Dee Dee Donner and Bob Brown talk to Juha Ruotoistenmaki. 6. Donna McDaniel and Jim Cwick wait for next dance. 7. Jim Cwick, Lori Thompson, Lance Roussel, Corinne Berkey, Mark Lujan, and Cheryl Armas get something to eat. 8. Senior Queen Kim Goetzinger and escort Kim Gomez stop to pose.

Announcing the class queen was a highlight of the Senior Ball, May 21.

Co-chairperson Patty Sattui called five finalists and their escorts to approach the stage to announce the winner.

Senior Kim Goetzinger was crowned queen. Her court consisted of Bev Gay, Cathy Jarrett, Lisa Torres, and first runner-up Donna Jones.

Goetzinger and her first runner-up received bouquets and led the next dance to the music of Eastbay Timberline.



Vikki Nolan



George Nordman



Paul Norum



Karen Oelschlaegel



Patricia Pacheco

Senior class feted at annual Tea

Scholastic, athletic, and social awards were distributed at the Senior Tea to those who had received them. The annual event was held June 2, in the cafetorium.

The Tea, sponsored by the Arroyo PTA, was by invitation only. Seniors, who attended, received certificates, trophies, and other awards signifying their achievements in school, community, and academics.

Principal J. Franklin Orear made the presentations. Head of the PTA hostesses were Betty Kriedler and Phyllis Meredith.



2



7

1. Scott Pimley receives Bank of America Plaque and scholarship awards from Principal J. Franklin Orear. 2. Parents, teachers and students enjoy refreshments. 3. J. Franklin Orear congratulates Mark Bold on Music Award. 4. Mr. Orear presents Deborah Dalton for her Life Membership in the California Scholarship Federation.



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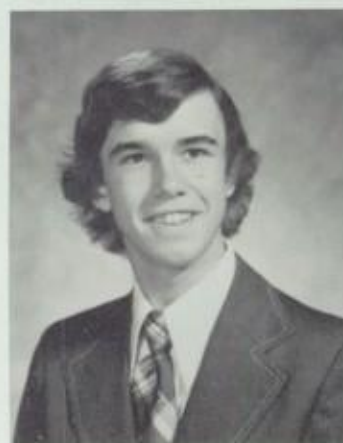
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5. Principal Orear looks for Walter Cochran's gold tassel. 6. Richard Bertel obtains Bank of America Award in Industrial Arts from Orear. 7. Clare Bridges acquires Mother Singers award from Principal Orear.



Seniors



Clay Palamides
Ruth Pastor
Daniel C. Pearson
Michelle Pena
Rose Perdomo

Teresa Perez
Cora Perry
Bob Peterson
Scott Pimley
Mark Pitta



'Secret' picnic site awaits Class of '76

Robert's Park in Oakland was the surprise location for the May 26 Senior Picnic. The location of the picnic wasn't revealed to students this year because of behavior problems with last year's graduates.

Most everyone found something to do at the traditional outing, whether it was softball, frisbee, swimming, football, hiking or eating.

Mike Tiernan coordinated the picnic with senior advisors Gregg Shephard and Joyce Blume. Food and assistance was donated by parents headed by Phyllis Meredith and Dorothy Tiernan.

Costs for the day were approximately \$700 and were covered by the class treasury. 250 students attended the "cut day".



Seniors



Tom Plotz



Jill Poole



Chuck Potter



Donna Quintal



Connie Redman





1. Kathy Lange and Tina Weise enjoy hamburgers. 2. Phyllis Meredith dishes out food. 3. Jennie Scott talks to friends. 4. Laurie Roeder and Lori Granados have a 'chicken' fight in water. 5. Mandy Schroeder, Eva Lance, Cheryl Julson, Valerie Mein, Michelle Cambra, and Mary Riva relax in the shade.



James Reed

Richard Rejniak

Sally Reynolds

David Riele

Pamela Ringstad

Seniors



David Ritter
Mary Jo Riva
Lydia Rocha
Marisa Roderick
Darlene Rodrigues

Laurie Roeder
Karen Robertson
Kimberly Rogers
Diane Romero
Kathy Roth



1. The Miracles entertain seniors at Grad Night in Disneyland. 2. Tim Loncarich, Peggy Wright, Paul Anderson, Bob Kufeld and Francene Skorup discuss the coming evening's activities. 3. A sleeping Terry Kreidler cuddles Winnie the Pooh on homebound flight. 4. Craig Lemmon, Dennis Lynn, Bob Driver, and Mark Conkel pose for photographer. 5. Patty Sliney, Lydia Rocha, and Scott Pimley talk before departure at Oakland International Airport. 6. It's a Small World, Disneyland U.S.A.





Class of '76 visits Disneyland June 9

One hundred eighty-five seniors boarded planes at the Oakland International Airport Wednesday evening, June 9 to depart for the traditional Grad-Night trip to Disneyland.

Under the supervision of ten chaperones, including class advisors Joyce Blume and Gregg Shephard, the senior travelers flew by Pacific Southwest Airlines to Los Angeles. Transfer arrangements to the Magic Kingdom in Anaheim were by bus.

Senior participants paid \$62.50 to join 63 other California high school students for an all-night spree at Disneyland. Included in the price of the package was free admission to the park and all attractions.

Providing entertainment during the evening were the Miracles, Natalie Cole, and Papa Do Run Run.

After the all-night venture, seniors boarded planes in LA for a sleepy trip home to the Bay Area.

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Seniors



Lance Roussel



Juha Ruotoistenmaki



Nancy Salel



Karen Salentine



Louis Salinas





'76 enjoys brunch

Three hundred seniors were served the annual brunch by 30 junior hosts and hostesses Wednesday, June 9. The brunch consisted of deviled eggs, coffee cake, fresh fruit cup, orange juice, and a choice of milk, chocolate milk, or coffee.

The Class of '76 presented its advisors, Joyce Blume and Gregg Shephard, flowers. Mr. Orear received a pool cue in honor of his retirement.



1. Kim Shofner, Theresa Thomas, Pam Ringstad, Debbie Cardella, Anne Gandsey, and Catalina Sanchez join other seniors for breakfast. 2. Faculty members Mil Billings, Bev Smith, Frank Orear, and Superintendent Dr. William Dolph discuss senior brunch. 3. Senior Class President Glen Yonan, Cindy Van Gorp and Kelly Loew make presentations to advisors. 4. Dave Riele, Bruce Coleman, and Gary Lencioni discuss upcoming activities. 5. Mandy Shroeder, Jill Poole, Kim Silva, Cheryl Silva, Rose Vasquez, Becky Swindell, and Janda Avilla enjoy breakfast. 6. Kathy McHan and Karen Salentine provide entertainment.



Catalina Sanchez



Mark Sanchez



Curt Sanfillippo



Dmytro Sass



Patricia Sattui

Jennings heads top scholastic graduates

Every February, counselors choose Arroyo's top scholastic graduates. Senior students are chosen for their outstanding academic ability.

To achieve the rating of top ten the students had to work vigorously in academic courses throughout four years of high school.

The ten seniors were recognized in the yearbook, and at the Senior Recognition Tea held in June.



5



4



Top 10

1. Christoph Jennings
2. Vernetta McDowell
3. Melinda Flowers
4. Ron Hunt
4. Corey Leal
5. Walter Cochran
6. Kim Rogers
7. Janet Linnekin
8. Gayle Yanagi
9. Scott Pimley
10. Eric Tauscheck





1. Melinda Flowers and Vernetta McDowell listen as Chris Jennings explains the skeleton. 2. Kim Rogers and Walter Cochran print papers. 3. Scott Pimley and Eric Tauscheck listed to tapes on head phones. 4. Janet Linnekin and Gayle Yanagi search for books. 5. Corey Leal and Ron Hunt study map.



Valerie Savage
Frank Schmidig
Mandy Schroeder
Nancy Schroeder
Jenny Scott

Timothy Scott
Tim Shaffer
Debbie Shanley
Robert Sheehy
Kim Shofner

Kathy Loncarich receives award from Mr. Stanley of the San Lorenzo Rotary Club as Mr. Orear watches.

Sandy Alejo
Glenn Bellefeuille
Rick Bertel
Mark Bold
Clare Bridges
Walt Cochran



Debra Dalton
Tanya Fimby
Mark Foglia
Kathy Frederick
Mark Giachino
Robert Goto



Nancy Grasher
Debbie Green
Julie Hayes
Susan Homewood
Ron Hunt
Cathy Jarrett



Chris Jennings
Mike Keating
Cindy Kneeland
Theresa Kreidler
Corey Leal
Lincoln Litov



Kathy Loncarich
Jackie Malone
Bonnie McDowell
Vernetta McDowell
Karen Oelschlagel
Cora Perry



Scott Pimley
Lydia Rocha
Laurie Roeder
Kim Rogers
Kim Shofner
Frank Tapia



Seniors



Colleen Silva



Karen Silva



Kim Silva



Patricia Silveira



Francine Skorup



Seniors win \$3,350 in community grants

Arroyo seniors received \$3,350 in district foundation scholarships.

Forty-one seniors were awarded aid for their outstanding contributions to academics here.

Scholarships were awarded by civic-minded groups, businesses, individuals, and foundations. Qualifications were specified by the donors and ranged from gender to financial need.

Arroyo's Scholarship Committee, led by Dean of Girls Joan Snowles, nominated senior scholarship candidates to the Foundation Board of Directors.

Many students received commendation for their academic and athletic achievements at the Senior Recognition Tea, held June 2.

AWARDS AND SCHOLARSHIPS

ALAMEDA COUNTY SHERIFF'S OUTSTANDING CITIZEN TROPHY: Cathy Jarrett. **BANK OF AMERICA CERTIFICATE WINNERS:** Sandy Alejo, Richard Bertel, Mark Bold, Walt Cochran, Tanya Fimby, Kathy Frederick, Mark Giachino, Jackie Malone, Vernetta McDowell, Kimberly Shofner, Eric Tausheck. **BANK OF AMERICA PLAQUE WINNERS:** Mark Foglia, Julie Hayes, Ronald Hunt, Scott Pimley. **BETTY CROCKER "SEARCH FOR LEADERSHIP IN FAMILY LIVING" AWARD:** Kim Rogers. **CALIFORNIA SAVINGS & LOAN OUTSTANDING STUDENT AWARD:** Bonnie McDowell. **CALIFORNIA SCHOLARSHIP FEDERATION SEAL BEARERS:** Walt Cochran, Debra Dalton, Mike Keating, Karen Oelschlagel, Frank Tapia, Sandra Warren, Cynthia Wong. **HIGHEST HONORS:** Ron Hunt, Chris Jennings, Corey Leah, Vernetta McDowell, Scott Pimley, Laurie Roeder, Kim Rogers. **CALIFORNIA STATE SCHOLARSHIPS:** Sandy Alejo, Glenn Bellefeuille, Mark Bold, Debra Dalton, Mark Foglia, Robert Goto, Deborah Green, Sue Homewood, Chris Jennings, Vernetta McDowell, Gerard Tillson. **CALIFORNIA STUDENT AWARD COMMISSION:** Sandy Alejo, Mark Bold. **D.A.R. GOOD CITIZENS AWARD:** Julie Hayes. **GEMCO AWARD:** Chris Jennings. **GLASS BOTTLE BLOWERS UNION LOCAL 155 SCHOLARSHIP:** Cora Perry. **NATIONAL MERIT SCHOLARSHIP PROGRAM LETTER OF COMMENDATION:** Glenn Bellefeuille, Michael Keating. **SAN LORENZO DISTRICT SCHOLARSHIPS:** Sandy Alejo, Clare Bridges, Nancy Grasher, Julie Hayes, Sue Homewood, Ron Hunt, Cathy Jarrett, Chris Jennings, Lincoln Litov, Kathy Loncarich, Bonnie McDowell, Vernetta McDowell, Cora Perry, Lydia Rocha, Laurie Roeder, Kim Shofner, Sue West.



Eric Tausheck



Gerard Tillson



Sandra Warren



Sue West



Cynthia Wong



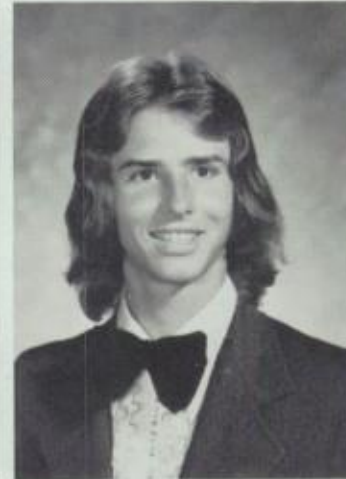
Patricia Sliney



Frank Smith



Guy Smith

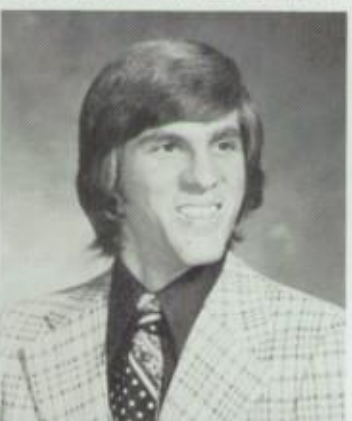


Ron Smith



Greg Soares





Roxanne Solven
Randy Spengler
Sally Stein
Kimberly Stivers
Vicki Suminimo

Becky Swindell
Pam Tachera
Frank Tapia
Eric Tauscheck
Carlos Tavares

Orear, Vanous to retire

Two long-standing personnel of Arroyo retired at the end of the '75-'76 school year—teacher Marvin Vanous and high school principal J. Franklin Orear. Vanous had taught at Arroyo since the opening of the campus in 1954. He had put in 20 years of his life to teach Arroyo students about biology and earth sciences.

One can say that with Arroyo High came J. Franklin Orear. Orear has presided as principal here since 1961. Throughout these years he brought many valuable things to this school, such as the first drivers education program in the Bay Area. His main accomplishment at Arroyo was bringing a good education to those who wanted it.



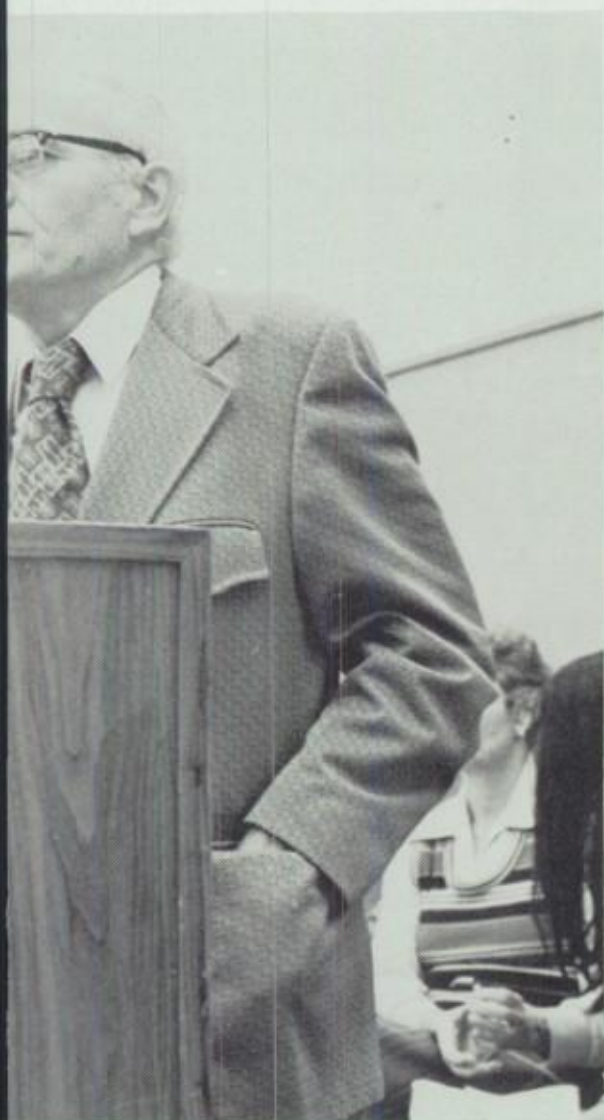
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1. J. Franklin Orear checks teacher files.
2. Retiring science teacher Marvin Vanous.
3. Retiring principal J. Franklin Orear.
4. J. Franklin Orear addresses student body.
5. Marvin Vanous gives lecture on photosynthesis in earth sciences.

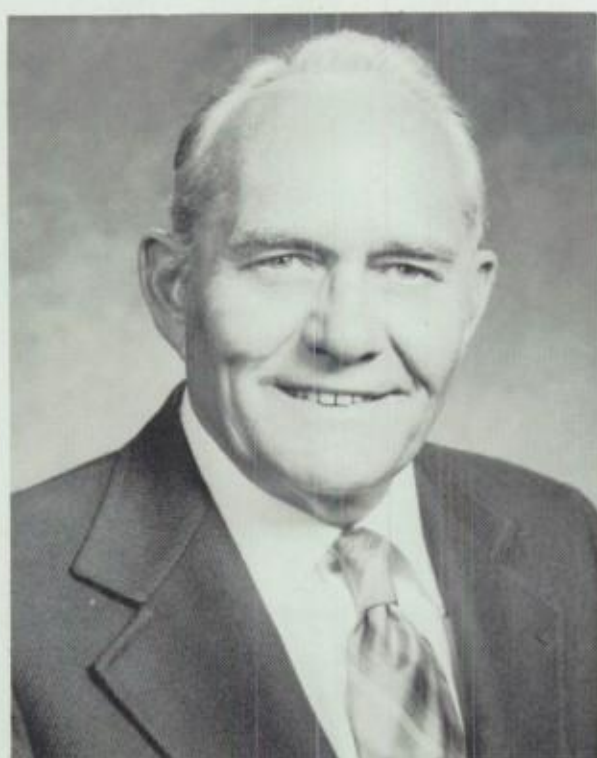




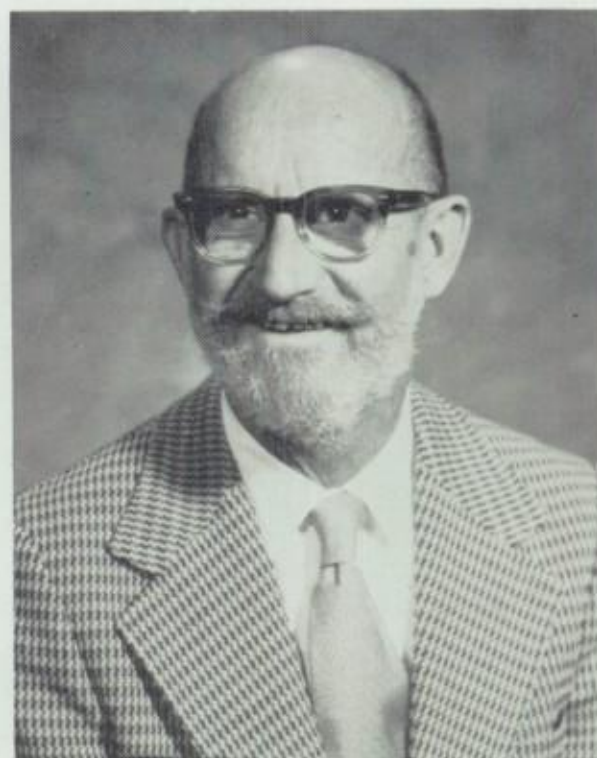
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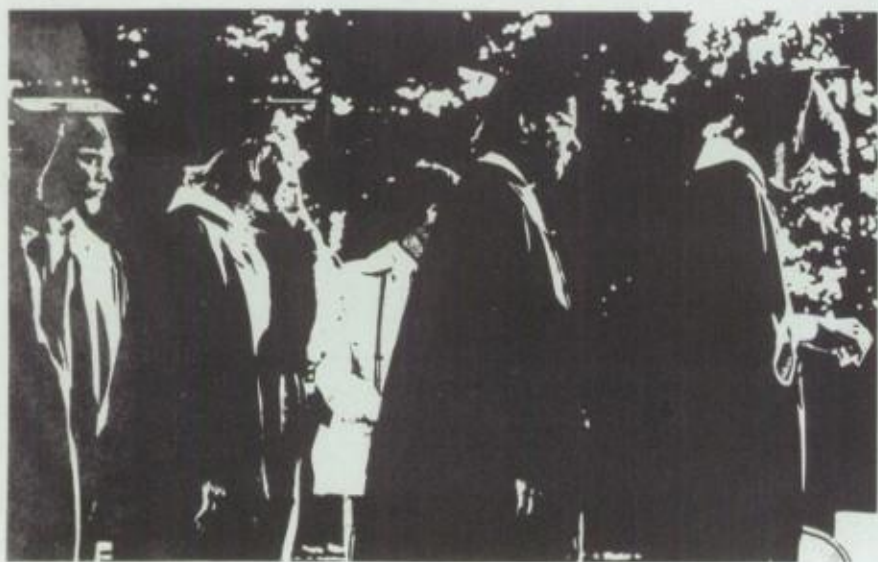


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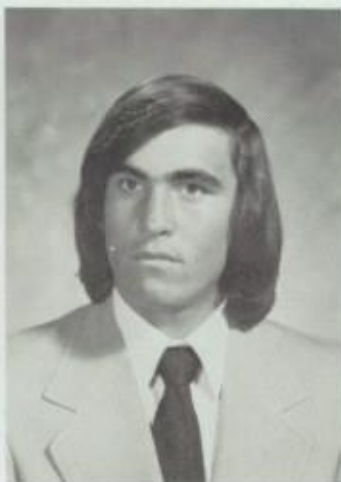


1

Seniors



Theresa Thomas



Gregg Thompson



Lori Thompson



Robert Thrasher



Michael Tiernan



The night for which the seniors had been waiting finally arrived June 10, 1976.

Three hundred forty-six seniors donned traditional red and black caps and gowns, stepped up onto the makeshift stage, and accepted diplomas from retiring Principal J. Franklin Orear.

Commencement exercises started at 6:30 p.m. on Bourne Memorial Field and began with an invocation by graduating senior Paul Marchetti.

Keynote speakers were valedictorian Christoph Jennings and salutatorian Vernetta McDowell.

Jennings spoke on "The Desire to Progress." McDowell, Arroyo's first Black graduate, chose the topic, "Free From Fear and Free to Progress."

2

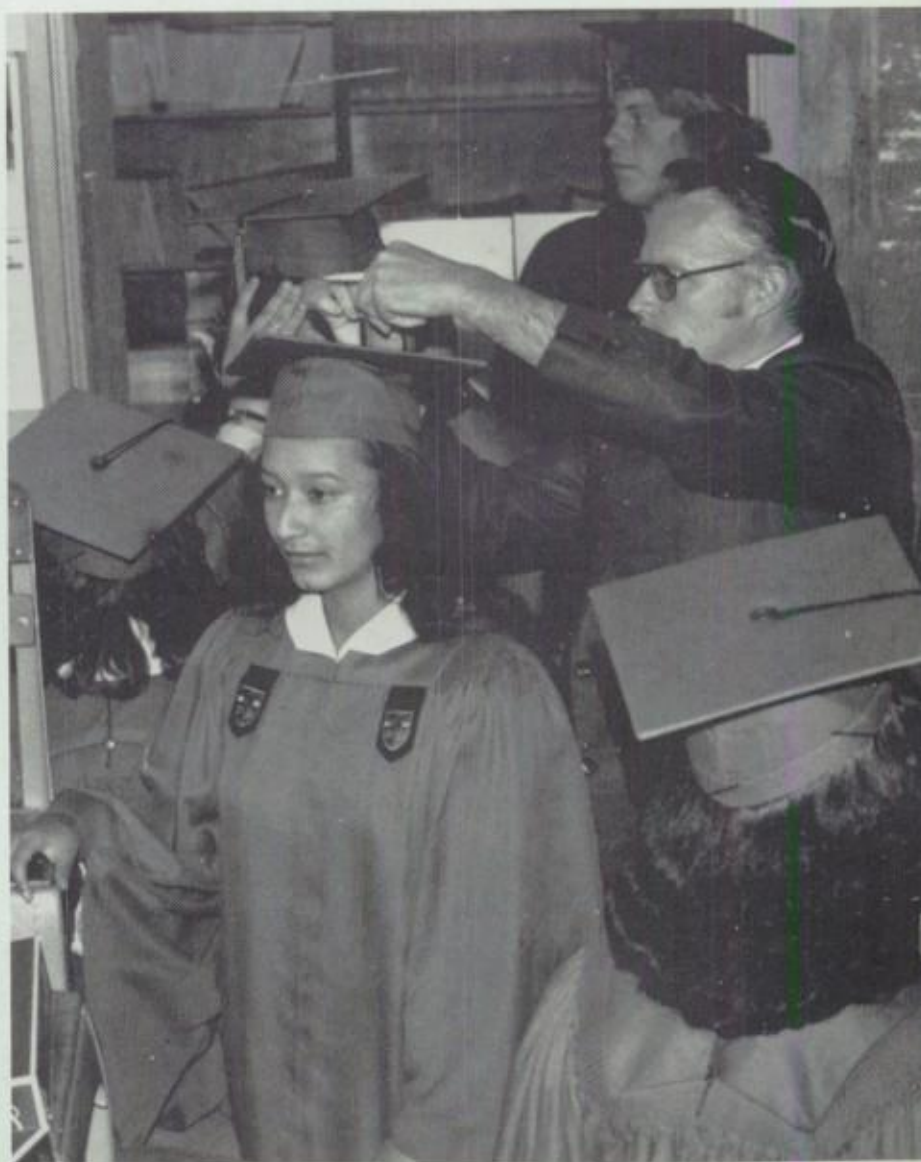


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346 seniors graduate

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1. Lori Barnes wipes tears from her eyes as her parents congratulate her. 2. Penny Braasch, Rich Broucek, and Cindy Boehmer wait attentively. 3. Dennis Powell adjusts Patrica Pacheco's tassel. 4. Kathy Frederick and Dave Fernandez wait for ceremony to begin. 5. Diane Clark, John Craney, Sandra Cope, and Jim Cunningham wait to receive diplomas. 6. Carol Weber assists Charlotte Carlson on platform.



Gerard Tillson



Nancy Tooley



Lisa Torres



Edward Tracy



Imelda Trinidad

Seniors

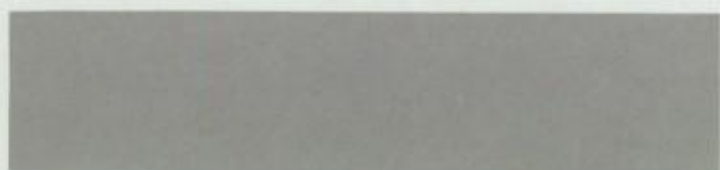


Tears, smiles mark ceremonies

The class of 1976 chose to have its graduation rehearsal June 9; the day before commencement. This plan enabled seniors to skip school until it was time to suit up in caps and gowns.

Graduates arrived on campus at 5:45 p.m. to prepare for the long walk to Bourne Memorial Field which would mark the beginning of the end of their high school education.

Among tears and smiles, graduates received diplomas from Board of Education Trustee Corrinne Aitken and retiring Arroyo principal Frank Orear.



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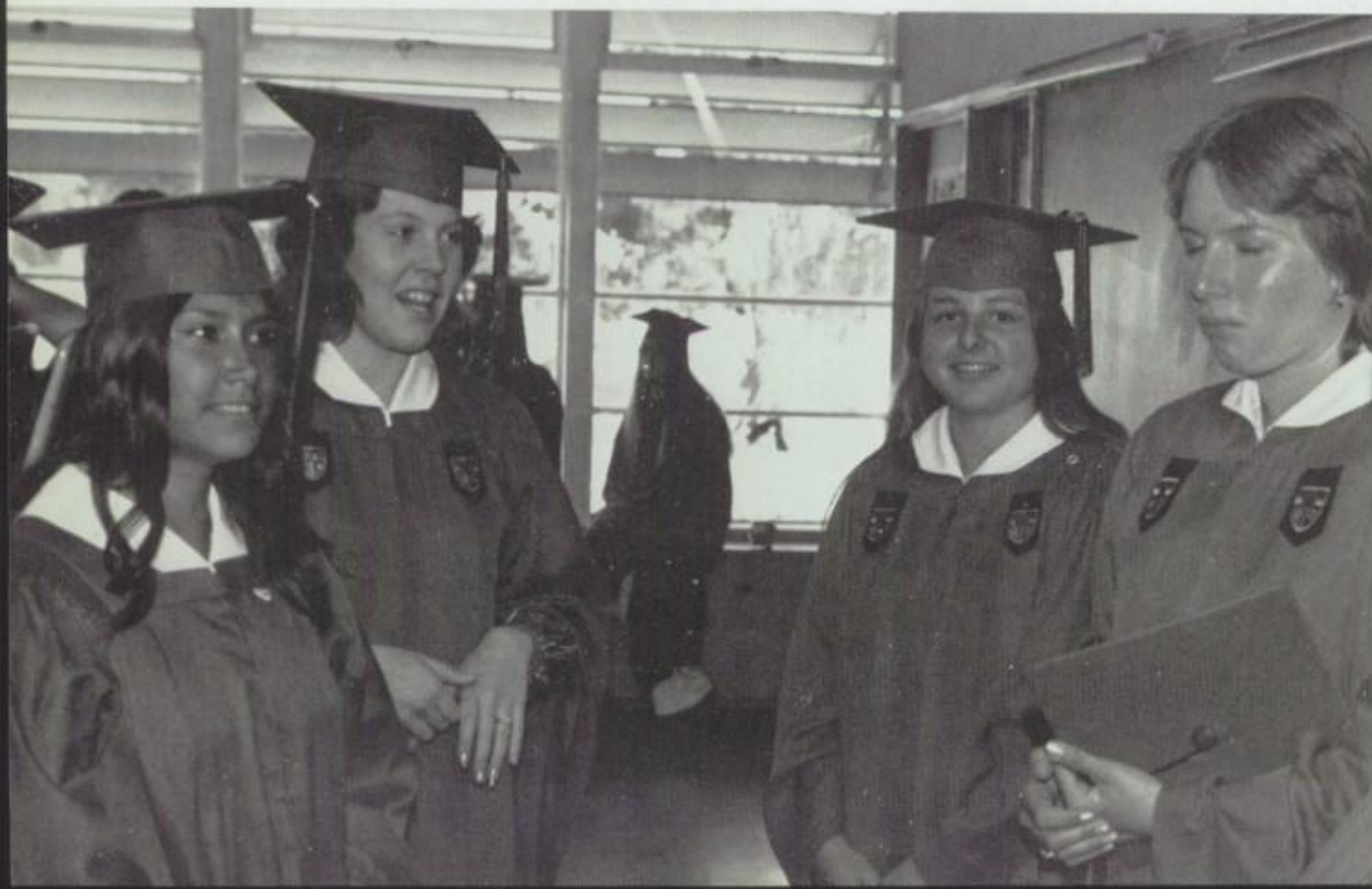
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1. Paul Marchetti gives the Invocation. 2. Karen Anderson, Dino Arieta, Carolina Aranda, and Mike Bartholomew watch as graduates receive diplomas. 3. Salutatorian Vernetta McDowell speaks. 4. Darlene Roubidoux, Nancy Schroeder, Darlene Rodrigues, and Nancy Salel patiently wait to leave. 5. Steve Sanchez, Chris Jennings, Joyce Blume, and Carol Weber lead graduates to the field. 6. Terry Beebe, Denise Arriola, and Bob Bannwarth wait for dismissal. 7. Glen Yonan speaks during ceremonies. 8. Kathy McHan expresses her excitement.

Seniors



Carol Tsunieshi
Janice Ullom
Lori Uranga
Carlos Valente
Cindy VanGurp

Rose Vasquez
Stephanie Vigil
Elaine Vincent
Gary Voecks
Yvonne Vukmirovich

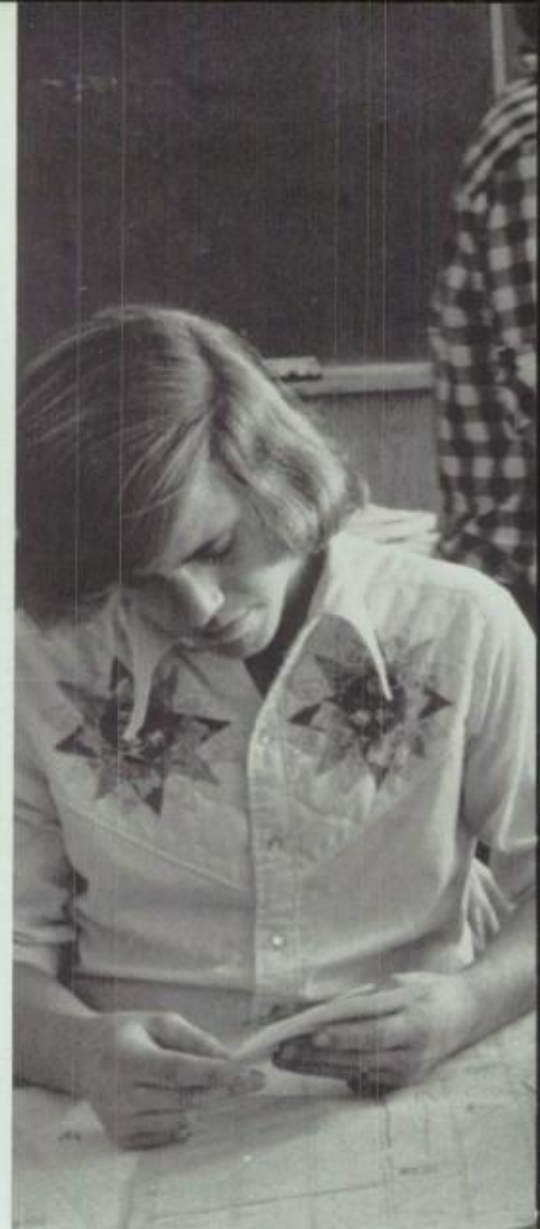




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1. Ad manager Mike Bartholomew and reporter Dave Fernandez work on soccer story. 2. Opinions editor Cathy Jarrett, managing editor Paul Marchetti, and Bob Bannwarth discuss layout of page 2. 3. Reporters Diane Lacy, Carol Harada, and Gary Craig, aid Paul Marchetti with in-depth story on Reverend Moon. 4. Bob Bannwarth decides on picture. 5. Mike Tierman asks Mark Pitta's opinion on story. 6. Feature editor Diane Lum makes up next edition of GAZETTE.



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Seniors



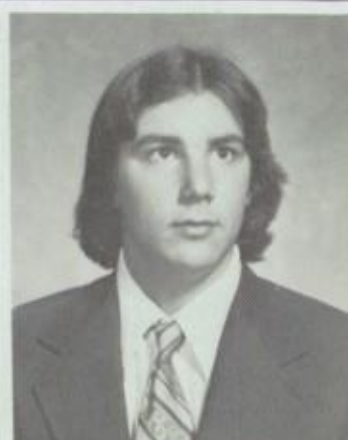
Marguerite Walker



Jenny Ward



Sandra Warren

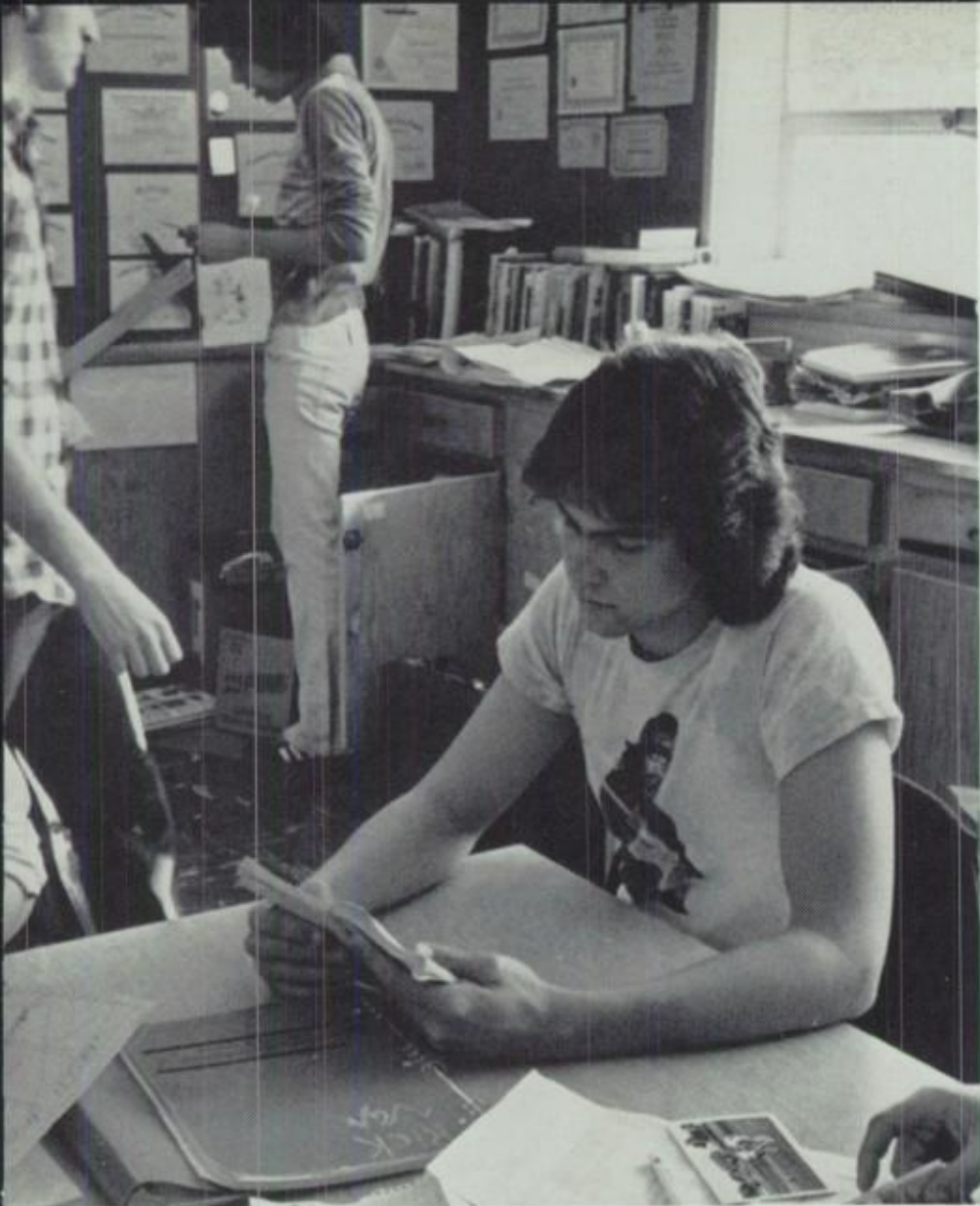


Mike Weagant



Beverly Weeks





Dry Gulch Gazette cops second-place East Bay honors

"Due to the smallest first-year journalism class in Arroyo's history, this may be the last year of the DRY GULCH GAZETTE," explained adviser Richard Lloyd.

Sports editor Rick Weston said, "I'm kind of disappointed that this may be the GAZETTE'S last year. It's really a good class."

"We worked well together, but the lack of funds and district cooperation were very discouraging," stated Kathy Loncarich, Editor-in-Chief.

Most of the money for the staff came from ads, which consumed approximately 20 per cent of the article space. Selling advertising took a majority of the students' time. The class hoped to campaign for district funds which would solve financial problems.

At the East Bay Press Day held November 15, the GAZETTE staff received second places in News Coverage, Sports, Feature Content and General Excellence.

Fall editors were Kathy Loncarich, Editor-in-Chief; Diane Lum, Managing Editor; Mike Bartholomew, Business Manager; Glen Yonan, News Editor; Cathy Jarret, Editorial Editor; Sue West, Feature Editor; Rick Weston, Sports Editor.



Tina Weise



Sue West



Rick Weston



Greg Wheeler



Doreen Widerstrand



John Williams
Cynthia Wong
Dick Wong
Peggy Wright

Russ Wright
Gayle Yanagi
Glen Yonan
Lori Ziegler
Betty Zoller

Arroyan staff hopes for All-American

Jenny Mendonca and Karen Oelaschlaegel headed the 1976 ARROYAN staff. They worked together with the other members of the Publications class to choose this year's theme—Legacy.

According to Mendonca, the staff chose Legacy because they felt the yearbook should somehow tie in with our nation's bicentennial celebration.

"With 12 people back from the '74-'75 staff, this year's ARROYAN has another good chance at receiving an All-American rating," said adviser Richard Lloyd. The ARROYAN won the top-rating in 1974 and 1975.

Cathy Bell was chosen photo editor and Kathy Amos headed the business side of the staff.



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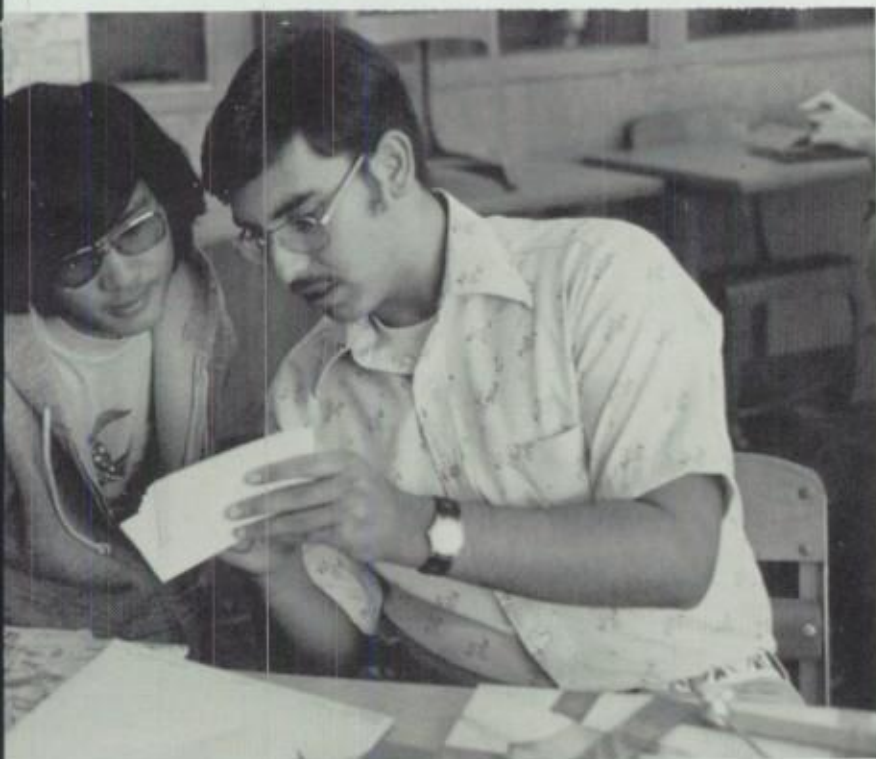


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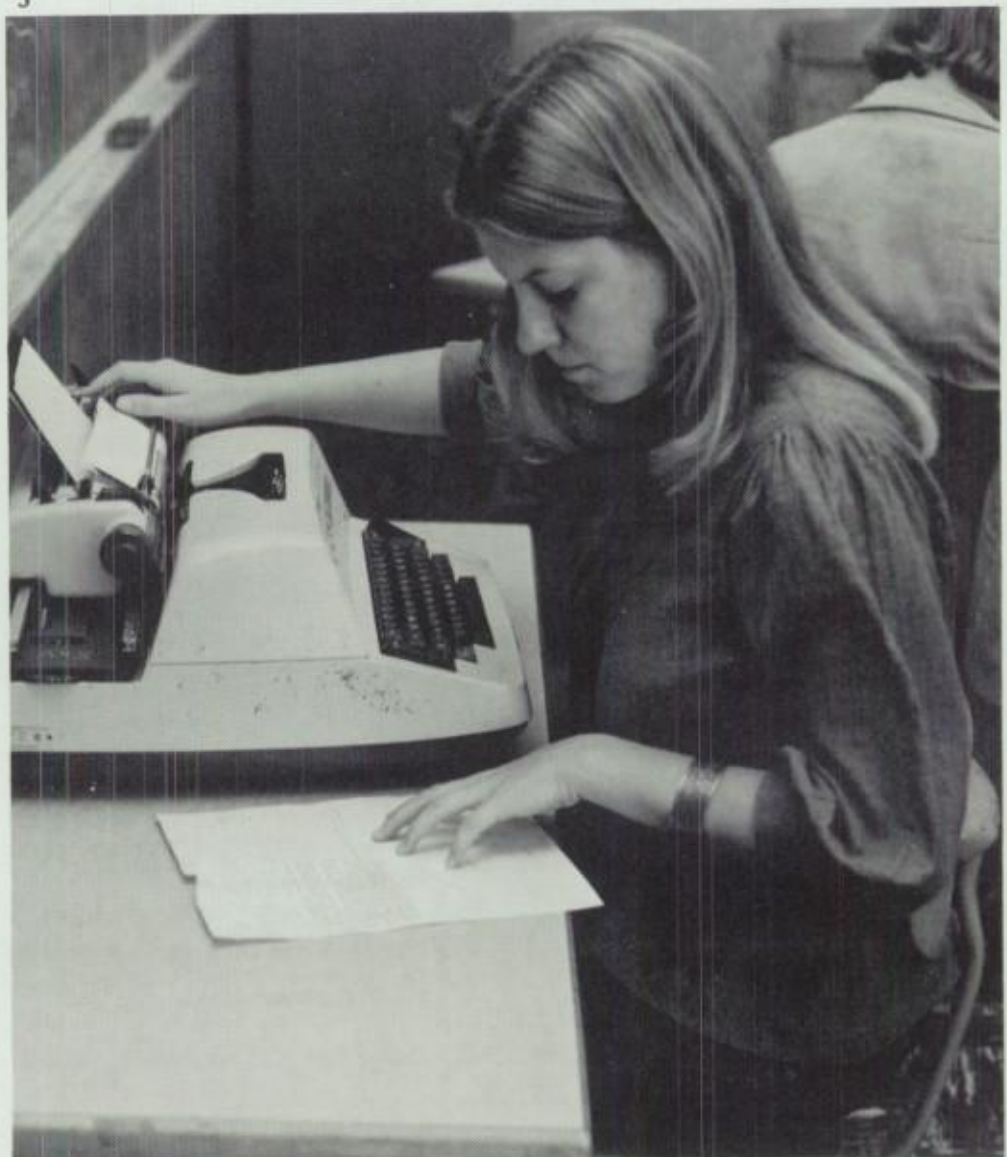
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1. Co-editor Karen Oelschlaegel crops picture. 2. Colleen Silva looks through picture file. 3. Nancy Grasher types copy. 4. Adviser Richard Lloyd assists Teresa Thomas with her layout. 5. Co-editor Jenny Mendonca and Pam Ringstad listen to class discussion. 6. Rick Weston decides on what football pictures to use. 7. Mark Souza and Glenn Yanagi discuss picture selection.

Advertising, Index



Not only was selling advertising a necessity for the publication of the ARROYAN, but also a legacy from many years prior to 1976.

The staff acquired support from local merchants who purchased space to advertise their businesses.

The ARROYAN received financial support in many ways—mainly through book sales. This year, students with a student body card received a free yearbook. In return, the yearbook staff received \$7.00 from student government. Those students who did not purchase a card paid an inflated price of \$10.

Despite the increase in price, the staff sold 1,000 books—even in the wake of declining enrollment!

Because of a good sales campaign and an increase in advertising revenue, the staff made its \$9,500 commitment to Pischel Yearbooks, Inc. and went on its way to an anticipated third consecutive "All American."



1. View of Arroyo's campus. 2. Pitta, the campus comedian, attempts to resemble Johnny Carson.



senior classics



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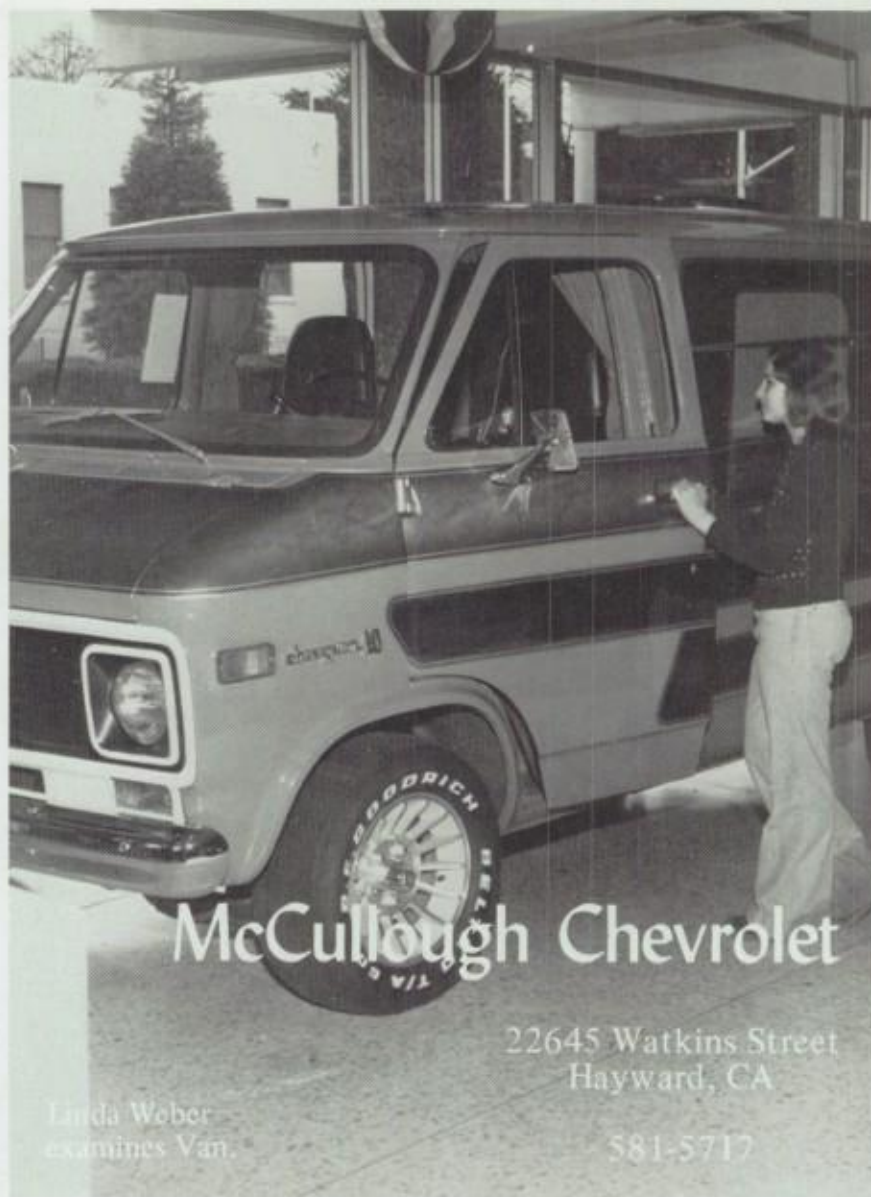
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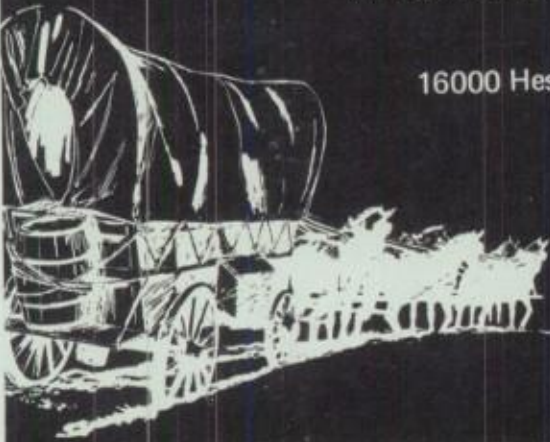
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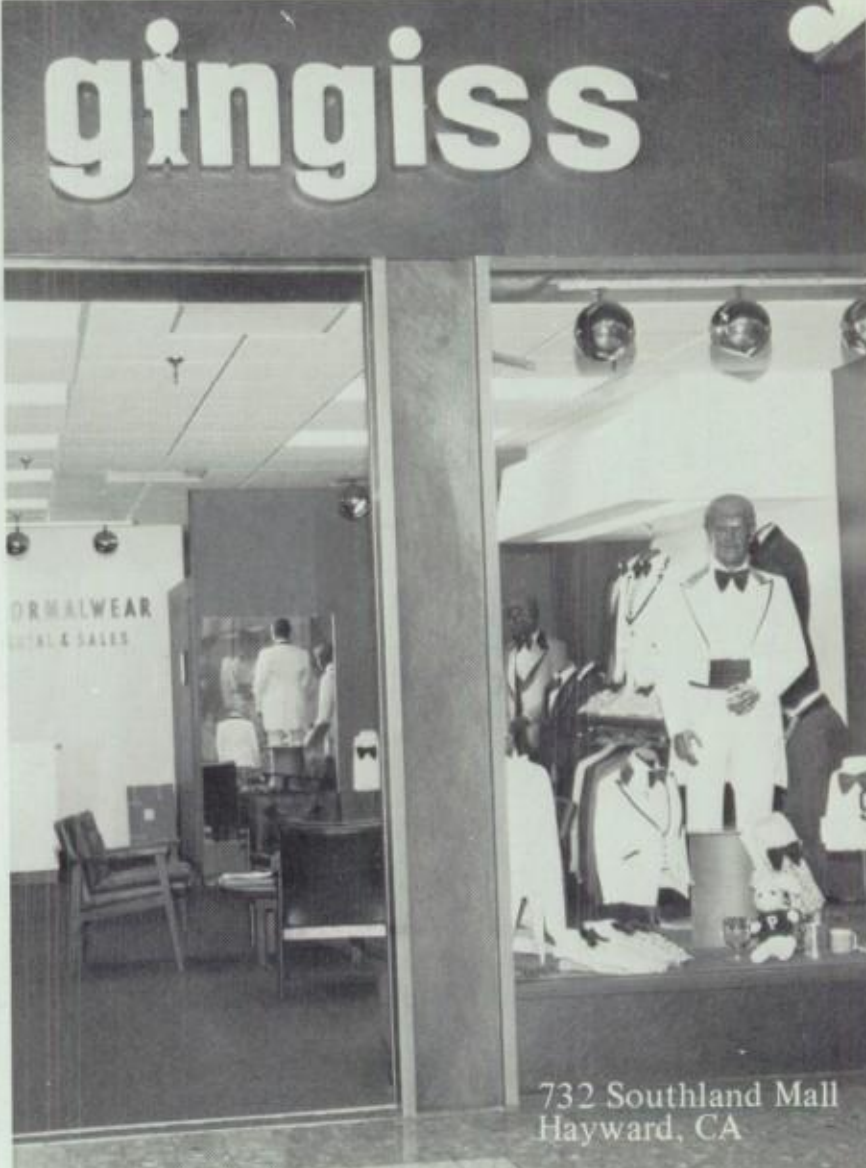
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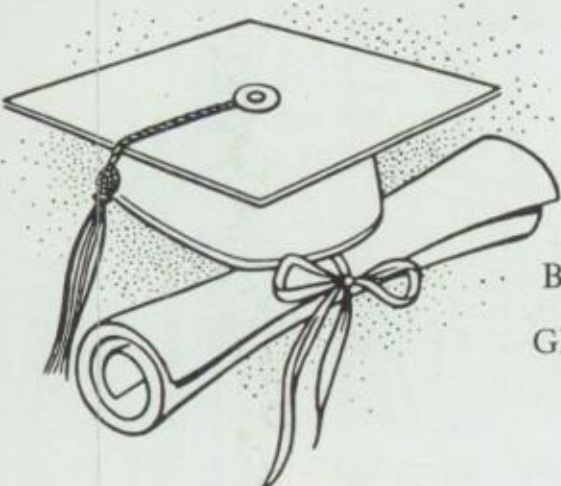
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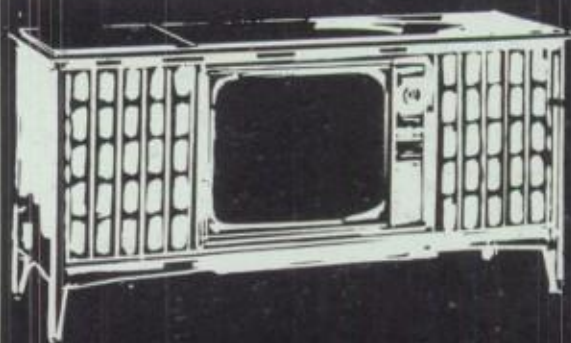
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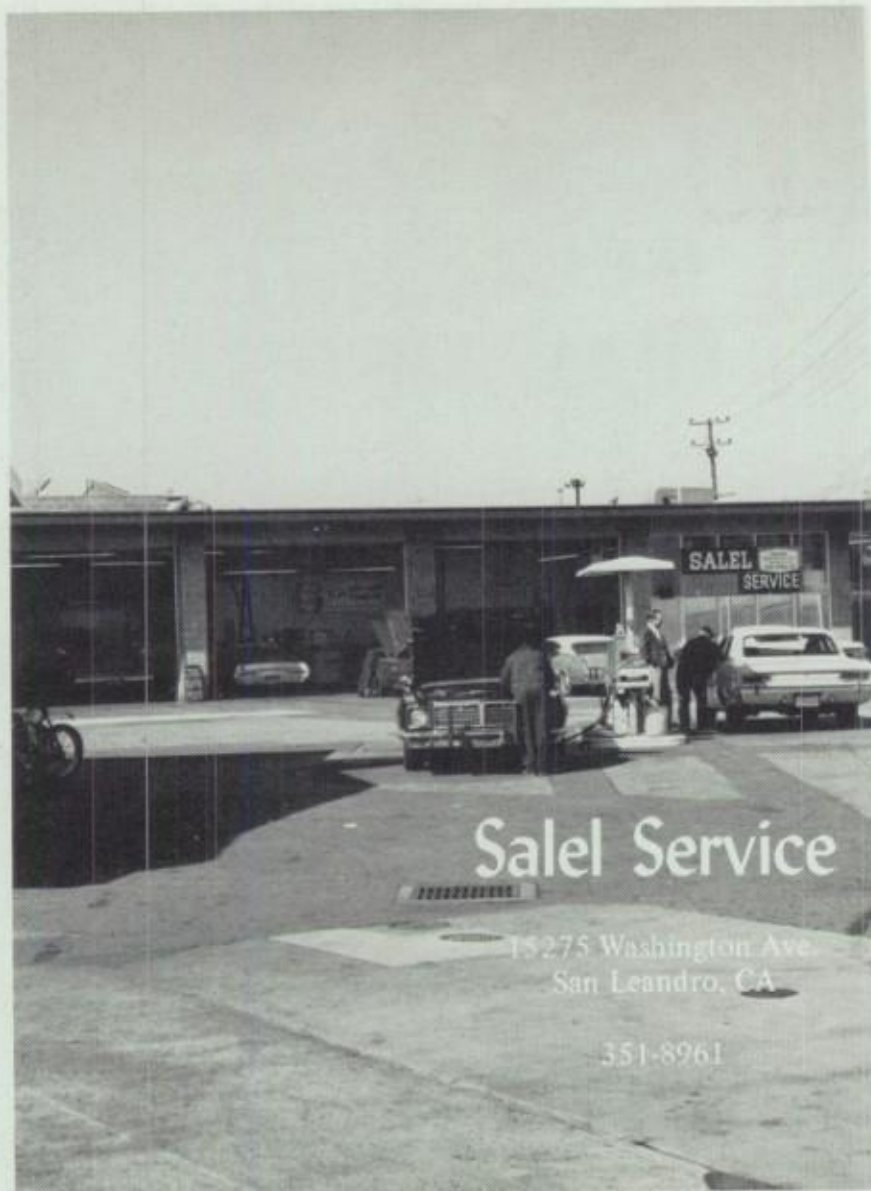
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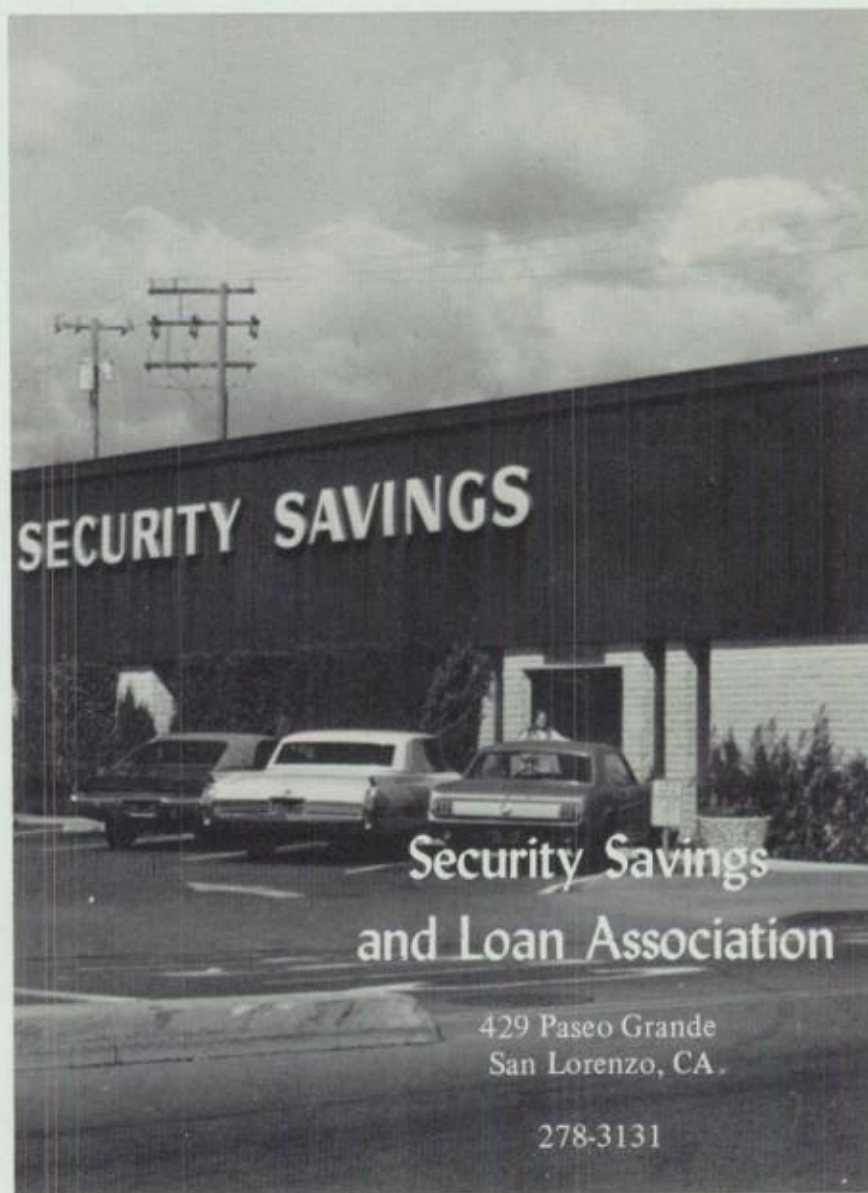
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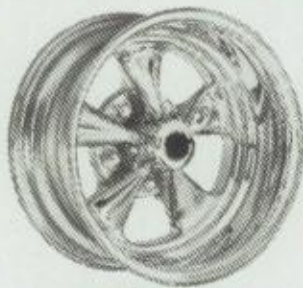
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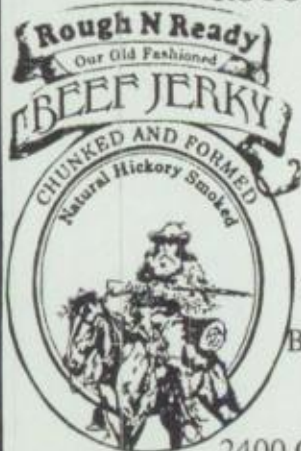
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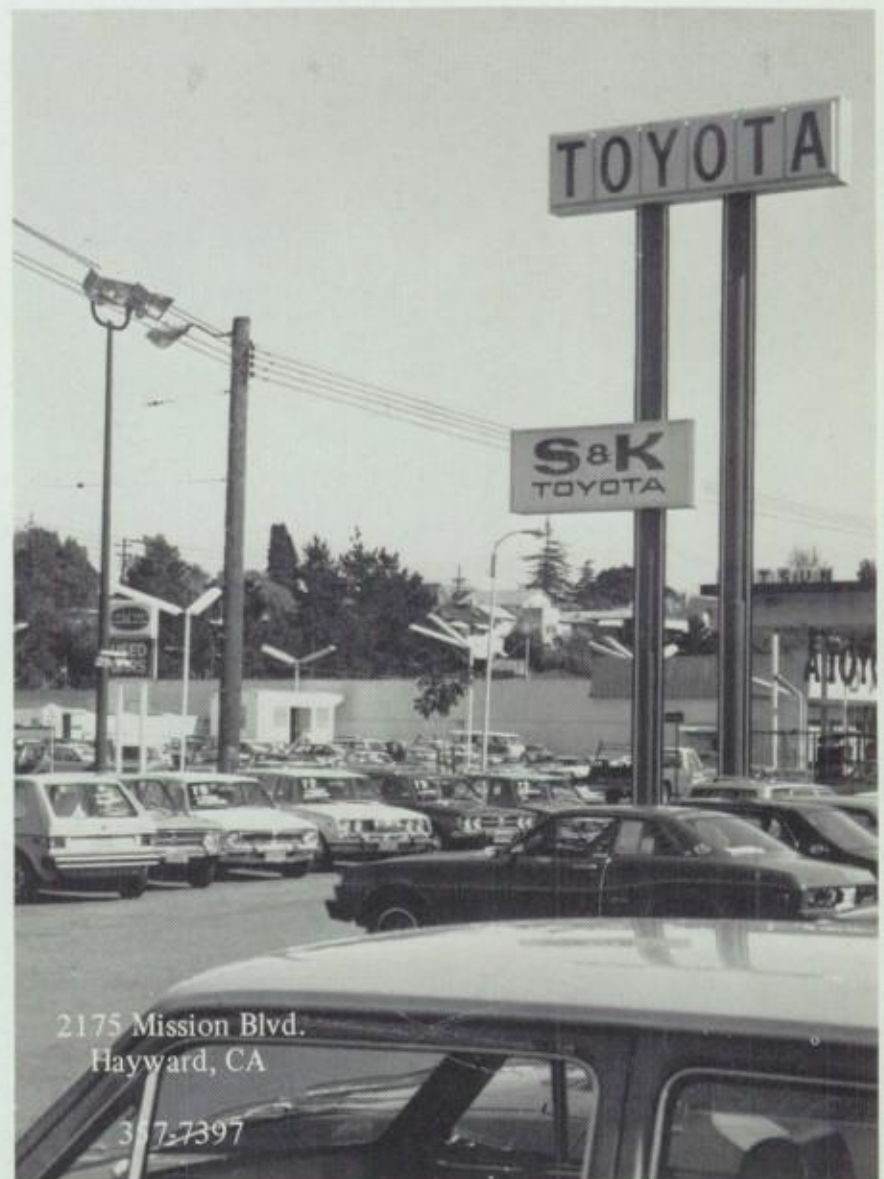
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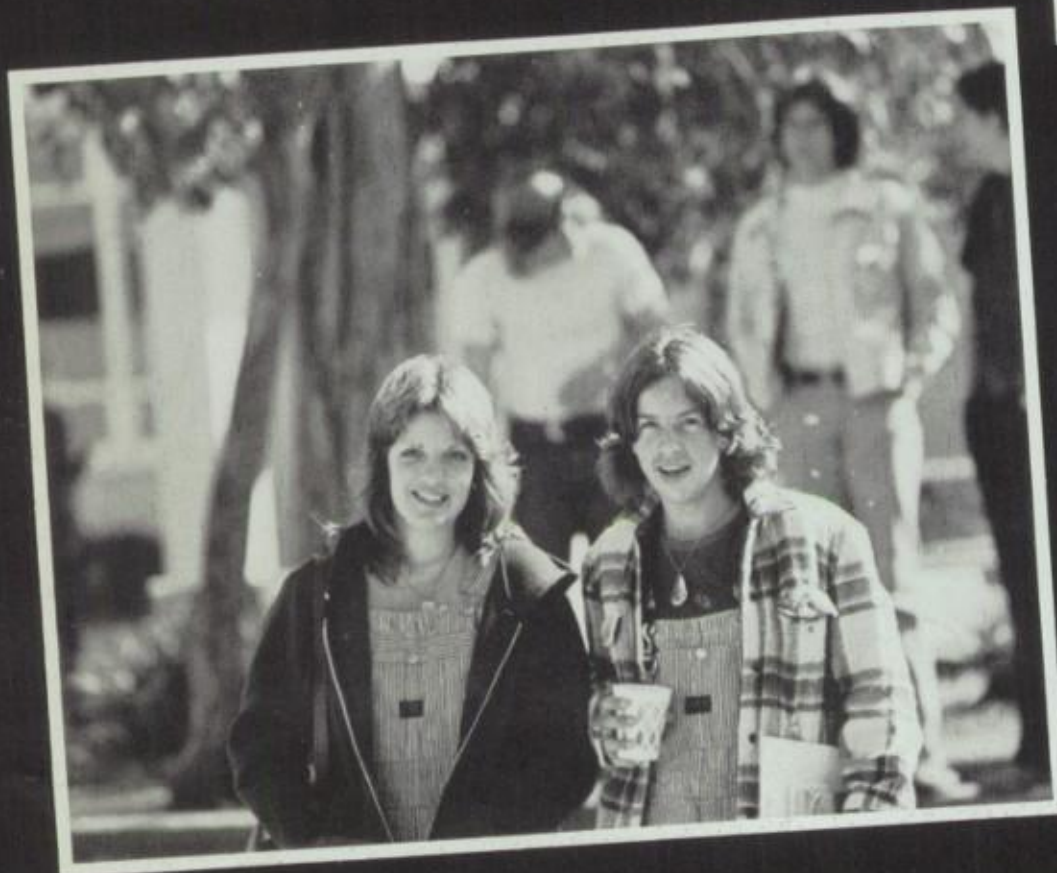
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Looking back at the '75-'76 year here, one can accurately sum it up as inactive. Since the school first opened, participation in such activities as Spirit Week and homecoming has declined. Students looked for extra curricular activities off campus rather than on campus. Despite few activities, students had a good year. February 5, a surprise snowfall brought complete excitement to the whole campus. In short, the Arroyan Legacy that we are leaving is one of

abandoning the old

activities such as rallies and dances while looking for new ways in which to express our changing attitudes.





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1. Arroyans including Bob Driver, Gary Wright, Bob Kuhns, Steve Berger, Rodney Caruso, Joanne Umlauf, Jim Reed, Paul Viada, David Conkel, Debbie Kuhns, Debbie Scott, and P.J. Knop cheer Dons at basketball game. 2. Ron Hunt, Glen Bellefeuille, Chris Jennings, and Mark Giachino look through '75 ARROYAN. 3. Students take a quiet time out to talk. 4. Dean Joanne Knowles presents Homecoming Queen Kim Goetzing with tickets to George Carlin program. 5. Jim Costello awaits entrance in football rally. 6. Jenny Scott and Clare Bridges in fall play. 7. Students mill around during lunch at student store. 8. Karen Mendoes and Tim Gonzales walk together during lunch. 9. Cathy Jarrett, Sue Berger, and Cora Perry walk across campus.

Leaving a Bicentennial legacy . . .



To all of you have just finished reading Arroyan legacy, the staff of the '76 ARROYAN hopes that you enjoyed it.

We worked very hard throughout the year to bring you a truly fine description of your '76 legacy and an accurate account of this school year.

Throughout working on this book we have been exposed to Arroyo on a wider scale. We learned how our school operates and learned first hand about the various activities around campus. Most of all, we got to know a lot of people who we might otherwise never have met.

This yearbook gave us a chance to be part of Arroyo's legacy and to share with you a little of ourselves and a glimpse of the 1500 other individuals connected with this campus.

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